

AGING, DISABILITY AND SUBSTANCE ABUSE RECOVERY RESOURCES
Courtesy of The University of Connecticut Center on Disabilities, The Department of Mental Health and Addiction Services, and The Department of Social Services
February, 2007

People with disabilities and people who are older are served by a variety of different agencies. Some are not served by any agency at all. Successful outreach efforts will include contacting state agencies, statewide and regional disability-specific organizations, statewide and regional cross-disability organizations, and municipal agents or commissions.

State agencies that serve people who are older or people with disabilities include:

- Department of Mental Retardation (DMR; <http://www.dmr.state.ct.us>)
- Department of Social Services (DSS; includes the Bureau of Rehabilitation Services and the Aging Services Division <http://www.ct.gov/dss>)
- Department of Mental Health and Addiction Services (DMHAS <http://www.dmhas.state.ct.us>)

Each of these agencies has regional offices, whose contact information can be found at the websites listed. They also list links on their websites to the nonprofit organizations that serve their clients in the community.

Other agencies that may become valuable resources in your emergency preparedness effort include disability-specific groups. These include organizations like Muscular Dystrophy Association of Connecticut (MDA), Connecticut Down Syndrome Congress (CDSC), American Association for Retired Persons (AARP), and National Alliance for the Mentally Ill of Connecticut (NAMI). There are some larger disability-specific groups like ARCs (organizations that work with people with intellectual disabilities) and United Cerebral Palsy (UCP) who have regional offices or groups. Additional groups include the African Caribbean American Parents of Children with Disabilities (AFCAMP) and Padres Abriendo Puertas (PAP).

Infoline (dial 2-1-1 or visit www.infoline.org) maintains listings of state agencies, disability-specific organizations, and cross-disability organizations. You can search the Infoline website for resources in your community to learn more.

Finally, municipalities may have a commission on aging and/or a commission on disabilities, an ADA Coordinator, a municipal agent for the elderly, and a senior center.

Listed below are three disability and aging resources by region. First, area agencies on aging provide social and health services as well as information and advocacy to people who are older in the communities they serve. Independent Living Centers (ILCs) are listed next; they provide information, training, peer support, advocacy, and other assistance to people with disabilities living independently in communities. Finally, local mental health authorities (LMHAs) are also listed. LMHAs provide clinical and case management support services to people with psychiatric disabilities in the communities they serve.

Aging and Disability Resources:
Southwestern Connecticut

Southwestern Connecticut Agency on Aging

10 Middle Street
Bridgeport, CT 06604
(203) 333-9288
<http://www.swcaa.org>

Serving: Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, Wilton

Disability Resource Center of Fairfield County

Anthony LaCava, Executive Director
80 Ferry Boulevard
Stratford, CT 06615
(203) 378-6977 (V); (203) 378-3248 (TDD)
www.drcfc.org
info@drcfc.org

Serving: Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, and Wilton

Local Mental Health Authorities

Serving: Bridgeport, Byron, Cos Cob, Darien, East Norwalk, East Portchester, Easton, Fairfield, Georgetown, Glenbrook, Glenville, Greensfarm, Greenwich, Monroe, New Canaan, Nichols, Noroton, Noroton Heights, Norwalk, Southport, Stamford, Stepney, Stevenson, Stratford, Trumbull, Weston, Westport, Wilton

Community Services and Administrative Services

97 Middle Street
Bridgeport, CT 06604
(203) 579-7300

Greater Bridgeport Community Mental Health Center

1635 Central Avenue
Bridgeport, CT 06610
(203) 551-7400
Crisis Service: (203) 551-7507

Homeless Outreach Team

753 Fairfield Avenue
Bridgeport, CT 06604
(203) 455-2160

FS DuBois Center

780 Summer Street
Stamford, CT 06905
(203) 388-1600

Aging and Disability Resources:
South Central Connecticut

Agency on Aging of South Central Connecticut

1 Long Wharf Drive
New Haven, CT 06511
(203) 785-8533

<http://www.agencyonaging-scc.org>

Serving: Ansonia, Bethany, Branford, Derby, East Haven, Guilford, Hamden, Madison, Meriden, Milford, New Haven, North Branford, North Haven, Orange, Oxford, Seymour, Shelton, Wallingford, West Haven, Woodbridge

Center for Disability Rights

Marc Gallucci, Executive Director
764A Campbell Avenue
West Haven, CT 06516
(203) 934-7077 (V)
(203) 934-7079 (TDD)

www.centerfordisabilityrights.org
cdr7077@aol.com

Serving: Ansonia, Bethany, Branford, Chester, Clinton, Cromwell, Deep River, Derby, Durham, East Haddam, East Hampton, East Haven, Essex, Guilford, Haddam, Hamden, Killingworth, Madison, Meriden, Middlefield, Middletown, Milford, New Haven, North Branford, North Haven, Old Saybrook, Orange, Portland, Seymour, Shelton, Southington, Wallingford, Westbrook, West Haven, Woodbridge

Local Mental Health Authorities

Serving: Ansonia, Bethany, Branford, Chester, Clinton, Cobalt, Cromwell, Deep River, Derby, Devon, Durham, East Haddam, East Hampton, East Haddam, East Haven, Essex, Fairhaven, Guilford, Haddam, Hamden, Higganum, Huntington, Ivoryton, Killingworth, Lordship, Madison, Meriden, Middle Haddam, Middlefield, Middletown, Milford, Morris Cove, Mount Carmel, New Haven, North Branford, North Guilford, North Haven, Northford, Old Lyme, Old Saybrook, Orange, Oxford, Pine Rock Park, Portland, Rockfall, Saybrook, Seymour, Shelton, Short Beach, South Meriden, Stoney Creek, Wallingford, Westbrook, West Haven, Whitneyville, Woodbridge, Woodmont, Yalesville

Birmingham Group Health Services/Valley Mental Health Center

435 East Main Street
Ansonia, CT 06401
(203) 736-2601

Bridges: A Community Support System, Inc.

949 Bridgeport Avenue
Milford, CT 06460
(203) 878-6365

Connecticut Mental Health Center

34 Park Street
New Haven, CT 06790
(203) 974-7300
Crisis: (203) 974-7735 or (203) 974-7713 or 203-974-7300

Harbor Health Services

14 Sycamore Way
Branford, CT 06405
(203) 483-2630

River Valley Services

Leak Hall
PO Box 351
Middletown, CT 06457
(860) 262-5200
Crisis: (860) 344-2100

Rushford Center

384 Pratt Street
Meriden, CT 06450
(203) 235-1792
Crisis: (800) 567-0902

Aging and Disability Resources:
Eastern Connecticut

Senior Resources – Agency on Aging (ECAA)

4 Broadway, 3rd Floor
Norwich, CT 06360
(860) 887-3561
<http://www.seniorresourcesec.org>

Serving: Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Chester, Clinton, Colchester, Columbia, Coventry, Cromwell, Deep River, Durham, East Haddam, East Hampton, East Lyme, Eastford, Essex, Franklin, Griswold, Groton, Haddam, Hampton, Killingly, Killingworth, Lebanon, Ledyard, Lisbon, Lyme, Mansfield, Middlefield, Middletown, Montville, New London, North Stonington, Norwich, Old Lyme, Old Saybrook, Plainfield, Pomfret, Portland, Preston, Putnam, Salem, Scotland, Sprague, Sterling, Stonington, Thompson, Union, Voluntown, Waterford, Westbrook, Willington, Windham, Woodstock

Disabilities Network of Eastern Connecticut

Carolyn Newcombe, Executive Director
238 West Town Street
Norwich, CT 06360
(860) 823-1898 (V/TDD)
www.disability-dnec.org
dnec@snet.net

Serving: Andover, Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Colchester, Columbia, Coventry, Eastford, East Lyme, Franklin, Griswold, Groton, Hampton, Hebron, Killingly, Lebanon, Ledyard, Lisbon,

Lyme, Mansfield, Marlborough, Montville, New London, North Stonington, Norwich, Old Lyme, Plainfield, Pomfret, Preston, Putnam, Salem, Scotland, Sprague, Sterling, Stonington, Thompson, Union, Voluntown, Waterford, Windham, Willington, Woodstock

Local Mental Health Authorities

Serving: Abington, Ashford, Ballouville, Baltic, Black Point, Bozrah, Brooklyn, Caterbury, Central Village, Chaplin, Chesterfield, Colchester, Columbia, Coventry, Danielson, Dayville, Eagleville, East Killingly, Eastford, East Lyme, East Putnam, East Woodstock, Enders Island, Fabyan, Fitchville, Franklin, Gales Ferry, Gilman, Glasgo, Greenville, Griswold, Grosvenordale, Groton, Groton Long Point, Hadlyme, Hamburg, Hampton, Hanover, Jewett City, Killingly, Lebanon, Ledyard, Lisbon, Lyme, Mansfield, Mansfield Depot, Mechanicsville, Merrow, Montville, Mystic, New London, Niantic, Noank, North Franklin, North Grosvenordale, North Stonington, North Thompson, North Westchester, Norwich, Norwichtown, Oakdale, Occum, Old Lyme, Old Mystic, Oneco, Pawcatuck, Plainfield, Pomfret, Pomfret Center, Poquonock Bridge, Preston, Putnam, Quaker Hill, Quinebaug, Rogers, Salem, Scotland, South Lyme, South Willington, South Windham, South Woodstock, Sprague, Sterling, Stonington, Storrs, Taftville, Thompson, Uncasville, Union, Versailles, Voluntown, Waterford, Wauregan, West Mystic, West Willington, Willimantic, Willington, Windham, Woodstock, Woodstock Valley, Yantic

Southeastern Mental Health Authority

401 West Thames Street, Building 301
Norwich, CT 06360
(860) 859-4500
Crisis: (860) 886-9302

United Services

1007 North Main Street
PO Box 839
Dayville, CT 06241
(860) 774-2020

Aging and Disability Resources:

North Central Connecticut

North Central Area Agency on Aging

2 Hartford Square, West- Suite 101
Hartford, CT 06106
(860) 724-6443
<http://www.geocities.com/ncaaaus>

Serving: Andover, Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Farmington, Enfield, Glastonbury, Granby, Hartford, Hartland, Hebron, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury, Somers, South Windsor, Southington, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, Windsor Locks

Independence Unlimited

Candace Low, Executive Director
151 New Park Avenue - Suite D
Hartford, CT 06106

(860) 523-5021 (V)
(860) 529-0436 (TDD)
indunl@aol.com

Serving: Avon, Berlin, Bloomfield, Bolton, Canton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Manchester, New Britain, Newington, Plainville, Rocky Hill, Simsbury, Somers, South Windsor, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, Windsor Locks

Local Mental Health Authorities

Serving: Amston, Andover, Avon, Berlin, Bloomfield, Bolton, Bristol, Broad Brook, Buckland, Burlington, Canton, Canton Center, Centerbrook, Collinsville, East Berlin, East Glastonbury, East Granby, East Hartford, East Windsor, Ellington, Elmwood, Enfield, Farmington, Forestville, Glastonbury, Granby, Hartford, Hebron, Kensington, Maple Hill, Manchester, Marion, Melrose, Milldale, Marlborough, New Britain, Newington, North Canton, North Granby, Pequabuck, Plainville, Plymouth, Poquonock, Rockville, Rocky Hill, Scitico, Simsbury, Somers, Somersville, South Glastonbury, South Windsor, Southington, Stafford, Stafford Springs, Staffordville, Suffield, Talcottville, Tariffville, Terryville, Thompsonville, Tolland, Unionville, Vernon, Wapping, Warehouse Point, Weatogue, West Granby, West Hartford, West Simsbury, West Suffield, Wethersfield, Wilson, Windsor, Windsor Locks, Windsorville

Capitol Region Mental Health Center

500 Vine Street
Hartford, CT 06112
(860) 297-0800
Crisis: (860) 297-0999

Community Mental Health Affiliates, Inc

29 Russell Street
New Britain, CT 06052
(860) 826-1268

Inter-Community Mental Health Group

281 Main Street
East Hartford, CT 06118
(860) 731-5522

Community Health Resources

995 Day Hill Road
Windsor, CT 06095
(860) 731-5522

Aging and Disability Resources: **Northwestern Connecticut**

Western Connecticut Area Agency on Aging

84 Progress Lane
Waterbury, CT 06705
(203) 757-5449
<http://www.wcaaa.org>

Serving: Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Brookfield, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, North Canaan, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown, Winchester, Wolcott, Woodbury

Independence Northwest

Eileen M. Healy, Executive Director
Independence Northwest, Inc.

1183 New Haven Road, Suite 200

Naugatuck, CT 06770

203-729-3299 (V)

203-729-1282 (TDD)

info@independencenorthwest.org

<http://www.members.aol.com/indnw/>

Serving: Barkhamsted, Beacon Falls, Bethel, Bethlehem, Bridgewater, Bristol, Brookfield, Burlington, Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Hartland, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, North Canaan, Oxford, Plymouth, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury, Thomaston, Torrington, Warren, Washington, Waterbury, Watertown, Winchester, Wolcott, Woodbury

Local Mental Health Authorities

Serving: Bantam, Barkhamsted, Beacon Falls, Bethel, Bethlehem, Botsford, Bridgewater, Brookfield, Brookfield Center, Canaan, Cheshire, Colebrook, Cornwall, Cornwall Bridge, Danbury, East Canaan, East Hartland, Falls Village, Gaylordsville, Goshen, Hanover, Hartland, Harwinton, Hawleyville, Kent, Lakeville, Limerock, Litchfield, Marbledale, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, New Preston, Newtown, Norfolk, North Canaan, North Kent, Northfield, Oakville, Pine Meadow, Pleasant Valley, Prospect, Redding, Redding Center, Redding Ridge, Ridgefield, Roxbury, Salisbury, Sandy Hook, Sharon, Sherman, South Britain, South Kent, Southbury, Taconic, Thomaston, Torrington, Union City, Warren, Washington, Washington Depot, Waterbury, Watertown, Waterville, West Cornwall, West Goshen, West Hartland, West Redding, Westville, Winchester, Winchester Center, Winsted, Wolcot, Woodbury

Greater Waterbury Mental Health Authority

95 Thomaston Ave
Waterbury, CT 06706
(203) 805-5300

Greater Danbury Mental Health Authority

64 West Street
Danbury, CT 06810
(203) 778-1640

Northwest Mental Health Authority

249 Winsted Road
Torrington, CT 06790
(860) 496-3700

Addiction Recovery Advocacy Resources

Connecticut Community for Addiction Recovery (CCAR)

198 Wethersfield Ave
Hartford, CT 06114

The Connecticut Community for Addiction Recovery (CCAR) promotes recovery through advocacy, education and service to:

- End discrimination surrounding addiction and recovery.
- Open new doors and remove barriers to recovery.
- Ensure that all people in recovery and people seeking recovery be treated with dignity and respect.

CCAR's operating recovery community centers (plans are underway for a fourth recovery community center in Hartford, but it has not yet commenced operations) are located as follows:

Windham Recovery Community Center, 1009 Main St, Willimantic, CT

New London Recovery Community Center, 83 Boston Post Rd, Waterford, CT

Bridgeport Recovery Community Center, 49 Cannon St, Courtyard, Rear, Bridgeport, CT