

## **DMHAS CSP/RP LEARNING MANAGEMENT SYSTEM (LMS) WEB-BASED TRAININGS**

1. Community Support Programs: From Maintenance to Rehabilitation - This web-based training will explore changing from a case management system focused on helping people maintain stability in the community, to one based on psychosocial rehabilitation. It explores helping people to develop the skills they need to live a more satisfying life. Two-credit hours CEUs for Social Worker, Marriage and Family Therapists and Addiction Counselors.

2. Assessment in Community Support Programs (CSP) and Recovery Pathways (RP) (NEW)

This web-based training will provide some basic information on the steps in the assessment process in DMHAS CSP and RP Programs. One-credit hour CEUs for Social Worker (Pending), Marriage and Family Therapists and Addiction Counselors.

3. Recovery Planning and Documentation in Community Support Programs (CSP) and Recovery Pathways (RP) (NEW) This web-based training is designed to be taken as a follow-up to Community Support Programs: From Maintenance to Rehabilitation and Assessment in Community Support Programs (CSP)/Recovery Pathways (RP). It outlines the elements of recovery planning and documentation in CSP and RP. One-credit hour CEUs for Social Worker (Pending), Marriage and Family Therapists and Addiction Counselors.

### **Other related web-based trainings include:**

1. Goals, Values and Principles of Psychiatric Rehabilitation - This course addresses the values, beliefs and principles that are the foundation of psychosocial rehabilitation and recovery-oriented practice. Each CASRA course is self-contained and will take approximately 2.5 hours to complete for 2.5 hours of continuing education credit.

2. Psychosocial Rehabilitation and Recovery - This course discusses the history, core principles and models of psychosocial rehabilitation. This class provides two (2) Continuing Education Contact Hours.

3. Recovery and Severe and Persistent Mental Illness - This course provides a comprehensive discussion of recovery, including the historical context of the meaning and definition of recovery in the mental health field. The most current thinking about important elements of recovery for individuals with serious persistent mental illness. Symptomatic, functional and role recovery is detailed in the course. This course also discusses the importance of the biopsychosocial model in treatment of severe and persistent mental illness and appropriate goals for person centered rehabilitation. This class provides three (3) Continuing Education Contact Hours.

4. Effective Educational Strategies (psycho educational groups) - This course discusses effective skills and techniques for teaching people who are recovering from severe and persistent mental illness. It explains psychoeducation and contrasts it with group therapy. The course also describes how to use pre and post knowledge assessments to measure outcomes and demonstrate progress toward measurable objectives. This class provides four (4) Continuing Education Contact Hours.

These courses can be taken on the DMHAS Learning Management System located at [www.lms.ct.gov](http://www.lms.ct.gov)

If staff do not yet have a username and password they can fill out a MY PROFILE form that is available on the DMHAS Education and Training web-site at [www.ct.gov/dmhas/educationtraining](http://www.ct.gov/dmhas/educationtraining). Directions for launching and completing web-based training are available on page 12 of our Fall Catalog also available at the DMHAS Education and Training web-site.