

A Medicaid
Home and Community Based Services
(HCBS) Waiver
for Adults with Serious Mental Illness



What's a Waiver?

- Allows CMS to set aside certain Medicaid regulations and by doing so, permits the funding of community based care instead of institutional (nursing home) care. In this case, it creates funding for people with serious mental illness, so they can return to the community. Waiver services are different than those in the Medicaid State Plan.
- *Better social policy; persons with MI will have the opportunity to recover at home, build a community and use natural supports.*
- DMHAS/DSS are approved for a MH waiver start date of April 2009 **BUT:**
- DMHAS is tied to MFP or *Money Follows the Person which will start in December, or earlier.*
- 72 people per year x 3 years = 216 total
- Cost neutrality must be met: no more than what's being paid in a nursing home for all Medicaid billings in aggregate.

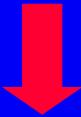
MH Waiver: Questions for Today

- Who's eligible?
- Who does what? DSS vs DMHAS
- What services are needed?
- What's the cost of a service package?
- Can cost neutrality be met?

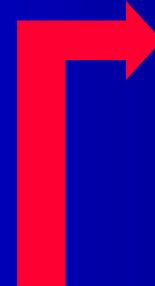
Client Eligibility

- ≥ 22 years old
- Medicaid eligible
- Meets NF LOC criteria
- Voluntary
- Diverted from or admitted to NF
- SMI diagnosis (PASARR-II)

Plus



Plus



1

In a
nursing
home

or

2

In MFP

or

3

Active Psych Hx

- ≥ 2 inpt. Psych in 2 yrs, or
- Single inpt. psych ≥ 30 days in 2 yrs, or
- 3 crisis episodes in past yr

2 or more due to SMI

- A. Meds recommended
- B. Unable to work full time
- C. Requires supervision & support
- D. Homeless or at risk
- E. Has had or is likely to have acute episode

And

Doesn't need inpatient now

And

Needs:

- A. 1:1 psych rehab, and
- B. Support Coordination



Who does what?

- DMHAS serves as “Operating Agency”
- DSS assesses Medicaid eligibility
- DMHAS assesses eligibility for waiver
- DMHAS develops treatment package along with person being discharged/diverted using a **person centered planning** approach
- Services delivered by waiver certified and credentialed providers



What services are needed?

Service Array

- ACT
- CSP
- Transitional Case Management
- Supported Employment
- Peer Support
- Short-Term Crisis Stabilization
- Recovery Assistant
- Home Accessibility Adaptations
- Specialized Medical Equipment
- Non-Medical Transportation



Provider Certification

See DMHAS Website www.ct.gov/dmhas

- Major Initiatives

- Mental Health Waiver

- Informative Documents – *New: Credentialing Package*

- Waiver Services

- Service Definition
 - Requirements for Providers
 - Covered Services
 - Limitations
 - Exclusions



Rates (hourly)

ACT = \$139

CSP = \$97

Supported Employment = \$63

Transitional Case Management = \$63

Peer Support = \$47

Short-Term Crisis Stabilization = \$47

Recovery Assistant = \$22



What's the cost of an individual's service package?

$$\text{Service 1} : \text{Units/Week} \times \text{Weeks/Yr} \times \text{Rate} = \text{Total}$$

$$\text{Service 2} : \text{Units/Week} \times \text{Weeks/Yr} \times \text{Rate} = \text{Total}$$

$$\text{Service 3} : \text{Units/Week} \times \text{Weeks/Yr} \times \text{Rate} = \text{Total}$$

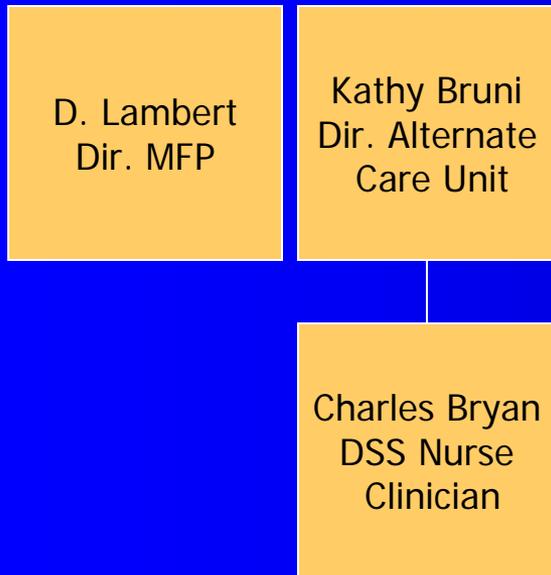
Year 1
Total

An Aggregated Cap: the total of each clients' yearly service package, must meet cost neutrality or what the total nursing home charge would be for the total NF clients discharged.



Operational Overview

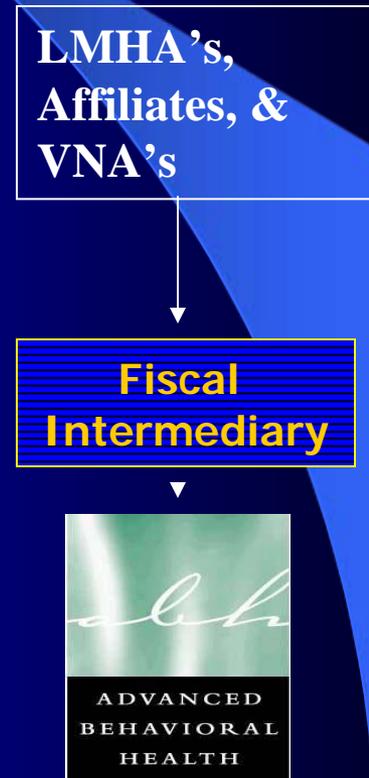
DSS



DMHAS



Service Providers





MH Waiver: Summary

- DSS waiver – DMHAS operating agency
- Services defined based on real needs
- Broad service array (some self-directed)
- Cost of service package
- Cost neutrality met
- Strategies to address Medicaid waiver requirements
- Tied to *Money Follows the Person* (MFP) starting soon



Issues

- Number of clients on a State-wide Basis
- Number of Providers Needed
- Billing for Services
- Self direction of Recovery Assistant
- Nursing Home Issues
- Linkages to LMHA's etc.



For More Information

- See DMHAS Website - Home Page
- www.ct.gov/dmhas
 - Look under: “Major Initiatives”
 - “Mental Health Waiver”