

Winter/Spring 2012 Gambling Training

Title: Problem Gambling Treatment and Prevention: What Does Race and Culture have to do with it?

Date: 2/27/12

Time: 9 to 3:30

Location: Page Hall, Room 212 and 213, CVH, Middletown, CT

Description: How can counselors, preventionists, and others address race and culture in problem gambling treatment delivery? Why is this important? The training will explore the influence of race and culture on problem gambling. It will focus on four cultural groups in the United States; groups identified as vulnerable communities in mental health service delivery: African descent, Asian descent, Latino/as and Native Americans. This training will provide attendees with current culturally-competent tools and "best-practices" for addressing race and culture in problem gambling services.

Title: Integrating Gambling and Financial Issues into Substance Abuse and Mental Health Treatment

Date: 3/22/12

Time: 9 to 3:30

Location: Page Hall, Room 212 and 213, CVH, Middletown, CT

Description: The morning session will focus on addressing gambling problems in individuals who present with primary substance use or mental health disorders. Training will focus on strategies for assessing the impact of gambling on individuals' recoveries and for integrating issues of problem gambling into treatment planning and prioritizing. The afternoon session will focus on helping clients who present with gambling problems to understand the meaning of the financial issues presented to them. Participants will be given specific strategies for them to use with clients in order to aid in the overall recovery from problem gambling. Strategies will include specific recommendations for family members impacted by problem gambling as well.

Title: Problem Gambling Prevention Strategies for Treatment and Community Providers

Date: 4/17/12

Time: 9 to 3:30

Location: Page Hall, Room 212 and 213, CVH, Middletown, CT

Description: An overview of prevention programs and approaches designed to raise awareness and reduce the impact of problem gambling. While a variety of programs will be covered, there will be special focus on the elder and the youth populations and developmental issues relevant to creating programs for these populations. In addition to learning about these existing programs, attention will be given to specific prevention strategies and how they can be adapted and adopted for programs and services training participants are already providing in their settings. Training will include presentations, large and small group experiences, and a number of guest speakers.

Title: Utilizing Motivational Interviewing with Problem Gambling

Date: 5/17/12

Time: 9 to 3:30

Location: Page Hall, Room 212 and 213, CVH, Middletown, CT

Description: Motivational Interviewing is a CBT based skill designed to assist clients with a variety of issues including gambling problems. These clients frequently present in behavioral health settings with other co-morbid disorders such as mental health or substance abuse. MI is an evidence based practice designed to assist behavioral change utilizing a strengths based perspective. Videos will be used to demonstrate MI skills. Participants will have the opportunity to develop their MI skills by participating in interactive exercises. MI skills training is beneficial for both professional and paraprofessional service providers.