

**Joint BHPC Meeting  
Meeting Minutes**

<b>Meeting Day/Date:</b>	Thursday, June 12, 2014 - 2:00 PM – 4:00 PM	
<b>Location:</b>	CVH, Page Hall, Room 212	
<b>Attendance:</b>		
<b>Members Present:</b>	Marcia DuFore, Kristie Barber, Margaret Watt, Tom Steen, Mui Mui Hin-McCormick, Doriana Vicedomini, Janine Sullivan-Wiley, Tim Marshall, I. Herden, Vikki Richer, Peggy Ayer, Betsey Chadwick	
<b>Staff Present:</b>	Susan Wolfe, Chrishaun Jackson, Jim Siemianowski	
<b>AGENDA ITEM</b>	<b>DISCUSSION</b>	<b>ACTION</b>
<b>Introductions</b>		
<b>Review of Minutes</b>	Minutes reviewed.	Minutes accepted without changes.
<b>DMHAS Update</b> Jim Siemianowski	<ol style="list-style-type: none"> <li>1. Waiting to hear about the outstanding grants applied for from SAMHSA <ul style="list-style-type: none"> <li>• Supported Employment</li> <li>• Homelessness</li> <li>• Access to Recovery</li> </ul> </li> <li>2. Submitting a letter to SAMHSA to have a state team go to Bethesda, MD for training related to preventing prescription drug abuse. This ten member team will include the Commissioner's from DCF, DMHAS, DPH and the state's substance abuse authority.</li> </ol>	
<b>DCF Update</b> Tim Marshall	<ol style="list-style-type: none"> <li>1. Robert McKeagney has resigned as Administrator of Clinical &amp; Community Consultation Support Team. He was replaced by Kristina Stevens.</li> <li>2. Marilyn Cloud, who with Tim Marshall shared the staffing of this meeting and the CBHAC meeting retired as of June 1, 2014. Tim will be taking over the full responsibility CBHAC and the Joint Planning Council. Mary Cummins will be assisting Tim in these responsibilities.</li> <li>3. DCF is waiting to hear on the status of several grant applications. <ul style="list-style-type: none"> <li>• SAMHSA Substance Abuse grant</li> <li>• Healthy Transitions (16 - 25 yr. old)</li> <li>• System of Care <ul style="list-style-type: none"> <li>CONNECT /waiting to hear about a no cost extension to December 31, 2014 Continuing Application Grant/ 4-year grant for \$1M.</li> </ul> </li> <li>• Suicide Prevention Grant - DCF/DMHSA collaboration. This grant includes a school-based prevention component and ED component.</li> </ul> </li> <li>4. Suicide Prevention Grant collaborating with DMHAS (25 - 60 yr. old). Very competitive, only 4 of these grants being awarded throughout the country.</li> <li>5. Completed first draft of the Suicide Prevention State Plan. The Commissioner's of DCF and DMHAS have agreed to write an opening letter of support. The Commissioner's of DPH and DOC will also be asked to provide a letter of support.</li> </ol>	
<b>Block Grant Update</b> Jim Siemianowski	SAMHSA was given additional federal money. All states will receive a 5% increase in their Mental Health Block Grant specifically targeted for first episode psychosis. SAMHSA, working with the National Institutes of Mental Health, reviewed data of individuals who were having first time episode with psychosis. The gap between initial symptoms and treatment was often lengthy and research suggests earlier interventions result in better outcomes.	

	<p>The Block Grant narrative will be updated to include how the money will be spent in CT.</p> <p>DMHAS</p> <ul style="list-style-type: none"> <li>• Yale and CMHC together have a program now focusing on individuals with early psychosis.</li> <li>• IOL has Young Adults, this is broader but have services that focus on people with first episode psychosis.</li> <li>• DMHAS will be allotting additional funding to these programs for expansion.</li> <li>• Money can not be used until Feds approve their plan.</li> <li>• Asperger's - On-line training available for kids on spectrum</li> </ul> <p>DCF</p> <ul style="list-style-type: none"> <li>• CBITS - Cognitive Behavioral Health Intervention for Trauma in Schools. This is a school-based intervention, 10-session group process.</li> <li>• Beginning the procurement of \$1.7m of which \$1.4m will be available for clinicians around the state with behavioral health providers who have a pre-existing relationship within a school system.</li> </ul>	
<p><b>DMHAS YA Staff &amp; Advocacy Unlimited</b> Michaela Fissell</p>	<p>Project proposal presented on "Young adults with behavioral health challenges through a developmental and recovery oriented prospective".</p> <p>Overview: How young adults define recovery. Understanding the services and supports that assist young people as well as the challenges in achieving and retaining recovery. What are the effective strategies for direct care service providers for outreach and engagement. How can providers rout the delivery of services to better meet the needs of young adults. <b>* Handouts provided</b></p>	
<p><b>Prevention Subcommittee Report</b> Ingrid Gillespie/Tom Steen</p>	<p>The committee has received plans from DCF and DMHAS; still pending is the plan from DPH. Regular updates will be provided.</p>	<p>Update will be provided in September.</p>
<p><b>E-Engagement Project</b> Margaret Watt</p>	<p>The E-Engagement Project will end in September. This was a DMHAS funded project for 2 years to figure out how to use technology to close the gaps between young adults and teens.</p> <p>TurningPointCT.org is a website that will be available this summer to help teens and young adults navigate the behavioral health system. <b>*Handout provided</b></p>	
<p><b>Next Joint meeting:</b></p>	<p>September 11, 2014 (Next Adult BHPC meeting is October 15, 2014.)</p>	
<p>Respectfully submitted:</p>		