

## Connecticut Youth Suicide Prevention Mini-Grants Awarded

Wheeler Clinic's Connecticut Clearinghouse, in collaboration with the Departments of Mental Health and Addiction Services (DMHAS), and Children and Families (DCF), awarded seven mini-grants to organizations throughout the state as part of the Connecticut Youth Suicide Prevention Initiative's (CYSPI) Statewide Awareness Campaign. The grants will fund youth and young adult-driven, grassroots education and awareness campaigns to raise awareness of mental health issues and provide information on where to find help. Each organization received funding to design and implement community-based suicide prevention campaigns for youth and young adults in their area. The awardees are: **Amity High School** in Woodbridge, **Community Prevention and Addiction Services** in Willimantic, **Connecticut College** in New London, **Frank Ward Strong Middle School** in Durham, **Community Health Resources/Greater Enfield Alliance for Kids and Families** in Enfield, **Integrated Wellness Group Inc.** in New Haven, and **Nu Epsilon Omega Sorority** of Sacred Heart University in Bridgeport.

The awareness campaign is one component of the Connecticut Youth Suicide Prevention Initiative, a statewide, multi-agency collaboration created to build Connecticut's existing youth suicide prevention infrastructure and develop new suicide prevention and early intervention programs. The CYSPI also supports suicide prevention education programs in the CT Technical High Schools and Trumbull High School and the CT State University System, the design and implementation of a pilot mental health screening and treatment program at St. Francis Hospital and Medical Center and Quirk Middle School School-Based Health Center in Hartford, and training to CYSPI-related clinicians, DCF workers, juvenile justice workers, foster care parents, and school nurses.



Pictured at a recent meeting of CYSPI grantees held at Connecticut Clearinghouse are (left to right): Natalie Frank (Community Health Resources), Melissa Stephens (Strong Middle School), Miranda Storz (Community Prevention and Addiction Services), Judith Stonger (Wheeler Clinic), Diana Thibodeau (Community Health Resources), Allison Case (DMHAS), Cathy Austin (Amity High School), Wallis Duarte (Strong Middle School), and Maysa Akbar (Integrated Wellness Group).

Suicide is the second leading cause of death in Connecticut for 10-14 year olds and the third for ages 15-24 (second for college students). In June 2006, Connecticut was awarded a \$1.2 million grant from the federal Substance Abuse Mental Health Services Administration to support the CYSPI, in conjunction with the federal Garrett Lee Smith Memorial Act of 2004. The project is a collaborative effort involving DMHAS and the State Departments of Children and Families, Public Health, Education, and the Judicial Branch Court Support Services Division, the Connecticut State University System, Saint Francis Hospital and Medical Center and the University of Connecticut Health Center. Wheeler Clinic's Connecticut Clearinghouse administers the Awareness Campaign mini-grants and will oversee the implementation and evaluation of the seven projects, as well as coordinating the "Assessing and Managing Suicide Risk" trainings for CYSPI-related clinicians. For more information on the Awareness Campaign of the CYSPI, please call the Clearinghouse at 800.232.4424 or visit [www.ctclearinghouse.org](http://www.ctclearinghouse.org).

*Connecticut Clearinghouse is the state's library and resource center for information on substance use and mental health disorders, prevention and health promotion, treatment and recovery, wellness and other related topics.*



## New Books

Addict In The Family: Stories Of Loss, Hope, And Recovery

Addiction And Mood Disorders: A Guide For Clients And Families

American Medical Association Boy's Guide To Becoming A Teen

The APSAC Handbook On Child Maltreatment

Behavioral Couples Therapy For Alcoholism And Drug Abuse

Blueprint For Change: Ending Chronic Homelessness For Persons With Serious Mental Illnesses And/Or Co-Occurring Substance Use Disorders

Bondad; Celos; Enojos; Felicidad; Tristeza (four books on feelings)

Calm And Compassionate Children: A Handbook

The Complete Family Guide To Schizophrenia: Helping Your Loved One Get The Most Out Of Life

Connecticut Methamphetamine Information Manual

Feeling Good About The Way You Look: A Program For Overcoming Body Image Problems

Finding My Way: A Teen's Guide To Living With A Parent Who Has Experienced Trauma

From Ex-Wife To Exceptional Life: A Woman's Journey Through Divorce

Handbook Of Homework Assignments In Psychotherapy: Research, Practice, And Prevention

The Happiest Baby On The Block: The New Way To Calm Crying And Help Your Baby Sleep Longer

I'm Not Alone: A Teen's Guide To Living With A Parent Who Has A Mental Illness

Implementing An Inpatient Smoking Cessation Program

Living Well With Depression And Bipolar Disorder: What Your Doctor Doesn't Tell You - That You Need To Know

Love First: A New Approach To Intervention For Alcoholism And Drug Addiction

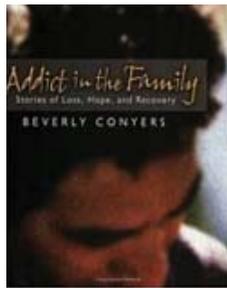
Monitoring The Future: National Results On Adolescent Drug Use: Overview Of Key Findings, 2006

Monitoring The Future: National Survey Results On Drug Use, 1975-2006

Parent Management Training: Treatment For Oppositional, Aggressive, And Antisocial Behavior In Children And Adolescents

Putting Positive Youth Development Into Practice: A Resource Guide

Recognition And Prevention Of Major Mental And Substance Use Disorders



Reducing Child Maltreatment: A Guidebook For Parent Services

Results From The 2006 National Survey On Drug Use And Health: National Findings

Rethinking Our War On Drugs: Candid Talk About Controversial Issues

Rethinking Substance Abuse: What The Science Shows, And What We Should Do About It

The Science Of Addiction: From Neurobiology To Treatment

A Smart Girl's Guide To Friendship Troubles: Dealing With Fights, Being Left Out And The Whole Popularity Thing

A Smart Girl's Guide To Sticky Situations: How To Tackle Tricky, Icky Problems And Touchy Times

State Regulation Of Residential Facilities For Children With Mental Illness

Stop Smoking Now!: The Rewarding Journey To A Smoke-Free Life

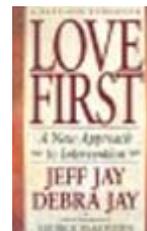
Strategies And Adaptations In Working With Parents With Intellectual Disabilities

Substance Abuse Treatment For Persons With Co-Occurring Disorders Inservice Training: Based On A Treatment Improvement Protocol TIP 42

Textbook Of Men's Mental Health

Transforming Housing For People With Psychiatric Disabilities Report

Treating Trauma And Traumatic Grief In Children And Adolescents



## New Curricula

Bam! Boys Advocacy And Mentoring: A Guidebook For Leading Preventative Boys Groups

Olweus Bullying Prevention Program: Schoolwide Guide and Teacher Guide

### Courier Online

The e-newsletter of  
Wheeler Clinic's  
Connecticut Clearinghouse

334 Farmington Avenue  
Plainville, CT 06062

800.232.4424 (TTY) OR 860.793.9791 (TTY)

[www.ctclearinghouse.org](http://www.ctclearinghouse.org)  
[info@ctclearinghouse.org](mailto:info@ctclearinghouse.org)

#### Library Hours

Mon, Tues, Weds, Fri 8:30 - 5:00  
Thurs 8:30 - 7:30

Connecticut Clearinghouse is funded  
by the Connecticut Department of  
Mental Health and Addiction Services



## New Pamphlets

- 10 Things Everyone Should Know About Bipolar Disorder
- 10 Things Everyone Should Know About Schizophrenia
- 30 Things You Should Know About Mental Illness
- 50 Things You Should Know About Eating Disorders
- Action Planning For Prevention & Recovery: A Self-Help Guide
- Asking For Help
- Brain's Response To Nicotine
- Building Self-Esteem: A Self-Help Guide
- Building Your Self-Esteem
- Consecuencias Para La Salud Por Fumar
- Dealing With Conflicts Without Violence
- Developing A Recovery & Wellness Lifestyle: A Self-Help Guide
- Drugs: A Deadly Game! Choose To Refuse
- Harmful Interactions: Mixing Alcohol With Medicines
- Heads Up: Real News About Drugs & Your Body (Compilation of Year 3)
- Heads Up: Real News About Drugs & Your Body (Year 2)
- The Health Consequences Of Smoking
- Internet Safety For Young People
- Los Diez Pasos Principales Para Dejar De Fumar
- Making & Keeping Friends: A Self-Help Guide
- Mental Illness: What Everyone Should Know
- Motivación Para El Cambio: Las Consecuencias De Beber Mucho
- Mourning The Death Of A Spouse
- Quitting Smoking: Common Problems, Good Solutions
- Recovering Your Mental: A Self-Help Guide
- Relief From Stress
- Safe Use Of Medicines: Take Your Medicines The Right Way - Each Day!
- Spider-Man & The Fantastic 4 In Hard Choices

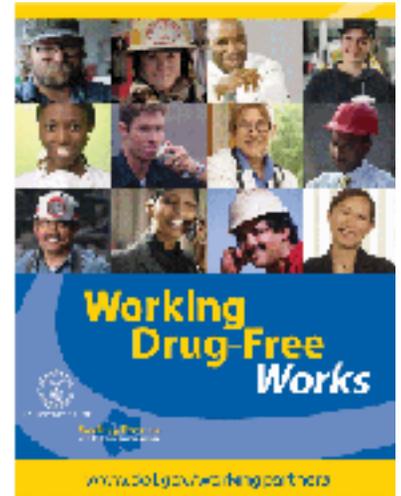


Jennie O. Parker, MSW, CCDP, Lead Clinician at Catholic Charities in Hartford, borrows educational DVDs from Connecticut Clearinghouse to use with her clients.



## New Posters

- A Safe, Healthy & Drug-Free Workplace Is Everyone's Business
- Betting On Your Future? Your New Uniform Is Waiting
- Connecticut Military Support Program: Let Us Help You
- Contrario A Creencias Populares, Los Heterosexuales No Son Los Únicos En Relaciones Abusivas
- Detén El SIDA: Asume El Liderazgo: Allí Donde Estés
- Detén El SIDA: Asume El Liderazgo: Exige Acción
- Detén El SIDA: Asume El Liderazgo: Sigue Su Ejemplo
- Prevent STDs Among MSM
- Set Yourself Free: When You're Ready To Quit Smoking, We're Here To Help
- Stop AIDS: Take The Lead: Demand Action
- Stop AIDS: Take The Lead: Follow Their Example
- Stop AIDS: Take The Lead: Wherever You Are
- Trabajando Sin Drogas: ¡Siempre Trabaja!
- Working Drug-Free Works



## First Friday Film Festival

*Given The Chance* - This film, produced by the Nevada Council on Problem Gambling, examines the risks and consequences associated with teen gambling, from a teen's point of view. (45 minutes)

First Friday Film Festivals are held on the first Friday of every month at 3:00 PM in the Connecticut Clearinghouse Conference Room. New audiovisuals are screened and a discussion follows. Join us for popcorn and a movie!