Connecticut Department of

Mental Health and Addiction Services

Prevention Training Course Catalog

January 2015 - June 2015

Patricia Rehmer, MSN

Commissioner

Department of Mental Health and Addiction Services

Carol P. Meredith, MPA

Prevention and Health Promotion Division Director

Department of Mental Health and Addiction Services

Available online at
www.ctclearinghouse.org

CONNECTICUT DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES
PREVENTION TRAINING COLLABORATIVE

Prevention Training Courses

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Dear Colleagues,

I am pleased to present the DMHAS Prevention and Health Promotion Winter/Spring 2015 training catalog. We are excited to offer you courses that you will find pertinent to your work. The DMHAS Prevention and Health Promotion Unit strives towards ways to best integrate substance abuse prevention and mental health promotion while monitoring current trends in both areas. Fresh off the heels of being the host state, for the first time, of the 2014 National Prevention Network (NPN) Conference, we are energized and excited to utilize some of the information obtained from the conference to plan learning opportunities for the behavioral health workforce.

The course offerings in this catalog are reflective of integration and based on current trends, new practices, participant evaluations, attendance, and suggestions for workforce development. These selections include The Essentials of Mentor Recruitment & Screening, Youth Mental Health First Aid, Coping with Work and Family Stress^{tm}: An Intervention to Prevent Alcohol Abuse and Psychological Symptoms (SAMHSA Model Program), Mobilizing Social & Cultural Assets in Prevention and Health Promotion, and Designing for Change: Developing Innovative Solutions to Complex Problems to name a few. The Catalog is available on the DMHAS website at http://www.ct.gov/dmhas and we welcome you to share it with others.

On behalf of the DMHAS Prevention and Health Promotion unit, I hope you will take advantage of these opportunities to enrich your skills and network with other professionals.

Sincerely,

Carol P. Meredith, MPA

Director, Prevention and Health Promotion Services

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410 Capitol Avenue
Post Office Box 341431
Hartford, CT 06134
860.418.7000
www.ct.gov/dmhas

DMHAS Contact:
Dawn Grodzki Sideman
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Prevention and Health Promotion Division
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The DMHAS prevention system is designed to promote the overall health and wellness of individuals and communities by preventing or delaying substance use. Prevention services are comprised of seven key strategies including information dissemination, education, alternative activities, strengthening communities, promoting positive values, problem identification and referral to services.

REGISTRATION INFORMATION AND CONTACTS

Child and Family Agency of Southeastern Connecticut

Registration: Register on website only: www.cfapress.org
Registration forms should be submitted at least 10 days prior to the event date.
Address: 255 Hempstead Street, New London, CT 06320
Contact: Debra Harris Telephone: 860.443.2896 ext. 1400

Connecticut Clearinghouse

Registration: Online registration preferred: www.ctclearinghouse.org/registration
Address: 334 Farmington Avenue, Plainville, CT 06062
Contact: Jen Fritzen Telephone: 1.800.232.4424 or 860.793.9791
Email: info@ctclearinghouse.org Fax: 860.793.9813
Website: www.ctclearinghouse.org

The Consultation Center

Registration: Register online at: www.theconsultationcenter.org
Address: The Consultation Center
389 Whitney Avenue, New Haven, CT 06511
Contact: Valencia Goodridge Telephone: 203.789.7645 ext. 139
Email: vgoodridge@theconsultationcenter.org Fax: 203.562.6355
Website: www.theconsultationcenter.org

The Governor's Prevention Partnership

Registration: Online registration preferred: www.preventionworksct.org/calendar.html
Or by mail:
Address: 30 Jordan Lane Wethersfield, CT 06109
Contact: Shannon Strickland Telephone: 860.523.8042 ext. 25
Email: shannon.strickland@preventionworksct.org Fax: 860.236.9412
Website: www.preventionworksct.org

Multicultural Leadership Institute, Inc.

Registration: By website only: www.mli-inc.org (Events). For assistance, or to call or email for a paper form, contact Iris Diaz at 203.691.1486 ext 201 or idiaz@mli-inc.org
Address: 127 Washington Avenue, East Building, 2nd Floor, North Haven, CT 06473
Telephone: 203.691.1486 Fax: 203.691.5674
Email: info@mli-inc.org
Website: www.mli-inc.org

Connecticut Department of Mental Health and Addiction Services
Prevention Training Collaborative

First Name:	**Last Name:**
Agency Name:	
Agency Address:	
City/Town:	**Zip Code:**
Work Telephone: **( )**	**E-mail:**
Course Name:	
Special Accommodations:	**Date(s):**
Training Agency:	**Training Location:**

Directions for Completing the Registration Form

- See page 2 for training agency registration information and contacts.
- Register at least one week prior to the training date.
- Contact the training agency to request driving directions to the training site.
- Notify the training agency as soon as possible if you are unable to attend the training.

Class Cancellation Notice - In the event of inclement weather:

All classes are cancelled if State of Connecticut offices are closed or have delayed openings. Contact the agency that you registered with to determine if classes are cancelled or delayed when State of Connecticut offices remain open. All registered students will be contacted by the training agency with the rescheduled date of the cancelled class.

Child and Family Agency of Southeastern Connecticut - 860.443.2896 x1400
Connecticut Clearinghouse - 800.232.4424 The Consultation Center - 203.789.7645 ext. 139
The Governor's Prevention Partnership - 860.523.8042 Multicultural Leadership Institute - 203.793.1952

Continuing Education Credits

All classes have been approved for Continuing Education Units by the Connecticut Certification Board, Inc.

Focus Areas

ADL Developmentally-Appropriate Prevention Programming - Adult Specific

ATD Alcohol, Tobacco, Other Drug Specific

CUL Culturally Appropriate Services for Special Populations

ALS Developmentally Appropriate Prevention Programming - Across the Life Span

CTA Developmentally Appropriate Prevention Programming - Childhood through Adolescence

OAD Developmentally Appropriate Prevention Programming - Older Adults

ETH Ethics

EVL Evaluation

Prevention Training Skill Levels

Level 1 Basic education/skills for new prevention professionals. The focus is on the acquisition of new skills.

Level 2 Skills enhancement for prevention professionals with some experience. The focus is on applying essential skills.

Level 3 New knowledge and strategies for seasoned professionals. The focus is on building programs, program maintenance and integration.

General Training for prevention professionals and volunteers on "best practice" prevention uses.

Other Additional training or technical assistance needed for specific participant groups.

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Course Descriptions

Webinar: Making Just the Right Match

Training Agency: The Governor's Prevention Partnership
Date: Monday, January 5, 2015
Time: 11:00 AM - 12:00 PM

Course Description: Successfully matching mentors with youth takes preparation. This training will present details on mentor-mentee match established criteria and how to best match using dimensions likely to increase the odds that relationships will endure.
Match monitoring is an essential component of successful mentoring programs and fulfills a variety of needs. Checking in with mentors, mentees, and parents on a regular basis is an important tool for risk management and has been found to lead to stronger, longer lasting relationships. Matches that are monitored and supported are more satisfying and successful, which, in turn, lead to more positive youth outcomes.

Participants will:
• Describe the purposes of matching;
• Define compatibility considerations for program practices;
• Identify criteria for matching and sustaining mentors/mentees;
• Apply cultural competency skills;
• Assess the quality of the match from the perspective of both the mentor and mentee; and
• Identify additional training topics to strengthen the match.

Instructor(s): Tina Banas and Debbie Scheinblum

Location: Webinar

Focus Area: PBG **Skill Level:** Level 1

Certification:
The Connecticut Certification Board, Inc. 1 Hour

Webinar: Parents Mid-Year Check-In

Training Agency: The Governor's Prevention Partnership
Date: Tuesday, January 27, 2015
Time: 6:00 PM - 7:00 PM

Course Description: By joining this webinar, parents and other caring adults will gain insight into two important issues facing youth-substance use and bullying. Gain helpful tools and resources for preventing and intervening in both of these situations. Know the facts so you can guide and support your child. The webinar will highlight youth development, recent changes to the bullying law, offer examples to help you decide whether the situation is normal peer conflict, bullying or harassment, the particular concerns related to cyber-bullying as well as trends in alcohol and drug use.

Participants will:
• Define the difference between conflict, bullying and harassment;
• Identify the schools' responsibilities, as well as parent roles, under the revised Connecticut anti-bullying law;
• Provide specific guidance for addressing cyber bullying;
• Provide tips for talking with youth about drugs, alcohol and bullying;
• Identify warning signs in youth about drugs, alcohol and bullying.

Instructor(s): Sarah Jones and Amanda Johnston

Location: Webinar

Focus Area: PBG **Skill Level:** Level 1

Certification:
The Connecticut Certification Board, Inc. 1 Hour

Webinar: Bringing Closure to the Match

Training Agency: The Governor's Prevention Partnership
Date: Thursday, February 5, 2015
Time: 11:00 AM - 12:00 PM

Course Description: Mentoring relationships can end for any number of reasons, including the contracted match duration has ended, one or both participants do not want to continue the match, or there are changes in life circumstances in one or both of the match partner's lives. When the decision has been made to end the formal mentoring relationship, programs should always facilitate the match closure in a way that affirms the contributions of both the mentor and the mentee and end the relationship on a positive note for everyone involved.

Course Descriptions

Participants will:
- Describe the purposes of formal closure in a mentoring relationship;
- Identify prevention and interventions to closures;
- Develop closure procedures including guidelines for rematch;
- Demonstrate facilitating the closure process; and
- Apply match closures tools and resources.

Instructor(s): Kamora Herrington and Faith Harrison-Villegas

Location: Webinar

Focus Area: PBG **Skill Level:** Level 1

Certification:
The Connecticut Certification Board, Inc. 1 Hour

A Perspective on Ethical Issues in Prevention Practice and Research (For Certification)

Training Agency: The Consultation Center
Date: Friday, February 6, 2015
Time: 9:00 AM – 4:00 PM

Course Description: This training will provide a perspective on ethical issues frequently encountered in implementing community-based prevention programs and in conducting prevention research. Ethical issues will be considered related to: 1) values and value conflicts and determining intervention goals and objectives, 2) principles that guide the processes of action and implementation, 3) ethical dilemmas related to informed consent, and 4) conducting prevention research in community settings and how findings are shared with stakeholders. An experiential component will be built in throughout to involve participants in debating the resolution of various ethical dilemmas. Participants will become familiar with federal and local confidentiality laws and professional codes of conduct/ethics.

Instructor(s): David L. Snow, Ph.D and Susan Ottenheimer, LCSW

Location of Training: The Consultation Center

Focus Area: ETH **Skill Level:** Level 2

Certification:
The Connecticut Certification Board, Inc. 6 Hours

National Association of Social Workers CT Chapter (NASW/CT) 6 Hours

Prevention Groupwork with Adolescent Girls

Training Agency: The Consultation Center
Date: Wednesday, February 18, 2015
Time: 9:00 AM - 4:00 PM

Course Description: Gender-specific prevention work with adolescent girls challenges group facilitators to select topics and strategies that fit the developmental needs of group members. Based on experience with girls' groups for middle and high school age females, this workshop will emphasize and provide opportunities to discuss gender-specific work with girls; developmental issues; curricular resources; and address structure, activities and group leadership issues.

Instructor(s): Raynetta Woods, LCSW

Location: The Consultation Center

Focus Area: CTA **Skill Level:** Level 2

Certification:
The Connecticut Certification Board, Inc. 6 Hours

National Association of Social Workers CT Chapter (NASW/CT) 6 Hours

Risk and Protective Factors for Oder Adults Regarding Alcohol and Medication Misuse

Training Agency: The Consultation Center
Date: Friday, February 20, 2015
Time: 9:00 AM– 12:15 PM

Course Description: As we age, our bodies change the way alcohol and medications are processed. Normal aging actually puts older adults at risk for alcohol and medication misuse. Unintentional misuse can lead to dependence and even abuse. Normal age-related physiological changes will be discussed as they relate to alcohol and medication misuse. The attitudes of health professionals and family caregivers about older adults' alcohol and medication use, additional risk and protective factors, assessment tools and community resources will also be addressed.

Instructor(s): Donna Fedus, MA

Course Descriptions

Location: The Consultation Center
Focus Area: OAD **Skill Level:** Level 2

Certification:
The Connecticut Certification Board, Inc. 3 Hours

National Association of Social Workers CT Chapter (NASW/CT) 3 Hours

Breaking Barriers: Engaging Southeast Asian Communities in Connecticut

Training Agency: MLI, Inc.
Date: Tuesday, February 24, 2015
Inclement weather date February 27, 2015
Time: 9:00 AM – 4:00 PM

Course Description: The Asian American population is increasing in both the United States and Connecticut. According to the 2010 census, Connecticut's Asian American population grew from 95,368 in 2000 to 157,088 in 2010-a 65% increase. While Asian American communities are growing rapidly, these groups are anything but homogeneous. Diversity amongst Asian Americans includes, but is not limited to: immigration history, language, foreign-born population, educational level, family income, residential preference, religion, and exposure to war trauma. The 2009 Connecticut Health Disparities indicated that Asians in CT come from at least 22 national and ethnic backgrounds. The political, economic, religious, cultural and linguistic traditions differ widely for this group and they experience life and health in the US differently. This full day session will consist of: an overview of the Southeast Asian demographics, immigration history, acculturation, family structure, education, health beliefs and practices, health disparities and challenges, exploration of strategies for providing culturally competent services, and identification of resources available to organizations, agencies, health care professionals and others who work with Southeast Asians in Connecticut. The session will be informative and interactive.

Participants will:
- Gain awareness of racial and ethnic health disparities with particular attention to those experienced by Southeast Asian American communities;
- Understand the need for cross-cultural skills in improving health care delivery, health care access, and health promotion;
- Become familiar with CLAS (Culturally and Linguistically Appropriate Services) Standards: specifically how to utilize them to improve access to healthcare;
- Become familiar with cultural influences on health care beliefs, practices and perceptions in Southeast Asian Communities;
- Explore innovative approaches for providing sensitive and appropriate cross-cultural care.

Instructor(s): Rasy Mar, MPH

Location: MLI Inc. Offices

Focus Area: CUL **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 6 Hours

Webinar: Tips for Talking with Teens about Rx Abuse Prevention

Training Agency: The Governor's Prevention Partnership
Date: Tuesday, March 3, 2015
Time: 5:30 PM – 6:30 PM

Course Description: Unsure of how to start conversations with your teen about prescription drug abuse? This FREE dynamic, community education program will help parents and other caring adults identify signs of misuse or abuse, start conversations and provide helpful tools and resources for prescription medicine abuse prevention and early intervention. Fifteen minutes of your time can save a young person's life.

Participants will:
- Learn how best to communicate the facts and risks of prescription medicine abuse in addition to tips on safeguarding medicine.

Instructor(s): Amanda Johnston

Location: Webinar

Focus Area: PBG **Skill Level:** Level 1

Certification:
The Connecticut Certification Board, Inc. 1 Hours

Webinar: The Essentials of Mentor Recruitment & Screening

Training Agency: The Governor's Prevention Partnership
Date: Thursday, March 5, 2015
Time: 10:00 AM – 11:00 PM

Course Description: Recruiting mentors is one of the greatest challenges facing mentoring programs. Mentors unfulfilled expectations can lead to an early ending to a mentoring relationship. However, a clear and concise Recruitment Plan can make a significant difference. This training will equip program coordinators with the skills and resources needed to develop and implement a recruitment plan to sustain programming. Careful screening improves the quality of your mentors and helps to ensure the safety of youth involved in your program and manages the level of risk and liability. This training will present details on effective practices for screening potential mentors including interview techniques and back ground checks.

Participants will:
- Define the fundamental steps to develop a clear and concise Recruitment Plan;
- Develop recruitment strategies driven by program goals;
- Identify appropriate mentor screening tools and resources.

Instructor(s): Patricia Nicolari, Mary Gregory, and Krystal Bravo

Location: Webinar

Focus Area: PBG **Skill Level:** Level 1

Certification:
The Connecticut Certification Board, Inc. 1 Hour

Youth Mental Health First Aid

Training Agency: Wheeler Clinic
Date: Friday, March 6, 2015
Time: 9:00 AM - 6:00 PM

Course Description:
Youth Mental Health First Aid is an 8-hour certification course, designed for adults who regularly interact with adolescents, that focuses on helping youth ages 12-18 who may be experiencing a mental health challenge or are in a crisis. Those who take the course to certify as Youth Mental Health First Aiders learn a 5-step action plan encompassing the skills, resources and knowledge to help a youth in crisis connect with appropriate professional, peer, social, and self-help care.

Instructor(s): Jill Creamer, Rosanna Mennone

Location: Plainville Business Center
74 East St.
Plainville, CT 06062

Focus Area: MHS **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 8 Hours

Youth Mental Health First Aid

Training Agency: Wheeler Clinic
Date: Tuesday, March 10, 2015
Time: 9:00 AM - 6:00 PM

Course Description:
Youth Mental Health First Aid is an 8-hour certification course, designed for adults who regularly interact with adolescents, that focuses on helping youth ages 12-18 who may be experiencing a mental health challenge or are in a crisis. Those who take the course to certify as Youth Mental Health First Aiders learn a 5-step action plan encompassing the skills, resources and knowledge to help a youth in crisis connect with appropriate professional, peer, social, and self-help care.

Instructor(s): Erica Carr, Kim Holyst

Location: Wheeler Clinic
43 Woodland St.
Hartford, CT 06105

Focus Area: MHS **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 8 Hours

Working with Fathers: Practical and Relational Issues in Support of Families

Training Agency: The Consultation Center
Date: Friday, March 13, 2015
Time: 9:00 AM - 12:00 PM

Course Description: To date little to no attention has been paid to the role of fathers and men in healthy family and community life. With the advent of new Federal and State mandates, programs and service providers are being asked to make their offerings more inclusive of men and fathers. This presentation will provide an introduction to some of the challenges faced, offer helpful suggestions to addressing these challenges, and engage participants in thinking long-term about enhancing program offering to men and fathers in support of their agency's mission, challenges faced to date in working with men and fathers, and their vision for their work with this population.

Instructor(s): Derrick M. Gordon, PhD

Location: The Consultation Center

Focus Area: CUL & PBC **Skill Level:** Level 2

Certification:
The Connecticut Certification Board, Inc. 3 Hours

National Association of Social Workers CT Chapter (NASW/CT) pending

Youth Mental Health First Aid

Training Agency: Wheeler Clinic
Date: Monday, March 16, 2015
Time: 9:00 AM - 6:00 PM

Course Description:
Youth Mental Health First Aid is an 8-hour certification course, designed for adults who regularly interact with adolescents, that focuses on helping youth ages 12-18 who may be experiencing a mental health challenge or are in a crisis. Those who take the course to certify as Youth Mental Health First Aiders learn a 5-step action plan encompassing the skills, resources and knowledge to help a youth in crisis connect with appropriate professional, peer, social, and self-help care.

Instructor(s): Jill Creamer, Rosanna Mennone

Location: Plainville Business Center
74 East St.
Plainville, CT 06062

Focus Area: MHS **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 8 Hours

Youth Mental Health First Aid

Training Agency: Connecticut Clearinghouse
Date: Wednesday, March 18 & Thursday March 19, 2015 *(Attendance at both days required)*
Time: 9:00 AM -2:30 PM

Course Description:
Youth Mental Health First Aid is an 8-hour certification course, designed for adults who regularly interact with adolescents, that focuses on helping youth ages 12-18 who may be experiencing a mental health challenge or are in a crisis. Those who take the course to certify as Youth Mental Health First Aiders learn a 5-step action plan encompassing the skills, resources and knowledge to help a youth in crisis connect with appropriate professional, peer, social, and self-help care.

Instructor(s): Heather Clinger, Jen Fritzen

Location: Connecticut Clearinghouse

Focus Area: MHS **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 8 Hours

Suicide & Self Injury Prevention and Post-Vention Strategies in Multicultural Context

Training Agency: MLI, Inc.
Date: Thursday, March 19, 2015
Time: 9:00 AM – 4:00 PM

Course Description: Exploration of trends in pre- and postvention outreach towards African-American/Black and Asian/Pacific American (APA) children, youth and adults in Connecticut, respectively.

Course Descriptions

Participants will cover:
• Incidence and prevalence of suicide in CT amongst APA and African origin people;
• Incidence and prevalence of non-suicidal self-injury amongst non-White groups, locally and nationally;
• Current strategies and outreach efforts to reduce incidence in state (pros/cons);
• Targeting at-risk APA and African origin audiences-existing efforts with valid outcomes.

Instructor(s): Michelle Louise Bicking LCSW, MPA and Mui Mui Hin-McCormick LMFT, MS MFT, DAPA

Location: MLI Inc. Offices

Focus Area: CUL **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 6 Hours

"White Culture": Exploring the Complexities and Challenges of Working with Persons of European Descended Cultures in the United States

Training Agency: MLI, Inc.
Date: Thursday, March 26, 2015
Time: 9:00 AM – 4:00 PM

Course Description: "White Culture" presents European-American Cultures in historical and contemporary contexts. In order to truly engage individuals descended from and immersed in those cultures in effective Holistic Prevention and Treatment, the Course recognizes the wide variety of Cultures and Subcultures associated with European Descended Cultures and that "White Culture" exists as a mix of those Cultures and Subcultures. The Course looks at Immigration/ Migration/Captivity and their affects. National Histories of Wars and Oppression are examined. The Course presents Family generations and heritage, Communication Styles, Spirituality/ Religion, Health Traditions, Behavioral Issues and Child Rearing Patterns in order to understand their effects on individuals and the implications for Prevention and Treatment. The Course stresses that Human Service Professionals who are European American need to be aware of their own cultural heritage and understand the meaning of their own personal and group worldview, and that all Human Service Professionals need to know how European-American individuals are influenced by the past history which affects their outlook, attitude and communication styles for generations.

Participants will:
• Be able to recognize the defining characteristics of European-American Cultures;
• Become aware of the historic and contemporary influences on the development of European-American Culture;
• Recognize the sources of challenges to Holistic Prevention and Recovery for persons of European Worldview descent.

Instructor(s): Marc E. Chartier

Location: MLI, Inc. Offices

Focus Area: CUL **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 6 Hours

Community Organization: Part 1-Introduction (For Certification)

Training Agency: The Consultation Center
Date: Friday, March 27, 2015
Time: 9:00 AM – 4:00 PM

Course Description: History and theories behind U.S. community organizing practices will be reviewed, with current examples from Connecticut groups and communities involved in building citizen participation and social change. Both youth and adult organizing strategies will be discussed, with particular attention to case examples of community issues such as substance abuse, community safety, racial/ethnic disparity issues, and the environment.

Instructor(s): Deborah Stewart, B.A., C.P.P. and Esther Armmand, B.A.

Location: The Consultation Center

Focus Area: PBC **Skill Level:** Level 1

Certification:
The Connecticut Certification Board, Inc. 6 Hours

National Association of Social Workers CT Chapter (NASW/CT) 6 Hours

Course Descriptions

Mental Health First Aid

Training Agency: Connecticut Clearinghouse
Date: Thursday, April 2 & Friday, April 3, 2015
(Attendance at both days required)
Time: 9:00 AM-2:30 PM

Course Description:
Mental Health First Aid is an 8-hour interactive course that presents an overview of mental illness and substance use disorders in the U.S. and introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and overviews common treatments. Those who take the course to certify as Mental Health First Aiders learn a 5-step action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer, social, and self-help care.

Instructor: Judith Stonger

Location: Connecticut Clearinghouse

Focus Area: ESD **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 8 Hours

Community Organization: Part 2 - Advanced (For Certification)

Training Agency: The Consultation Center
Date: Friday, April 3, 2015
Time: 9:00 AM – 4:00 PM

Course Description: This interactive workshop will build on Community Organizing, Part 1, including an overview of community organizing strategies and their effectiveness in creating positive change outcomes. Participants will learn specific methods for increasing community engagement, influencing social policy, promoting positive social change. Upon completion, participants will be able to identify community change models, strengthen organizing capacity, mobilize individuals and organizations, and identify resources to support organizing efforts. The workshop will include guest speakers experienced in different community organizing initiatives.

Instructor(s): Esther Armmand, BS, MOL
Location: The Consultation Center

Focus Area: PBC **Skill Level:** Level 2

Certification:
The Connecticut Certification Board, Inc. 6 Hours

National Association of Social Workers CT Chapter (NASW/CT) 6 Hours

Highlighting the Diversity within the African Diaspora

Training Agency: MLI, Inc.
Date: Tuesday, April 7, 2015
Time: 9:00 AM – 4:00 PM

Course Description: This training is designed to increase awareness of the conceptual dimensions of diversity within the African Diaspora. By exploring the legacy of the African Diaspora, participants will explore the richness of cultural diversity among the "Black" population. Participants will acquire knowledge, awareness and skills of cultural practices, structures and beliefs that are critical to service delivery. The training is didactic, interactive and experiential.

Instructor(s): Paula Mann-Agnew, MSW, CSW

Location: MLI, Inc. Offices

Focus Area: CUL **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 6 Hours

Youth Mental Health First Aid

Training Agency: Wheeler Clinic
Date: Tuesday, April 7, 2015
Time: 9:00 AM - 6:00 PM

Course Description:
Youth Mental Health First Aid is an 8-hour certification course, designed for adults who regularly interact with adolescents, that focuses on helping youth ages 12-18 who may be experiencing a mental health challenge or are in a crisis. Those who take the course to certify as Youth Mental Health First Aiders learn a 5-step action plan encompassing the skills, resources and knowledge to help a youth in crisis connect with appropriate professional, peer, social, and self-help care.

Instructor(s): Erica Carr, Kim Holyst

Location: Wheeler Clinic
43 Woodland St.
Hartford, CT 06105

Focus Area: MHS **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 8 Hours

Coping with Work and Family Stress^{tm}: An Intervention to Prevent Alcohol Abuse and Psychological Symptoms (SAMHSA Model Program)

Training Agency: The Consultation Center
Date: Friday, April 10, 2015
Time: 9:00 AM – 4:00 PM

Course Description: This training will provide training in the rationale, design, and implementation of a science-based workplace coping skills intervention aimed at reducing alcohol abuse and psychological symptoms among employees.

Participants will:
• Learn a risk and protective factor model that links selected factors from work and family domains to alcohol abuse and psychological symptoms;
• Review the rationale and content of a workplace intervention aimed at enhancing employee's skills in coping with work and family stress;
• Examine various issues and strategies for introducing the program into the workplace.

Instructor(s): David L. Snow, Ph.D &
Susan Ottenheimer, LCSW

Location: The Consultation Center

Focus Area: MHS, WKP **Skill Level:** Level 2

Certification:
The Connecticut Certification Board, Inc. 6 Hours

National Association of Social Workers CT Chapter (NASW/CT) 6 Hours

Understanding Program Evaluation

Training Agency: The Consultation Center
Date: Friday, April 10, 2015
Time: 9:00 AM – 12:00 PM

Course Description: This workshop is geared to participants who have some understanding or experience with needs assessments and/or program evaluation. The workshop will review how the collection of needs assessment data and development of outcomes that are measurable, realistic (program can impact them), feasible (program can collect the data) and useful and can impact both the development of a program and the evaluation of the efficacy of a program. Participants will also be exposed to a variety of ways to collect or access data for needs assessments and assessing program outcomes including: program data, social indicator data, archival data, qualitative data (including key informant interviews and focus groups) and survey data. Finally, participants will learn how to utilize data for ongoing program development and evaluation.

Instructor(s): Amy Griffin, MA

Location: The Consultation Center

Focus Area: EVL **Skill Level:** Level 1

Certification:
The Connecticut Certification Board, Inc. 3 Hours

National Association of Social Workers CT Chapter (NASW/CT) 3 Hours

Promoting the Health of African Americans: The Intersection of Violence and Health

Training Agency: Child and Family Agency of SECT
Date(s): Thursday, April 16 and Friday, April 17 2015 *(Attendance on both days required)*
Time: 8:00 AM-3:30 PM

Course Description: This workshop examines the unique circumstances that impede the successful delivery of health care services to African Americans and approaches to improving the delivery of preventive services to this population. Topics to be explored during this workshop will include community violence and public health, the health effects of the overrepresentation of African Americans in the criminal justice system and the impact of domestic violence on child welfare and foster care.

Course Descriptions

Instructor(s): Robert L. Hampton, Ph.D., Tricia B. Bent-Goodley, Joyce N. Thomas, Obianuju Obi Berry, M.D., and William Olliver

Location: Hilton Garden Inn
85 Glastonbury Blvd.
Glastonbury, CT 06033

Focus Area: CUL, ADL, VPS **Skill Level:** Level 3

Certification:
The Connecticut Certification Board, Inc. 14 Hours

National Association of Social Workers CT Chapter (NASW/CT) 14 Hours

Mobilizing Social & Cultural Assets in Prevention and Health Promotion

Training Agency: MLI, Inc.
Date: Wednesday, April 22, 2015
Time: 9:00 AM – 4:00 PM

Course Description: Health and prevention specialists have increasingly recognized the need to address the social and cultural determinants of physical and mental health. This workshop examines how social and cultural factors can be viewed not primarily as barriers to health but rather as potential resources for effective prevention and health promotion. We will examine current understandings of the social and cultural determinants of health and how these relate to the goal of improving health outcomes and equity. We will identify case studies of how social and cultrual assets have been mobilized successfully to enhance health promotion. The full day workshop will use a dynamic, participatory approach, using exercises and discussion along with presentation of material.

Participants will:
• increase their understanding of the social and cultural determinants of health and their relation to health outcomes and health equity;
• identify examples of how social and cultural assets can be used to improve prevention and health promotion strategies;
• exchange ideas for how to mobilize social and cultural assets in their own prevention and health promotion work.

This interactive workshop is limited to no more than 20 participants

Instructor(s): Heidi Zavatone-Veth, PhD

Location: MLI, Inc. Offices

Focus Area: CUL **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 6 Hours

Adolescent Substance Abuse Prevention: Evidence-based Approaches to Prevention and Treatment

Training Agency: Child and Family Agency of SECT
Date: Friday, April 24, 2015
Time: 8:30 AM-3:00 PM

Course Description: This workshop is the outgrowth of a multi-year project to identify promising strategies to prevent and treat substance abusing behaviors in adolescents that resulted in the publication of Adolescent Substance Abuse Prevention: Evidence-Based Approaches to Prevention and Treatment. Presentations will examine the social history of substance abuse, especially marijuana and the increasing use of prescription drugs, the prevention of substance misuse, and promising efforts to control substance misuse.

Instructor(s): Michael Fendrich, Carl Leukefeld, and Tom Gullotta

Location: Hilton Garden Inn
85 Glastonbury Blvd.
Glastonbury, CT 06033

Focus Area: CTA **Skill Level:** 2

Certification:
The Connecticut Certification Board, Inc. 6 Hours

National Association of Social Workers CT Chapter (NASW/CT) 6 Hours

Engaging and Working with American Indian Clients

Training Agency: MLI, Inc.
Date: Monday, May 4, 2015
Time: 9:00 AM – 4:00 PM

Course Description: This class is designed to increase the effectiveness of engaging and working

with American Indian clients by improving the cultural competency of service providers. The presentation and materials will serve to increase the students' awareness of how colonialism, acculturation and stereotypes have impacted American Indians. It will also foster the student understanding of how historical trauma has influenced substance use and behavioral health issues and identify cultural competent practices for working with American Indian Clients in Connecticut.

Participants will:
• Increase their knowledge of the Connecticut tribes and American Indian community members;
• Increase their knowledge of suicide rates and other health issues among American Indians;
• Increase awareness of stereotypes and their impact on American Indians.

Instructor(s): Patricia Benedict

Location: MLI, Inc. Offices

Focus Area: CUL **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 6 Hours

Designing for Change: Developing Innovative Solutions to Complex Problems

Training Agency: Child and Family Agency of SECT
Date: Friday, May 8, 2015
Time: 8:30 AM - 3:30 PM

Course Description: Design thinking is a creative problem-solving methodology in which teams work together to identify the needs of a community and respond by designing product or service solutions. In this hands-on workshop participants will experience a mini design thinking challenge, and explore the basic principles of human-centered design.

Participants will:
• Understand the basic principles of human-centered design and how *design thinking* is used in complex problem solving;
• Learn techniques to ideate and prototype;
• By relating this problem-solving technique to their own work environments, participants will come to understand how design thinking is a flexible methodology, relevant across numerous contexts and situations.

Instructor(s): Erick Gordon

Location: Hilton Garden Inn
85 Glastonbury Blvd.
Glastonbury, CT 06033

Focus Area: OTH, YDL **Skill Level:** Level 2

Certification:
The Connecticut Certification Board, Inc. 6 Hours

National Association of Social Workers CT Chapter (NASW/CT) 6 Hours

The Importance of Self-Regulation Development in Contexts of Early Adversity: Thinking about Prevention, Promotion, and the Workforce

Training Agency: Child and Family Agency of SECT
Date: Friday, May 15, 2015
Time: 9:00 AM – 3:00 PM

Course Description: Many different terms have been used to describe one's ability to control emotions, impulses, and behavior. These include "willpower," "self-control," "executive control," "effortful control" and "self-management". Self-regulation is the term used in this workshop because it implies a broad range of abilities beyond simply controlling impulses and suggests flexibility and adaptability in response to situational demands and social norms. The importance of self-regulation for long-term functioning across a wide range of domains, from psychological and social to academic and medical, has now been clearly established. Poor self-regulation is associated with major societal problems such as violence and substance use as well as metal health concerns and health problems such as excessive weight gain. Indeed, self-regulation has been identified as the foundation for lifelong physical and mental health. In this workshop attendees will learn the important role of self-regulation across the development, from early childhood to young adulthood. They will learn how early adversity and chronic stress impact the development of self-regulation. Participants will be able to identify strategies to strengthen self-regulation across development, and they will consider issues related to workforce development and support for staff who work with children, youth, and families who experience early adversity.

Instructor(s): Brenda Jones Harden, PhD., Desiree Murray, PhD., & Aleta Meyer,PhD.,

Course Descriptions

Location: Hilton Garden Inn
85 Glastonbury Blvd.
Glastonbury, CT 06033

Focus Area: ALS, MHS **Skill Level:** Level 2

Certification:
The Connecticut Certification Board, Inc. 6 Hours

National Association of Social Workers CT Chapter (NASW/CT) 6 Hours

Two Day Workshop: The Prevention Tool Box Series

Training Agency: Child and Family Agency of Southeastern Connecticut
Date: Thursday, May 21 & Friday, May 22, 2015
Time: 9:00 AM - 3:00 PM

May 21, 2015 - *A Behavioral Health Prevention Primer* **-** A comprehensive approach to promoting behavioral health requires an understanding of the connections between substance abuse and related problems. This workshop will provide an overview of the Institute of Medicine's prevention continuum, risk and protective factors, and levels of interventions linked to health promotion. Participants will also learn about SAMHSA's prevention goals and priorities, and what they should consider when aligning their efforts with the national strategy, state or community coalition level plans.
May 22, 2015 - *Grant Writing and Prevention Resources***–** This workshop will cover the skills and resources needed to plan and write a competitive grant application. Emphasis will be on the pre-planning phase, assembling and maintaining project and community data, reviewing Requests for Proposals (RFPs), planning for application strategy, writing applications that respond to the RFP and the grant review criteria. Participants will also learn about state, federal, and local prevention resources data sources, and evidence-based prevention programs registries.
A light breakfast and lunch are provided without charge.

Instructor: Dianne Harnad

Location: Hilton Garden Inn
85 Glastonbury Blvd.
Glastonbury, CT 06033

Focus Area: OTH **Skill Level:** Level 2

Certification: The Connecticut Certification Board, Inc. (CCB) # of Hours: 12

Youth Mental Health First Aid

Training Agency: Connecticut Clearinghouse
Date: Tuesday, June 2 & Wednesday, June 3, 2015
(Attendance on both days required)
Time: 9:00 AM - 2:30 PM

Course Description:
Youth Mental Health First Aid is an 8-hour certification course, designed for adults who regularly interact with adolescents, that focuses on helping youth ages 12-18 who may be experiencing a mental health challenge or are in a crisis. Those who take the course to certify as Youth Mental Health First Aiders learn a 5-step action plan encompassing the skills, resources and knowledge to help a youth in crisis connect with appropriate professional, peer, social, and
self-help care.

Instructor(s): Heather Clinger, Jen Fritzen

Location: Connecticut Clearinghouse

Focus Area: MHS **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 8 Hours

Lesbian, Gay, Bisexual, Transgender Culture

Training Agency: MLI, Inc.
Date: Wednesday, June 3, 2015
Time: 9:00 AM– 4:00 PM

Course Description: Lesbian, Gay, Bisexual, and Transgender (LGBT) Culture presents the contemporary and historic challenges faced by an Oppressed and Maligned minority. The historic context traces the history of the LGBT People to pre-history and discusses the overarching worldviews present at different times in history and how those times compare to contemporary worldviews and attitudes. The Course examines the more recent LGBT history and the struggle for Civil and Human Rights in the United States. The contemporary context reveals the current challenges these communities face in Prevention and Holistic Recovery. The effects on Holistic Health of Societal and Institutional Oppression and Discrimination are examined. The causes of the extraordinary suicidality are reviewed as are the causes of the heightened substance abuse and mental health issues faced by the communities/

Culture. The latest and most recent suggestions for 'Best Practices' for Substance Abuse and Mental Health Prevention, Intervention, Counseling and Treatment for LGBT peoples are presented. LGBT Culture reveals strategies for engagement, inclusion, and support for LGBT individuals and communities. The Course further offers suggestions on how to become an ally and how to create a place of safety that supports individual development.

Participants will:
• be able to identify the meaning of the individual descriptor terms for community members and further identify the meanings that those terms hold for community members;
• become aware of the historic and contemporary challenges faced by community members and will be able to discuss strategies for assisting community members in facing those challenges;
• recognize Societal and Institutional stressors and the heightened risks those stressors present to the Holistic health of Community members and will be able to discuss strategies to reduce those risks to the Individuals and to their Communities.

Instructor(s): Marc E. Chartier

Location: MLI, Inc. Offices

Focus Area: CUL **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 6 Hours

Mental Health First Aid

Training Agency: Connecticut Clearinghouse
Date: Monday, June 22 & Tuesday, June 23, 2015
(Attendance on both days required)
Time: 9:00 AM - 2:30 PM

Course Description:
Mental Health First Aid is an 8-hour interactive course that presents an overview of mental illness and substance use disorders in the U.S. and introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and overviews common treatments. Those who take the course to certify as Mental Health First Aiders learn a 5-step action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer, social, and self-help care.

Instructor: Judith Stonger

Location: Connecticut Clearinghouse

Focus Area: ESD **Skill Level:** General

Certification:
The Connecticut Certification Board, Inc. 8 Hours

Course Instructors

Mary Arconti Gregory has over 22 years of experience as a non-profit professional with vast expertise in the many aspects of effective organizational management particularly volunteer recruitment and retention, program implementation, resource development, and Board governance. For the past 9 years she has been the Director of Danbury Schools and Business Collaborative (DSABC), a 501 (c)(3) agency providing school based mentoring programs to Danbury Public Schools, Danbury, CT. DSABC is one of Connecticut's largest and longest running school based mentoring programs. Prior to her work with DSABC, Mary served the Manager of Major Gifts & Planned Giving and Large Scale Event Manager for United Way of Western Connecticut as well as the Executive Director of American Cancer Society, Danbury, CT Chapter. Mary has B.S. Business Management from Albertus Magnus College. She serves on several community/school councils and professional associations.

Esther Armmand, B.S., M.O.L., Staff consultant for Adolescent and Adult Programs at The Consultation Center, develops prevention and wellness initiatives for youth and young adults. Ms. Armmand has extensive experience in community advocacy, youth/adult engagement and designs start-up programs for culturally appropriate client centered services. Ms. Armmand was elected five terms to the City of New Haven Board of Aldermen and organized the first citywide Commission on Substance Abuse Policy and Prevention to coordinate efforts targeting a reduction in youth substance abuse. Her interests are in areas of community leadership, wellness and civic engagement are varied, including community gardens, the prevention of adolescent substance abuser and voting patterns in urban communities.

Tina Banas, LCSW, is a Licensed Clinical Social Worker who received her undergrad degree in Psychology from Fairfield University and an MSW from the University of Connecticut School of Social Work. Throughout her career, she has worked in a variety of family service agencies providing clinical counseling, case management and support services to at-risk children, adolescents and families. Currently, Tina serves as the Manager of Youth Programs at Family Reentry, Inc. in Bridgeport CT. As manager, she provides administrative oversight to two distinct mentoring programs which serve children and youth impacted by issues of parental incarceration, family violence and/or delinquency. She is an active member of the CT Juvenile Justice Mentoring Partnership and Mentoring Institute of Fairfield County. Previously, Tina was on staff at Integrated Wellness Group in New Haven serving as the Director of Early Child Behavioral Health Consultation, providing services to Head Start Programs in New Haven, Norwich and Meriden. In addition, she served as a clinician working with children and teens to address behavioral and learning challenges, as well as other mental health issues. Tina has been employed with Catholic Charities of Fairfield County where she worked with the Early Childhood Consultation Partnership and was also involved with the Catholic Charities Adoption Program. She has served as a staff member at the Covenant Church in Easton in the role of Children's Director, and has also provided volunteer leadership for several faith based youth programs.

Patricia Benedict is a member of the Abenaki Nation of the Odanak reservation in Canada. She is also a member of the Connecticut Native American community and for sixteen years, was employed by American Indians for Development, Inc. She served on the Connecticut Indian Legislative Task Force, co-organized the Black Rock Powwow and co-directed a substance abuse prevention program for the Native American Awareness Program. Patricia is currently the Program Director of the Citizens Community Enhancement Project (CCEP), a program providing community re-entry support in the form of educational classes, peer supports, and valued role assignments—to individuals from culturally diverse backgrounds with a history of mental illness and/or co-occurring diagnoses who have a recent history of criminal incarceration. She provides training and supervision of Peer Support staff for several community-based reentry projects. Patricia works in the Peer Services and Research Area at the Yale Program for Recovery and Community Health (PRCH) and assists in development and implementation of peer training initiatives both locally and nationally. She created and implemented the Forensic Peer Support Training curriculum and has conducted training for peers and supervisors on the curriculum. In 2009, she received the leadership Award from the Connecticut Chapter of the United States Psychiatric Rehabilitation Association (USPRA).

Tricia B. Bent-Goodley is a professor of Social Work and Director of the Doctoral Program at Howard University School of Social Work. Dr. Bent-Goodley also serves as the Director of the Howard University Interpersonal Violence Prevention Program and Chair/Director of the University's Women's Leadership

Initiative. She is the author/co-author of three books in the areas of domestic violence and social policy and has written a book on Black marriages and families. She serves as Editor-In-Chief of Social Work and as a Consulting Editor for several scholarly journals.

Michelle L. Bicking, LCSW, MPA, is a licensed certified clinical social worker in Massachusetts, a Surrogate Parent for the State of Connecticut and Executive Director for Self Injury Awareness Network, Inc. She holds a Bachelors in Spanish/Latin American Studies from Denison University, a Masters in Public Administration from Rutgers University-Camden and a Masters in Social Work from Springfield College. Presently, she lives in Tolland with her two foster children and husband of four years.

Erica Carr graduated from UCONN's School of Social Work with her masters degree in May 2011 and has been practicing in the field of social work since that time. Erica initially started with Wheeler Clinic as a Crisis Clinician and is now the Program Manager of EMPS-Crisis Intervention Services in the Hartford area. Her specialties include crisis intervention with children and adolescents, assessing for suicide/ homicide risk, and community crisis response. She has been a Youth Mental Health First Aid trainer since October 2014 and recently conducted a training in Newtown, CT.

Marc Chartier is the Continuous Quality Improvement Coordinator/Privacy Officer at Marrakech, Inc. As his primary functions, he designs, implements and evaluates data collection systems and reports. Marc also creates and conducts courses for continuing staff education and the Marrakech, Inc., Academy for Human Services Training. He is a long-standing consultant and trainer for the Multicultural Leadership Institute, Inc. on a variety of multicultural training topics, including the Project for Addictions Cultural Competency Training (PACCT) program, and for the Department of Mental Health and Addiction Services' Multicultural Cohort training program and Multicultural Institutes, and the State of CT Department of Justice. Marc also co-chairs the DMHAS Region Multicultural Advisory Committee.

Heather L. Clinger, MPH., is a prevention specialist with Wheeler Clinic's Connecticut Center for Prevention, Wellness and Recovery. Throughout her career, she has worked in the health and wellness field on a variety of projects, including underage drinking prevention, mental health promotion, tobacco cessation, and diabetes self-management education. Ms. Clinger earned her Master of Public Health degree with a concentration in health promotion and disease prevention from The George Washington University School of Public Health and Health Services.

Jill Creamer, LCSW, is a graduate of the UCONN School of Social Work. Jill has worked for Wheeler Clinic within different capacities since the completion of her master's degree, and she is currently employed as the Associate Director of Children's Community Based Services overseeing the management of the Emergency Mobile Psychiatric Services (EMPS) and Intensive In Home Child and Adolescent Psychiatric Services (IICAPS) programs which see anywhere from 100-150 youth weekly. In February 2013, Jill was part of the first group of trainers trained in Youth Mental Health First Aid (YMHFA) and she has continued to facilitate the ongoing training of community members including 600 teachers and paraprofessionals in Newtown, CT. In addition to her experience in working with psychiatric youth, Jill has completed a post master's program in clinical supervision, is a Dialectical Behavior Therapy informed therapist, and has experience in providing support as a sexual assault crisis counselor.

Leander Dolphin, Esq., of Shipman & Goodwin represents public school districts, independent schools, and colleges and universities in education and employment matters, including student discipline, special education disputes, disability-related matters, employee discipline and discharge, and investigations. In addition, she represents clients in claims before the Commission on Human Rights and Opportunities and the Office of Civil Rights. Leander also represents private and non-profit clients in employment litigation matters, and provides counseling in employment law to clients in both the private and public sectors. Leander previously served as Vice President, HR & General Counsel at a large Connecticut non-profit organization, developing an HR infrastructure and assisting the organization in navigating various corporate, real estate, contractual, and employment issues to successful results. Leander has conducted numerous professional development workshops for private and public sector clients on topics such as sexual harassment, bullying, special education, disability discrimination, and confidentiality issues.

Course Instructors

Donna B. Fedus, M.A., is a Gerontologist and Coordinator of Elder Programs at The Consultation Center, Yale University School of Medicine. Ms. Fedus offers educational programs and a coaching service for family caregivers. In addition, Ms. Fedus offers gerontology consultation to organizations, coordinates a program for grandparents raising grandchildren and writes grants to fund special programs. Ms. Fedus reviews manuscripts for Journey works Publishing and Health Professions Press. She is an Advisory Council member of the Agency of Aging of South Central Connecticut. She also serves on the Board of Directors of the Institute of Senior Living Education, which is an affiliate of the Connecticut Assisted Living Association. Ms. Fedus earned her Master's degree in Social Gerontology from the University of Pennsylvania in 1991.

Michael Fendrich received a Ph.D. in community psychology from the University of Texas at Austin in 1985 and a post-doctoral M.S. in biostatistics from Columbia University in 1987. He was on the faculty of the Institute for Juvenile Research, University of Illinois at Chicago for 14 years before moving to the University of Wisconsin-Milwaukee to head the Center for Addiction and Behavioral Health Research in the Helen Bader School of Social Welfare in 2005. This fall he will be joining the University of Connecticut where he will be Associate Dean for Research and Professor in the School of Social Work. As a methodologically oriented psychologist with a highly interdisciplinary orientation, his work has focused on high risk behavior among adolescents and young adults with particular emphasis on substance abuse. He has conducted extensive federally funded research on the measurement of substance use in the community and risk and protective factors associated with substance abuse, psychiatric disorder, and criminal justice system involvement. Most recently he has led evaluations of drug court interventions for adult criminal offenders with co-occurring substance abuse disorders.

Jen Fritzen, M.A., is a resource specialist at the Connecticut Clearinghouse. She earned her Masters in American Studies from Trinity College in Hartford and has been training Youth Mental Health First Aid for over two years.

Derrick Gordon, Ph.D., is an Assistant Professor of Psychology in Psychiatry at Yale University School of Medicine. He is the Director of the Program on Male Development in the Division of Prevention and Community Research of the Department of Psychiatry. Dr. Gordon has considerable experience in intervention and prevention development focused on those factors that either support or undermine men transitioning from prison back to the community; the engagement of low-income, non-custodial fathers; the identification and service of adolescent fathers committed to child protection services; and men mandated to batterer intervention groups in the community. Dr. Gordon's work with men has and continues to focus on increasing the health of men and their positive involvement in family and community life. Overall Dr. Gordon in his research seeks to identify those factors that enhance the access and use of preventive and indicated health care services by men on the "fringes."

Dr. Erick Gordon is the first Innovations Fellow at Teachers college, Columbia University. He was NYC classroom teacher, the founding director of the Student Press Initiative, and the former director of the New York City Writing Project. With over twenty years in education, he has taught in a far-reaching range of classrooms, from California to Kathmandu. His many students have included incarcerated youth at Rikers Island, ESL teachers in Chinatown, energetic middle school students in Downtown Manhattan, and hundreds of English teachers at Teachers College. He is a lifelong educator committed to social justice, a belief in human capacity, and equity through innovative education.

Amy Griffin, M.A., is an Evaluation Consultant at the Consultation Center. She has more than 15 years of experience evaluating prevention programs at the local, state, and national levels. Ms. Griffin also has extensive experience in providing technical assistance and training to state departments and community-based organization. Her evaluation-related interests include participatory and democratic evaluation methods as well as ecological measurement strategies.

Tom Gullotta is C.E.O. of Child and Family Agency and a member of the psychology and education departments at Eastern Connecticut State University. He is the senior author of the 4th edition of The Adolescent Experience, senior book series editor for Issues in Children's and Families' Lives, co-editor of

Course Instructors

The Encyclopedia of Primary Prevention and Health Promotion, and editor emeritus of the Journal of Primary Prevention. He has published extensively on adolescents and primary prevention.

Robert L. Hampton, Ph.D., is a Professor of Sociology, Social Work and Urban Professionals at Tennessee State University. A former Vice President for Academic Affairs at American Intercontinental University-Atlanta, he has previously served in academic and administrative roles at Connecticut College, University of Maryland and York College (CUNY). Bob has published extensively in the field of family violence including several edited books. He is on the Institute on Domestic Violence in the African American Community (IDVAAC) Steering Committee.

Brenda Jones Harden, Ph.D., is an Associate Professor in the Department of Human Development & Quantitative Methodology, University of Maryland College Park. For over 30 years, Dr. Jones Harden has focused on the developmental and mental health needs of young children at environmental risk, specifically children who have been maltreated, are in the foster care system, or exposed to multiple family risks such as maternal depression, parent substance use, and poverty. She is particularly interested in using this research to inform practice, with respect to preventive interventions to promote positive outcomes for children reared in high-risk circumstances, such as home visitation and Early Head Start.

Roland Harmon, M.S. is the Director of Program Planning and Development with the Governor's Prevention Partnership. With 15 years of experience in human services and workforce development, Roland is responsible for program planning and development for the Governor's Prevention Partnership. Prior to joining The Partnership, he was Director of Programs for Progressive Training Associates, Inc. The vast majority of Roland's experience is in workforce development administration, specifically servicing school youth, non-custodial parents, welfare-to-work and special populations in urban areas. He has managed federal and state grants, while also building successful public-private partnerships. Roland holds a Master's Degree in Human Resource Management from Mercy College. He is the past Chairperson of the faith and community sponsored Beautillion, a mentoring and post-secondary preparatory initiative for African American males and former Vice-Chair of the Board of Stewards of Bethel AME Church in Bridgeport.

Dianne Harnad, **MSW,** is the Director of Prevention/Health Promotion at the Connecticut Department of Mental Health and Addiction Services. She has 30 years experience in promoting behavioral health and wellness, and served as Project Director for numerous SAMHSA prevention funded initiatives.

Faith Harrison-Villegas completed her Bachelors in Social Work at Southern Connecticut State University in 2000. Since completing her undergraduate degree, she has dedicated her life to educating and empowering youth. Prior to working to promote college access and completion in Bridgeport, Faith worked in the Criminal Justice field in several capacities to include Case Management, Intervention Specialist and Program Manager from 2000 to 2007. As the Program Coordinator of the Bridgeport Public Education Fund's (BPEF, Inc.) Mentoring for Academic Achievement and College/Career Success (MAACS) and College Assistance Program (CAP), she is tasked with delivering college preparation services to students in the Bridgeport Public High Schools and their graduates who are attending colleges throughout the country. Through a JP Morgan Chase fellowship and the Mentoring Institute of Coastal Fairfield County she received certification through the Mentor Supervisor Certification program at Fordham University and Big Brother's Big Sister's of New York. Involved in a number of community agencies with varying roles and responsibilities, Mrs. Harrison-Villegas has held roles as a Board of Directors member and alumnus of Leadership of Greater Bridgeport (LGB) and the United States Tennis Association/ Bridgeport Tennis Association. She currently serves as the Chair of the College Access Alliance of Bridgeport (CAAB). Faith is also an active member of the Mentoring Institute of Coastal Fairfield County and the Bridgeport Higher Education Alliance (BHEA).

Kamora Herrington is the Mentoring Program Coordinator for True Colors, Inc., a support and advocacy organization for sexual minority youth based in Hartford, Connecticut. She has over 20 years of experience in the human services field and has become a vocal advocate for LGBT youth. She holds a BS in Human Services from Springfield College and discovered during her semester of student teaching that

she wasn't cut out to be an elementary school teacher. In 2009, Kamora appeared on the Tyra Show titled "Hell to Pay: Gay Teen Exorcism" after one of the youth in her program was videotaped being exorcised. In 2010, Kamora was featured on the CNN special report titled "Gay Teens Talk Their Truth." She is a 2010 Faith Works Fellow with the Conference of Churches based in Hartford and is committed to bringing understanding to the intersectionalitiies of identity. In 2010 and 2011, Kamora, a member of the National Black Justice Coalition's (NBJC) Leadership Advisory Council, participated as an activist leader at the "OUT on the Hill Black LGBT Leadership Summit" in Washington, D.C. to organize with other thought leaders, faith leaders, philanthropists and activists who are organizing to empower their communities while educating Congressional leaders, the Obama Administration and federal agencies about Black LGBT public policy concerns. Her proudest accomplishment has been raising her two sons.

Mui Mui Hin-McCormick is the Executive Director of the Connecticut Asian Pacific American Affairs Commission. Mui Mui attained her B.S. degree from Fairfield University and her M.S. in Marriage and Family Therapy from Central Connecticut State University; and attained her license as a Marriage and Family Therapist in CT. Mui Mui has been working in the human service field for over 15 years. Mui Mui's previous position as a Clinical Director for a community based out-patient program, allowed Mui Mui to focus on mental health and addiction services. Mui Mui has worked diligently in educating others and advocating for underserved populations, such as the Asian Pacific American community; emphasizing the importance of culturally and linguistically appropriate services. Mui Mui is Treasurer for Self Injury Awareness Network, Inc. and serves on multiple committees & boards in pursuit of health equity for all communities.

Kim Holyst, LCSW, Obtained her master's degree from the UCONN School of Social Work in May 2008 and has been practicing in the field since that time. She currently holds the position of Program Manager for Wheeler Clinic EMPS Crisis Intervention Services in the New Britain area. Her specialty includes crisis intervention work, risk assessing youth and adolescents and community crisis response. She has been a YMHFA trainer since October 2014 and was a part of training over 600 teachers and paraprofessionals in Newtown, CT in November 2014.

Freida Hopkins Outlaw, RN, Ph.D., FAAN, is an Associate Professor at Meharry Medical College and former Assistant Commissioner at the Division of Special Populations, Tennessee Department of Mental Health and Substance Abuse Services. Dr. Outlaw is a Fellow in the American Academy of Nursing and is an active member of the Psychiatric mental Health and Substance Abuse Expert Panel. Her research interests include the impact of racism and stress on the health of African Americans.

Dr. William Howe is the program manager for culturally responsive education, multicultural education, bullying & harassment, gender equity and civil rights at the Connecticut State Department of Education. He has been the Connecticut State Title IX Coordinator since 1997. He is also an adjunct professor of education at the University of Connecticut, Albertus Magnus College and Quinnipiac University. He is Chair of the Connecticut Asian Pacific American Affairs Commission and Past President of the National Association for Multicultural Education (NAME).

Amanda Johnston, MSW, is Program Manager for the Safe & Drug-Free Communities, with a focus on prevention of underage drinking and substance abuse, including prevention of prescription drug abuse. She facilitates statewide Pact 360 and Current Trends trainings, the coordination of local CT SADD chapters, networking and providing technical assistance to Coalitions and Task Forces, and our work with the state compliance checks. Prior to joining The Partnership, Amanda served as a Clinical Supervisor with Manchester Hospital, coordinating the statewide public health home visiting program for prenatal mothers. Her professional experience includes work with school districts and transitioning of students, program evaluation, and facilitator of youth and parent leadership trainings. Amanda received her MSW degree from University of Connecticut and a B.S. from Northeastern University.

Sarah L. Jones MeD, is Program Manager for Safe Schools and Communities with a focus on school climate, bullying prevention and youth leadership. Prior to joining The Partnership, Sarah served as Director of Residential Life for the Think Global School, a traveling international boarding school. Her professional experience includes 14 years as Director of Student Activities at Manchester High School as

well as the Executive Director for the Connecticut Association of Student Councils. Sarah was named 2003 Connecticut Student Council Advisor of the Year and in 2009 was the first inductee to the Keepers of the Flame Society-an annual induction of one leader in student leadership and youth development under the auspices of the National Association of Workshop Directors. Sarah received her Med. In Experiential Education from Springfield College and a B. S. in Parks and Recreational Management from the University of Connecticut-Storrs.

Dr. Carl Leukefeld is Professor of Behavioral Science, Psychiatry, Oral Health Science and Social Work; and Chair of the Department of Behavioral Science and Director of the Center on Drug and Alcohol Research, with a graduate appointment in Sociology.

Paula Mann-Agnew, MSW, LCSW., is currently the Director of Programs at Catholic Charities. She has held the position of Adjunct Professor at the University of Hartford for five years in both the Sociology and Psychology departments. Ms. Mann-Agnew holds a post graduate certificate in Child and Adolescent Psychology from Springfield College, MA. She holds a Masters of Social Work degree from Hunter College School of Social Work and is a certified Social Worker. Ms. Mann-Agnew has provided leadership in social service agencies throughout the country including New Mexico, Louisiana, Maryland and New York. She has been recognized for her work in designing and implementing culturally competent treatment programs for youth and their families.

Rasy Mar, MPH, is a Community Based Education (CBE) Specialist at the University of Connecticut School of Medicine where she precepts and coordinates a variety of educational activities that include: health concerns related to the LGBT community, cross cultural communications skills and strategies for eliminating health disparities. Rasy develops and maintains relationships between the medical students and community organizations where students learn about health disparities, cultural barriers and other aspects of medicine not found in a classroom setting. Rasy serves as Co-chair of the Awareness and Outreach Committee for the Connecticut Multicultural Health Partnership (CMHP). She coordinates and facilitates educational programming on health equity for health care providers, educators, and community members. She spearheaded seminars to promote better understanding of the various cultures and communities in Connecticut. As Co-chair of the Awareness and Outreach Committee for the CMHP, she hosted numerous viewings of the film "Unnatural Causes Place Matters" on the social determinants of health and strategies for change. Rasy is a graduate of the Connecticut Health Foundation Leadership Fellows. In her personal and professional live, Rasy is committed to engaging the public around and discovering strategies for eliminating health disparities. She is passionate about learning, educating, and increasing cultural awareness.

Rosanna Mennone, LPC, graduated from Northeastern University in 2011 with a Master's in Counseling Psychology. She has been working with children and adolescents within the community and in residential placement since 2008. In 2012 she began working as a crisis clinician for Wheeler Clinic, Emergency Psychiatric Services. She obtained her licensure in professional counseling in the fall of 2013 and is currently serving as the Meriden/Wallingford EMPS supervisor. Rosanna became a YMHFA trainer in the fall of 2014 and is grateful for the opportunity to teach this course to the members of our community.

Aleta L. Meyer, Ph.D., is a senior social science research analyst at the Administration for Children and Families, in the Office of Planning, Research, and Evaluation, in the Division of Family Strengthening. Her areas of responsibility include evaluation of home visiting in American Indian/Alaska native communities, youth development, prevention, and foster care. From 2007-2010, she was a health scientist administrator in the Prevention Research Branch at the National Institute on Drug Abuse (NIDA). Prior to joining NIDA, she was an Associate Professor of Psychology in the Clark-Hill Institute for Positive Youth Development at Virginia Commonwealth University. She completed her doctoral work in Human Development and Family Studies at Pennsylvania State University. The focus of her research has been to translate theory and empirical research across multiple health outcomes into effective and feasible prevention programs.

Sharon Mierzwa, MPH, RD., Director of Program Services and Operations at the Governor's Prevention Partnership. As program and operations director, Sharon is responsible for program operations at The

Governor's Prevention Partnership. Previously, she served as a project director with the Connecticut Association of Directors of Health, coordinating use of the Health Equity Index, a tool designed to guide strategic planning in communities. In addition, her other professional experience includes regional planning for emergency preparedness, chronic disease prevention, program evaluation, nutrition consultation, and development of culturally appropriate interventions. Sharon received her MPH degree from Tulane University School of Public Health, and a B.S from the University of Wisconsin-Madison. She has served as the coordinator of the CT State Department of Public Health's Obesity Prevention Program and the CT Diabetes Prevention and Control Program. She also is the past president of the Connecticut Dietetic Association (CDA) and the Connecticut Nutrition Council, served as CDA's state public policy representative, is a current board member of the Hartford Food System, a past member of the CT Commission on Health Equity , and chair of the Holy Trinity Parish council.

Desiree W. Murray, Ph.D., is a clinical psychologist who researches social-emotional interventions for children and adolescents. She is currently a Scientist and the Associate Director of Research at Frank Porter Graham Child Development Institute at the University of North Carolina-Chapel Hill and also holds appointments at Duke as a Research Scientist in the Center for Child and Family Policy and Associate Professor in the Department of Psychiatry and Behavioral Sciences. Her interests include training teachers and mental health professionals in evidence-based interventions and implementation of programs in schools to support students' development of self-regulation skills. Dr. Murray has received funding for her work from the Institute for Educational Sciences, the National Institute for Mental Health, and the Administration for Children and Families, and she has published extensively on treatments for ADHD.

Patricia A Nicolari has a BS Degree in Physical Education, an MS in Community Health, a 6th Yr in Educational Foundations, and a 6th Year in Administration/Supervision. Her accomplishments include being named Ansonia's Teacher of the Year in 2003; she was a National Professional Development Presenter for GLSEN (Gay, Lesbian, Straight, Education Network), she was selected to participate in a State Department of Education Health CADRE for 5 years presenting workshops to CT schools. She recently volunteered one week on a Medical/Healthcare Mission in Jamaica in October of 2014. Patricia recently became licensed to provide Respite Foster Care. Patricia worked 30 years as a teacher/ alternative school principal; she has been an Alternative to Incarceration (AIC) Teacher in the Bridgeport STAR Program, she was the Education Specialist for Youth Community Development Program at CCP, and is presently the Mentor and Foster Parent Recruiter for Children's Community Programs of CT for DCF youth or youth on probation through CSSD and GPP (Court Support Services Division and Governor's Prevention Partnership).

Obianuju Obi Berry, M.D., graduated magna cum laude from Harvard College with honors from the History and Science Department and from the Department of Mind, Brain and Behavior. She obtained a Doctor of Medicine (MD) from Harvard Medical School and a Masters of Public Health (MPH) from the Johns Hopkins University School of Public Health. She is currently completing a residency in Psychiatry at Columbia University in New York City where her focus has been on immigrant mental health and child/ adolescent mental health.

William Oliver is an Associate Professor in the Department of Criminal Justice at Indiana University and has a wide range of research interests. They include violence among African American males, domestic violence in the African American community, and the impact of incarceration on African Americans and rural crime and justice. Professor Oliver currently serves as lead researcher on the Safe Return Initiative, a research and technical assistance project granted to the Institute on Domestic Violence in the African American Community and the Vera Institute of Justice by the U.S. Department of Justice's Office on Violence Against Women.

Susan Ottenheimer, LCSW, is Assistant Clinical Professor in the Department of Psychiatry, Yale University School of Medicine. She is the Director of Adult and Workplace Programs at The Consultation Center, Project Director for the Coping With Work and Family Stress dissemination project, and a member of the Division of Prevention and Community Research. Ms. Ottenheimer has extensive experience providing organization development and technical assistance consultation, serving as a senior

consultant and lead trainer in the development and implementation of preventive interventions particularly in the workplace, and in the behavioral health field. She has designed and implemented a wide array of preventive and community-based programs for adults at risk for psychiatric disorders, substance abuse, chronic diseases, and homelessness.

Debbie Scheinblum is the Program Director for the Reach & Rise[tm] mentoring Program at the Ocean Community YMCA. She earned her Bachelor of the Arts in Sociology from Florida Atlantic University and her Masters in Clinical Mental Health Counseling from Saint Joseph College. Currently, she is working towards her licensure in the state of Connecticut and Rhode Island as a Licensed Professional Counselor (LPC). Her journey has included hospice therapy and being a Functional Family Therapist (FFT) Clinician. Debbie specializes in grief, loss and transition. Her approach is strength based therapy. Having a strong clinical background is essential for her role at the YMCA, as she works with high-risk youth and their families as a caseworker in addition to managing the operations of the mentoring program. The Ocean Community YMCA is just one the 38 Y's across the nation to be awarded a grant to build and operate a Reach & Rise[tm] mentoring Program. Debbie is very passionate about helping youth, allowing them to have a voice, and making Reach & Rise[tm] a success.

David L. Snow, Ph.D., is Professor Emeritus and Senior Research Scientist in the Departments of Psychiatry and Epidemiology and Public Health, Yale University School of Medicine. Dr. Snow has extensive experience in the design and evaluation of preventive interventions in community settings, primarily the workplace and schools, and in research aimed at identifying key risk and protective factors predictive of psychological and substance use outcomes. Dr. Snow has special interests in the protective and stress-mediating effects of coping and social support, methodological and ethical issues in prevention research, service system development, and technical assistance and organizational consultation. His workplace research has been conducted in various types of work settings ranging from manufacturing to utility to telecommunications companies. Coping with Work and Family Stress: A Workplace Preventive Intervention was developed as part of this research and has been designated as an Evidence-Based Intervention through the National Registry of Effective Programs and Practices (NREPP) and as a SAMHSA Model Program.

Sandra K. Soucie, M.A., is the Manager of Evaluation and Outcomes for The Governor's Prevention Partnership. With more than 10 years of experience in research design, data collection and analysis, and evaluation, Sandra manages evaluation and outcomes for The Governor's Prevention Partnership. Prior to joining The Partnership, she taught research methods and cognitive psychology at Quinnipiac University, with a focus on decision-making research. She has presented her research at regional and national conferences. Sandra also served as a Research Associate at The Consultation Center, where she assisted in the development and implementation of an electronic data collection system and reported on contracted programs as part of program evaluation for the Department of Children, Youth and Families in Rhode Island. She is a member of the American Evaluation Association and obtained her M.A. in Psychology from Southern Connecticut State University and a B. A. in Psychology from Central Connecticut State University.

Deborah S. Stewart, B.A., CPP, is Director of the Youth Development Training and Resource Center (YDTRC) located at The Consultation Center in New Haven. She has led a number of youth development initiatives in Greater New Haven and the state (e.g., project manager for the statewide initiative Connecticut for Community Youth Development (CCYD), a 5-year project funded by the U.S Department of Health and Human Services and the CT Office of Policy & Management). A trainer, consultant, and advocate for many years in education and youth work, Deborah is a leader in youth development efforts on the local and state levels. YDTRC's role as one of the 15 national B.E.S.T. sites (Building Exemplary Systems of Training in Community Youth Work) has brought Deborah national level contact with other leaders in youth development and developmental youth outcomes for hundreds of youth workers. YDTRC continues to provide on-site technical assistance to youth-serving agencies, community networks, and consultation to agencies, policy makers, and diverse funders concerned with youth development and youth issues.

Course Instructors

Judith A. Stonger, MA, CPP, CARC, currently serves as Vice President of Prevention, Wellness and Recovery at Wheeler Clinic in Plainville. In that capacity, she directs the Connecticut Clearinghouse statewide library and resource center, the Connecticut Healthy Campus Initiative, other DMHAS-funded prevention initiatives, Prevent Child Abuse Connecticut Program, Wheeler Clinic's Employee Assistance Programs, training initiatives for several state agencies, as well as overseeing a number of other programs. Ms. Stonger is a Certified Prevention Professional and serves on the Connecticut Certification Board's Prevention Committee as well as other boards, collaboratives, work groups, and initiatives.

Joyce N. Thomas is the President and Co-founder of the Center for Child Protection and Family Support in Washington, DC. Ms. Thomas is also the Director of the People of Color Leadership Institute, as well as the Director of the Domestic Violence/Child Abuse and Neglect Project, the Domestic Violence and Welfare Reform Project, and the Children Who Witness Violence Program. She also serves on the Institute on Domestic Violence in the African American Community Steering Committee. Ms. Thomas holds an RN from Merritt College; a BS from Holy Names College; and MPH from the University of California, Berkley; and a PNP from Temple University's School of Medicine.

Krystal Wilson-Bravo is the Director of the Reach & Rise™ Mentoring Program at the YMCA of Greater Hartford. Reach & Rise™ is a one to one mentoring program that engages youth ages 6-17 that live in underserved communities. Krystal trains and matches volunteer mentors with youth to help them gain positive, consistent, and nurturing relationships to help build self-esteem, improve decision making skills & school performance, as well as create healthy interpersonal relationships. Krystal was born and raised in Springfield, MA. She received her BA in Journalism from the University of Massachusetts, Amherst and both a MS in Human Services and MS in Clinical Counseling from Bellevue University in Bellevue, NE. In addition to her role as Director of Mentoring, Krystal co-coaches the Girls Creating A Future program at the Wilson-Gray YMCA Youth & Family Center and is also the Co-Chair of the Multicultural YMCA Leadership Experience, an employee led resource group at the YMCA of Greater Hartford.

Raynetta Woods, LCSW, is a behavioral health clinician at Fair Haven Community Health Center and Wilbur Cross High School's School-Based Health Center. Ms. Woods has a wealth of experience working with adolescents and their families in foster care, adoption, and urban education. She has spent the last 4 years with The Consultation Center at Riverside Education Academy, where she worked as the Coordinator of the interdisciplinary behavioral and medical health team. Prior to that, she spent 10 years with Casey Family Services as a social worker in the foster care and post adoption programs. Special interests of Ms. Woods are adolescent development, group work, and training. Ms. Woods has conducted trainings at the national level on subjects such as substance abuse, birth families, permanency, foster care, adoption, transracial/transcultural placements, and therapy through the arts. She continues to serve as a consultant and trainer for schools and community-based organization. Raynetta earned her Masters in Social Work from University of Connecticut School of Social Work in 2000 and has been licensed since 2012.

Heidi Zavatone-Veth is a medical anthropologist with over 25 years of experience in community-based health education, research, and service delivery in culturally diverse communities. Her professional passion is empowering people to develop culturally responsive and community-engaged strategies to ensure health and human rights for all. Heidi's collaborative and creative approach to training and consulting has enabled her to work effectively with a wide range of non-profit, public, research, and community-based organizations. These have included local health districts, research institutions, non-profit agencies, and community-based health programs. Heidi also served on an MLI, Inc. consultant team working with Connecticut state agencies to develop health equity plans. Heidi has particular expertise working with Spanish-speaking and indigenous communities in the United States and Central America. She has taught as an adjunct professor of anthropology at the University of Connecticut, Quinnipiac University, Southern Connecticut State University, and Albertus Magnus College. She received her Ph.D. in anthropology from the University of Connecticut.

CONNECTICUT DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES

PREVENTION TRAINING COLLABORATIVE

Child and Family Agency of Southeastern Connecticut, Inc.
255 Hempstead Street, New London, CT 06320
860.443.2896 www.cfapress.org

The mission of Child and Family Agency of Southeastern Connecticut is to promote the well-being and development of all children and their families, in particular, to give priority to the unmet needs of children lacking physical, emotional and intellectual care and nurturing. Programs deal with prevention of child abuse, the treatment of family violence, teen pregnancy, parent education, child guidance, childcare, children's healthcare and children's mental health. With a heritage that dates from 1809, Child and Family Agency has grown to become the largest non-profit children's social service provider in southeastern Connecticut.

Connecticut Clearinghouse
334 Farmington Avenue, Plainville, CT 06062
1.800.232.4424 or 860.793.9791 www.ctclearinghouse.org

Connecticut Clearinghouse is a program of Wheeler Clinic's Center for Prevention, Wellness and Recovery and is Connecticut's statewide library and resource center for information on substance use and mental health disorders, prevention and health promotion, treatment and recovery, wellness, and other related topics. The Clearinghouse is funded by the Connecticut Department of Mental Health and Addiction Services to disseminate current and reliable information on behavioral health issues to the residents of Connecticut.

Resources available at Connecticut Clearinghouse include:

- Books, audiovisual materials and curricula available for loan
- Pamphlets, posters and fact sheets, including Spanish language materials
- Internet website including an online catalog of the library's resources
- Connecticut Clearinghouse's monthly electronic newsletter, *Courier Online*
- Electronic mail list of grant announcements, trainings, conferences, etc.
- Online calendar of events and educational opportunities

The Consultation Center
389 Whitney Avenue, New Haven, CT 06511
203.789.7645 www.theconsultationcenter.org

The Consultation Center develops and implements prevention programs to individuals and families across the life span; conducts prevention and community research and evaluations of community programs; provides services to promote the mental health and adaptation of persons with prolonged psychiatric and/ or substance abuse disorders and their families; and provides training, consultation, and technical assistance to professionals and organizations to enhance their effectiveness and the quality of service delivery to the community.

A multidisciplinary service, research, and training site, The Center is a cooperative endeavor of the Connecticut Mental Health Center, the Department of Psychiatry at the Yale University School of Medicine, and the Community Consultation Board, Inc., a private, nonprofit community organization.

The Multicultural Leadership Institute, Inc.
127 Washington Avenue, East Building, 2nd Fl—North Haven, CT 06473
203.691.1486 www.mli-inc.org

The Multicultural Leadership Institute's current education and training programs and activities address diversity and multiculturalism across a variety of professions and fields. Speaking engagements, training or consultation services may address general cultural competency or specific topics or populations. Curriculum and other materials are tailored to each group's unique needs.

Connecticut Department of Mental Health and Addiction Services

Prevention Training Collaborative

The Governor's Prevention Partnership
30 Jordan Lane, Wethersfield, CT 06109
860.523.8042 or 1.800.422.5422 www.preventionworksct.org

Created in 1989, The Governor's Prevention Partnership is a not-for-profit partnership between state government and business leaders with a mission to keep Connecticut's youth safe, successful and drug-free. The Partnership provides leadership and services to help schools, communities, youth organizations, colleges and businesses create and sustain quality programs in these core areas:

- Increasing the number of youth who have the caring support of a mentor
- Helping local communities build coalitions and programs to address underage drinking
- Helping schools develop and implement effective drug and violence prevention programming
- Helping colleges/universities address issues and behaviors related to alcohol abuse
- Delivering anti-drug messages through the media
- Giving parents the skills they need to protect their children against drugs and other problems

Additional Prevention Training Resources in Connecticut

Connecticut Association of Nonprofits
Center for Professional Development (CPD)
90 Brainard Road, Hartford, CT 06114
860.525.5080 www.ctnonprofits.org

The Center for Professional Development is the training and education arm of Connecticut Association of Nonprofits. Workshops and seminars available to nonprofits of all sizes include emerging nonprofit trends, leadership, technology, finance, human resources, communications and fundraising. These workshops expand the expertise of staff members at all levels, from direct service staff to supervisors, and senior executives to board members. Workshops are conducted by experts in their fields with experience in the nonprofit sector who demonstrate competency in both content knowledge and training.

Connecticut Department of Mental Health and Addiction Services (DMHAS)
Education and Training Division
860.262.5060 www.ct.gov/dmhas

The DMHAS Education and Training Division assures the highest standards of care by supporting and promoting the development of linkages with academia and the professional development of direct care, administrative, and managerial staff. A variety of training programs, workshops, and conferences, planned and coordinated by the division, are designed to meet the educational needs of the organization and its employees.

Online Prevention Training Resource

CSAP's Prevention Pathways Online Courses
http://pathwayscourses.samhsa.gov/index.htm
Prevention Pathways, the Center for Substance Abuse Prevention's online courses, are free to the public. Some courses are meant for professionals and have continuing education credits available. Other courses are designed to provide helpful information to members of the general public interested in prevention topics.

Wheeler | CONNECTICUT Clearinghouse

a program of the Connecticut Center for Prevention, Wellness and Recovery

334 Farmington Avenue

Plainville, CT 06062

800.232.4424 or 860.793.9791 (Voice/TTY)

www.ctclearinghouse.org