

**Connecticut Youth Suicide Prevention Initiative (CYSPI)
Mini-Grant Summary Worksheet
Fall 2007 Grantees**

Grantee & Project Name	Target Group	Contact Name & Telephone	Brief Project Description
Amity High School <i>Suicide Prevention</i>	High School Youth	Cathy Austin & Madeleine Leveille 203- 397-4846	Funds from the Connecticut Youth Suicide Prevention Initiative (CYSPI) will support: 1) the implementation of the Yellow Ribbon International Suicide Prevention Program. The program will use a universal public health approach that incorporates a collaborative, grass-roots model to decrease suicide risk by promoting help-seeking behavior. 2) The implementation of a design your approach, which will incorporate suicide prevention activities around national awareness dates.
Community Health Resources <i>The De-Stress Family Fest</i>	Youth and their families	Diana Thibodeau 860-253-5020	The Connecticut Youth Suicide Prevention Initiative (CYSPI) will support a design your own approach initiative named the De-Stress Family Fest. The event will target students and families in managing their mental health wellness through the provision of stress management strategies designed to increase knowledge about the warnings signs and where to access services and help. Additional activities include the youth meetings where students can discuss how they are dealing with the management of their mental health and wellness as well as exploration of stress management techniques.
Community Prevention & Addiction Services, Inc. <i>Community Awareness and Prevention Education for Suicide (CAPES)</i>	Agency Youth (ages 14-15)	Miranda Storz 860-456-3215 ext 27	The Connecticut Youth Suicide Prevention Initiative (CYSPI) will support the implementation of a youth suicide education campaign named CAPES (<i>Community Awareness and Prevention Education for Suicide</i>). The program seeks to improve capacity of the local community to promote mental health and wellness programs for youth. The CAPES program will be implemented using the Yellow Ribbon International Suicide Prevention Program and will collaborate with existing agency group, <i>Kids in Command</i> .
Connecticut College, Student Counseling Services	Campus Students	Janet Dee Spoltore 860-439-2692	The Connecticut Youth Suicide Prevention Initiative (CYSPI) will support the development of an Active Minds Chapter, which is a student –run mental health awareness, education, and

<p><i>Active Minds at Connecticut College</i></p>			<p>advocacy group on campus. The chapter will enhance current campus suicide prevention programs and will collaborate with existing campus groups such as the Student Counseling Center and the Student Health Center.</p>
<p>Integrated Wellness Group, LLC (IWG) <i>The S.A.F.E Program</i></p>	<p>Youth (ages 9-16)</p>	<p>Pearl Sargeant-Warzecha & Maysa Akbar 203-887-7649</p>	<p>The Connecticut Youth Suicide Prevention Initiative (CYSPI) will support a six-week suicide prevention awareness campaign geared towards four peer groups of between the ages of 9-16. The safe program will provide youth with information and resources regarding the importance of stress reduction, time management, and staying healthy during times of crisis.</p>
<p>Sacred Health University <i>Nu Epsilon Omega's Suicide Awareness Campaign</i></p>	<p>Campus Students</p>	<p>Katherine Savarese 516-459-1997</p>	<p>The Connecticut Youth Suicide Prevention Initiative (CYSPI) will support the implementation of an Active Minds Chapter at Sacred Heart University. The education campaign will include activities such as a suicide prevention vigil, a walk, a fundraiser, a speaker's forum, and continued outreach geared towards students on campus.</p>
<p>Strong Middle School <i>Connecticut Youth Suicide Prevention Education and Awareness Campaign</i></p>	<p>Middle School Youth (ages 11-14)</p>	<p>Melissa Stephens & Wallis Duarte 860-349-7222</p>	<p>The Connecticut Youth Suicide Prevention Initiative (CYSPI) will support the implementation of a design your own program named E.D.G.E (Educated Decisions Guiding Everyday). The goal is to increase students knowledge and awareness in order to help make them better choices for themselves and to be able to support their peers more effectively. Activities will include the dissemination of Yellow Ribbon information, conferences, and a speaker.</p>