



Friday, May 20, 2016 - Events

United Community and Family Services	Date: Friday, May 20, 2016 Time: 8:30 AM - 4:00 PM Location: The Edward & Mary Lord Family Health Center 47 Town Street, Norwich CT Register email Jennifer Ermler jermler@ucfs.org	Youth Mental Health First Aid Course Youth Mental Health First Aid teaches a 5-step action plan to offer initial help to young people showing signs of a mental illness or in a crisis, and connect them with the appropriate professional, peer, social or staff help care.	Promotion of Mental Health & Wellness
<hr/>			
South Central CT Substance Abuse Council	Date: Friday, May 20, 2016 Time: 9:00 AM - 3:00 PM Location: Northwestern CT Community College 209 Holabird Ave, Winsted, CT	CAP - Community Awareness Program Full day training with 6 CEUs from DMHAS and certification in QPR Gatekeeper Topics - substances of abuse and emerging drugs, disordered gambling, mental health and suicide prevention. capconference@aol.com	Substance Abuse, Disordered Gambling, Mental Health Promotion, and Suicide Prevention
