

Day 9: Friday, August 23rd – Directions
from Farm River To Silver Sands

- **BEGIN: Farm River State Park, East Haven**
- Right turn onto Brown Road to exit the park
- 0.4 mi - Left turn onto Route 142/Short Beach Road
- 0.9 mi - Left turn onto Mansfield Grove Road
- 1.3 mi - Right turn onto Hoop Pole Lane
- Continue onto Elliot Street
- 1.7 mi - Left turn onto Henry Street
- 2.1 mi - Right turn onto Bradford Avenue
- 2.2 mi - Left turn onto Coe Avenue
- 2.3 mi - Right turn onto Cosey Beach Avenue
- 2.6 mi - Right turn onto Catherine Street
- 2.8 mi - Left turn onto Cosey Beach Road
- Continue onto Route 337/ Silver Sands Road
- 3.6 mi - Right turn onto Route 337/ South End Road
- **Cross into Town of New Haven**
- Continue onto Townsend Avenue
- 5.1 mi - Left turn onto Woodward Avenue (no street sign, it is across from the church and you are heading to Fort Hale)
- 6.8 mi - Left turn onto Route 1/ Forbes Avenue
- Continue over bridge onto Route 1/ Water Street
- 8.0 mi - Left turn onto Long Wharf Drive
- 9.2 mi - Continue onto path through Long Wharf Nature Preserve
- 9.6 mi - Continue onto Sea Street
- 9.9 mi - Continue onto dirt path around Entrance Ramps
- 10.2 mi - Left turn onto Route 122/ Kimberly Avenue
- **Cross into Town of West Haven**
- 10.5 mi - Left turn onto 1st Avenue

- Continue onto Beach Street
- 12.3 mi - Continue onto Savin Rock (private community) bike/pedestrian trail
- 13.4 mi - Left turn onto Ocean Avenue
- 15.6 mi - Left turn onto Route 162/ New Haven Avenue via roundabout
- **Cross into Town of Milford**
- 16.4 mi - Left turn onto Route 736/ Merwin Avenue
- 17.1 mi - Continue onto Route 736/ Edgefield Avenue
- 18.3 mi - Continue onto Route 736/ Melba Street
- Continue onto Bayshore Drive
- 19.2 mi - Right turn onto Westland Avenue
- 19.3 mi - Left turn onto Welch's Point Road
- Continue onto Gulf Street
- 20.6 mi - Left turn onto Bedford Avenue
- Right turn onto Harborside Drive
- 21.0 mi - Left turn onto Route 162/ New Haven Avenue
- 21.2 mi - Left turn onto Shipyard Lane
- 21.3 mi - Walk your bike across the pedestrian bridge across the Wepawaug River
- 21.35 mi - Left turn onto Helwig Street/Schooner Lane
- 21.5 mi - Right turn onto High Street
- 21.6 mi - Left turn onto Green Street
- 21.8 mi - Left turn onto Lafayette Street
- 22.1 mi - Veer right onto Rogers Avenue
- 22.3 mi - Right turn onto East Broadway
- 23.3 mi - Right turn into Silver Sands State Park
- **24.0 mi - END: Silver Sands State Park, Milford**