



## **Behavioral Health Recovery Program-Basic (BHRP) Program Fact Sheet**

**BHRP Customer Service Center 1 (800) 658-4472**

### **A. PROGRAM ELIGIBILITY**

To be eligible for BHRP-B recovery support services, clients must meet the following criteria:

1. Have active Husky D Medicaid insurance,
2. Be engaged in clinical services with a Medicaid behavioral health treatment provider, and
3. Not receiving state or federal cash assistance

### **B. DEFINITION OF RECOVERY SUPPORT SERVICES AVAILABLE THROUGH THE BHRP-BASIC PROGRAM**

#### Recovery Management Services

Recovery management provides referral, linkage, and coordination of wrap around services according to an individualized recovery plan incorporating the input of individuals served and their natural supports. Services are provided in the community, and a primary goal is to provide linkages to substance abuse and mental health treatment and recovery support services. Recovery management services are intended to assist the individual to work on integrating relapse preventions skills and achieve autonomy including obtaining gainful employment and independent living in their community.

#### Supported Recovery Housing Services

A contracted clean, safe, drug and alcohol-free transitional living environment with on-site case management services available at least 8 hours per day 5 days per week. Case management services include assessment, recovery planning and discharge planning with the goal of linking residents to substance abuse and mental health treatment services, entitlements, employment, permanent housing and other needed community supports to promote autonomy.

#### Independent Housing

Short-term assistance provided to secure affordable and safe housing via a lease agreement with a landlord. Funding is transitional in nature, thus individuals must have income to support the rental amount on an ongoing basis.

#### Faith Recovery Support Services

Faith recovery support services are provided via individual meetings that are designed to help persons in recovery forge supportive connections with self-selected faith communities, discover positive personal interests, and take on valued social roles. Faith recovery support services include mentoring and positive role modeling, pastoral and spiritual counseling, social support and community engagement, and integration of faith and recovery values to support recovery and relapse prevention. Services are usually provided in a religious or spiritual setting by spiritual leaders or other staff who are knowledgeable about the spiritual values of the community and are equipped to assist individuals in finding spirituality.



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### **DEFINITIONS (CONTINUED)**

#### Basic Needs

Basic needs are available to individuals engaged in treatment and/or recovery support related appointments and activities, and who are in need of items such as clothing and toiletries. Gift cards are provided to individuals to help them stay engaged in treatment, recovery support services and employment.

#### Recovery Oriented Vocational Services

Recovery oriented vocational services are directed toward improving and maintaining employment and include: skills assessment and development, job coaching, job placement, resume writing, interviewing skills, and tips for retaining a job. Other services include training in a specific skill or trade to assist individuals to prepare for, find, and obtain competitive employment.

#### Wellness (e.g. Physical Health, Nutrition, Alternative Medicine)

Wellness services are directed toward improving overall health and well-being and include services that may not be covered by traditional health insurance such as: nutritional counseling, gym memberships, smoking cessation, weight loss counseling, relaxation, meditation, yoga, tai chi, homeopathy, etc.

### **C. LIST OF CONTRACTED PROVIDERS**

Please go to [http://www.abhct.com/Programs\\_Services/BHRP/Forms\\_and\\_Resources/](http://www.abhct.com/Programs_Services/BHRP/Forms_and_Resources/)

### **D. RESOURCES**

**BHRP Customer Service Center: 1 (800) 658-4472 Fax #: 1-866-249-8766**

#### Websites:

DMHAS: <http://www.ct.gov/dmhas/cwp/view.asp?a=2900&q=334752>

ABH: [http://www.abhct.com/Programs\\_Services/BHRP/Forms\\_and\\_Resources/](http://www.abhct.com/Programs_Services/BHRP/Forms_and_Resources/)

### **E. Maximum Benefit Levels (effective 10/1/2014)**

Please go to: [http://www.abhct.com/Customer-Content/WWW/CMS/files/BHRP/BHRP-Basic\\_Program\\_Maximums\\_4.1.14.pdf](http://www.abhct.com/Customer-Content/WWW/CMS/files/BHRP/BHRP-Basic_Program_Maximums_4.1.14.pdf)