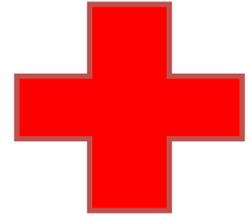




CT State Parks' Lifeguard Squad!



We guard both shoreline and
inland beaches.



The State Parks Lifeguard Squad provides surveillance of designated swimming areas, administers first aid, and performs beach-related maintenance work and other park tasks as need.



Guards work weekends and holidays from Memorial Day to Labor Day.
State Parks swimming areas are guarded daily from 10:00 a.m. until
6:00 p.m.



Requirements:

Be at least 16 years old.

Be certified by the American Red Cross in Waterfront Lifeguarding-

*Applicants with ARC Pool Lifeguarding will be considered, pending successful completion of the pre-requisites, and trained in Waterfront Lifeguarding by one of our instructors.

For more information on the certification process, please check with your local Red Cross Chapter.



Our Lifeguard Squad represents not only the State Parks, but also the State of Connecticut to several million park visitors each season. Good public relations are a vital part of our work and guards are expected to be clean, neat and polite at all times.





Benefits include:
Protecting the public.



Improving teamwork skills.





Working actively outside.





Have access to other resources in the Dept of Energy & Environmental Protection-Networking Opportunities



The diagram illustrates the process of air quality monitoring. On the left, an industrial facility with smokestacks emitting smoke is shown. An arrow points from the smoke to a white air quality monitoring station with a circular logo. Another arrow points from the station to a color-coded scale for the Air Quality Index (AQI).

AQI Value	Category
200	Unhealthy
150	Unhealthy for Sensitive Groups
100	Moderate
50	Good

Consider joining
one of our Squads
this summer!

