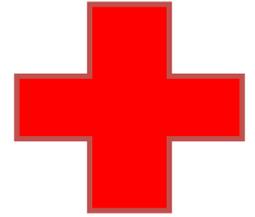




# CT State Parks' Lifeguard Squad!



We guard both shoreline and inland beaches.



The DEP State Parks Lifeguard Squad provides surveillance of designated swimming areas, administers first aid, and performs beach-related maintenance work and other park tasks as need.



Guards work weekends and holidays from Memorial Day to Labor Day. State Park swimming areas are guarded daily from 10:00 a.m. until 6:00 p.m.



## Requirements:

Be at least 16 years old.

Be certified by the American Red Cross in Waterfront Lifeguarding.

For more information on the certification process, please check with your local Red Cross Chapter or YMCA Branch.





Our Lifeguard Squad represents not only the DEP, but also the State of Connecticut to several million state park visitors each season. Good public relations are a vital part of our work and guards are expected to be clean, neat and polite at all times.



Benefits include:  
Protecting the public.





Working actively outside.



## Having access to other resources in the DEP- Networking



Improving teamwork skills.



Consider joining one  
of our Squads this  
summer!

