

Connecticut Department of Mental Health and Addiction Services

ANNUAL STATISTICAL REPORT

SFY 2016



Produced by the Evaluation, Quality Management and Improvement Division

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Introduction

The Evaluation, Quality Management and Improvement (EQMI) Division at the Department of Mental Health and Addiction Services (DMHAS) is pleased to publish its second Annual Statistical Report. The report provides information about the services the Department provides and the individuals served by our mental health and substance abuse system.

To develop this report, we used data taken from DMHAS' Enterprise Data Warehouse on September 1, 2016.

EQMI receives multiple requests for data from DMHAS staff, providers, legislative groups, researchers and the media. This report makes key information more accessible to departmental stakeholders; it includes data on clients served, demographic characteristics, types of services provided, residential and inpatient utilization, and substance use trends.

Special thanks to all of the EQMI staff and University of Connecticut School of Social Work contractors who assisted with this report. Karin Haberlin coordinated the development of the report, while Kristen Miller, Hsiu-Ju Lin, Jeff Johnson, and Josh Pierce compiled, tested, and analyzed the data. Kristen Miller was responsible for writing the report.

Jim Siemianowski
Director, EQMI

Background

In this report, we summarize clients served and services provided by the Department of Mental Health and Addiction Services (DMHAS) during state fiscal year 2016. These data include clients served in DMHAS funded or DMHAS operated programs. The clients and the services are diverse, and the data is complex.

This report will, at different times, report numbers that refer to different subgroups or events that are based on *specific filtering of the data*. For instance, we frequently filter out programs that are not required to report treatment data when we present information from the Level of Care (LOC) perspective.

We also distinguish between clients and episodes. This distinction is important:

- **Client counts** are unduplicated counts in which each client is counted **once**.
- **Episode counts** represent an *episode of care* to a client – entailing admission, all services received, and discharge. All occur within the context of an episode of care for a client at a particular program.
- Each client may have multiple episodes of care that occur within the fiscal year; thus, the client may be counted **multiple times** – once for each episode, if applicable.
- Thus, **Admissions and Discharges** are reported as **episode counts**, as many clients have multiple episodes.
- In addition, a client may be admitted to/enrolled several programs simultaneously; therefore, *each* admission will be included in the overall Admission count below.

Figure 1 provides a visual representation of the different levels of analysis used in this report.

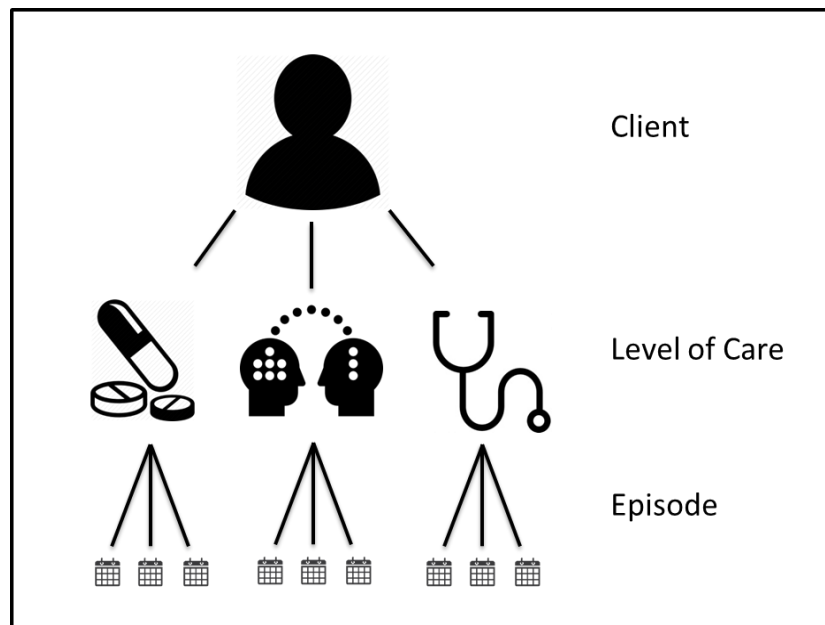


Figure 1: Levels of Analysis

In each section of the report, there is a brief description of what the counts represent.

The data contained in this report were taken from DMHAS' Enterprise Data Warehouse (EDW) on September 1, 2016. The data warehouse is a dynamic system, so reports or other analyses performed on different dates may produce slightly different results. **The numbers contained in this report are the official DMHAS data for SFY2016.**

DMHAS SFY2016 Annual Statistical Data - Quick Facts

| Program Type | | N |
|---------------------------------|--|----------------|
| Mental Health Programs | | 59,225 |
| Substance Abuse Programs | | 61,341 |
| Total Unduplicated Count | | 112,864 |

| Race | N | % |
|------------------------|--------|-----|
| White/Caucasian | 72,231 | 64% |
| Black/African American | 17,712 | 16% |
| Other | 22,921 | 20% |

| Ethnicity | N | % |
|--------------------------|--------|-----|
| Latino/Hispanic Identity | 23,098 | 20% |

| Gender | N | % |
|-------------|--------|-----|
| Male | 66,458 | 59% |
| Female | 45,809 | 41% |
| Transgender | 10 | 0% |

| Level of Care | Unduplicated Client Count |
|---|---------------------------|
| MH Inpatient | 1,428 |
| MH Residential | 2,922 |
| MH Outpatient levels of care (see pg. 13) | 58,387 |
| SA Inpatient (Detox) | 2,717 |
| SA Residential Rehab | 11,323 |
| SA Outpatient levels of care (see pg. 16) | 55,256 |

| Primary Drug at MH or SA Admission – All SFY16 Active | N | % |
|---|--------|-----|
| Alcohol | 30,976 | 34% |
| Heroin | 30,909 | 34% |
| Marijuana/Hashish/THC | 11,039 | 12% |

| Primary Drug at MH or SA Admission – SFY16 Admissions | N | % |
|---|--------|-----|
| Heroin/Other Opioids | 21,319 | 39% |
| Alcohol | 19,102 | 35% |

| Major Diagnosis Categories | N | % |
|------------------------------|--------|------|
| Serious Mental Illness (SMI) | 42,186 | 52.4 |
| SA diagnosis | 54,276 | 67.5 |
| Dual diagnosis (SMI + SA) | 22,127 | 27.5 |

| Most Common MH Diagnosis Categories | N | % |
|--|--------|------|
| Depressive Disorders | 13,172 | 16.4 |
| Schizophrenia Spectrum and Other Psychotic Disorders | 9,679 | 12.0 |
| Bipolar and Related Disorders | 7,351 | 9.1 |

Data Summaries

Clients

- During State Fiscal Year 2016 (July 1, 2015 – June 30, 2016), the Department of Mental Health and Addiction Services served **112,864** people.
- **61,341** clients were treated in **Substance Abuse (SA)** programs (53,639 in only SA programs, plus 7,702 who received SA and MH services).
- **59,225** clients were served in **Mental Health (MH)** programs. (51,523 MH only, plus 7,702 MH and SA)
- A smaller group of clients (**7,702**) received services from **both MH and SA** programs during SFY16.¹

Admissions

- There were **107,212 admissions** (each client may have a single or multiple admissions) to DMHAS operated or DMHAS funded programs.
- **70%** of clients had a **single MH program admission** during SFY2016.
- **71%** of clients had a **single SA program admission** during SFY2016.
- There were **14,194** more admissions to Substance Abuse programs than to Mental Health programs.

Discharges

During this same timeframe,

- There were **102,571** discharges from DMHAS operated or DMHAS funded programs. This does not necessarily mean that clients were discharged from the DMHAS system completely, but simply that an episode of treatment within a program ended.
- There were **12,893** more discharges from SA programs than from MH programs.

Open Episodes

Finally, **52,657** episodes of care (covering **44,395** clients) were **open for the entire fiscal year** (admitted prior to SFY16 and not yet discharged by the end of SFY16).

¹ Note that receiving services from both program types does not imply that these clients have a dual diagnosis.

Table 1: SFY16 Episode Counts

| Episode Counts | SA | MH | Total |
|-----------------------|---------------|---------------|----------------|
| Admission | 60,703 | 46,509 | 107,212 |
| Discharge | 57,732 | 44,839 | 102,571 |
| Open* | 17,909 | 34,748 | 52,657 |
| Total | 92,382 | 98,642 | 191,024 |

* Open-episode --started prior to FY16 and not yet discharged by 6/30/16

Table 2: Unduplicated Clients

| Unduplicated Clients | SA | MH | Both | Total |
|-----------------------------|---------------|---------------|--------------|----------------|
| Admissions | 33,130 | 24,969 | 4,221 | 62,320 |
| Discharges | 31,972 | 25,788 | 3,957 | 61,717 |
| Open | 16,808 | 26,836 | 751 | 44,395 |
| Unduplicated Clients | 53,639 | 51,523 | 7,702 | 112,864 |

The tables below provide the same basic information as above, but have differentiated the data by Private Non-Profit (PNP) providers and State Operated facilities.

Table 3: PNP vs. State Operated – Episode Counts

| Episode Counts | Funding source | SA | MH | Total |
|-----------------------|---------------------------------|-----------|-----------|--------------|
| Admission | DMHAS Human Services Agreements | 56,487 | 30,733 | 87,220 |
| | DMHAS-operated | 4,216 | 15,776 | 19,992 |
| Discharge | DMHAS Human Services Agreements | 53,547 | 29,213 | 82,760 |
| | DMHAS-operated | 4,185 | 15,626 | 19,811 |
| Open | DMHAS Human Services Agreements | 17,837 | 27,509 | 45,346 |
| | DMHAS-operated | 72 | 7,239 | 7,311 |

Table 4: PNP vs. State Operated - Unduplicated Clients

| Unduplicated Clients | Funding source | SA | MH | Both | Total |
|-----------------------------|---------------------------------|---------------|---------------|--------------|----------------|
| Admissions | DMHAS Human Services Agreements | 30,951 | 17,217 | 2,433 | 50,601 |
| | DMHAS-operated | 844 | 6,297 | 257 | 7,398 |
| | Both | 1,335 | 1,455 | 1,531 | 4,321 |
| | Total | 33,130 | 24,969 | 4,221 | 62,320 |
| Discharge | DMHAS Human Services Agreements | 29,702 | 17,543 | 2,262 | 49,507 |
| | DMHAS-operated | 937 | 6,806 | 226 | 7,969 |
| | Both | 1,333 | 1,439 | 1,469 | 4,241 |
| | Total | 31,972 | 25,788 | 3,957 | 61,717 |
| Open | DMHAS Human Services Agreements | 16,740 | 21,025 | 666 | 38,431 |
| | DMHAS-operated | 64 | 4,440 | 3 | 4,507 |
| | Both | 4 | 1,371 | 82 | 1,457 |
| | Total | 16,808 | 26,836 | 751 | 44,395 |
| Total | DMHAS Human Services Agreements | 51,439 | 38,706 | 5,126 | 95,271 |
| | DMHAS-operated | 811 | 8,911 | 258 | 9,980 |
| | Both | 1,389 | 3,906 | 2,318 | 7,613 |
| | Total | 53,639 | 51,523 | 7,702 | 112,864 |

DEMOGRAPHICS OF CLIENTS SERVED

The data presented in the Demographics section includes all clients served by DMHAS. The values represent unduplicated client counts (each client counted once) within program type (SA only, MH only or both SA & MH). The statewide total is a fully unduplicated client count. The narrative will generally discuss the results in terms of SA and MH programs; the counts under the “Both” category are added into the SA and MH counts to include everyone who received SA services or MH services.

Table 5: Gender

| Gender | SA | | MH | | Both | | Statewide Total | |
|--------------|---------------|---------------|---------------|---------------|--------------|---------------|-----------------|---------------|
| | N | % | N | % | N | % | N | % |
| Female | 16,321 | 30.4% | 26,425 | 51.3% | 3,063 | 39.8% | 45,809 | 40.6% |
| Male | 36,776 | 68.6% | 25,050 | 48.6% | 4,632 | 60.1% | 66,458 | 58.9% |
| Transgender | 0 | 0.0% | 8 | 0.0% | 2 | 0.0% | 10 | 0.0% |
| Unknown | 542 | 1.0% | 40 | 0.1% | 5 | 0.1% | 587 | 0.5% |
| Total | 53,639 | 100.0% | 51,523 | 100.0% | 7,702 | 100.0% | 112,864 | 100.0% |

- Statewide, more males received DMHAS services than females.
- Within MH specific programs, slightly more women than men received treatment (26,425 (51%) and 25,050 (49%) respectively).
- In SA specific programs, however, there were more than twice as many male clients than female clients (36,776 (69%) and 16,321 (30%) respectively).
- Additionally, clients who received both MH and SA services were more likely to be male (60% vs. 40% female). These patterns across program type have been observed since SFY12.

Table 6: Race

| Race | SA | | MH | | Both | | Statewide Total | |
|--|---------------|---------------|---------------|---------------|--------------|---------------|-----------------|---------------|
| | N | % | N | % | N | % | N | % |
| American Indian/Native Alaskan | 236 | 0.4% | 291 | 0.6% | 33 | 0.4% | 560 | 0.5% |
| Asian | 390 | 0.7% | 556 | 1.1% | 30 | 0.4% | 976 | 0.9% |
| Black/African American | 7,281 | 13.6% | 8,964 | 17.4% | 1,467 | 19.0% | 17,712 | 15.7% |
| Native Hawaiian/Other Pacific Islander | 98 | 0.2% | 129 | 0.3% | 13 | 0.2% | 240 | 0.2% |
| White/Caucasian | 35,126 | 65.5% | 32,273 | 62.6% | 4,832 | 62.7% | 72,231 | 64.0% |
| More than One Race | 733 | 1.4% | 213 | 0.4% | 58 | 0.8% | 1,004 | 0.9% |
| Missing/unknown | 2,024 | 3.8% | 2,065 | 4.0% | 148 | 1.9% | 4,237 | 3.8% |
| Other | 7,751 | 14.5% | 7,032 | 13.6% | 1,121 | 14.6% | 15,904 | 14.1% |
| Total | 53,639 | 100.0% | 51,523 | 100.0% | 7,702 | 100.0% | 112,864 | 100.0% |

- Of the total number of statewide clients served in FY 2016, 64% were White/Caucasian.
- With the addition of the next two largest groups, Black/African Americans and More than One Race (often selected by clients of Hispanic ethnicity who view their race as neither Caucasian nor African American), at 16% and 14% respectively; this accounted for 94% of clients served.
- The distribution of clients by race was very consistent across SA and MH treatment programs. White/Caucasian clients were the most represented in treatment, followed by Black/African American and More than One Race. These patterns have been observed for the past four years.

- According to state census data from 2015, White/Caucasians represent 68.2% of Connecticut residents (reported as “White Alone, not Hispanic or Latino”) and are thus underrepresented in the DMHAS population. Black/African Americans represent 11.6% of CT residents and thus are overrepresented in DMHAS data.²

Table 7: Ethnicity

| Ethnicity | SA | | MH | | Both | | Statewide Total | |
|-----------------------|---------------|---------------|---------------|---------------|--------------|---------------|-----------------|---------------|
| | N | % | N | % | N | % | N | % |
| Hispanic-Cuban | 156 | .3% | 97 | .2% | 18 | .2% | 271 | .2% |
| Hispanic-Mexican | 415 | .8% | 271 | .5% | 27 | .4% | 713 | .6% |
| Hispanic-Other | 4,195 | 7.8% | 4,157 | 8.1% | 584 | 7.6% | 8,936 | 7.9% |
| Hispanic-Puerto Rican | 6,688 | 12.5% | 5,537 | 10.7% | 953 | 12.4% | 13,178 | 11.7% |
| Non-Hispanic | 38,068 | 71.0% | 38,403 | 74.5% | 5,778 | 75.0% | 82,249 | 72.9% |
| Unknown | 4,117 | 7.7% | 3,058 | 5.9% | 342 | 4.4% | 7,517 | 6.7% |
| Total | 53,639 | 100.0% | 51,523 | 100.0% | 7,702 | 100.0% | 112,864 | 100.0% |

- Of the total number of clients served by DMHAS, 21% were of Hispanic/Latino ethnicity; 15.4% of Connecticut residents are Hispanic or Latino, meaning that they are overrepresented in the DMHAS data.
- The largest group of Hispanic/Latino consumers was of Puerto Rican origin (12%).
- Statewide, 73% of clients receiving DMHAS services were not of Hispanic/Latino ethnicity. The distribution of ethnic origin across SA/MH programs was generally equivalent, with slightly more consumers in Substance Abuse programs (+0.8%) being of Hispanic/Latino origin.
- Non-Hispanic clients represented a slightly larger proportion (+3.5%) of mental health clients than substance abuse clients. These patterns have remained consistent for the past four years.

Table 8: Age

| Age | SA | | MH | | Both | | Statewide Total | |
|------------------------|---------------|---------------|---------------|---------------|--------------|---------------|-----------------|---------------|
| | N | % | N | % | N | % | N | % |
| 18-25 | 9,274 | 17.3% | 6,124 | 11.9% | 806 | 10.5% | 16,204 | 14.4% |
| 26-34 | 15,612 | 29.1% | 8,426 | 16.4% | 1,956 | 25.4% | 25,994 | 23.0% |
| 35-44 | 10,993 | 20.5% | 8,506 | 16.5% | 1,689 | 21.9% | 21,188 | 18.8% |
| 45-54 | 9,991 | 18.6% | 12,105 | 23.5% | 2,064 | 26.8% | 24,160 | 21.4% |
| 55-64 | 5,583 | 10.4% | 11,074 | 21.5% | 1,063 | 13.8% | 17,720 | 15.7% |
| 65+ | 1,244 | 2.3% | 4,762 | 9.2% | 123 | 1.6% | 6,129 | 5.4% |
| missing/unknown/errors | 942 | 1.8% | 526 | 1.0% | 1 | 0.0% | 1,469 | 1.3% |
| Total | 53,639 | 100.0% | 51,523 | 100.0% | 7,702 | 100.0% | 112,864 | 100.0% |

- Average age of DMHAS clients is 41.6 years (± 14.47)
- Average age of clients receiving MH services is 45.2 years (± 15.49)
- Average age of clients receiving SA services is 38.1 years (± 12.78)
- Average age of clients receiving **both** MH and SA services is 41.1 Years (± 12.10)

² Data retrieved from <http://www.census.gov/quickfacts/table/PST045215/09> on November 14, 2016.

- Younger clients (up to age 44) were more likely to receive Substance Abuse services, while older clients (45 and over) were more likely to receive Mental Health services.
- Among clients receiving mental health services, the largest age group was 45 to 54 years, while most frequent age group for Substance Abuse clients was the 26 to 34 age range.
- Of clients receiving treatment, few were 65 years or older with the majority of them in Mental Health services. As with other demographics, the age trend patterns have remained steady over the last four years.

LEVEL OF CARE (LOC) DATA

The data presented in the Level of Care section include clients served by DMHAS funded and operated programs that are required to submit treatment data to DMHAS.

- The client counts represent unique (unduplicated) clients.
- The admission and discharge counts are based on episodes of care and represent duplicated client counts – each admission or discharge is counted once, but a client may have multiple admissions and/or discharges.
- To reduce the chance of confusion between unduplicated client count and admission/discharge counts (they all are counts based on clients), the number of clients admitted or discharged are referred to as ‘admissions’ or ‘discharges’ (versus ‘clients admitted’).

Mental Health Inpatient and Residential

DMHAS served four thousand thirty-six (4,036) clients in mental health inpatient and residential programs, with 2,252 admissions and 2,242 discharges during SFY16. The majority (72%) of these clients were in residential LOCs. Please see Appendix A for regional totals.

Table 9: MH Inpatient/Residential LOCs

| 9a. Active Clients | | Total |
|---------------------------|----------------------|--------------|
| Forensic MH | Inpatient Services | 473 |
| | Residential Services | 39 |
| Mental Health | Inpatient Services | 955 |
| | Residential Services | 2,883 |
| Total MH | | 4,036 |

| 9b. Admissions | | Total |
|-----------------------|----------------------|--------------|
| Forensic MH | Inpatient Services | 273 |
| | Residential Services | 28 |
| Mental Health | Inpatient Services | 721 |
| | Residential Services | 1,230 |
| Total MH | | 2,252 |

| 9c. Discharges | | Total |
|-----------------------|----------------------|--------------|
| Forensic MH | Inpatient Services | 278 |
| | Residential Services | 26 |
| Mental Health | Inpatient Services | 725 |
| | Residential Services | 1,213 |
| Total MH | | 2,242 |

Mental Health Outpatient

- For each LOC listed, we provide the unduplicated client count as well as the (fully unduplicated) total client count for all listed LOCs.
- Clients who received services from more than one LOC are counted in each relevant LOC.

Fifty-eight thousand three hundred eighty-seven (58,387) clients received services in outpatient levels of care. The majority of clients (66%) were served in a Standard Outpatient MH program, followed by Case Management (14%), Crisis (13%), and Social Rehabilitation (11%).

There were 44,257 admissions to MH Outpatient LOCs during the Fiscal Year. The majority of the admissions (56% total) were to standard outpatient (33%) and crisis services (23%). There were also 42,597 discharges during SFY16. Standard Outpatient and Crisis Services had the most discharges (58% total) of all the service types.

Table 10: Mental Health Outpatient LOCs

| 10a. Active Clients | | Total |
|----------------------------|-------------------------------------|---------------|
| Forensic MH | Case Management | 138 |
| | Crisis Services | 38 |
| | Forensics Community-based | 4,922 |
| | Outpatient | 295 |
| Mental Health | Assertive Community Treatment (ACT) | 1,254 |
| | Case Management | 8,155 |
| | Community Support | 5,514 |
| | Consultation | 254 |
| | Crisis Services | 7,447 |
| | Education Support | 232 |
| | Employment Services | 3,932 |
| | Forensics Community-based | 39 |
| | Housing Services | 475 |
| | Intake | 3,319 |
| | Intensive Outpatient (IOP) | 519 |
| | Outpatient | 38,071 |
| | Prevention | 477 |
| Social Rehabilitation | 6,786 | |
| Total MH | | 58,387 |

Table 10 – Mental Health Outpatient LOCs - continued

| 10b. Admissions | | Total |
|------------------------|-------------------------------|---------------|
| Forensic MH | Case Management | 83 |
| | Crisis Services | 32 |
| | Forensics Community-based | 4,302 |
| | Outpatient | 145 |
| Mental Health | Assertive Community Treatment | 373 |
| | Case Management | 4,820 |
| | Community Support | 2,135 |
| | Crisis Services | 10,332 |
| | Education Support | 91 |
| | Employment Services | 1,912 |
| | Forensics Community-based | 39 |
| | Housing Services | 72 |
| | Intake | 2,776 |
| | Intensive Outpatient (IOP) | 571 |
| | Outpatient | 14,766 |
| | Prevention | 96 |
| | Social Rehabilitation | 1,712 |
| Total MH | | 44,257 |

| 10c. Discharges | | Total |
|------------------------|-------------------------------|---------------|
| Forensic MH | Case Management | 67 |
| | Crisis Services | 31 |
| | Forensics Community-based | 4,121 |
| | Outpatient | 183 |
| Mental Health | Assertive Community Treatment | 403 |
| | Case Management | 3,232 |
| | Community Support | 1,968 |
| | Consultation | 2 |
| | Crisis Services | 10,308 |
| | Education Support | 106 |
| | Employment Services | 1,853 |
| | Forensics Community-based | 38 |
| | Housing Services | 81 |
| | Intake | 3,286 |
| | Intensive Outpatient (IOP) | 564 |
| | Outpatient | 14,310 |
| | Prevention | 56 |
| Social Rehabilitation | 1,988 | |
| Total MH | | 42,597 |

Substance Abuse Inpatient and Residential

Twelve thousand seven hundred ninety-seven (12,797) clients received Substance Abuse Inpatient and Residential services. Most (88%) of these clients were in the residential LOC. There were 21,981 admissions to SA inpatient or residential programs and 22,123 discharges during this timeframe.

Table 11: Substance Abuse Inpatient/Residential LOCs

| 11a. Active Clients | | Total |
|----------------------------|----------------------|--------------|
| Addiction | Inpatient Services | 2,717 |
| | Residential Services | 11,323 |
| Total SA | | 12,797 |

| 11b. Admissions | | Total |
|------------------------|----------------------|--------------|
| Addiction | Inpatient Services | 3,699 |
| | Residential Services | 18,282 |
| Total SA | | 21,981 |

| 11c. Discharges | | Total |
|------------------------|----------------------|--------------|
| Addiction | Inpatient Services | 3,696 |
| | Residential Services | 18,427 |
| Total SA | | 22,123 |

Substance Abuse Outpatient

- For each LOC listed, we provide the unduplicated client count as well as the (fully unduplicated) total client count for all listed LOCs.
- Clients who received services from more than one LOC are counted in each relevant LOC.

Fifty-five thousand two hundred fifty-six (55,256) clients received SA Outpatient services in SFY16. More than a third of clients (41%) were served in an outpatient SA program, followed by Forensic SA community based (consisting of almost exclusively of Pre-Trial Intervention) (34%), and Medication Assisted Treatment (28%).

There were 38,722 admissions to SA Outpatient LOCs during the Fiscal Year. Almost 80% of the admissions were to the three LOCs noted above: Standard Outpatient (35%), Forensic SA community based (Pre-Trial Intervention) services (25%), and Medication Assisted Treatment (18%).

There were also 35,609 discharges during SFY16. Standard Outpatient (38%) and Pre-Trial Intervention services (23%) again had the most discharges (61% total) of all the service types.

Table 12: Substance Abuse Outpatient LOCs

| 12a. Active Clients | | Total |
|----------------------------|---------------------------------------|---------------|
| Addiction | Case Management | 3,683 |
| | Employment Services | 708 |
| | Forensics Community-based | 292 |
| | Intensive Outpatient (IOP) | 4,228 |
| | Medication Assisted Treatment | 15,736 |
| | Outpatient | 18,367 |
| | Partial Hospitalization Program (PHP) | 422 |
| Forensic SA | Case Management | 376 |
| | Forensics Community-based | 18,791 |
| Total SA | | 55,256 |

| 12b. Admissions | | Total |
|------------------------|---------------------------------------|---------------|
| Addiction | Case Management | 2,706 |
| | Employment Services | 579 |
| | Forensics Community-based | 142 |
| | Intensive Outpatient (IOP) | 4,244 |
| | Medication Assisted Treatment | 6,978 |
| | Outpatient | 13,627 |
| | Partial Hospitalization Program (PHP) | 418 |
| Forensic SA | Case Management | 403 |
| | Forensics Community-based | 9,625 |
| Total SA | | 38,722 |

| 12c. Discharges | | Total |
|------------------------|---------------------------------------|---------------|
| Addiction | Case Management | 3,018 |
| | Employment Services | 544 |
| | Forensics Community-based | 135 |
| | Intensive Outpatient (IOP) | 4,016 |
| | Medication Assisted Treatment | 5,385 |
| | Outpatient | 13,377 |
| | Partial Hospitalization Program (PHP) | 419 |
| Forensic SA | Case Management | 435 |
| | Forensics Community-based | 8,280 |
| Total SA | | 35,609 |

BED CAPACITY AND UTILIZATION

Data for this section were downloaded from the EDW on November 11, 2016. Bed Capacity represents the total number of beds available within a Level of Care.

- DMHAS defines utilization as the number of days each bed is in use during the SFY
- Statewide utilization represents the total number of days each bed is used (sum #days used across all beds) divided by the total number of bed days (# beds * # days in FY)
- For Group Homes, there are 172 beds available, and they were in use by a client 99% of the time
- Bed Utilization by Region data are located in Appendix B.

Table 13: Bed Capacity and Utilization

| 13a. MH Inpatient | Bed Capacity | State Avg. Utilization |
|----------------------------------|--------------|------------------------|
| Acute Psychiatric | 326 | 90% |
| Acute Psychiatric - Intermediate | 11 | 84% |
| Non-Certified Sub-Acute | 16 | 96% |
| Forensic MH Acute Psychiatric | 232 | 96% |

** Includes only State Operated programs*

| 13b. MH Residential | Bed Capacity | State Avg. Utilization |
|-----------------------|--------------|------------------------|
| Group Home | 172 | 99% |
| Intensive Residential | 100 | 89% |
| Supervised Apartments | 684 | 92% |
| Transitional | 51 | 86% |

| 13c. SA Inpatient | Bed Capacity | State Avg. Utilization |
|-----------------------------------|--------------|------------------------|
| Intensive Res. Rehabilitation 3.8 | 111 | 96% |
| Medically Managed Detox 4.2 | 41 | 87% |

| 13d. SA Residential | Bed Capacity | State Avg. Utilization |
|---|--------------|------------------------|
| Intermediate/Long Term Residential Tx 3.5 | 657 | 82% |
| Long Term Care 3.3 | 50 | 100% |
| Medically Monitored Detox 3.7D | 128 | 87% |
| SA Intensive Res. Rehabilitation 3.7 | 177 | 83% |
| SA Intensive Residential - Enhanced | 43 | 104% |
| Transitional/Halfway House 3.1 | 110 | 93% |

PRIMARY DRUG USE

The data in these tables represent the primary drug reported at admission to treatment related programs. Some clients do not report drug use (primarily MH programs), thus they are not included in the data analyses for this section of the report.

These counts do not represent unduplicated clients, as each client may have multiple admissions during the SFY.

- The admission totals in these tables are different from those in the previous section, because these data include *all LOCs* and the previous section pertained only to selected LOCs.
- Table 14 includes active clients – anyone treated during the fiscal year regardless of when they were admitted. Table 15 includes only those clients who had an admission during the fiscal year.

Across all active clients in DMHAS funded treatment related (SA and MH) programs, **alcohol and heroin were tied as the most frequently reported primary drug** (34%) at admission.

Marijuana/hashish/THC was the third most frequently reported drug at 12%; all other drugs were reported as primary at less than 10% of all admissions.

Among admissions to SA programs, **heroin** (46%) was the most frequently reported primary drug. **Alcohol** was reported as the primary drug in 29% of admissions. **Heroin or other opioid drugs account for the primary drug reported for 52% of all SA admissions.**

During admission to MH programs, **alcohol** was reported as the primary drug for almost half of the admissions (46%). The second most frequently reported drug during admission to MH programs was **marijuana/hashish/THC** (18%).

Table 14: Primary Drug at Admission – All Active Clients Who Reported a Drug at Admission

| | SA | | MH | | Total | |
|------------------------------|---------------|-------------|---------------|-------------|---------------|-------------|
| | # Admissions | % | # Admissions | % | # Admissions | % |
| Alcohol | 18,144 | 28.8% | 12,832 | 46.4% | 30,976 | 34.1% |
| Heroin | 29,221 | 46.3% | 1,688 | 6.1% | 30,909 | 34.1% |
| Marijuana, Hashish, THC | 5,988 | 9.5% | 5,051 | 18.2% | 11,039 | 12.2% |
| Cocaine | 3,327 | 5.3% | 2,422 | 8.7% | 5,749 | 6.3% |
| No Primary Drug Specified | 144 | 0.2% | 535 | 1.9% | 679 | 0.7% |
| Other Opioids and Synthetics | 3,846 | 6.1% | 718 | 2.6% | 4,564 | 5.0% |
| Other Substances* | 2,235 | 3.6% | 1,301 | 4.8% | 3,536 | 4.0% |
| Unknown | 157 | 0.20% | 3,137 | 11.30% | 3,294 | 3.60% |
| Total | 63,062 | 100% | 27,684 | 100% | 90,746 | 100% |

*This category includes benzodiazepines, PCP, amphetamines, hallucinogens, non-prescription methadone, other sedatives or hypnotics, barbiturates, inhalants, methamphetamines, other stimulants, over the counter, tobacco, and tranquilizers.

Table 15: Primary Drug at Admission - New Admissions with Drug Reported

| | SA | | MH | | Total | |
|------------------------------|---------------|-------------|---------------|-------------|---------------|-------------|
| | # Admissions | % | # Admissions | % | # Admissions | % |
| Alcohol | 14,858 | 33.9% | 4,244 | 39.0% | 19,102 | 34.9% |
| Heroin | 18,324 | 41.8% | 867 | 8.0% | 19,191 | 35.1% |
| Marijuana, Hashish, THC | 4,403 | 10.0% | 2,070 | 19.0% | 6,473 | 11.8% |
| Cocaine | 2,569 | 5.8% | 963 | 8.9% | 3,532 | 6.4% |
| No Primary Drug Specified | 58 | .1% | 124 | 1.1% | 182 | .3% |
| Other Opioids and Synthetics | 1,824 | 4.2% | 304 | 2.8% | 2,128 | 3.9% |
| Other Substances* | 1,732 | 3.9% | 429 | 3.9% | 2,161 | 3.8% |
| Unknown | 68 | 0.2% | 1,871 | 17.2% | 1,939 | 3.5% |
| Total | 43,836 | 100% | 10,872 | 100% | 54,708 | 100% |

*This category includes benzodiazepines, PCP, amphetamines, hallucinogens, non-prescription methadone, other sedatives or hypnotics, barbiturates, inhalants, methamphetamines, other stimulants, over the counter, tobacco, and tranquilizers.

Overall, in SFY16, heroin was the most frequently reported drug (35%). *This is the first year in which heroin has been reported more frequently than alcohol across total new admissions.*

When looking specifically at admissions during SFY16 (Table 15 above), the most frequent primary drug reported by clients admitted to SA programs was **heroin** (42%).

- **Alcohol** was the second most frequently reported drug (34%), similar to the pattern seen in SFY15.
- Alcohol continues to be the most frequently reported primary drug at admission to mental health programs (39%).

More active clients reported heroin and other opioids (52%) than were new admissions in SFY16 (46%). This increase is due to the number of clients who stayed in long-term methadone maintenance (Medication Assisted Treatment) programs.

DIAGNOSIS

Diagnosis data come from treatment related programs, and reflect the *most recent primary diagnosis* during the *most recent episode of care* that was open during the fiscal year.

These values represent *an unduplicated client count* within each diagnostic category.

Table 16: Primary Diagnostic Category for Treatment Related Programs³

Note: clients may have more than one primary diagnosis

| | | Frequency | % |
|----|---|---------------|--------------|
| 1 | Substance-Related and Addictive Disorders | 37,852 | 47.1 |
| 2 | Depressive Disorders | 13,172 | 16.4 |
| 3 | Schizophrenia Spectrum and Other Psychotic Disorders | 9,679 | 12.0 |
| 4 | Bipolar and Related Disorders | 7,351 | 9.1 |
| 5 | Trauma- and Stressor-Related Disorders | 5,212 | 6.5 |
| 6 | Anxiety Disorders | 3,506 | 4.4 |
| 7 | No primary dx or dx deferred or not sufficient info to classify | 1,157 | 1.4 |
| 8 | Neurodevelopmental Disorders | 1,004 | 1.2 |
| 9 | Disruptive, Impulse-Control, and Conduct Disorders | 602 | 0.7 |
| 10 | Obsessive-Compulsive and Related Disorders | 348 | 0.4 |
| 11 | Personality Disorders | 214 | 0.3 |
| 12 | Neurocognitive Disorders | 123 | 0.2 |
| 13 | Other Mental Disorders | 44 | 0.1 |
| 14 | Feeding and Eating Disorders | 39 | 0.0 |
| 15 | Gender Dysphoria | 30 | 0.0 |
| 16 | Somatic Symptom and Related Disorders | 27 | 0.0 |
| 17 | Other Conditions That May Be a Focus of Clinical Attention | 24 | 0.0 |
| 18 | Paraphilic Disorders | 21 | 0.0 |
| 19 | Dissociative Disorders | 20 | 0.0 |
| 20 | Sleep-Wake Disorders | 15 | 0.0 |
| 21 | Sexual Dysfunctions | 3 | 0.0 |
| 22 | Elimination Disorders | 1 | 0.0 |
| | Total | 80,444 | 100.0 |

³Based on DSM V classification groups, using the most recent primary dx from the latest episode in FY16, unduplicated cases with dx info, N=80,444

Table 17: Serious Mental Illness (SMI) and SA Diagnosis Prevalence

| Diagnostic Category | Count | % |
|----------------------------|--------------|----------|
| SMI | 42,186 | 52.4 |
| SA dis/abuse | 54,276 | 67.5 |
| Dual dx (SMI+SA) | 22,127 | 27.5 |

- **Just over half of the clients qualify for an SMI (serious mental illness) diagnosis**, which involves having any (or multiple), of the following diagnoses: Schizophrenia (including related disorders), Bipolar Disorder, or Major Depression.
- Two out of three clients (67.5%) have a **substance use/abuse disorder**.
- Just over one quarter (27.5%) of clients qualify for a **dual diagnosis**, meaning that they have both an SMI diagnosis and a substance abuse diagnosis.
- PTSD diagnosis is not included in the SMI count. There were 3,211 clients (4% of 80,444 clients) with a PTSD diagnosis on record.

YOUNG ADULT SERVICES

Young Adult Services (YAS) serves clients who are aged 18-25 with history of DCF involvement and major mental health problems. These data represent unduplicated client counts. Clients are counted as YAS clients as long as they receive any YAS services.

In SFY16, YAS programs served **1,225 clients** (7.5% of total 18-25 DMHAS population). This is a 3.5% increase from SFY15. To provide context, we present client numbers in different DMHAS subgroups below. Client counts are unduplicated within each subgroup, but not across subgroups.

Table 18: Young Adult Clients

| ALL 18-25 | SA 18-25 | MH 18-25 | Young Adult Services |
|-----------|----------|----------|----------------------|
| 16,235 | 10,962 | 6,980 | 1,225 |

Since FY13, YAS has been collecting information from YAS clients discharged during the fiscal year.⁴

- In FY16, over 59% of discharged clients were living stably in the community, an increase of over 2% from FY15.
- Additionally, almost 50% of clients were able to live independently after discharge.
- Over a third of discharged YAS clients had obtained a high school diploma or GED and more than a quarter were employed.
- Eight percent were considered to responsible parents, and 7% had obtained a driver's license.

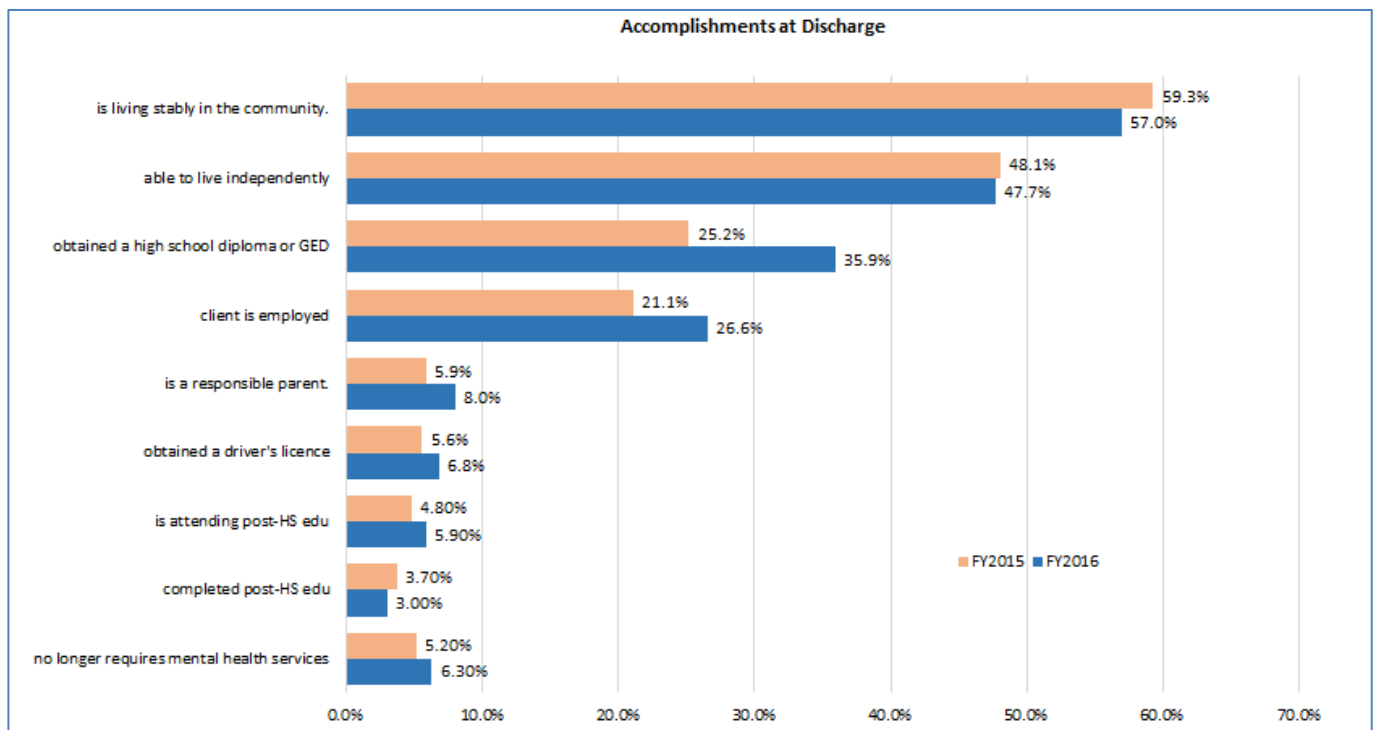


Figure 2: Discharge Data for 254 YAS Discharges in SFY2016

⁴ These data were collected through use of the YAS Evaluation Form, which is managed by the School of Social Work at UCONN.

APPENDIX A. SFY16 LOC Data by Region

| MH IP/Res LOCs Active Clients | | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Total |
|--------------------------------------|----------------------|------------|--------------|------------|------------|------------|--------------|
| Forensic MH | Inpatient Services | - | 473 | - | - | - | 473 |
| | Residential Services | - | 39 | - | - | - | 39 |
| Mental Health | Inpatient Services | 283 | 555 | 24 | 79 | 29 | 955 |
| | Residential Services | 520 | 678 | 570 | 584 | 541 | 2,883 |
| Total MH | | 780 | 1,611 | 587 | 652 | 569 | 4,036 |

| MH IP/Res LOCs Admissions | | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Total |
|----------------------------------|----------------------|------------|------------|------------|------------|------------|--------------|
| Forensic MH | Inpatient Services | - | 273 | - | - | - | 273 |
| | Residential Services | - | 28 | - | - | - | 28 |
| Mental Health | Inpatient Services | 258 | 391 | 22 | 20 | 30 | 721 |
| | Residential Services | 158 | 275 | 428 | 223 | 146 | 1,230 |
| Total MH | | 416 | 967 | 450 | 243 | 176 | 2,252 |

| MH IP/Res LOCs Discharges | | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Total |
|----------------------------------|----------------------|------------|--------------|------------|------------|------------|--------------|
| Forensic MH | Inpatient Services | - | 278 | - | - | - | 278 |
| | Residential Services | - | 26 | - | - | - | 26 |
| Mental Health | Inpatient Services | 259 | 393 | 23 | 20 | 30 | 725 |
| | Residential Services | 158 | 307 | 415 | 194 | 139 | 1,213 |
| Total MH | | 417 | 1,004 | 438 | 214 | 169 | 2,242 |

| MH OP LOCs Active Clients | | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Total |
|----------------------------------|---------------------------|--------------|---------------|--------------|---------------|--------------|---------------|
| Forensic MH | Case Management | - | 104 | - | 39 | - | 138 |
| | Crisis Services | 9 | 13 | - | - | 16 | 38 |
| | Forensics Community-based | 734 | 1,663 | 683 | 1,786 | 285 | 4,922 |
| | Outpatient | - | - | - | 295 | - | 295 |
| Mental Health | ACT | 62 | 158 | 247 | 524 | 265 | 1,254 |
| | Case Management | 1,767 | 2,933 | 938 | 1,614 | 1,039 | 8,155 |
| | Community Support | 585 | 1,786 | 1,094 | 1,548 | 511 | 5,514 |
| | Consultation | 25 | 61 | 62 | 85 | 29 | 254 |
| | Crisis Services | 1,070 | 1,594 | 686 | 1,489 | 2,652 | 7,447 |
| | Education Support | 61 | 54 | 44 | 47 | 26 | 232 |
| | Employment Services | 450 | 1,242 | 593 | 1,017 | 638 | 3,932 |
| | Forensics Community-based | 2 | 1 | 3 | 33 | - | 39 |
| | Housing Services | 177 | 165 | 57 | 74 | 2 | 475 |
| | Intake | 573 | 1,716 | 435 | 307 | 308 | 3,319 |
| | IOP | - | - | - | 403 | 116 | 519 |
| | Outpatient | 3,337 | 9,811 | 5,268 | 14,481 | 5,342 | 38,071 |
| | Prevention | - | 477 | - | - | - | 477 |
| Social Rehabilitation | 1,800 | 1,386 | 727 | 1,609 | 1,283 | 6,786 | |
| Total MH | | 8,192 | 15,251 | 7,573 | 18,998 | 9,816 | 58,387 |

| MH OP LOCs Admissions | | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Total |
|------------------------------|---------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|---------------|
| Forensic MH | Case Management | - | 63 | - | 20 | - | 83 |
| | Crisis Services | 6 | 13 | - | - | 13 | 32 |
| | Forensics Community-based | 759 | 1,193 | 634 | 1,484 | 232 | 4,302 |
| | Outpatient | - | - | - | 145 | - | 145 |
| Mental Health | ACT | 7 | 41 | 90 | 156 | 79 | 373 |
| | Case Management | 613 | 2,529 | 551 | 782 | 345 | 4,820 |
| | Community Support | 187 | 701 | 383 | 752 | 112 | 2,135 |
| | Crisis Services | 1,459 | 2,551 | 905 | 1,812 | 3,605 | 10,332 |
| | Education Support | 25 | 19 | 17 | 18 | 12 | 91 |
| | Employment Services | 210 | 529 | 289 | 561 | 323 | 1,912 |
| | Forensics Community-based | 2 | 1 | 3 | 33 | - | 39 |
| | Housing Services | - | 55 | 17 | - | - | 72 |
| | Intake | 471 | 1,591 | 368 | 157 | 189 | 2,776 |
| | IOP | - | - | - | 425 | 146 | 571 |
| | Outpatient | 442 | 4,263 | 1,983 | 4,987 | 3,091 | 14,766 |
| | Prevention | - | 96 | - | - | - | 96 |
| | Social Rehabilitation | 360 | 428 | 266 | 360 | 298 | 1,712 |
| Total MH | | 4,541 | 14,073 | 5,506 | 11,692 | 8,445 | 44,257 |

| MH OP LOCs Discharges | | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Total |
|------------------------------|---------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|---------------|
| Forensic MH | Case Management | - | 49 | - | 18 | - | 67 |
| | Crisis Services | 6 | 11 | - | - | 14 | 31 |
| | Forensics Community-based | 681 | 1,235 | 555 | 1,424 | 226 | 4,121 |
| | Outpatient | - | - | - | 183 | - | 183 |
| Mental Health | ACT | 19 | 28 | 96 | 170 | 90 | 403 |
| | Case Management | 629 | 1,377 | 494 | 439 | 293 | 3,232 |
| | Community Support | 157 | 696 | 387 | 520 | 208 | 1,968 |
| | Consultation | - | - | 2 | - | - | 2 |
| | Crisis Services | 1,461 | 2,576 | 874 | 1,813 | 3,584 | 10,308 |
| | Education Support | 32 | 17 | 17 | 26 | 14 | 106 |
| | Employment Services | 191 | 501 | 353 | 481 | 327 | 1,853 |
| | Forensics Community-based | 2 | 1 | 3 | 32 | - | 38 |
| | Housing Services | - | 59 | 20 | - | 2 | 81 |
| | Intake | 516 | 1,809 | 441 | 189 | 331 | 3,286 |
| | IOP | - | - | - | 427 | 137 | 564 |
| | Outpatient | 616 | 3,830 | 2,117 | 4,951 | 2,796 | 14,310 |
| | Prevention | - | 56 | - | - | - | 56 |
| Social Rehabilitation | 579 | 445 | 263 | 320 | 381 | 1,988 | |
| Total MH | | 4,889 | 12,690 | 5,622 | 10,993 | 8,403 | 42,597 |

| SA IP/Res LOCs Active Clients | | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Total |
|--------------------------------------|----------------------|----------|----------|----------|----------|----------|--------|
| Addiction | Inpatient Services | - | 2,717 | - | - | - | 2,717 |
| | Residential Services | 2,846 | 3,281 | 1,732 | 3,216 | 2,544 | 11,323 |
| Total SA | | 2,846 | 5,721 | 1,732 | 3,216 | 2,544 | 12,797 |

| SA IP/Res LOCs Admissions | | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Total |
|----------------------------------|----------------------|----------|----------|----------|----------|----------|--------|
| Addiction | Inpatient Services | - | 3,699 | - | - | - | 3,699 |
| | Residential Services | 3,634 | 4,032 | 2,352 | 5,041 | 3,223 | 18,282 |
| Total SA | | 3,634 | 7,731 | 2,352 | 5,041 | 3,223 | 21,981 |

| SA IP/Res LOCs Discharges | | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Total |
|----------------------------------|----------------------|----------|----------|----------|----------|----------|--------|
| Addiction | Inpatient Services | - | 3,696 | - | - | - | 3,696 |
| | Residential Services | 3,630 | 4,122 | 2,363 | 5,039 | 3,273 | 18,427 |
| Total SA | | 3,630 | 7,818 | 2,363 | 5,039 | 3,273 | 22,123 |

| SA OP LOCs Active Clients | | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Total |
|----------------------------------|-------------------------------|----------|----------|----------|----------|----------|--------|
| Addiction | Case Management | 52 | 2,132 | 298 | 701 | 615 | 3,683 |
| | Employment Services | 142 | 221 | 121 | 226 | - | 708 |
| | Forensics Community-based | - | 105 | - | 188 | - | 292 |
| | IOP | 956 | 36 | 573 | 1,588 | 1,107 | 4,228 |
| | Medication Assisted Treatment | 3,826 | 4,010 | 1,276 | 4,879 | 2,310 | 15,736 |
| | Outpatient | 1,471 | 4,556 | 2,779 | 7,367 | 2,330 | 18,367 |
| | PHP | 82 | 341 | - | - | - | 422 |
| Forensic SA | Case Management | - | - | 82 | 225 | 70 | 376 |
| | Forensics Community-based | 2,493 | 5,883 | 2,066 | 5,480 | 2,972 | 18,791 |
| Total SA | | 8,129 | 16,313 | 6,448 | 18,448 | 8,475 | 55,256 |

| SA OP LOCs Admissions | | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Total |
|------------------------------|-------------------------------|----------|----------|----------|----------|----------|--------|
| Addiction | Case Management | 24 | 1,657 | 239 | 420 | 366 | 2,706 |
| | Employment Services | 105 | 170 | 104 | 200 | - | 579 |
| | Forensics Community-based | - | 60 | - | 82 | - | 142 |
| | IOP | 941 | 38 | 584 | 1,551 | 1,130 | 4,244 |
| | Medication Assisted Treatment | 1,675 | 2,046 | 485 | 1,790 | 982 | 6,978 |
| | Outpatient | 1,082 | 2,980 | 2,187 | 5,441 | 1,937 | 13,627 |
| | PHP | 82 | 336 | - | - | - | 418 |
| Forensic SA | Case Management | - | - | 87 | 239 | 77 | 403 |
| | Forensics Community-based | 1,428 | 2,794 | 1,438 | 2,355 | 1,610 | 9,625 |
| Total SA | | 5,337 | 10,081 | 5,124 | 12,078 | 6,102 | 38,722 |

| SA OP LOCs Discharges | | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Total |
|------------------------------|-------------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|---------------|
| Addiction | Case Management | 34 | 1,889 | 182 | 455 | 458 | 3,018 |
| | Employment Services | 120 | 139 | 99 | 186 | - | 544 |
| | Forensics Community-based | - | 67 | - | 68 | - | 135 |
| | IOP | 943 | 38 | 583 | 1,531 | 921 | 4,016 |
| | Medication Assisted Treatment | 1,549 | 1,354 | 353 | 1,560 | 569 | 5,385 |
| | Outpatient | 1,046 | 2,701 | 2,061 | 5,586 | 1,983 | 13,377 |
| | PHP | 76 | 343 | - | - | - | 419 |
| Forensic SA | Case Management | - | - | 82 | 275 | 78 | 435 |
| | Forensics Community-based | 1,575 | 1,967 | 1,491 | 2,262 | 985 | 8,280 |
| Total SA | | 5,343 | 8,498 | 4,851 | 11,923 | 4,994 | 35,609 |

APPENDIX B. SFY16 Bed Capacity and Utilization by Region

| Program Type | LOC Type | LOC Mode | Data Type | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Statewide | Goal |
|---------------------|-----------------------------|--------------------------------------|------------------|-----------------|-----------------|-----------------|-----------------|-----------------|------------------|-------------|
| Addiction | Inpatient Services | Intensive Res. Rehabilitation 3.8 | Bed Capacity | | 111 | | | | 111 | |
| | | | Utilization Rate | | 96% | | | | 96% | 90% |
| | | Medically Managed Detox 4.2 | Bed Capacity | | 41 | | | | 41 | |
| | | | Utilization Rate | | 87% | | | | 87% | 90% |
| | Residential Services | AIDS Residential | Bed Capacity | 25 | 6 | | 9 | | 40 | |
| | | | Utilization Rate | 92% | 0% | | 91% | | 78% | 90% |
| | | Intermediate/Long Term Res.Tx 3.5 | Bed Capacity | 179 | 200 | 147 | 70 | 61 | 657 | |
| | | | Utilization Rate | 93% | 66% | 94% | 71% | 88% | 82% | 90% |
| | | Long Term Care 3.3 | Bed Capacity | | | | | 50 | 50 | |
| | | | Utilization Rate | | | | | 100% | 100% | 90% |
| | | Medically Monitored Detox 3.7D | Bed Capacity | 19 | 42 | 20 | 35 | 12 | 128 | |
| | | | Utilization Rate | 124% | 74% | 80% | 83% | 98% | 87% | 90% |
| | | SA Intensive Res. Rehabilitation 3.7 | Bed Capacity | 25 | 42 | 16 | 52 | 42 | 177 | |
| | | | Utilization Rate | 94% | 60% | 76% | 92% | 93% | 83% | 90% |
| | | SA Intensive Residential - Enhanced | Bed Capacity | 23 | | | | 20 | 43 | |
| | | | Utilization Rate | 98% | | | | 111% | 104% | 90% |
| | | Transitional/Halfway House 3.1 | Bed Capacity | 6 | 14 | 34 | 42 | 14 | 110 | |
| | | | Utilization Rate | 78% | 96% | 96% | 91% | 98% | 93% | 90% |

(See next page for Mental Health)

| Program Type | LOC Type | LOC Mode | Data Type | Region 1 | Region 2 | Region 3 | Region 4 | Region 5 | Statewide | Goal |
|---------------|----------------------|----------------------------------|------------------|----------|----------|----------|----------|----------|-----------|------|
| Forensic MH | Crisis Services | Respite Bed | Bed Capacity | 3 | 3 | | | 4 | 10 | |
| | | | Utilization Rate | 73% | 77% | | | 98% | 84% | 90% |
| | Inpatient Services | Acute Psychiatric | Bed Capacity | | 232 | | | | 232 | |
| | | | Utilization Rate | | 96% | | | | 96% | 90% |
| | Residential Services | MH Intensive Res. Rehabilitation | Bed Capacity | | 6 | | | | 6 | |
| | | | Utilization Rate | | 40% | | | | 40% | 90% |
| Mental Health | Crisis Services | Respite Bed | Bed Capacity | 10 | 36 | | 19 | 13 | 78 | |
| | | | Utilization Rate | 92% | 80% | | 93% | 67% | 83% | 90% |
| | Inpatient Services | Acute Psychiatric * | Bed Capacity | 62 | 264 | | | | 326 | |
| | | | Utilization Rate | 99% | 89% | | | | 90% | 90% |
| | | Acute Psychiatric - Intermediate | Bed Capacity | 8 | | 3 | | | 11 | |
| | | | Utilization Rate | 78% | | 101% | | | 84% | 90% |
| | | Non-Certified Subacute | Bed Capacity | | | | 16 | | 16 | |
| | | | Utilization Rate | | | | 96% | | 96% | 90% |
| | Residential Services | Group Home | Bed Capacity | 39 | 55 | 14 | 41 | 23 | 172 | |
| | | | Utilization Rate | 97% | 101% | 96% | 97% | 99% | 99% | 90% |
| | | MH Intensive Res. Rehabilitation | Bed Capacity | | 25 | | 60 | 15 | 100 | |
| | | | Utilization Rate | | 89% | | 89% | 92% | 89% | 90% |
| | | Sub-Acute | Bed Capacity | | | 15 | | | 15 | |
| | | | Utilization Rate | | | 87% | | | 87% | 90% |
| | | Supervised Apartments | Bed Capacity | 71 | 172 | 138 | 168 | 130 | 684 | |
| | | | Utilization Rate | 97% | 95% | 84% | 90% | 97% | 92% | 90% |
| | | Transitional | Bed Capacity | 5 | 1 | 5 | | 40 | 51 | |
| | | | Utilization Rate | 95% | 70% | 107% | | 82% | 86% | 90% |

* Includes only State Operated programs

APPENDIX C. DMHAS Clients by Town⁵

| Town | MH Only | SA Only | MH & SA | Total |
|-----------------|---------|---------|---------|-------|
| Abington | 1 | 3 | 1 | 5 |
| Amston | 24 | 38 | 5 | 67 |
| Andover | 29 | 27 | 6 | 62 |
| Ansonia | 511 | 453 | 55 | 1,019 |
| Ashford | 49 | 74 | 7 | 130 |
| Avon | 27 | 125 | 2 | 154 |
| Baltic | 42 | 46 | 1 | 89 |
| Bantam | 21 | 21 | 2 | 44 |
| Barkhamsted | 15 | 41 | 2 | 58 |
| Beacon Falls | 31 | 114 | 7 | 152 |
| Berlin | 39 | 170 | 12 | 221 |
| Bethany | 15 | 47 | 4 | 66 |
| Bethel | 113 | 200 | 15 | 328 |
| Bethlehem | 37 | 33 | 5 | 75 |
| Bloomfield | 306 | 262 | 21 | 589 |
| Bolton | 64 | 48 | 7 | 119 |
| Bozrah | 39 | 33 | 2 | 74 |
| Branford | 512 | 375 | 87 | 974 |
| Bridgeport | 2,363 | 2,904 | 508 | 5,775 |
| Bridgewater | 5 | 14 | 1 | 20 |
| Bristol | 426 | 1,478 | 140 | 2,044 |
| Broad Brook | 158 | 73 | 8 | 239 |
| Brookfield | 87 | 148 | 15 | 250 |
| Brooklyn | 169 | 109 | 16 | 294 |
| Burlington | 14 | 128 | 5 | 147 |
| Canaan | 32 | 36 | 5 | 73 |
| Canterbury | 42 | 65 | 9 | 116 |
| Canton | 24 | 91 | 3 | 118 |
| Centerbrook | 17 | 11 | 1 | 29 |
| Central Village | 21 | 15 | 1 | 37 |
| Chaplin | 45 | 41 | 9 | 95 |
| Cheshire | 120 | 187 | 16 | 323 |
| Chester | 26 | 36 | 5 | 67 |
| Clinton | 87 | 202 | 15 | 304 |
| Cobalt | 1 | 4 | 1 | 6 |
| Colchester | 97 | 196 | 22 | 315 |
| Colebrook | 8 | 13 | 2 | 23 |
| Collinsville | 6 | 16 | - | 22 |
| Columbia | 53 | 56 | 5 | 114 |
| Cornwall Bridge | 7 | 3 | - | 10 |
| Cos Cob | 28 | 31 | 1 | 60 |
| Coventry | 141 | 152 | 22 | 315 |
| Cromwell | 86 | 176 | 13 | 275 |
| Danbury | 1,038 | 1,145 | 166 | 2,349 |
| Danielson | 371 | 218 | 62 | 651 |
| Darien | 46 | 43 | 5 | 94 |
| Dayville | 181 | 100 | 14 | 295 |

⁵ Towns with fewer than 5 clients have been excluded.

| Town | MH Only | SA Only | MH & SA | Total |
|----------------|---------|---------|---------|-------|
| Deep River | 43 | 77 | 3 | 123 |
| Derby | 243 | 298 | 44 | 585 |
| Durham | 27 | 69 | 1 | 97 |
| East Berlin | 2 | 23 | 1 | 26 |
| East Canaan | 2 | 7 | - | 9 |
| East Granby | 55 | 49 | 5 | 109 |
| East Haddam | 16 | 52 | 3 | 71 |
| East Hampton | 76 | 169 | 15 | 260 |
| East Hartford | 1,814 | 783 | 159 | 2,756 |
| East Hartland | 5 | 12 | 2 | 19 |
| East Haven | 515 | 547 | 97 | 1,159 |
| East Killingly | 3 | 2 | 1 | 6 |
| East Lyme | 21 | 62 | 2 | 85 |
| East Norwalk | 11 | 4 | - | 15 |
| East Windsor | 174 | 80 | 17 | 271 |
| East Woodstock | 3 | 3 | - | 6 |
| Eastford | 8 | 15 | 2 | 25 |
| Easton | 19 | 41 | - | 60 |
| Ellington | 150 | 138 | 17 | 305 |
| Elmwood | 1 | 5 | - | 6 |
| Enfield | 1,506 | 644 | 116 | 2,266 |
| Essex | 31 | 10 | 3 | 44 |
| Fairfield | 183 | 325 | 25 | 533 |
| Falls Village | 6 | 10 | 2 | 18 |
| Farmington | 45 | 170 | 12 | 227 |
| Forestville | 3 | 49 | 3 | 55 |
| Franklin | 4 | 10 | 1 | 15 |
| Gales Ferry | 41 | 83 | 6 | 130 |
| Gaylordsville | 9 | 13 | 1 | 23 |
| Gilman | 2 | 3 | 1 | 6 |
| Glastonbury | 266 | 200 | 29 | 495 |
| Goshen | 30 | 29 | 2 | 61 |
| Granby | 66 | 58 | 5 | 129 |
| Greenwich | 175 | 153 | 12 | 340 |
| Griswold | 34 | 80 | 5 | 119 |
| Grosvenor Dale | 4 | 3 | 1 | 8 |
| Groton | 310 | 400 | 38 | 748 |
| Guilford | 153 | 165 | 42 | 360 |
| Haddam | 19 | 13 | 1 | 33 |
| Haddam Neck | 1 | 19 | 2 | 22 |
| Hamden | 576 | 458 | 59 | 1,093 |
| Hampton | 25 | 56 | 3 | 84 |
| Hanover | - | 5 | 1 | 6 |
| Hartford | 3,541 | 4,924 | 813 | 9,278 |
| Harwinton | 48 | 38 | 5 | 91 |
| Hebron | 38 | 55 | 4 | 97 |
| Higganum | 25 | 44 | 5 | 74 |
| Huntington | 1 | 9 | - | 10 |
| Ivoryton | 9 | 28 | 2 | 39 |
| Jewett City | 135 | 124 | 15 | 274 |

| Town | MH Only | SA Only | MH & SA | Total |
|-------------------------|---------|---------|---------|-------|
| Kensington | 22 | 69 | 5 | 96 |
| Kent | 32 | 21 | 2 | 55 |
| Killingly | 4 | 1 | 2 | 7 |
| Killingworth | 24 | 54 | - | 78 |
| Lakeville | 14 | 11 | 2 | 27 |
| Lebanon | 61 | 101 | 20 | 182 |
| Ledyard | 48 | 90 | 9 | 147 |
| Lisbon | 36 | 64 | 4 | 104 |
| Litchfield | 86 | 51 | 7 | 144 |
| Madison | 76 | 144 | 18 | 238 |
| Manchester | 2,086 | 829 | 162 | 3,077 |
| Mansfield | 40 | 55 | 9 | 104 |
| Mansfield Center | 34 | 31 | 7 | 72 |
| Marion | 3 | 7 | - | 10 |
| Marlborough | 41 | 65 | 10 | 116 |
| Meriden | 1,206 | 1,023 | 202 | 2,431 |
| Middlebury | 43 | 60 | 3 | 106 |
| Middlefield | 11 | 24 | 4 | 39 |
| Middletown | 993 | 931 | 160 | 2,084 |
| Milford | 808 | 723 | 138 | 1,669 |
| Milldale | 3 | 13 | 1 | 17 |
| Monroe | 37 | 159 | 7 | 203 |
| Montville | 14 | 21 | 5 | 40 |
| Moodus | 19 | 40 | 4 | 63 |
| Moosup | 99 | 112 | 13 | 224 |
| Morris | 23 | 26 | 3 | 52 |
| Mystic | 86 | 94 | 4 | 184 |
| Naugatuck | 380 | 552 | 36 | 968 |
| New Britain | 1,048 | 2,288 | 315 | 3,651 |
| New Canaan | 58 | 70 | 5 | 133 |
| New Fairfield | 43 | 111 | 9 | 163 |
| New Hartford | 37 | 63 | 6 | 106 |
| New Haven | 3,577 | 2,670 | 715 | 6,962 |
| New London | 779 | 773 | 146 | 1,698 |
| New Milford | 359 | 380 | 56 | 795 |
| New Preston | 9 | 12 | 2 | 23 |
| New Preston Marble Dale | - | 9 | 1 | 10 |
| Newington | 264 | 355 | 26 | 645 |
| Newtown | 74 | 141 | 7 | 222 |
| Niantic | 49 | 144 | 18 | 211 |
| Noank | 7 | 10 | - | 17 |
| Norfolk | 19 | 22 | 1 | 42 |
| North Branford | 101 | 101 | 11 | 213 |
| North Canaan | 2 | 8 | 1 | 11 |
| North Franklin | 9 | 7 | - | 16 |
| North Granby | 13 | 17 | 3 | 33 |
| North Grosvenordale | 63 | 32 | 6 | 101 |
| North Haven | 192 | 223 | 26 | 441 |
| North Stonington | 21 | 56 | 4 | 81 |
| North Windham | 38 | 40 | 7 | 85 |

| Town | MH Only | SA Only | MH & SA | Total |
|-----------------|---------|---------|---------|-------|
| Northfield | 12 | 17 | 2 | 31 |
| Northford | 39 | 66 | 9 | 114 |
| Norwalk | 1,656 | 898 | 147 | 2,701 |
| Norwich | 1,137 | 863 | 160 | 2,160 |
| Oakdale | 51 | 77 | 9 | 137 |
| Oakville | 95 | 99 | 9 | 203 |
| Old Greenwich | 12 | 8 | 2 | 22 |
| Old Lyme | 35 | 79 | 4 | 118 |
| Old Saybrook | 37 | 92 | 10 | 139 |
| Oneco | 3 | 9 | 2 | 14 |
| Orange | 58 | 117 | 13 | 188 |
| OTHER | 1,645 | 1,448 | 188 | 3,281 |
| Oxford | 73 | 174 | 15 | 262 |
| Pawcatuck | 67 | 99 | 9 | 175 |
| Pine Meadow | - | 8 | 1 | 9 |
| Plainfield | 111 | 101 | 11 | 223 |
| Plainville | 92 | 401 | 36 | 529 |
| Plantsville | 29 | 122 | 12 | 163 |
| Pleasant Valley | 3 | 5 | - | 8 |
| Plymouth | 11 | 50 | 8 | 69 |
| Pomfret | 6 | 7 | - | 13 |
| Pomfret Center | 27 | 18 | 3 | 48 |
| Poquetanuck | 7 | 5 | 2 | 14 |
| Portland | 95 | 128 | 12 | 235 |
| Preston | 36 | 54 | 6 | 96 |
| Prospect | 62 | 83 | 4 | 149 |
| Putnam | 249 | 158 | 37 | 444 |
| Quaker Hill | 25 | 45 | 4 | 74 |
| Quinebaug | 8 | 3 | - | 11 |
| Redding | 21 | 52 | 2 | 75 |
| Ridgefield | 58 | 135 | 15 | 208 |
| Riverside | 12 | 26 | 2 | 40 |
| Riverton | 8 | 10 | - | 18 |
| Rockfall | 13 | 14 | 1 | 28 |
| Rockville | 89 | 53 | 12 | 154 |
| Rocky Hill | 171 | 193 | 18 | 382 |
| Rogers | 12 | 6 | 5 | 23 |
| Rowayton | 3 | 4 | - | 7 |
| Roxbury | 14 | 15 | 5 | 34 |
| Salem | 17 | 39 | 1 | 57 |
| Salisbury | 4 | 17 | 2 | 23 |
| Sandy Hook | 27 | 119 | 9 | 155 |
| Scotland | 8 | 10 | 1 | 19 |
| Seymour | 229 | 296 | 30 | 555 |
| Sharon | 15 | 22 | 6 | 43 |
| Shelton | 323 | 571 | 45 | 939 |
| Sherman | 17 | 29 | 3 | 49 |
| Simsbury | 69 | 109 | 5 | 183 |
| Somers | 171 | 94 | 11 | 276 |
| Somersville | 6 | 3 | 2 | 11 |

| Town | MH Only | SA Only | MH & SA | Total |
|-------------------|---------|---------|---------|-------|
| South Glastonbury | 18 | 31 | 2 | 51 |
| South Kent | 4 | 8 | - | 12 |
| South Killingly | 6 | 5 | 3 | 14 |
| South Norwalk | 27 | 4 | 3 | 34 |
| South Windham | 4 | 5 | 1 | 10 |
| South Windsor | 243 | 193 | 13 | 449 |
| Southbury | 92 | 164 | 9 | 265 |
| Southington | 86 | 485 | 33 | 604 |
| Southport | 9 | 17 | - | 26 |
| Stafford | 24 | 38 | 5 | 67 |
| Stafford Springs | 181 | 172 | 22 | 375 |
| Staffordville | 4 | 1 | - | 5 |
| Stamford | 1,933 | 987 | 149 | 3,069 |
| Sterling | 36 | 51 | 10 | 97 |
| Stonington | 17 | 52 | 4 | 73 |
| Storrs | 57 | 61 | 3 | 121 |
| Storrs Mansfield | 9 | 11 | - | 20 |
| Stratford | 294 | 736 | 42 | 1,072 |
| Suffield | 158 | 65 | 6 | 229 |
| Taftville | 71 | 74 | 13 | 158 |
| Tariffville | 16 | 14 | 1 | 31 |
| Terryville | 68 | 203 | 11 | 282 |
| Thomaston | 78 | 116 | 8 | 202 |
| Thompson | 37 | 36 | 5 | 78 |
| Tolland | 91 | 139 | 12 | 242 |
| Torrington | 1,386 | 731 | 147 | 2,264 |
| Trumbull | 85 | 244 | 15 | 344 |
| Uncasville | 114 | 165 | 18 | 297 |
| Union | 6 | 5 | - | 11 |
| Unionville | 16 | 101 | 3 | 120 |
| Vernon | 483 | 298 | 35 | 816 |
| Vernon Rockville | 85 | 56 | 12 | 153 |
| Voluntown | 26 | 42 | 2 | 70 |
| Wallingford | 230 | 484 | 49 | 763 |
| Wapping | 4 | 5 | - | 9 |
| Warren | 4 | 14 | 1 | 19 |
| Warrenville | 3 | 4 | - | 7 |
| Washington | 5 | 13 | 1 | 19 |
| Washington Depot | 8 | 11 | - | 19 |
| Waterbury | 3,454 | 2,741 | 348 | 6,543 |
| Waterford | 99 | 204 | 21 | 324 |
| Watertown | 141 | 149 | 18 | 308 |
| Wauregan | 25 | 25 | 3 | 53 |
| Weatogue | 11 | 18 | - | 29 |
| West Ashford | 2 | 3 | - | 5 |
| West Cornwall | 7 | 3 | - | 10 |
| West Granby | 6 | 5 | 2 | 13 |
| West Hartford | 389 | 526 | 31 | 946 |
| West Haven | 891 | 971 | 139 | 2,001 |
| West Simsbury | 9 | 34 | 1 | 44 |

| Town | MH Only | SA Only | MH & SA | Total |
|-------------------|---------|---------|---------|-------|
| West Stafford | - | 6 | - | 6 |
| West Suffield | 51 | 18 | 7 | 76 |
| Westbrook | 53 | 90 | 9 | 152 |
| Weston | 25 | 36 | 1 | 62 |
| Westport | 142 | 114 | 10 | 266 |
| Wethersfield | 210 | 275 | 24 | 509 |
| Willimantic | 781 | 768 | 214 | 1,763 |
| Willington | 73 | 79 | 5 | 157 |
| Wilton | 55 | 79 | 7 | 141 |
| Winchester | 6 | 2 | 2 | 10 |
| Winchester Center | 1 | 5 | 1 | 7 |
| Windham | 33 | 47 | 9 | 89 |
| Windsor | 440 | 310 | 42 | 792 |
| Windsor Locks | 336 | 169 | 32 | 537 |
| Winsted | 302 | 237 | 31 | 570 |
| Wolcott | 118 | 203 | 18 | 339 |
| Woodbridge | 23 | 50 | 5 | 78 |
| Woodbury | 69 | 77 | 3 | 149 |
| Woodstock | 61 | 43 | 3 | 107 |
| Woodstock Valley | 11 | 5 | 2 | 18 |
| Yalesville | 23 | 42 | 5 | 70 |
| Yantic | 2 | 6 | - | 8 |