

	Site (Park Name)	Name (Location Name)	Coordinates	Description	Difficulty	Points (5-20)
#1	Mianus River State Park, 284 Merribrook Lane, Stamford, CT	Mianus River Trail Head Parking	41.0811596, -73.5827049	Treetops is the local name for Mianus River State Park located to the south of Mianus River Park on the Greenwich/Stamford border. Hike along the Mianus River, discover vernal pools and observe a variety of wildlife.		
	Mianus River State Park	Treetops Fireplace	41.079846, -73.58766	Beautiful stone walls and foundations remain enticing you to discover the history of the area. For more information visit <a href="http://www.FriendsofMianusRiver.org">www.FriendsofMianusRiver.org</a>	Moderate	8
#2	Collis P. Huntington State Park, 76 Sunset Hill Rd, Redding, CT	Collis P. Huntington Entrance, 77 Sunset Hill Rd., Redding CT	41.331875, -73.359512	Life-like sculptures of bears and wolves, created by Anna Hyatt Huntington, the internationally famous sculptress, welcome your arrival to this peaceful and tranquil setting featuring open fields, dense woodlands and five ponds. The park is named after Archer Huntington's (who willed the land to the state) father, Collis Potter Huntington (1821-1900), the railroad tycoon. Collis Potter Huntington became one of the wealthiest men in the country in the late century by his promotion and completion of the first transcontinental railroad.		
	Collis P. Huntington State Park	Collis P. Huntington East Lagoon	41.345253, -73.356575	Hike to the ponds. Great place for fishing and kayaking.	Moderate	8
#3	Squantz Pond State Park, 190 Short Woods Rd., New Fairfield, CT	Entrance to Squantz Pond State Park	41.508869, -73.47538	Squantz Pond State Park is a great place to hike no matter what time of year. Gorgeous foliage, boating, fishing, swimming and of course hiking provide great ways to enjoy your visit.		
	Squantz Pond State Park	Squantz Pond Scenic Overlook	41.5159, -73.4873	3.4 mile loop trail, take the green trail to the blue trail, to the yellow trail and back down the green trail.	Difficult	18
#4	Black Rock State Park, 2049 Thomaston Rd., Watertown	Black Rock Entrance	41.653111, -73.095558	The 439-acres of Black Rock State Park offer a variety of outdoor activities. Steep, wooded ledges covered with pine, hemlock and oak provide the setting for Black Rock Pond. The hike is strenuous up to a scenic view, but less than 1/2 mile.		
	Black Rock State Park	Blue Trail Scenic View	41.651703, -73.104650	Take the blue trail up and return via the red trail. After the scenic overlook you will continue down the blue trail until you reach an unpaved "fire road". Go down the "fire road" only a short distance down before you see the red trail on your right. (Do not continue down the road.)	Difficult	16

#5	Burr Pond State Park, 464 Burr Mountain Rd., Torrington	Burr Pond Entrance	41.872731, -73.090847	The 2.5 mile trail around the pond is great for hiking, bird watching or dog walking. Certain areas may flood in the spring and after heavy rains, lots of roots and rocks, but basically flat. Check out the views on the pond, go for a swim or canoe ride and then head over to the site of the world's first condensed milk factory built here, in 1857 by Gail Borden.	Moderate	8
		Burr Pond Blue/Yellow Trail Scenic View	41.867634, -73.097771			
#6	American Legion State Forest, 269 W River Rd, Barkhamsted, CT	Henry Buck Trailhead	41.941993, -73.01251	Located north of Austin Hawes Campground on West River Road, across from an old bridge that was built to connect American Legion and Peoples State Forests. The trail is recognized for the beautiful spring wildflowers.		
		Henry Buck Plaque	41.9376, -73.0157	The 2.3 mile trail leads up through the forest past a cliff with a bronze plaque honoring Henry Buck. The trail then climbs the Tremendous Cliffs which offer a good overlook, and continues down the north slope to about .3 miles north of the starting point.	Difficult	18
#7	Dinosaur State Park, 400 West St., Rocky Hill	Dinosaur State Park Entrance	41.652728, -72.655624	Walk where the dinosaurs once roamed over 200 million years ago and discover the fossil trackway. After your hike take some time to visit the Dinosaur State Park museum with interactive exhibits and a chance to cast your own dinosaur footprint (you must bring supplies). See <a href="http://www.ct.gov/deep/DinosaurStatePark">www.ct.gov/deep/DinosaurStatePark</a> for details.		
		Dinosaur State Park Arthropod Sign	41.650379, -72.657249	The blue trail hosts a board walk over a classic red maple swamp, a natural spring and at the furthest bench, trap rock ridge views of a forested area below. About 25 minute walk, 3/4 mile.	Easy	6
#8	Mansfield Hollow State Park, Bassett's Bridge Rd., Mansfield Center, CT	Mansfield Hollow State Park Entrance	41.761837, -72.178535	Damming of the Natchaug River by the Army Corps of Engineers has created a 500-acre lake for boating and fishing. No swimming is allowed since part of the lake is used for public water supply.		
		Mansfield Hollow Yellow Trail Seat and Lake View	41.778538, -72.176971	The 4.5 mile Yellow Trail takes you for a hike around Mansfield Hollow Lake. Find the seat, relax and enjoy the view!	Moderate	12
#9	Windsor Locks Canal State Park Trail, 1272 Canal Road, Suffield, CT	Canal Road Parking Lot, Suffield	41.987541, -72.605965	The 4.5 mile Windsor Locks State Park Canal Trail follows the historic towpath of this 170 plus year old historic waterway. The canal's many vantage points offer the trail user scenic vistas of both the Connecticut River and the old canal. The Kings Island property contains 120 acres of upland forest in the middle of the Connecticut River. The property is owned by The Rocky River Realty Company (RRR), an Eversource subsidiary. The island is accessible only by boat. During the 1800's, Dewitt Clinton Terry lived on and farmed a large portion of the island.		

		King's Island View	41.957054, -72.618782	Park at the Canal Road Parking lot and head south to view King's Island. You can continue down to Bridge St. in Windsor and return on the same trail. The trail is subject to closure due to nesting bald eagles so make sure to check the website before venturing out. <a href="http://www.ct.gov/deep/WindsorLocksCanalTrail">www.ct.gov/deep/WindsorLocksCanalTrail</a>	Easy	8
#10	Air Line State Park Trail Thompson, 121 Riverside Drive, Thompson, CT South to North	Air Line Trailhead Parking South	41.939818, -71.894201	Though the rails are long gone, this rail bed once offered fashionable, rapid (through the "air") transit from New York to Boston. Stretching across eastern Connecticut from Thompson to East Hampton, this linear trail dates from the 1870s, and today draws walkers, hikers, horseback riders and bikers from across the state for the views, the relaxation and the solitude. View wetlands at Lowell Davis Rd. crossing. 7.5 miles one way from Riverside Drive, can park at other closer locations along the way or might want to bring your bike.	Moderate	14
		Air Line Trailhead Parking, North at New Road	42.008782, -71.809155	In 1891, site of one of the worst train crashes in history, 4 trains collided. Head across the street to the Air Line trail and proceed north .6 miles to the CT/RI marker and get off the Air Line Trail on to the blue-blazed trail then head due south for .3 miles.		
		CT/RI Marker Along the Air Line Trail	42.012585, -71.799507	.6 miles from Trailhead Parking, North		
		Tri-State Trail Marker CT/RI/MA	42.008175, -71.799149	.3 miles from Air Line Trail		
#11	James L. Goodwin State Forest, 23 Potter Rd., Hampton, CT	James L. Goodwin Conservation Center Parking Lot	41.775681, -72.082619	Covering more than 2,000 acres the James L. Goodwin State Forest offers recreation for every season of the year. An extensive variety of trails, including an equestrian trail and the miles-long Air Line Trail. The 135 acre Pine Acres Pond, and the James L. Goodwin Conservation Center combine to make this forest an eastern Connecticut treasure.	Moderate	10
		Governor's Island on Pine Acres Pond	41.7906027, -72.0850444	Deer, coyotes and hawks might be seen while hiking along the trail. Keep your eye out for beaver and great blue heron at the pond. It is about 1 3/4 miles to get to the platform on Governor's Island if you take the Blue/Yellow to Yellow to Red Trail, 3 1/2 miles round trip.		
#12	Millers Pond State Park, 340 Foot Hills Rd, Haddam, CT	Miller's Pond State Park Entrance	41.48048, -72.628784	Millers Pond is unique in that its principal source of water comes from large springs which create a body of unpolluted water excellent for small mouth bass or trout. The original dam at the pond was erected some time before 1704. Thomas Miller built the upper dam to provide a reservoir to serve his gristmill further downstream.		

		Millers Pond Southwest Corner	41.47485, -72.636139	Red Trail, East and South of Pond, return on Blue and White Trail. Distance: 4.0 with option to stay on Red and do 7.6 loop	Moderate	10
#13	Devil's Hopyard State Park, 366 Hopyard Rd., East Haddam, CT	Devil's Hopyard Entrance	41.4794348, -72.3418037	The principle feature of the park, Chapman Falls drops more than sixty feet over a series of steps. This is a great place for bird watching and fishing. A search for the origin of the name "Devil's Hopyard" reveals a wide variety of different stories. One of the most popular of these stories is about a man named Dibble, who had a garden for growing hops used in the brewing of beer. It seems that through usage, Dibble's Hopyard became Devil's Hopyard.	Moderate	16
		Devil's Hopyard Orange Vista Trail	41.471522, -72.336162	2.5 miles, moderate to difficult hike		
#14	Bluff Point State Park & Coastal Reserve, Depot Rd., Groton, CT	Bluff Point Trailhead	41.335667, -72.033264	Bluff Point Coastal Reserve offers the visitor a delightful mixture of wooded hiking and biking trails coupled with spectacular wildlife viewing on Long Island Sound. Bluff Point was designated a "Coastal Reserve" in 1975 to establish the area "for the purpose of preserving its native ecological associations, unique faunal and floral characteristics, geological features and scenic qualities in a condition of undisturbed integrity".		
		Long Island Sound Scenic View	41.314411, -72.035461	Approximately 3.5 miles.	Moderate	10