

**Prevention of Prescription Drug and Opioid Drug Misuse  
May 16**

**FAST FACT**



In 2017, 1,038 people died of accidental overdose in Connecticut. (OCME)

**Action Today.  
Healthier Tomorrow**

2 easy ways you can keep prescription painkillers from being misused:



**Lock them up**

Medicine lock boxes are sold at most stores



**Safe Disposal**

Many police stations have drug collection boxes. Check for community drug take-back events, too.

# Other Ways to Manage Chronic Pain

100 million Americans live with chronic pain. Prescription painkillers are highly addictive. They are not the only way to treat pain. Other options include:

2016 NHIS



Talk with a healthcare provider about the best options for you

## Learn more:

[DMHAS: Prescription Drugs and Heroin Prevention & Treatment Resources](#)

[CT.GOV /DMHAS/NPWResources](#)

For prescription opioids or heroin addiction treatment call:  
1.800.563.4086

#ctpreventionweek

