

Mental Health Transformation State Incentive Grant (MHT SIG): Transforming Mental Health Care in Connecticut

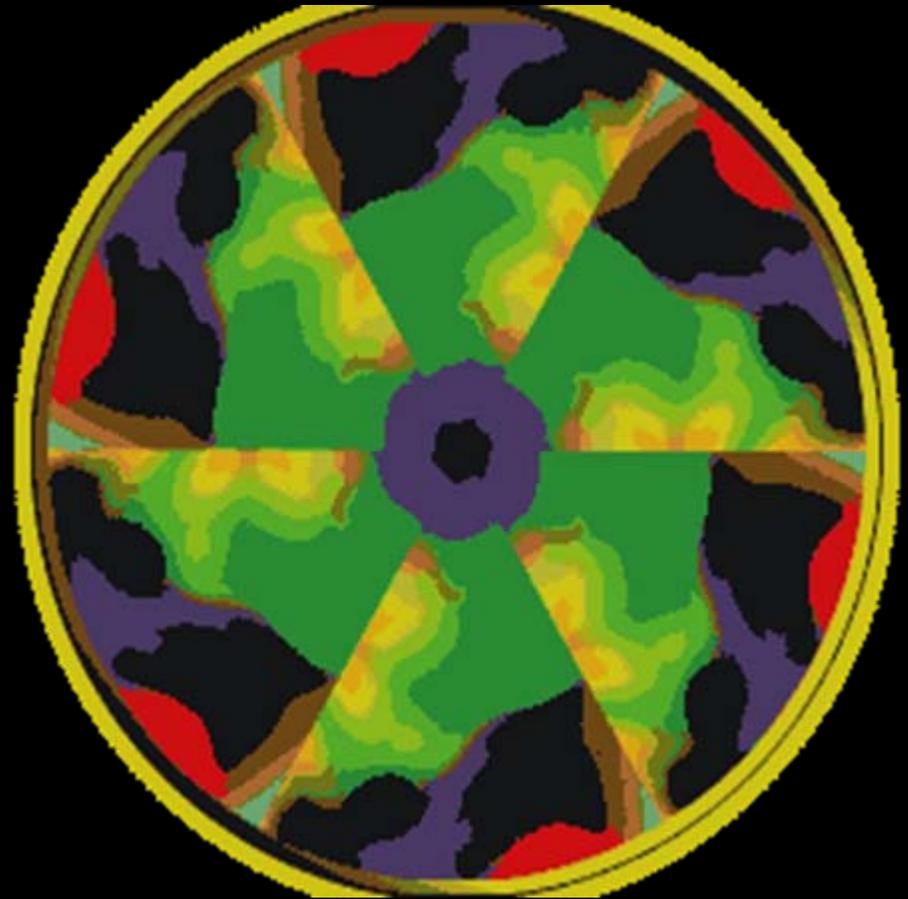
- Commission on Aging
- DCF
- DOC
- DOIT
- Insurance
- DOL
- DMHAS
- DMR



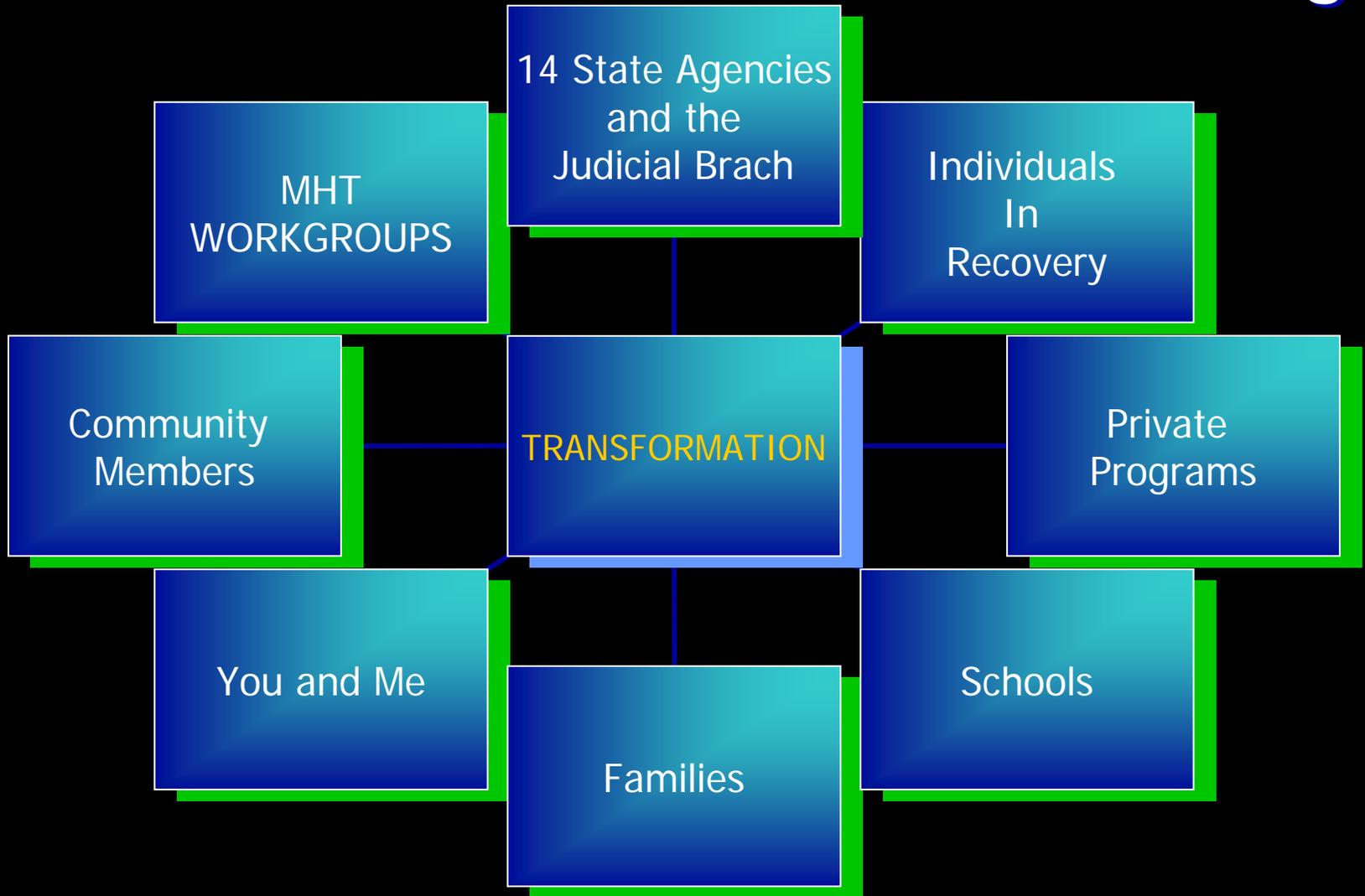
- DPH
- DSS
- Higher Education
- Judicial
- Education
- OPM
- Veterans Affairs

TRANSFORMATION = CHANGE

The results of a transformed system will be enhanced mental and physical health and well being of the state's citizens, increased productivity of the workforce, and "a life in the community for everyone."



Connecticut's PARTNERS in change



Why change in the mental health system is NECESSARY

- Mental health care is fragmented
- Focus is on managing disabilities
- Access to care may be limited by stigma or other barriers
- Mental illness is often detected too late
- Evidence-based practices are slow to be adopted

TOOLS for change may differ

Transformation
challenges us to look
at how we work and
how we think.





And to consider how we might do these differently.

Different means that we include those who we serve in the development and provision of services; work with other agencies that serve common people; and that we design services to meet the unique age, gender, race and needs of those people.



Connecticut's TOOL for change: the Mental Health Transformation State Incentive Grant

-  \$13.7 million award for 5 years
-  Focus on New Freedom goals
-  Life span approach
-  Cross-system orientation to reduce fragmentation
-  Funding to be used for infrastructure

INFRASTRUCTURE as defined in Mental Health Transformation

Is.....

Policies

Strategic planning

Develop Networks

Organizational change

Workforce development

Communication activities

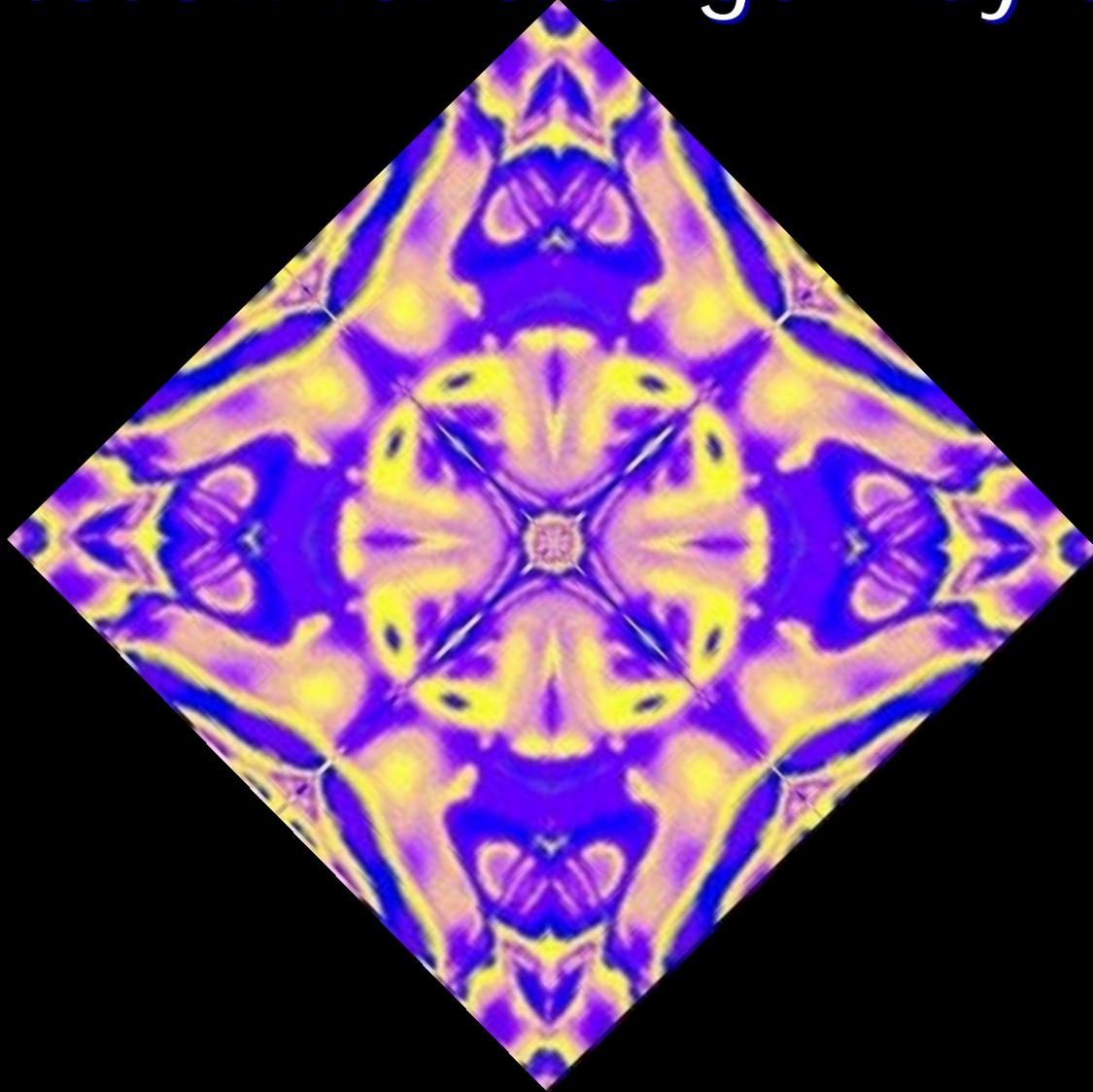
Is Not.....

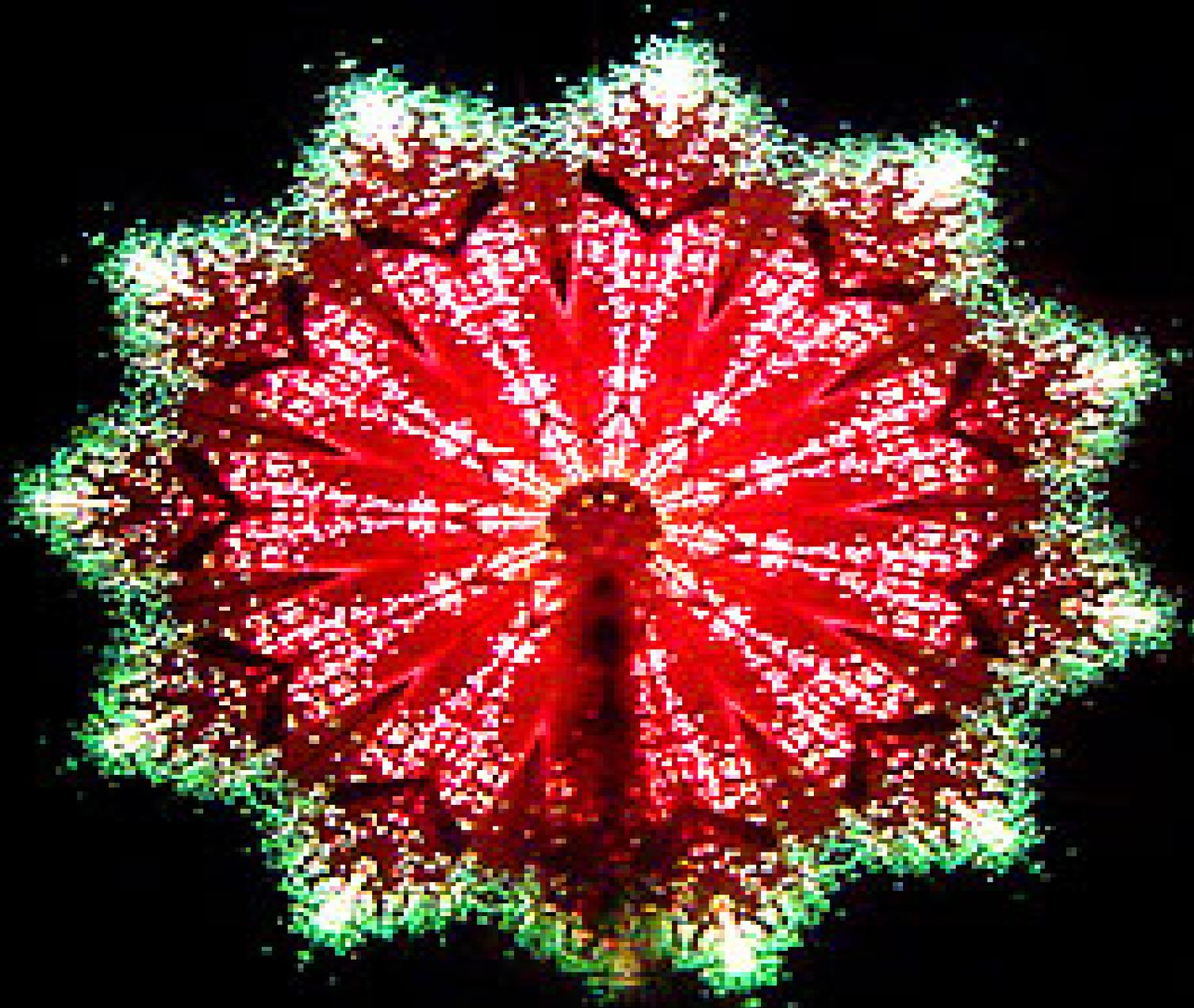
Services

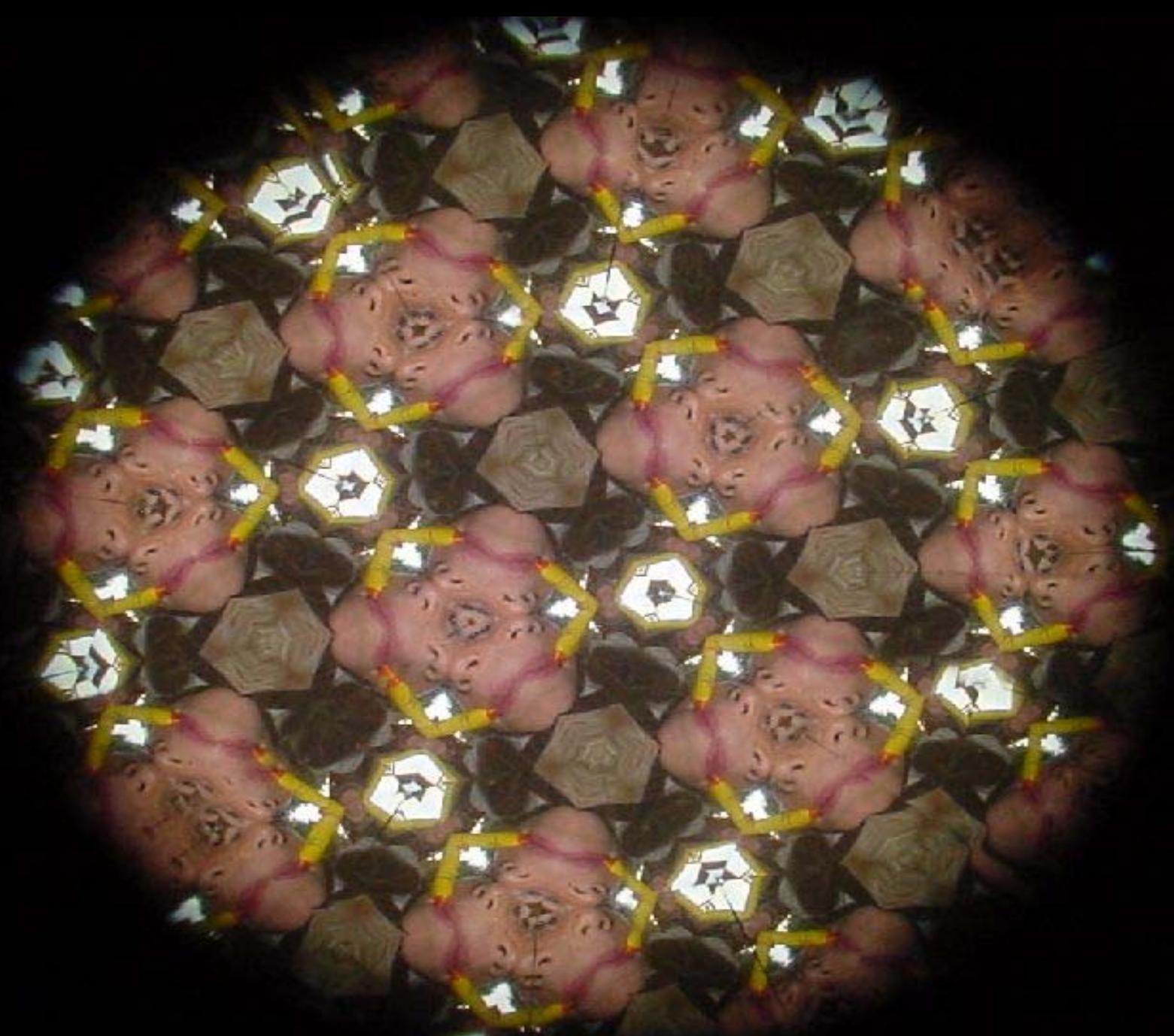
Programs



The VISION for change may differ

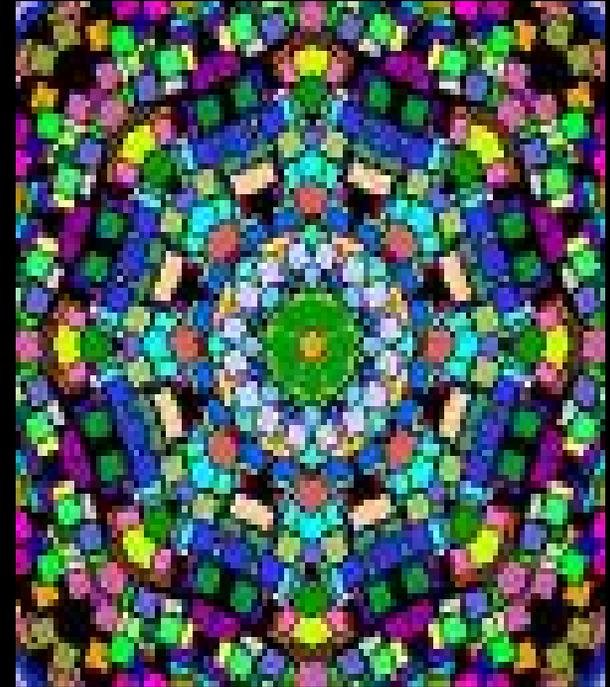






Connecticut's vision for change includes

-  Involving individuals in recovery, youth and their families
-  Involving interagency coordination/collaboration
-  Addressing the needs of all citizens: public and private, across all ages and across all cultures

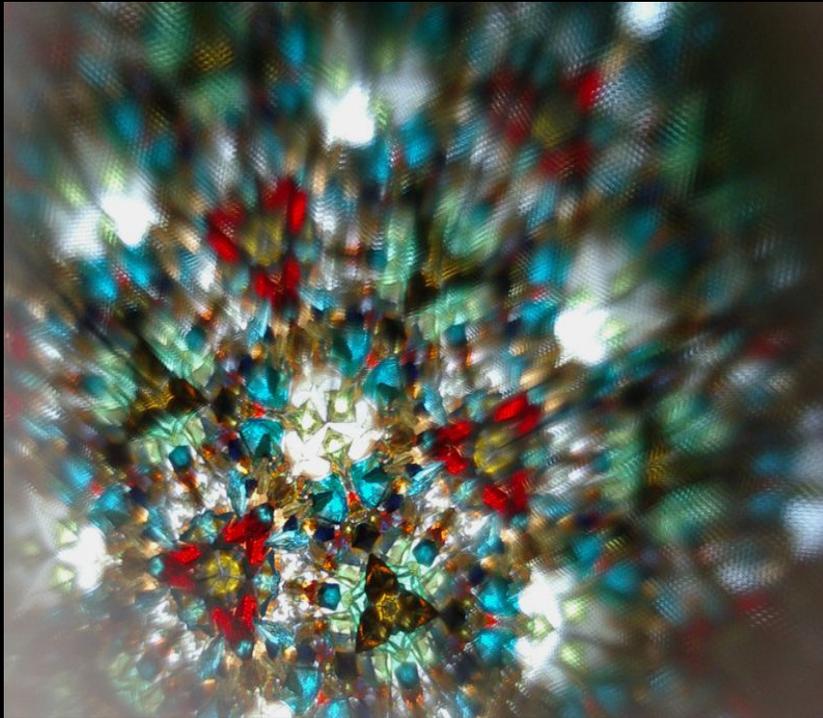


But in order for change to OCCUR

- We must agree CHANGE IS NEEDED
- We must ACTIVELY WORK TO MAKE CHANGE HAPPEN
- We must be AS WILLING TO TRY NEW APPROACHES...as we expect others to be in changing theirs

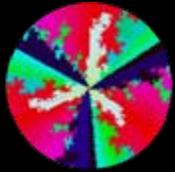


The change process...



-  Oversight committee and four subcommittees
-  Seven workgroups
-  Additional area of focus

CT's initial steps for change



Prevent suicide and increase mental health awareness through health education in schools.

CT's initial steps for change



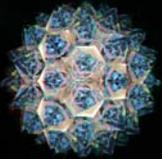
Give individuals and families a voice regarding mental health services through a universal feedback tool.

CT's initial steps for change



Identify and eliminate mental health disparities through standardized data collection.

CT's initial steps for change



Expand access to prevention, screening, early intervention and treatment by maximizing state and federal dollars.

CT's initial steps for change

-  Prevent youth from becoming involved in or having repeated involvement in the juvenile justice system through the use of evidence-based practices.

CT's initial steps for change

-  Provide Connecticut citizens with a first of its kind comprehensive mental health website to improve access to mental health information and resources.

CT's initial steps for change

-  Expand and enhance mental health training throughout Connecticut's workforce.

CT's initial steps for change



Protect and enhance the rights of persons with mental illness.

CHANGE

-  Our tools may be different
-  Our vision may be different
-  Our approach may be different

WHAT
MATTERS
IS THAT
WE ARE
OPEN
TO
CHANGE



How will we know that...

- people consider mental health as essential to overall health?
- our efforts to reduce suicide and stigma related to mental illness are working?
- our mental health system is directed by individuals in recovery and their families?
- every person receives equal and appropriate mental health services regardless of their age, race, ethnicity, gender, etc.
- prevention, screening, early intervention and treatment are commonplace amongst all health care providers?
- current research is used in all mental health practices?
- technology is used to improve knowledge, understanding and access to mental health information and services?
- Connecticut's workforce is well-prepared to address the mental health needs of all citizens?
- the rights of persons with mental illness are being protected and enhanced?





To Learn More...

Or to JOIN us in creating CT's vision:

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Visit:

www.dmhas.state.ct.us/transformation.htm



Connecticut Department of Mental
Health and Addiction Services
A Healthcare Services Agency