



**Access to Recovery IV  
Fact Sheet  
ATR Customer Service Center 1-866-580-3922**



Advanced Behavioral Health, Inc.

**A. TARGET POPULATION** – Adults (18 years old or older), with a verifiable Substance Use Disorder (SUD) **AND** who are involved in one of the following state agency programs:

**I. Court Support Services Division (Probation):**

- Technical Violation Unit (TVU)
- Probation Transition Program (PTP)
- Women Offender Case Management (WOCM) Program
- Mental Health Probation
- Intensive Supervision (IS)
- Supervised Diversion Program (SDP)
- Domestic Violence Supervision
- Youth Supervision (18-21)

**II. Department of Correction (Parole):**

- Parole
- Transitional Supervision
- Project STARR (Hartford)
- End of Sentence and in addition services at the following correctional institutions:
  - York Correctional Institution
  - Niantic Annex Correctional Institution
  - Willard-Cybulski Correctional Institution
  - Carl Robinson Correctional Institution
  - Enfield Correctional Institution
  - New Haven Correctional Institution

**III. Department of Children and Families**

- Building Stronger Families
- Project SAFE Initiatives:
  - Recovery Case Managers
  - Recovery Specialist Voluntary Program (RSVP)

**IV. National Guard Members and Veterans**

- Military Support Program
- Veteran's Jail Diversion Program
- Veteran Centers

**V. Department of Mental Health and Addiction Services Programs**

- Blue Hills Hospital (Hartford)
- Connecticut Valley Hospital Merritt Hall (Middletown)
- Substance Abuse Jail Diversion Program (Hartford)
- Women's Behavioral Health Recovery Specialists

**VI. Hartford Community Court**

**VII. Federally Qualified Healthcare Centers**

- Optimus Health Care

- Cornell Scott-Hill Health Center
- United Community and Family Services
- Community Health Services
- StayWell Health Center

## **B. ELIGIBILITY DETERMINATION**

The ATR customer service center will screen interested participants for ATR eligibility. If determined to be eligible, participants will be given an appointment with an ATR Care Coordinator to complete a recovery assessment and receive referrals to services of their choosing. Service eligibility is dependent upon the need for clinical and/or recovery support services and eligibility for similar services through public or commercial health insurance.

**C. SERVICES-** Service providers must be credentialed and have an executed contract with Advanced Behavioral Health.

### **Clinical Services**

Buprenorphine Treatment Services

Co-Occurring Intensive Outpatient Services

### **Recovery Support Services**

Recovery Assessment

Transportation

Care Coordination

Bus Passes

Housing Services and Assistance

Livery

Supported Recovery Housing Services

Educational Services

Other Supports

Child Care

Recovery Management Services

Recovery Coach Academy

Spiritual and Faith Recovery Support Services

Peer-To-Peer Services

Employment Services and Job Training

Medical Care (Physical and Nutritional Health)

Recovery Oriented Vocational Services

Other Supports

## **D. DIRECTORY OF CONTRACTED PROVIDERS**

Please go to [www.abhct.com](http://www.abhct.com): Click “Resources”: Select “ATR IV”

## **E. RESOURCES**

ATR Customer Service Center: 1-866-580-3922

DMHAS: [www.ct.gov/dmhas/atr](http://www.ct.gov/dmhas/atr)

ABH: [www.abhct.com](http://www.abhct.com)

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## **E. ATR IV SERVICE DESCRIPTIONS**

### **Clinical Services**

#### **Buprenorphine Treatment**

A non-residential service provided in a facility licensed by the Department of Public Health to offer “Ambulatory Chemical Detoxification” or substance abuse “Outpatient Treatment” to opiate addicted individuals. This service involves administration or prescription of Suboxone or Subutex in addition to clinical support, including an assessment of needs, recovery planning, individual and group therapy, and relapse prevention strategies.

#### Co-Occurring Intensive Outpatient Treatment

A medically necessary, non-residential behavioral health service delivered in a facility that meets and maintains all applicable licensing and certification requirements of federal and state statutes or regulations pertaining to substance abuse outpatient services for adults. Each individual shall receive three (3) hours per day (of which 2.5 hours will be documented behavioral health clinic services) three (3) to five (5) days per week (i.e., a minimum of nine hours per week) of individualized treatment. Treatment shall focus on reducing symptoms, improving functioning, maintaining the individual in the community, preventing relapse and reducing the likelihood that care may be required in a more restrictive setting;

#### Recovery Support Services

##### Care Coordination

Care coordination is available to all individuals accessing ATR, and Care Coordinators will follow ATR recipients through their course of ATR services. Care Coordinators complete the entire recovery assessment including tasks such as: eligibility screening, treatment and recovery support assessment, recovery planning, service determination and referral to ATR and other funded services. Care Coordinators will also assess client satisfaction and aid in service re-engagement if needed. Care Coordinators are trained to complete and are responsible for doing the initial face to face and the follow up DCIs.

##### Recovery Assessment

The recovery assessment is completed by an ATR Care Coordinator and includes the eligibility screening, treatment and recovery support assessment, recovery planning, service determination, referral to ATR and other funded services and any other application related information (e.g. consent to participate, releases of information, etc).

##### Case/Recovery Management Services

Referral, linkage, and coordination of wrap around services according to an individualized recovery plan incorporating the input of individuals served and their natural supports. Services are provided in the community and a primary goal is to provide linkages to substance abuse and mental health treatment and recovery support services. Recovery management services are intended to assist the individual to work on integrating relapse preventions skills and achieve autonomy including obtaining gainful employment and independent living in their community.

##### Spiritual and Faith Recovery Support

Provided via individual and/or group meetings that are designed to help persons in recovery forge supportive connections with self-selected faith communities, discover positive personal interests, and take on valued social roles. Faith recovery support services include mentoring and positive role modeling, pastoral and spiritual counseling, social support and community engagement, and integration of faith and recovery values to support recovery and relapse prevention. Services are usually provided in a religious or spiritual setting by spiritual leaders or other staff who are knowledgeable about the spiritual values of the community and are equipped to assist individuals in finding spirituality.

##### Transportation

Transportation services are provided to individuals engaged in treatment and/or recovery support related appointments and activities, and who have no other means of transportation. Forms of transportation services may include public transportation passes or contracted livery transportation.

### Employment Services and Job Training

Services are directed toward improving and maintaining employment and include: skills assessment and development, job coaching, job placement, resume writing, interviewing skills, and tips for securing and retaining a job. Other services include training in a specific skill or trade to assist individuals to prepare for, find, and obtain competitive employment. Additionally, employment services includes the acquisition of those supports one needs in order to secure employment such as obtaining a valid identification document or job appropriate clothing.

### Educational Services

May include academic counseling, assistance with academic and financial applications, and aptitude and achievement testing to assist in planning services and support. Educational services also provide support for clients pursuing adult basic education, i.e., general education development (GED) and college education.

### Child Care

Care and supervision provided to a parent's child(ren), less than 14 years old and for less than 24 hours a day, by an organized licensed facility or family center enabling a parent to attend treatment and or recovery activities, employment, educational activities or job training (includes home-based licensed care). These services must comply with State law regarding child care facilities.

### Housing Assistance and Services

Services may include accessing a housing referral service, relocation, tenant/landlord counseling, repair mediation, and other identified housing needs, will be provided to participants living in a variety of housing environments (e.g. transitional housing, recovery living centers or homes, supported independent living, short-term and emergency or temporary housing). This category of services includes helping families in locating and securing affordable and safe housing.

Assistance may also include providing participants with Supported Recovery Housing Services-a credentialed, clean, safe, drug and alcohol-free transitional living environment with on-site case management services available at least 8 hours per day 5 days per week. On-site case management services include assessment, recovery planning and discharge planning with the goal of linking residents to substance abuse and mental health treatment services, entitlements, employment, permanent housing and other needed community supports to promote autonomy.

### Recovery Coach Academy

A five-day training opportunity designed for those interested in becoming actively involved in serving as a Recovery Coach. A Recovery Coach is anyone interested in promoting recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery. The training will provide participants a comprehensive overview of the purpose and tasks of a Recovery Coach and will explain the various roles played by a Recovery Coach. The training will provide participants tools and resources useful in providing recovery support services and emphasizes the skills needed to link people in recovery to needed supports within the community that promote recovery.

### Peer-to-Peer Services

A process of helping based, in part, on a shared lived experience, and the knowledge gained from overcoming those challenges with the goal of assisting those in recovery to integrate into community life and to develop natural support systems in the community via regular exposure to recreational, spiritual and educational activities and to recovery orientated fellowship.

### Medical Care (Physical and Nutritional Health)

Services are directed toward improving overall health and well-being and include services that may not be covered by traditional health insurance; such as: nutritional counseling, smoking cessation, weight loss counseling, etc.