



# Problem Gambling Awareness Month

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## Keep the Problem out of Gambling: Who's at Risk

Research on groups at higher risk for gambling problems:

- Men remain at higher risk for gambling problems than women. However, women are catching up and women who develop gambling problems are likely to progress from no problem to problem gambling much faster than men. (Volberg, 2006)
- Teens and young adults have 2 to 4X the rate of problem gambling than adults (CT Youth Gambling Study, 2008)
- Student athletes (Huang, et al., 2007)
- Older adults who gamble at gambling facilities are 6 times more likely to be

Other Risk Factors:

- ✓ The younger someone starts gambling the higher the risk of developing gambling problems
- ✓ Times of major life change or loss (retirement, transition from high school to college, death of a loved one, immigrating to a new country, etc)
- ✓ Living within 50 miles of a casino.
- ✓ Having a parent who had or has a gambling problem.
- ✓ History of trauma or neglect.

For more information contact Problem Gambling Services at 860.344.2244 or

[www.ct.gov/dmhas/problemgambling](http://www.ct.gov/dmhas/problemgambling)

**Toll Free Problem Gambling Helpline: 888-789-7777 or  
PG Chat: [problemgambling.org](http://problemgambling.org)**