A TOTAL MAXIMUM DAILY LOAD ANALYSIS
FOR LINSLEY POND IN NORTH BRANFORD and
BRANFORD, CONNECTICUT

Final - November 28, 2005

This document has been established
pursuant to the requirements of Section
303(d) of the Federal Clean Water Act

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________________________  ______
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Air, Waste and Water Programs

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Gina McCarthy, Commissioner
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>INTRODUCTION</td>
<td>1</td>
</tr>
<tr>
<td>DESCRIPTION OF WATERBODY</td>
<td>2</td>
</tr>
<tr>
<td>PRIORITY RANKING AND POLLUTANTS OF CONCERN</td>
<td>4</td>
</tr>
<tr>
<td>POLLUTANT SOURCES</td>
<td>4</td>
</tr>
<tr>
<td>IDENTIFICATION OF SOURCES</td>
<td>4</td>
</tr>
<tr>
<td>ANALYSIS OF CURRENT AND BACKGROUND LOADING</td>
<td>5</td>
</tr>
<tr>
<td>ASSUMPTIONS AND CALCULATIONS REGARDING PHOSPHORUS SOURCES</td>
<td>7</td>
</tr>
<tr>
<td>SUMMARY</td>
<td>8</td>
</tr>
<tr>
<td>APPLICABLE WATER QUALITY STANDARDS</td>
<td>9</td>
</tr>
<tr>
<td>TOTAL MAXIMUM DAILY LOAD</td>
<td>10</td>
</tr>
<tr>
<td>TARGET LOADING</td>
<td>11</td>
</tr>
<tr>
<td>DETERMINATION OF REGULATED STORMWATER LOAD</td>
<td>12</td>
</tr>
<tr>
<td>LOAD ALLOCATION</td>
<td>13</td>
</tr>
<tr>
<td>WASTE LOAD ALLOCATION</td>
<td>14</td>
</tr>
<tr>
<td>MARGIN OF SAFETY</td>
<td>15</td>
</tr>
<tr>
<td>TMDL SUMMARY</td>
<td>16</td>
</tr>
<tr>
<td>SEASONAL VARIATION</td>
<td>18</td>
</tr>
<tr>
<td>MONITORING PLAN</td>
<td>19</td>
</tr>
<tr>
<td>IMPLEMENTATION PLAN</td>
<td>20</td>
</tr>
<tr>
<td>REASONABLE ASSURANCES</td>
<td>23</td>
</tr>
<tr>
<td>PROVISIONS FOR REVISING THE TMDL</td>
<td>23</td>
</tr>
<tr>
<td>PUBLIC PARTICIPATION</td>
<td>23</td>
</tr>
<tr>
<td>REFERENCES</td>
<td>24</td>
</tr>
</tbody>
</table>
FIGURES

Figure 1  Linsley Pond Watershed..............................................................................................................3

TABLES

Table 1  Annual Phosphorus Loading to Linsley Pond...............................................................6
Table 2  Summary of Total Phosphorus Current Load, Post-BMP Implementation
Load and Predicted In-lake Concentrations ........................................................................12
Table 3  Distribution of Current Regulated and Non-Regulated Stormwater Loadings ..13
Table 4  Summary of Load Allocation to Linsley Pond..............................................................14
Table 5  Summary of Waste Load Allocation..............................................................................15
Table 6  Summary of Total Maximum Daily Load Analysis for Linsley Pond ...............17
Table 7  Predicted Post-TMDL Implementation Conditions in Linsley Pond ...........18
Table 8  Potential Management Options for Linsley Pond .................................................21

APPENDICES

Appendix A  Impact of Post-BMP Implementation Nutrient Loadings on Designated Uses
INTRODUCTION

The Federal Clean Water Act (CWA) provides regulations for the protection of streams, lakes, and estuaries within the United States. Section 303(d) of the CWA requires individual states to identify waters not meeting state water quality standards due to pollutant discharges and to develop Total Maximum Daily Loads (TMDLs) for these waters. A TMDL sets the maximum amount of a substance that a waterbody can receive without exceeding current state water quality standards. Waterbodies for which Connecticut is required to develop TMDLs are included on the 2004 List of Connecticut Waterbodies Not Meeting Water Quality Standards (1) (2004 List). Such water bodies are identified on the 2004 List as Tiers 2 and 3. Linsley Pond is included on the 2004 List as a Tier 2 waterbody due to impairment of recreational use and aquatic life support caused by excessive nutrient (phosphorus) loading. As such, a TMDL for phosphorus has been prepared for Linsley Pond and is presented herein.

The purpose of the Linsley Pond TMDL is to establish phosphorus loading targets that, if achieved, will result in consistency with the State of Connecticut Water Quality Standards (2) (WQS). Water quality that is consistent with WQS is expected to protect designated uses, and implies that conditions will be similar to those expected under natural conditions without undue human influence. This TMDL analysis was prepared following the Environmental Protection Agency's (EPA) protocol for developing nutrient TMDLs (3). The main objectives of this TMDL analysis report include the following:

- describe existing conditions and applicable standards and guidelines;
- estimate the loading capacity of Linsley Pond;
- assign loading capacities for existing and future sources;
- establish a margin of safety;
- account for seasonal variation;
- develop a monitoring plan;
- develop an implementation plan;
- provide reasonable assurances that the plans will be acted upon; and
- describe public participation in the TMDL process.

Determining the maximum daily nutrient load that a waterbody can assimilate without exceeding water quality standards is challenging and complex. First, many lakes receive a high portion of their nutrient loading from non-point sources and stormwater runoff, which are highly variable and are difficult to quantify. Secondly, lakes demonstrate nutrient loading on a seasonal scale, not a daily basis. Loading during the winter months may have little effect on summer algal densities. Additionally, the nutrient loading capacity of lakes is typically determined through water quality modeling, which is usually expressed on an annual basis. Therefore, it is most
appropriate to quantify a lake TMDL as an annual load and evaluate the results of that annual load on mid-summer conditions that are most critical to supporting recreational uses. Finally, variability in loading may be very high in response to weather patterns, and the forms in which nutrients enter lakes may cause increased variability in response. Consequently, while a single value may be chosen as the TMDL, it represents a range of loads with a probability distribution for associated water quality problems (such as algal blooms). Uncertainty is likely to be very high, and the TMDL should be viewed as a nutrient-loading goal that helps set the direction and magnitude of management, not as a rigid standard that must be achieved to protect against eutrophication.

DESCRIPTION OF WATERBODY

Much of the waterbody information presented in this section was obtained from An Evaluation of Potential Stormwater Runoff Impacts to Cedar and Linsley Ponds (EPSRI)\(^4\) and a Characterization and Management of Stormwater in Tilcon’s Connecticut’s North Branford Quarry (CMSW)\(^5\).

Linsley Pond is a 23-acre fresh water pond located in North Branford and Branford, Connecticut (New Haven County). It is a historically notable pond, as many limnological experiments have been conducted there by Yale faculty over the last century. It is also downstream of Cedar Pond, for which a separate TMDL has been prepared. The pond and its 823-acre watershed lie within the Branford River basin and form the headwaters of the Pisgah Brook (Figure 1). The watershed is divided into three sub-basins as outlined in Figure 1. The maximum and mean water depths of the pond are 48.5 and 22.3 feet, respectively. The pond volume is approximately 22.8 million cubic feet, with a retention time of approximately 135 days (flushing approximately 2.7 times per year). The watershed is mostly comprised of industrial (quarry; 42%), undeveloped areas (wetland and forest; 33%) and developed (residential; 25%) areas. Base flow and groundwater flow from the watershed accounts for 37% of the total inflow to Linsley Pond. Storm flow provides approximately 56%. As a result of high stormwater inputs, the retention time of Linsley Pond varies mainly in response to precipitation.

Limited stormwater controls exist throughout the watershed. The quarry located within the watershed maintains detention systems that reduce nutrient and solids loading to the pond only slightly. Cedar Pond functions as a retention basin, but provides little attenuation as outlet concentrations are still elevated. Linsley Pond experiences eutrophic conditions such as non-algal turbidity in response to inclement weather (stormwater runoff with soil erosion), and algal blooms under low-flow conditions (high fertility with low flushing). Increased
Linsley Pond Watershed
North Branford, Connecticut

Figure 1

Source: Base map from scanned USGS topography from http://maps.lib.uconn.edu/
Watershed boundary from Ecosystem Consulting Services, Inc. 1996.
phosphorus loading from anthropogenic sources is a cause of eutrophication in Linsley Pond and is therefore the subject of this TMDL. Phosphorus is the primary nutrient of concern and limitation of phosphorus inputs will likely yield the desired conditions without any substantive change in the loading of other nutrients.

**PRIORITY RANKING AND POLLUTANTS OF CONCERN**

Linsley Pond is included on the 2004 List due to impairment of recreational and aquatic life support uses caused by excessive anthropogenic nutrient loading. Excess nutrient loading to Linsley Pond has resulted in increased algae growth, chlorophyll *a*, low dissolved oxygen, and reduced water clarity. Linsley Pond is ranked a "T" priority on the 2004 List, which indicates that the waterbody is understudy and may lead to TMDL development if results of the investigation warrant implementation of a TMDL as the solution to remedy the water quality impairment. TMDLs may be completed for waterbodies ranked as “T” on the 2004 List within the next two years. The Connecticut Department of Environmental Protection (DEP) has determined that establishing a TMDL for phosphorus based on the results of the two existing reports: An Evaluation of Potential Stormwater Runoff Impacts to Cedar and Linsley Ponds (EPSRI) (4) and a Characterization and Management of Stormwater in Tilcon Connecticut’s North Branford Quarry (CMSW) (5) is an appropriate pollution control strategy for Linsley Pond.

**POLLUTANT SOURCES**

**Identification of Sources**

Sources of nutrients include stormwater runoff, construction activities, quarry activities, use of fertilizers, waterfowl, and to a lesser extent failed or improperly functioning septic systems. The routes of entry for nutrients to Linsley Pond include the following:

- surface water base flow (dry weather tributary flows, including groundwater infiltration);
- stormwater flow (runoff added to tributaries or directly to the pond);
- atmospheric deposition (direct precipitation to the pond);
- waterfowl (direct inputs to the pond from birds); and
- internal recycling (release from the sediment, either by chemical interaction with overlying waters, resuspension by wind, or “pumping” by macrophytes).

Permitted point source discharges of nutrients in Linsley Pond's basin include only certain stormwater discharges that are regulated as point sources under the federal NPDES regulations (For more information, see pages 13-14).
Analysis of Current and Background Loading

Current nutrient loading to Linsley Pond were assessed using the following three methods:

1. A combination of estimated and actual data from the EPSRI (4) and CMSW (5). Data collected during dry weather (EPSRI) was used to determine instantaneous mass loadings (measured flow multiplied by concentration in tributaries). Annual runoff estimates provided in the EPSRI study and wet weather data were used to estimate stormwater runoff nutrient loading (dry weather concentration data were used when wet weather data were not available). Direct assessment is the most traditional method of evaluating loading, but requires substantial data to be reliable. As all individual sources are not directly assessed in field studies, extrapolation and estimation were necessary. However, direct measurement provides real data upon which to base loading estimates, and acts as a valuable reality check on modeling approaches.

2. The average of empirical models (Bachman (6), Kirchner-Dillion (7), Vollenweider (8), Vollenweider (9), Reckhow (10), Larsen-Mercier (11), and Jones-Bachmann (12)). Empirical models generate estimates of the load necessary to achieve observed in-lake conditions, based on system features such as depth and retention time. They are based on relationships derived from many other lakes. As such, they may not apply accurately to any one waterbody, but provide an approximation of current total loading, including stormwater and base flows. In addition, empirical models provide a reasonable estimate of the direction and magnitude of changes that might be expected if loading is altered.

3. A calibrated land use export coefficient model developed by ENSR (13) under contract to the DEP. Export coefficient models depend on empirical or assumed yields of water and nutrients from the watershed as a function of land use. Yields are assigned to each defined parcel in each defined sub-watershed of the lake. These yields can be modified as they move toward the lake through attenuation factors, based on distance to the lake, soil types, and any Best Management Practices (BMPs) in place. The export coefficient model employed here was developed by Kenneth Wagner, Ph.D. of ENSR for use in southern New England, and allows the user to select yield coefficients and attenuation factors from a range appropriate to this area. Values encompass those applied in the Long Island Sound Study (14) and work by Frink and Norvell (15) at the Connecticut Agricultural Station over many years. The generated load to the lake is processed through the empirical models noted above to derive estimates of in-lake concentrations and effects on algal productivity and water clarity. This model is most effective when calibrated with water quality data for the target system. While it is a spreadsheet model with inherent limitations on applied
algorithms and resultant reliability of predictions, it provides a rational means to link actual water quality data and empirical models in an approach that addresses the whole watershed and lake.

This combination of approaches yield a range of probable loads and provide a reasonable approximation of actual conditions over the longer term. From the three methods, the total phosphorus loading ranged from 95 to 110 kg/yr. Loading estimates from the three approaches are generally similar. Certainly the inter-annual range of phosphorus loads could be expected to exhibit such a range. The results of each method are provided in Table 1.

Table 1. Annual Phosphorus Loading to Linsley Pond.

<table>
<thead>
<tr>
<th>Method</th>
<th>Method ID</th>
<th>Phosphorus (kg/yr)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estimated and Actual (EPSRI &amp; CMSW)</td>
<td>1</td>
<td>109</td>
</tr>
<tr>
<td>Empirical Model Average</td>
<td>2</td>
<td>110</td>
</tr>
<tr>
<td>Land Use Export Coefficient Model</td>
<td>3</td>
<td>95</td>
</tr>
<tr>
<td><strong>Mean of All Methods</strong></td>
<td></td>
<td><strong>105</strong></td>
</tr>
</tbody>
</table>

Using the EPSRI & CMSW (method 1), and land use export nutrient budgets (method 3), direct precipitation provides approximately 3-4% of the annual phosphorus load. Total watershed load represented approximately 58-63% of the phosphorus load. Waterfowl provides 9-11% of the total phosphorus loading. Internal recycling is estimated to provide 24-28% of phosphorus loading on an annual basis, but most of this loading occurs during summer. Direct precipitation and waterfowl combined provide only relatively small portions of the total phosphorus load. Internal loading is a moderate portion of the load, but the seasonal nature of internal loading may necessitate some action relating to this source. To achieve the greatest positive impact, management must focus on stormwater flow contributions to Linsley Pond.

Background conditions were estimated by modifying the land use export coefficient model. After the model was calibrated to reflect current conditions in the watershed of Linsley Pond, land use was changed to reflect pre-development background conditions (i.e. forested and wetland conditions) and the internal load was reduced by 50% (an estimate of more natural internal loading level). In addition, the overall watershed size was reduced because the quarry increased the current drainage area of Linsley Pond. Based on historic topographic maps, the drainage area of Linsley Pond was reduced by 28% (75% reduction of one sub-basin of Cedar Pond) to represent the pre-quarry conditions. Background phosphorus loading under these conditions was 42 kg/yr, (17 kg/yr from the watershed alone). Background in-lake phosphorus concentration predicted from empirical models was 18 ug/L. A reduction of 56-62% from the
current total phosphorus load would be necessary to return the watershed to expected “background” loading conditions.

Assumptions and Calculations Regarding Phosphorus Sources
Estimation of nutrient loading involves assumptions and can be derived in multiple ways. To facilitate understanding of the approaches applied here, the following listing of assumptions and calculation methods is offered:

Hydrologic Inputs

Direct precipitation
- Average annual precipitation for southwestern New England (16) was multiplied by the lake area.

Surface Water Base & Storm Flow
- The mean measured discharge (dry weather flow), provided in the EPSRI (4), was used to calculate base flow. The estimated mean annual runoff provided in the EPSRI was used for the stormwater hydrologic contribution by basin.
- For the land use model, runoff and base flow coefficients were adjusted to provide a total inflow comparable to the estimated mean annual flows (base and runoff) determined using EPSRI (4) data.
- The land use model inflow, comparable to that estimated in the EPSRI (4), was used in the empirical models.
- Average annual precipitation was multiplied by stormwater and base flow coefficients (17) for land use categories obtained from UCONN (18) to estimate the predicted inflow from base and storm flows.

Groundwater
- Groundwater contribution was estimated by subtracting the precipitation, base and storm flow contribution from the total estimated outflow from Linsley Pond.

Nutrient Inputs

EPSRI (4) & CMSW (5)
- Measured concentrations during dry weather at each tributary were multiplied by measured flow rates to provide an instantaneous mass loading. The runoff flow value, provided in the EPSRI, was multiplied by the average measured concentration, provided in the CMSW to estimate the annual nutrient load from stormwater. Dry weather concentrations provided in the EPSRI were used when stormwater concentration data were not available, and this will underestimate the actual loading.
- Data provided in the EPSRI were used to calculate internal loading. The average of two methods was used: accumulation in the hypolimnion and the difference in concentration between the hypolimnion and epilimnion over the period of anoxia.
• A combination of literature values (for atmospheric deposition and waterfowl) and measured data were used to ascertain total nutrient loading to Linsley Pond.

**Empirical Model**

• Hydrologic lake features and known in-lake concentrations were used to back-calculate the nutrient load required to obtain observed in-lake concentrations.

• An average of five models was used (Kirchner-Dillon (7), Vollenweider (8), Reckhow (10), Larsen-Mercier (11), and Jones-Bachmann (12)).

**Land Use Export Coefficient Model**

• Nutrient export coefficients from the literature for different land use types were used to calculate potential nutrient loads. The quarry was classified as Open Exposed Surface and the export coefficients were adjusted using data presented in the CMSW.

• Loads were reduced based on estimated natural attenuation and any existing water quality control devices, and adjusted based on comparison of results with existing data.

• Once calibrated for the specific watershed, this model was also used to predict impacts of watershed management actions.

**Relationships**

• It was assumed that water transparency and chlorophyll $a$ concentrations in Linsley Pond are mathematically related to total phosphorus concentrations as described by Carlson (19) and Frink and Norvell (15). Interference by non-algal turbidity, toxicity, or other possible factors is assumed to be minimal.

**Summary**

Linsley Pond is a small 23-acre fresh water pond with an 823-acre watershed of primarily industrial (quarry) and urbanized (developed residential) land and includes the Cedar Pond watershed. In-lake water quality is dependent on the quality of surface water entering the lake from the watershed, especially stormwater quality. Inadequate stormwater controls have lead to a decline in runoff water quality and high variability of in-lake water quality. Excessive anthropogenic phosphorus loading over time has led to increased frequency and duration of algal blooms. Internal loading has also been identified as a contributor of phosphorus and should not be ignored. It is estimated that 24-28% of the annual phosphorus budget is provided through internal loading from the sediment, mostly entering the water column in summer and early autumn.

Multiple nutrient loading approaches provide estimates of the phosphorus loads to Linsley Pond that can be compared to desirable loading levels, in order to comply with water quality standards and use attainment goals. The current estimated loading range for phosphorus is 95 to 110 kg/yr.
Background phosphorus loading was estimated to be 42 kg/yr. As such, a 56-62% reduction in current total phosphorus load would be necessary to return the watershed to expected “background” loading conditions.

APPLICABLE WATER QUALITY STANDARDS

Linsley Pond has been assigned a surface water classification goal of A by the State of Connecticut. Surface water classifications are not a measure of existing water quality but rather they establish designated uses for a waterbody. Designated uses for Class A waters include habitat for fish and other aquatic life and wildlife; potential drinking water supply; recreation; navigation; and water supply for industry and agriculture. Existing uses for Linsley Pond include habitat for fish, other aquatic life and wildlife support, and recreation.

The applicable water quality standards for Linsley Pond include: Surface Water Criteria and Lake Trophic Categories. The surface water standards for phosphorus, for which Linsley Pond TMDLs have been derived, are narrative. Surface water quality standard numbers 8, 10, 11, 12, 13, 17, and 19 of the WQS (2) aid in the interpretation of such criteria. Specifically, standard 8 specifies that only those nutrients that remain following application of BMPs can be considered to be of natural origin. Achieving consistency with this standard requires that 1) BMPs be used to minimize nutrient releases resulting from human activity and, 2) the nutrient loading that remains following implementation of BMPs does not result in adverse impact to existing or designated uses. As noted in the previous section, current practices to manage stormwater runoff are inadequate and much of the present nutrient loading to the pond cannot be considered "natural" due to the absence of effective BMPs. In order for the nutrient loading to be considered "natural" and consistent with standard 8, additional BMPs must be implemented in the watershed. Further, the post-BMP implementation loading must not adversely impact an existing or designated use in order to be considered "natural". This determination is made based on an examination of the impact of the projected post-BMP loading on recreational uses. Recreational uses in lakes are primarily determined by the lake's natural trophic category. Nutrient loading from human activities that result in the degradation of a lake’s natural trophic category represents an adverse impact to designated recreational uses.

Lake trophic categories include expected numerical ranges for total phosphorus, chlorophyll $a$, and Secchi disk transparency. The values of these parameters vary depending on the trophic category. Designated recreational uses will be fully supported and maintained for lakes that do not exceed the numerical values for their expected trophic category. The natural trophic categories are determined through assessments of the lakes, absent of significant cultural impacts. Based on the estimated concentrations under background conditions, the expected natural trophic state of Linsley Pond is mesotrophic. The in-lake phosphorus concentration
based on background loading was estimated to be 18 ug/L. Connecticut WQS establish the following concentration ranges for phosphorus, chlorophyll $a$ and transparency as a guideline for evaluating attainment of mesotrophic conditions:

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Concentration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Phosphorus</td>
<td>10 - 30 ug/L (spring and summer)</td>
</tr>
<tr>
<td>Chlorophyll $a$</td>
<td>2 - 15 ug/L (mid-summer)</td>
</tr>
<tr>
<td>Secchi Disk Transparency</td>
<td>2 - 6 meters (mid-summer)</td>
</tr>
</tbody>
</table>

However, Linsley Pond experiences elevated nutrient loading and subsequent excessive algal and macrophyte growth. Such conditions have resulted in limitations on some forms of recreation that are an apparent consequence of human-derived inputs that have not been effectively managed. As such, Linsley Pond is considered eutrophic according to Connecticut WQS (2), while the trophic condition that would exist in the absence of significant cultural impact is mesotrophic to late mesotrophic. To achieve consistency with Connecticut WQS and fully support designated recreational uses, the phosphorus loading to Linsley Pond must be reduced.

Mesotrophic lakes generally provide desirable conditions for water contact recreation. A significant percentage of the mesotrophic lakes in Connecticut have designated swimming areas and other primary contact activities such as water skiing and tubing. Boating and other secondary contact uses are considered recreational uses in mesotrophic lakes as well. There may be brief times during the year or limited areas of a mesotrophic lake where aesthetic considerations (i.e. macrophyte growth or short duration algal blooms) cause some reduction in the level of recreational activity. These limitations are not considered to be “impairments” since they reflect the normal and expected conditions in a mesotrophic lake, and do not occur as a response to excessive anthropogenic nutrient loading.

**TOTAL MAXIMUM DAILY LOAD**

Linsley Pond is listed on the 2004 List for impairment to recreational uses and aquatic life support caused by organic enrichment resulting in low dissolved oxygen and excessive turbidity, algal growth, chlorophyll $a$, and nutrient concentrations. Although phosphorus is a naturally occurring element, the amount of phosphorus entering Linsley Pond has increased due to anthropogenic activities (such as development, fertilizer use, illicit connections, quarry activities, direct stormwater piping to the pond, and inadequate stormwater controls). Increased phosphorus loading has led to increased phytoplankton densities, reduced water clarity, poor aesthetic quality, and low dissolved oxygen near the pond bottom.

In order to achieve conditions consistent with Connecticut WQS, the TMDL must be based on reducing current loads to a level that can be considered “natural” in accordance with standard 8.
This equates to the loading that will be achieved following implementation of Best Management Practices (BMPs) to control nutrients throughout the watershed, provided that loading does not adversely impact any existing or designated uses.

The phosphorus TMDL for Linsley Pond is effective at the entrance to the pond and is expressed as an annual load with the critical time being spring and early summer (see the "Seasonal Variation" section for a discussion of the critical time and seasonal loading component of the TMDL). As required, the TMDL accounts for waste load allocations (WLA) for all point sources, including stormwater discharges regulated under the NPDES program; and load allocations (LA) for all nonpoint sources, as well as background levels; and a margin of safety (MOS). The MOS accounts for any uncertainty regarding the relationship between waste load and load allocations and water quality.

The equation for the TMDL analysis is as follows:

\[
\text{TMDL} = \text{LA} + \text{WLA} + \text{MOS}
\]

The following section describes how the target loading was estimated. Based on the target loading, the expected resulting conditions for Linsley Pond were modeled and evaluated with respect to achieving compliance with the WQS (Appendix A).

**Target Loading**

The target load for phosphorus to Linsley Pond was determined using the land use export coefficient model (method 3). This approach was selected because it provides loading estimates based on land use categories and allows for reductions to be applied toward those land use categories associated with urban and industrial uses, where it is generally anticipated that BMPs will be applied. In addition, this method calculates stormwater flow, which is needed in order to separate allocations for regulated and non-regulated stormwater as requested in the EPA's 2002 Guidance Memorandum (20).

As previously mentioned, a 56-62% reduction in current total phosphorus loading would be necessary to return the watershed to expected “background” loading conditions. Realistically, an aggressive reduction of phosphorus loading attained by using BMPs applied to manageable sources is expected to result in loading reductions on the order of 60% (21). Greater reductions are possible without consideration of costs, space requirements, or legal ramifications (e.g., land acquisitions), but most techniques applied in a practical manner do not yield >60% reductions in phosphorus loads. Algal blooms in Linsley Pond are dominated by nitrogen-fixing blue-greens (cyanobacteria) whose abundance is not likely impacted by nitrogen availability but whose excessive growth and dominance in the algal community is a function of high levels of available
phosphorus. Control of phosphorus is expected to achieve the desired conditions of greater water clarity.

The form of phosphorus will have a substantial impact on achievable loading reduction and choice of BMPs, with particulate forms easier to reduce than dissolved forms. Aerated soil will remove particulate phosphorus by filtration and adsorption, but substantial detention time is needed to remove dissolved forms. The assumption of a 60% reduction in phosphorus from the total watershed load is ambitious but possible for the Linsley Pond watershed. In addition, a 50% reduction of phosphorus in internal loading is possible and expected as part of the management objectives.

A 60% reduction of the total phosphorus watershed load from urban and industrial land uses combined with a 50% reduction in internal loading of phosphorus within Linsley Pond would result in a total annual phosphorus load of 54 kg/yr (Table 2). Using the target TMDL load in several empirical calculations resulted in a range of in-lake concentrations (19 ug/L to 31 ug/L), with an average in-lake phosphorus concentration of 22 ug/L. In comparison, background phosphorus loading was estimated to be 42 kg/yr and the corresponding in-lake phosphorus concentration was estimated to be 18 ug/L, with a range of 17 ug/L to 27 ug/L. Upon implementation of BMPs within urban and industrial land use areas, nutrient loading could be considered “natural” provided it does not result in adverse impacts to designated uses.

Table 2. Summary of Total Phosphorus Current Load, Post-BMP Implementation Load and Predicted In-lake Concentrations.

<table>
<thead>
<tr>
<th></th>
<th>Current Conditions</th>
<th>Post – BMP Implementation</th>
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<tbody>
<tr>
<td></td>
<td>Watershed Load(^1) (kg/yr)</td>
<td>Other Load(^2) (kg/yr)</td>
</tr>
<tr>
<td>TOTAL PHOSPHORUS</td>
<td>Export Coefficient Model</td>
<td>55</td>
</tr>
</tbody>
</table>

1 Watershed Load = Surface water base flow, stormwater flow, and groundwater infiltration
2 Other Load = Direct precipitation, waterfowl, and internal recycling

Determination of Regulated Stormwater Load

EPA policy guidance\(^{20}\) requires that TMDL analyses provide separate allocations for “regulated” and “non-regulated” stormwater. Regulated stormwater is defined by EPA as stormwater that is discharged through a point source (discrete outfall) and requires a permit under federal NPDES regulations. This includes stormwater discharged from industrial facilities and construction sites covered under the “Phase I Rule”\(^{22}\), and municipal small separate storm sewer (MS4) discharges covered under the “Phase II Rule”\(^{23}\) (MS4 permit). MS4 communities have been determined and mapped by the Census Bureau based on the 2000 population.
information. There is one regulated industrial outfall in the watershed for stormwater (Tilcon Connecticut, Inc.) that is covered under the “Phase I Rule”. Regulated stormwater loading under the MS4 permit was approximated by overlaying the sub-basin map for Linsley Pond (Figure 1) with the Census Bureau’s urban areas boundaries map. It is assumed that runoff from urbanized watershed areas is more likely to be captured by stormwater drainage systems that are regulated under the MS4 permit.

The majority of the Linsley Pond watershed lies within MS4 areas. Drainage from a small portion of the watershed, not within an MS4 area, passes through industrial and urban areas, and is considered regulated. Therefore, the stormwater load from the entire watershed of Linsley Pond was considered regulated (Table 3). Regulated stormwater constitutes the Waste Load Allocation.

### Table 3. Distribution of Current Regulated and Non-Regulated Stormwater Loading.

<table>
<thead>
<tr>
<th>Stormwater Allocation</th>
<th>Total Phosphorus (kg/yr)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Conditions</td>
<td></td>
</tr>
<tr>
<td>Surface Water Base Load (includes groundwater load)</td>
<td>1</td>
</tr>
<tr>
<td>Stormwater Load</td>
<td>54</td>
</tr>
<tr>
<td>Total Watershed Load</td>
<td>55</td>
</tr>
<tr>
<td>Regulated Stormwater Load</td>
<td>54</td>
</tr>
<tr>
<td>Non-regulated Stormwater Load</td>
<td>0</td>
</tr>
</tbody>
</table>

### Load Allocation

The non-point source load allocation for Linsley Pond includes allocations to surface water base flow (including groundwater infiltration), internal sediment loading, atmospheric deposition, and waterfowl loading (Table 4). Regulated stormwater and permitted discharges are covered under the waste load allocation.

The phosphorus load allocation for internal sediment recycling (i.e., release from sediment) is half the estimated current load, or about 13 kg/yr, and is most likely to be achieved by nutrient inactivation. Reduced loading from the watershed may eventually lead to reduced internal loading, but it is not expected that this will happen shortly after BMP implementation. While the phosphorus load from internal sources is small relative to watershed inputs, the timing of this load in the summer season and the potentially high availability of associated phosphorus make it a logical target for load reduction. A major but temporary reduction in phosphorus concentration in Linsley Pond may be realized as a consequence of inactivation of internal nutrient reserves, so the reduced load allocation for internal loading may have disproportionately larger benefits.
Load allocations for atmospheric deposition and waterfowl are set at average current levels (14 kg/yr). No reduction is assumed, although management of geese could provide a small decrease in total loading. Overall, however, these non-point sources do not account for enough of the total load for corresponding reductions to make much difference.

Table 4. Summary of Load Allocation to Linsley Pond.

<table>
<thead>
<tr>
<th>Non-point Source</th>
<th>Total Phosphorus (kg/yr)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surface Water Base Flow</td>
<td>1</td>
</tr>
<tr>
<td>Internal Sediment Loading</td>
<td>13</td>
</tr>
<tr>
<td>Other (waterfowl, atmospheric deposition)</td>
<td>14</td>
</tr>
<tr>
<td><strong>Total Load Allocation</strong></td>
<td><strong>28</strong></td>
</tr>
</tbody>
</table>

Waste Load Allocation
As discussed in the “Determination of Regulated Stormwater Load” section, there is one individual stormwater discharger permitted under the NPDES Phase I program (Tilcon Connecticut Inc.). In addition, stormwater from the entire Linsley Pond watershed is considered regulated under the Phase II program or MS4 permit. There are no Publicly Owned Treatment Works or additional NPDES permitted dischargers in the watershed.

The total phosphorus TMDL for Linsley Pond is 54 kg/yr and of that, 28 kg/yr have been assigned to the load allocation. This leaves 26 kg/yr to be distributed to waste load sources. A waste load allocation of 11 kg/yr was assigned to Tilcon and was derived from the export coefficient model. The remaining 15 kg/yr of phosphorus were allocated to NPDES Phase II Stormwater for the Linsley Pond watershed. The target loading for regulated stormwater is presented in Table 5. It should be noted that the WLA for Tilcon at the entrance to Linsley Pond differs from that assigned to Tilcon at the entrance to Cedar Pond. This occurred due to the natural attenuation of phosphorus in Cedar Pond and the wetlands between Cedar and Linsley Ponds.

No additional WLA have been made to accommodate future growth in this TMDL. Any discharge permits that may be granted in the future (such as stormwater permits) will require BMPs as necessary to insure that stormwater loadings of nutrients to Linsley Pond established in this TMDL are not exceeded.
Table 5. Summary of Waste Load Allocation to Linsley Pond.

<table>
<thead>
<tr>
<th>Point Source</th>
<th>Total Phosphorus (kg/yr)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regulated Stormwater NPDES - Tilcon</td>
<td>11</td>
</tr>
<tr>
<td>Regulated Stormwater NPDES Phase II - MS4</td>
<td>15</td>
</tr>
<tr>
<td>Other Point Source / Future growth</td>
<td>0</td>
</tr>
<tr>
<td><strong>Total Waste Load Allocation</strong></td>
<td><strong>26</strong></td>
</tr>
</tbody>
</table>

**MARGIN OF SAFETY**

Federal regulations require that all TMDL analyses include a margin of safety (MOS) to account for uncertainties regarding the relationship between load and WLA, and water quality. The MOS may be either explicit or implicit in the analysis, or both.

The margin of safety applied in this TMDL is implicit in the analysis. The entire loading analysis employed in developing this TMDL is based on the total phosphorus load, while the impact of the load will be a function of nutrient availability. Dissolved nutrients are generally around 50% of the total nutrient level, with increased variability from stormwater. Although some portion of the particulate fraction of total phosphorus is likely to become available within a short time, much of the particulate fraction will be incorporated into the lake sediment and any later release is already accounted for as internal load. This suggests an implicit MOS of 50% as a function of nutrient availability. At the very least, the MOS is 25% and it could be as large as 75%, based on the typical particulate composition of stormwater, which is a dominant source in this system.

Most guidance for developing TMDLs discourages the use of arbitrary MOS values in favor of an MOS implicit in the TMDL by virtue of calculation method or an explicit MOS derived from statistical analysis of uncertainty (EPA (24), Walker (25)). Uncertainty in stormwater dominated systems is very high, as the available nutrient levels vary widely and temporal variability in loading is large. Even with substantial sampling, characterization of this uncertainty is difficult and likely to lead to a MOS of more than 25% or even 50%. As the proposed loading targets are to be achieved mainly by addressing stormwater inputs (the primary source of the variability), and represent the greatest practical reduction in current loads, there is little benefit to be gained by incorporating a large explicit margin of safety in addition to the implicit MOS, which exists as described above. As such, adding a MOS at this time has little meaning within the greater context of meeting use attainment goals at Linsley Pond, and so no numerical MOS is proposed at this time.
TMDL SUMMARY

The phosphorus TMDL for Linsley Pond is effective at the entrance to the pond. The TMDL represents the annual load predicted to remain after a 60% reduction in the current stormwater loading of total phosphorus from urban and industrial land uses, achieved through BMP implementation, and a 50% reduction in the current internal total phosphorus load, achieved through nutrient inactivation. The target phosphorus load represents what can be achieved through aggressive watershed management, and equates to a reduction of 43-51% of the current total loading estimate (Table 6).

Any future land use change that potentially increases loading will be expected to incorporate BMPs that limit the load appropriately because the entire load allocation for the watershed is completely account for. As such, additional sources will have to be managed to achieve no net increase in loading. This is the approach currently applied in Maine with regard to watershed development, and while starting conditions may be closer to the natural trophic category in many Maine lakes, the process of “load re-allocation” to maintain a stable load has merit here. Post-BMP implementation loads, expressed as annual values constituting the TMDL are summarized in Table 6.

It should be noted that the target loads contain enough uncertainty that the TMDL should be viewed as reflecting the best judgment based on current information as to what will be needed to meet the WQS. The TMDL is not an absolute number that is guaranteed to be the endpoint of all management. Based on temporal loading variation, conditions could be much worse or much better at any instant in time than predicted by models into which average loads are inserted. Setting and achieving TMDLs for a stormwater and internal recycling dominated system such as Linsley Pond should be an iterative process, with realistic goals over a reasonable timeframe and adjustment as warranted by ongoing monitoring. The selected phosphorus target represents reductions that will require substantial time and financial commitment to be attained.

<table>
<thead>
<tr>
<th>LOAD ALLOCATION</th>
<th>Current Total Phosphorus (kg/yr)</th>
<th>Target Total Phosphorus (kg/yr)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surface Water Base Flow</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Non-regulated Stormwater Runoff</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Internal Sediment Loading</td>
<td>26</td>
<td>13</td>
</tr>
<tr>
<td>Atm. Deposition &amp; Waterfowl</td>
<td>14</td>
<td>14</td>
</tr>
<tr>
<td><strong>TOTAL LOAD ALLOCATION</strong></td>
<td><strong>41</strong></td>
<td><strong>28</strong></td>
</tr>
</tbody>
</table>

| WASTELOAD ALLOCATION                   |                                  |                                 |
| Regulated Stormwater NPDES (Tilcon)    | 28                               | 11                              |
| Regulated Stormwater NPDES Phase II    | 26                               | 15                              |
| Other Point Sources / Future Growth    | 0                                | 0                               |
| **TOTAL WASTELOAD ALLOCATION**         | **54**                           | **26**                          |

| MARGIN OF SAFETY                       | Implicit                         |                                 |
| **TOTAL MAXIMUM DAILY LOAD**           | **95**                           | **54**                          |

Once the TMDLs are achieved, the resultant trophic classification for Linsley Pond according to the system adopted by the State of Connecticut will be mesotrophic, which is the expected natural trophic category for Linsley Pond. Post-TMDL implementation in-lake conditions for phosphorus were predicted using the calibrated land use export coefficient model (13) and are summarized in Table 7. It has been assumed that phosphorus controls primary productivity in this system. Mean in-lake concentration phosphorus is estimated to be 22 ug/L. Predicted mean chlorophyll $a$ and Secchi disk transparency (SDT) values under those conditions are 8.4 ug/L and 2.2 meters, which are typical mesotrophic values. Predicted maximum chlorophyll $a$ is 28.5 ug/L, while predicted maximum SDT is 4.1 m. Extreme values may fall outside the mesotrophic category range for a brief period, but this is not expected to happen on a regular or sustained basis.
Table 7. Predicted Post-TMDL Implementation Conditions in Linsley Pond.

<table>
<thead>
<tr>
<th></th>
<th>Post-TMDL Conditions</th>
<th>Mesotrophic Category Conditions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average In-Lake Total Phosphorus</td>
<td>22 ug/l</td>
<td>10-30 ug/l spring and summer</td>
</tr>
<tr>
<td>Average In-lake Chlorophyll a</td>
<td>8.4 ug/l</td>
<td>2-15 ug/l mid-summer</td>
</tr>
<tr>
<td>Average In-lake Secchi Disk Transparency</td>
<td>2.2 meters</td>
<td>2-6 meters mid-summer</td>
</tr>
</tbody>
</table>

Based on this analysis, there is a high probability that Linsley Pond will be restored to a mesotrophic condition and recreational uses associated with mesotrophic lakes in Connecticut will be fully supported. It should be noted, however, that attainment of the target nutrient loads does not guarantee immediate full support for all uses designated for Linsley Pond. For example, additional in-lake techniques for control of rooted aquatic vegetation may be required to enhance recreational opportunities in the near term.

The TMDLs are consistent with expectations based on documented BMP performance (26). Compliance with current narrative water quality standards and criteria for use attainment appears achievable with a total annual phosphorus total load of 54 kg/yr.

**SEASONAL VARIATION**

The TMDL, expressed as an annual target load, should be protective for all seasons since inputs are driven mainly by precipitation, which is distributed roughly evenly over the year on a long-term basis (USDOC (27)). However, the precipitation pattern in any given year can vary dramatically from the long-term trend on a weekly to seasonal basis. Also, runoff is the actual vehicle for most nutrient transport, and runoff generation depends on factors additional to precipitation. Spring inputs are potentially the largest component of watershed loads and may be more influential than other seasonal loads as they coincide with the start of the growing season in Connecticut.

Linsley Pond flushes approximately 2.7 times per year, a low to moderate flushing rate, but as with precipitation patterns, variability can be substantial. The most critical time appears to be late spring and early summer, as loads up to this time may be larger than average and flushing rate tends to decline during summer. In addition to the spring load from the watershed, the onset of summer stratification and accelerated decomposition processes signal the initiation of higher internal loading of phosphorus via sediment release. Intense summer storms followed by extended periods of dryness may also represent critical sequences, as nutrients may enter the lake in large quantity in a short burst without sufficient water to flush the system.
In order to protect designated uses during the critical late spring and early summer period, seasonal and monthly loading rates were determined based on the annual target load.

- **Seasonally:** No more than 1/4 of the annual load should occur in each of the spring and summer seasons (TP ≤ 14 kg/season). Larger loads in spring or summer could cause a failure to meet use attainment goals, even if the annual target is not exceeded. High loading during spring or summer can not be offset by lower fall or winter loading, given the timing of the growing season and the flushing characteristics of Linsley Pond.

- **Monthly:** No more than 1/3 of the seasonal load should occur in any given spring or summer month (TP ≤ 5 kg/month). Larger loads in any one-month may be offset by lower loads in a subsequent month, but as changes in loading generally equate with changes in flushing in the Linsley Pond system, the impact of elevated loads over a late spring or summer month may be disproportionately large. That is, if storm-induced loads of nutrient-rich runoff flush cleaner water out of the lake in late spring or summer and then remain without further significant dilution for an extended period, use attainment may be compromised.

- **Weekly or Daily:** Loading over periods shorter than monthly is not especially meaningful in this system. Linsley Pond flushes once every 135 days on average, and the nature of mixing and flushing in lake systems like this one is such that the impact of inputs is expressed over a period of time covering at least three flushings (406 days or 13.5 months).

**MONITORING PLAN**

The monitoring plan outlined below is appropriate for assessing the effectiveness of BMPs and applicability of target loads generated in this TMDL. It should be noted that this plan is provided as guidance. The responsible parties are allotted flexibility to monitor for improvements in water quality following BMP implementation in order to evaluate in-lake response and achievement of the TMDL.

It is recommended that paired dry weather – wet weather samples be collected three times each summer, between May 15 and October 1, at the three major inlets (sub-basins L-1, L-2, and L-3) and at any stormwater discharge pipe directly entering Linsley Pond. Parameters should include total phosphorus, dissolved phosphorus, TKN, ammonium and nitrate nitrogen, conductivity and turbidity. During these surveys, the feasibility of potential management techniques should be investigated (i.e., land availability, funding, etc).

In-lake conditions should be assessed through monthly measures of total phosphorus, dissolved phosphorus, TKN, ammonium and nitrate nitrogen, temperature, dissolved oxygen, and water clarity from June through September at the top and bottom of the water column. If funds allow, phytoplankton and zooplankton counts should be considered a priority to confirm that expected
changes in the algal community resulting from a change in the P:N ratio (reduced dominance of Blue-green algae) actually occurs.

The terminal pool in the Tilcon quarry should be monitored for total phosphorus, dissolved phosphorus, nitrate, ammonium and total Kjeldahl nitrogen on at least a seasonal basis, with surface samples sufficient except in summer, when a near-bottom sample should also be collected. The total discharge from the quarry to the Cedar Pond basin should be recorded on a daily to weekly basis, as well as during sample collection.

The rooted plant assemblage should be mapped using standardized transects or point intercepts and consistent methods periodically. If any method of in-lake rooted plant control is planned, pre- and post-treatment plant surveys should be conducted slightly before (pre) treatment and in the year after (post) treatment.

IMPLEMENTATION PLAN

Suggestions regarding BMP implementation are provided in this section, however the goal is to allow the responsible parties flexibility to implement the most effective solutions to reduce phosphorus loading. The DEP supports an adaptive management approach where reasonable controls are implemented and water quality is monitored in order to evaluate for achievement of the TMDL goal and modification of controls as necessary.

It is the responsibility for the Towns of North Branford and Branford to decide on appropriate management techniques to address nutrient loading through stormwater runoff to Cedar and Linsley Ponds. The Connecticut Department of Environmental Protection will be available to provide technical assistance to the town.

With specific regard to internal loading, the application of properly buffered aluminum compounds should be sufficient to curtail this load. Alternatively, installation of a mixing or aeration system could also reduce internal loading sufficiently and may disrupt blue-green blooms.

With specific regard to the quarry operation, an acceptable phosphorus load may be achievable without resorting to physical and chemical treatment through pumping schedule management. It may be possible to operate pumps on a schedule that meets the TMDL for the summer period. If warranted through monitoring, it may be appropriate to revise the TMDL following implementation and adherence to a pumping schedule. Treatment of the terminal pool with aluminum compounds to reduce the phosphorus level should be evaluated. If monitoring indicates that internal loading is a significant component of the phosphorus load in the terminal...
pool, inactivation of bottom sediments with aluminum compounds or vertical mixing of the pool water may reduce phosphorus to an acceptable level. Alternatively, physical/chemical treatment of the terminal pool water may be necessary to maintain loadings at an acceptable level consistent with the WLA incorporated into the TMDL while accommodating ongoing quarry operations.

Several management alternatives that can be used to reduce phosphorus loading in this system are provided below. For additional information regarding specific management techniques, the reader is referred to the EPA document *Managing Lakes and Reservoirs*\(^{(28)}\). It should be noted that since a Diagnostic/Feasibility report was not prepared for Cedar Pond, not all management alternatives presented are appropriate for use for Linsley Pond and a feasibility assessment will be required before complete and appropriate implementation can occur.
Table 8. Potential Management Options for Linsley Pond

Watershed Management

- Source Reduction
  - Agricultural Best Management Practices
  - Behavioral Modifications
  - Waste Water Management
  - Zoning and Land Use Planning
  - Land Use Conversion
  - Bank and Slope Stabilization
  - Stormwater Diversion

- Transport Mitigation
  - Street Sweeping
  - Catch Basin Cleaning
  - Catch Basins with Sumps and Hoods
  - Swirl Concentrators
  - Oil/Grit Chambers
  - Infiltration Systems
  - Detention Systems
  - Chemical Treatment
  - Buffer Strips
  - Coffer Dams
  - Created/Enhanced Wetlands

In-Lake Management

- Phosphorus Inactivation
- Aeration/Oxygenation
- Circulation or Destratification
- Dilution/Flushing
- Drawdown
- Enhanced Grazing
- Dredging
- Chemical Treatment
- Dyes or Surface Cover

Monitoring

- In-lake and watershed monitoring as described in the "Monitoring Plan" section.
REASONABLE ASSURANCES

Tilcon Connecticut, Inc. has adjusted operations several times over its history in this watershed to achieve compliance with the applicable NPDES permit, but additional steps may be required in order to meet the phosphorus waste load allocation. It is expected that the new allocation will be incorporated into Tilcon’s NPDES permit during the next renewal. It is also expected that the Towns of North Branford and Branford will take steps toward improving water quality in Linsley Pond through the MS4 permit. This TMDL has provided the framework for the monitoring program portion but a feasibility phase will need to be undertaken in order to determine which management techniques are appropriate for which locations in this watershed. The primary impediment to successful achievement of the TMDL for nutrient loading is funding. It may not be reasonable to assume that funding will be sustained at necessary levels without assistance at the State and Federal level. This may slow progress in what is already perceived as a ten-year program.

PROVISIONS FOR REVISING THE TMDL

The DEP reserves the authority to modify the TMDL as needed to account for new information made available during the implementation of the TMDL. Modification of the TMDL will only be made following an opportunity for public participation and be subject to the review and approval of the EPA. New information, which may be generated during TMDL implementation includes monitoring data, new or revised State or Federal regulations adopted pursuant to Section 303(d) of the Clean Water Act, and the publication by EPA of national or regional guidance relevant to the implementation of the TMDL program. The DEP will propose modifications to the TMDL analysis only in the event that a review of the new information indicates that such a modification is warranted and is consistent with the anti-degradation provisions in Connecticut Water Quality Standards. The subject waterbody of this TMDL analysis will continue to be included on the List of Connecticut Water bodies Not Meeting Water Quality Standards until monitoring data confirms that recreational uses are fully supported.

PUBLIC PARTICIPATION

This TMDL document was public noticed for public comment in the New Haven Register on March 1, 2005. In addition, the Towns of Branford and North Branford, Tilcon Connecticut, Inc., as well as several interested parties were notified by mail of the comment period. As of the end of the public review period, one comment letter regarding the TMDL document was received by the DEP. The DEP reviewed the comment letter and made revisions to the document where appropriate. A response to the comments document was also prepared by the DEP.
REFERENCES


13. ENSR. 2001. Land Use Coefficient Model developed by Kenneth Wagner, Ph D and presented in the Hop Brook Nutrient Study prepared by ENSR for the Massachusetts Department of Environmental Protection.


24. EPA. 1999. Regional Guidance on Submittal Requirements for Lake and Reservoir Nutrient TMDLs. EPA, Region 1, Boston, MA.


Appendix A

Impact of Post-BMP Implementation Nutrient Loadings on Designated Uses

A series of models were used to evaluate anticipated in-lake conditions following implementation of BMPs to achieve the necessary reductions discussed above. This section provides an evaluation of the models with regard to the WQS for mesotrophic conditions. As explained in the "Applicable Water Quality Standards" section, the natural trophic state for Linsley Pond (absent of cultural impacts) is expected to be mesotrophic. It can be assumed that if water quality in Linsley Pond falls within the ranges of nutrients, chlorophyll $a$, and transparency specified for mesotrophic conditions in Connecticut's WQS then all designated uses will be supported. Table A-1 provides the required annual loading in order to bring Linsley Pond into the range of trophic classification values for mesotrophic systems.

Table A-1. State of Connecticut Trophic Classification Range for Mesotrophic Water bodies and Corresponding Annual Load to Linsley Pond.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Water Quality Criteria Ranges</th>
<th>Required Annual Load (kg/yr)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Phosphorus</td>
<td>10 – 30 ug/L</td>
<td>26 – 81</td>
</tr>
<tr>
<td>Chlorophyll $a$</td>
<td>2 – 15 ug/L</td>
<td>TP Load = 8 – 34</td>
</tr>
<tr>
<td>SDT*</td>
<td>2 – 6 meters</td>
<td>TP Load = 5 – 25</td>
</tr>
</tbody>
</table>

* SDT = Secchi disk transparency

Empirical Equations

Mean and maximum chlorophyll $a$ and Secchi Disk Transparency (SDT) levels were predicted using several empirical equations derived for northern temperate lakes from substantial databases (12, 29,30,31,32). Relationships observed for groups of lakes are not precisely applicable to any one lake in the data set, or to any other lake from the region. However, they do provide a conceptual basis for predicting the direction and magnitude of change expected in targeted lake features when nutrient loads are altered. Table A-2 lists the predicted chlorophyll $a$ and SDT values using additional literature relationships. The predicted in-lake values match well with the Connecticut trophic classification range for mesotrophic waterbodies. In addition, the mesotrophic range matches well with predicted natural values (absence of human influence and/or practical reduction in anthropogenic loading achievable through BMPs).
Table A-2. Predicted Mean and Maximum Chlorophyll $a$ and SDT Values with 60% Reduction of Surface Water Total Phosphorus Load and a 50% Reduction of Internal Total Phosphorus - Three Methods.

<table>
<thead>
<tr>
<th>Source</th>
<th>Predicted In-Lake TP (ug/L)</th>
<th>Predicted Mean Chl (ug/L)</th>
<th>Predicted Max Chl (ug/L)</th>
<th>Predicted Mean SDT (m)</th>
<th>Predicted Max SDT (m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estimated and Actual (EPSRI &amp; CMSW)</td>
<td>22</td>
<td>8.4</td>
<td>28.5</td>
<td>2.2</td>
<td>4.1</td>
</tr>
<tr>
<td>Empirical Model Average</td>
<td>23</td>
<td>9.1</td>
<td>30.9</td>
<td>2.1</td>
<td>4.1</td>
</tr>
<tr>
<td>Export Coefficient Model</td>
<td>22</td>
<td>8.4</td>
<td>28.5</td>
<td>2.2</td>
<td>4.1</td>
</tr>
</tbody>
</table>

A  From average of Dillon and Rigler 1974 $^{29}$, Jones and Bachmann 1976 $^{12}$, Oglesby and Schaffner 1978 $^{30}$, and Modified Vollenweider 1982 $^{31}$.

B  From average of Modified Vollenweider (TP) 1982 $^{31}$, Vollenweider (CHL) 1982 $^{31}$, and Modified Jones, Rast and Lee 1979 $^{32}$.

C  From Oglesby and Schaffner 1978 $^{30}$ (Avg) and Modified Vollenweider 1982 $^{31}$ (Max).

It should be noted that the 60% reductions within the export coefficient model were taken only in urban land use areas. The EPSRI & Tilcon and Empirical Models do not separate out land uses; therefore 60% reduction was applied to all surface water loads, providing an overestimate of reduction.

**Trophic State Index**

Lake use impairment was correlated to the Trophic State Index (TSI) developed by Carlson $^{19}$ and presented in the National Nutrient Guidance Manual for Lakes and Reservoirs $^{32}$. When developed by Carlson, the TSI was used to simplify water quality assessment of lakes. It is currently used by many states for trophic classification. The National Nutrient Guidance Manual for Lakes and Reservoirs describes changes in trophic states of lakes with use-related problems. TSI values for use criteria are presented in Table A-3. As such, if these values are attained, then designated uses can be considered supported. It is important to note that industrial and agricultural supplies were not addressed in the National Nutrient Guidance Manual, and complications introduced by macrophyte problems were not covered by Carlson's TSI. In addition, when applying this approach, it is important to remember that this TMDL has been prepared to guide management for recreational uses, not water supply management. Water quality criteria for drinking water supply use can be met through treatment, although attainment of a recreation-focused TMDL will also improve the quality of raw water that may be used for supply purposes.
Table A-3. Designated Uses and Associated TSI (Adapted from EPA \(^{33}\)).

<table>
<thead>
<tr>
<th>Lake Use</th>
<th>TSI*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Potable Water</td>
<td>≤ 40</td>
</tr>
<tr>
<td>Recreation</td>
<td></td>
</tr>
<tr>
<td>Swimming/Primary contact recreation</td>
<td>≤ 60</td>
</tr>
<tr>
<td>Boating and Secondary contact recreation</td>
<td>≤ 70</td>
</tr>
<tr>
<td>Fish</td>
<td></td>
</tr>
<tr>
<td>Salmonid fishery</td>
<td>&lt;40-50</td>
</tr>
<tr>
<td>Percid fishery</td>
<td>50-60</td>
</tr>
<tr>
<td>Centrarchid fishery</td>
<td>60-80</td>
</tr>
<tr>
<td>Cyprinid fishery</td>
<td>&gt;70-80</td>
</tr>
<tr>
<td>Wildlife (Aquatic Life)</td>
<td>No TSI Criteria.</td>
</tr>
</tbody>
</table>

* = TSI values based on calculations using the average summer values of Secchi Disk Transparency (SDT), chlorophyll \(a\), phosphorus, and nitrogen.

Carlson \(^{19}\) and Frink and Norvell \(^{15}\) also established mathematical relationships between in-lake phosphorus concentrations and SDT and chlorophyll \(a\) concentrations. Carlson’s relationships were based on lakes throughout North America, whereas Frink and Norvell’s relationships were based on lakes in the State of Connecticut.

Equations used by Carlson and Frink and Norvell are:

**Carlson \(^{21}\)**

\[
\text{SDT} = \frac{48}{\text{TP}} \quad \text{Chl} \ a = 1.449 \times \ln \text{TP} - 2.442 \quad \text{SDT} = 2.04 - 0.68 \times \ln \text{Chl} \ a
\]

**Frink and Norvell \(^{15}\)**

No equation

\[
\text{Chl} \ a = 0.374 + 0.431 \times \text{TP} \quad \text{SDT} = \frac{1}{(0.0277 \times \text{Chl} \ a + 0.1235)}
\]

Applying these equations to the predicted total phosphorus in-lake concentration after a 60% reduction in watershed total phosphorus load and a 50% reduction in internal load yields a range of SDT values of 1.0 to 3.3 meters (Table A-4). These equations assume that water transparency is linked to total phosphorus. Non-algal turbidity will weaken the strength of this relationship, and is an issue associated with storm events in Linsley Pond. Mean chlorophyll \(a\) concentrations are predicted to range from 6.4 to 10.3 \(\text{ug/L}\) using both Chl \(a\) equations. Mean and maximum chlorophyll \(a\) and SDT values using empirical models were presented in Table A-4.
Table A-4. Predicted Chlorophyll $a$ and SDT with a 60% Reduction of Surface Water Load and a 50% Reduction of Internal Total Phosphorus.

<table>
<thead>
<tr>
<th>Source</th>
<th>TP Load Post Reduction (kg/yr)</th>
<th>Predicted In-Lake TP (ug/L)</th>
<th>Predicted Mean Chl (ug/L)$^A$</th>
<th>Predicted Mean SDT (m)$^A$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estimated and Actual (EPSRI &amp; CMSW)</td>
<td>54</td>
<td>22</td>
<td>6.4 – 9.9</td>
<td>1.1 – 3.3</td>
</tr>
<tr>
<td>Empirical Model Average</td>
<td>55</td>
<td>23</td>
<td>6.9 – 10.3</td>
<td>1.0 – 3.2</td>
</tr>
<tr>
<td>Export Coefficient Model</td>
<td>54</td>
<td>22</td>
<td>6.4 – 9.9</td>
<td>1.1 – 3.3</td>
</tr>
</tbody>
</table>

$^A$ = Range from Carlson 1977$^{(19)}$ and Frink and Norvell$^{(15)}$

It should be noted that the 60% reductions within the export coefficient model were taken only in urban land use areas. The EPSRI & Tilcon and Empirical Models do not separate out land uses; therefore 60% reduction was applied to all surface water loads, providing an overestimate of reduction.

Using the predicted SDT, chlorophyll $a$, and total phosphorus derived from empirical models assuming a 60% reduction in surface water inputs and 50% reduction in internal phosphorus load, Linsley Pond would have estimated TSI values as follows:

- TSI of transparency = 43 - 60
- TSI of chlorophyll = 49 - 54
- TSI of phosphorus = 49

A 60% reduction in surface water total phosphorus loading and a 50% reduction in internal total phosphorus loading would result in achieving consistency with use-based (TSI-scored) criteria for recreation (compare above results to Table A-3) for SDT, chlorophyll and phosphorus.

The implementation of BMPs in the watershed (TMDL based on best practical reduction) will put Linsley Pond in the mesotrophic range, based on Connecticut's trophic category ranges. It should be noted, however, that attainment of the target nutrient loads does not guarantee immediate full support for all uses designated for Linsley Pond. For example, additional in-lake techniques for control of rooted aquatic vegetation may be required to enhance recreational opportunities in the near term.