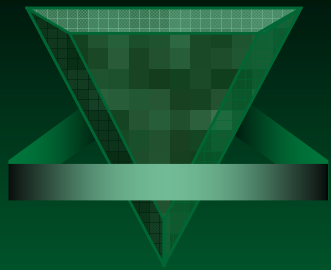




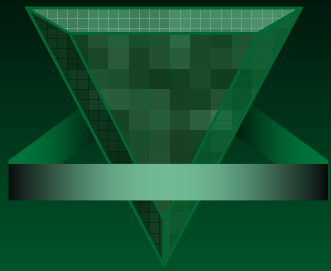
Waste Management for Hotels and Restaurants

Dan Ruben



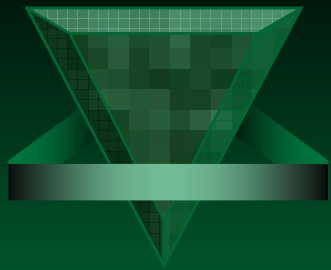
Presentation Topics

1. Benefits of Effective Waste Management
2. How to Organize a Waste Management Program
3. Reduce
4. Reuse
5. Recycle
6. Purchase Recycled Content Products



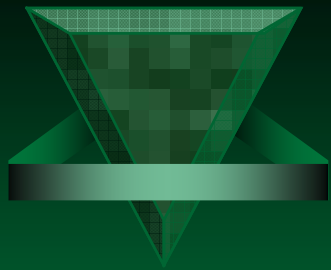
Benefits of Effective Waste Management

- ✓ Cost reduction: less purchasing, saves staff time and reduces waste disposal bills
- ✓ Recycling is noticed by customers more than any other green initiative
- ✓ Recycling scores points on RFP's
- ✓ Helps the environment
- ✓ Helps the Maine economy



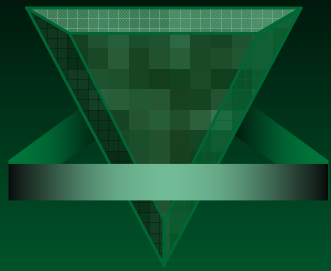
Getting Started: Organizing a Waste Management Program, 1

- ✓ Follow the “3 R’s” in priority order: reduce, reuse, recycle. The biggest gains come from waste reduction.
- ✓ Audit waste stream: type and amt of waste/dept and opportunities for improvement; good audit form: www.earth911.org/library/brrc/pdf/WasteAssForm.pdf



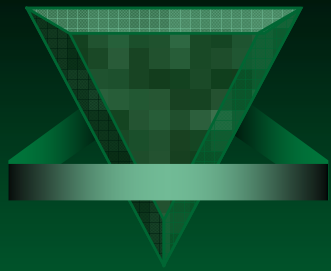
Getting Started: Organizing a Waste Management Program, 2

- ✓ Ask staff how to reduce waste
- ✓ Set policies with goals, accountability and a training plan
- ✓ Consider incentives and staff commitment letter
- ✓ Keep monthly statistics on trash and recycling: bills, # of pickups and weight



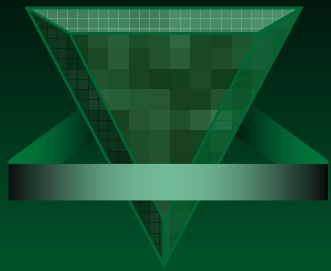
Reduce, 1

- ✓ Refillable amenity dispensers can replace soap, lotion, shampoo and conditioner bottles
- ✓ Highly concentrated cleaning supplies
- ✓ Switch from incandescent to fluorescent lights—they last 5x longer. Or use LED bulbs—they last 25x longer.



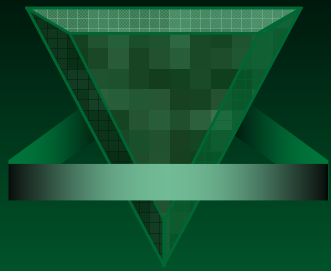
Reduce, 2

- ✓ Restaurants: washable table cloths and dinnerware, reusable coffee filters, condiments in bulk dispensers
- ✓ Bottled water: eliminate it by using filtered water instead



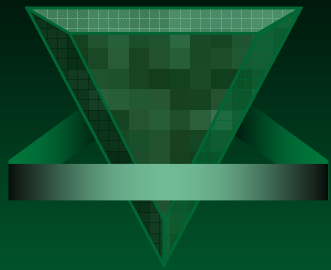
Reduce, 3

- ✔ Use carpet squares so you can replace just the areas that are stained or worn
- ✔ Modular mattresses allow hotels to replace just the mattress tops
- ✔ Eliminate un-requested newspapers
- ✔ Copy paper: require documents to be double-sided; use a smaller font and margins
- ✔ Ask hotel suppliers to reduce excess packaging
- ✔ Permanent mugs for staff



Reuse, 1

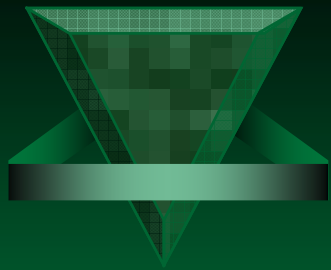
- ✓ Donate linens, blankets, towels, toiletries, old uniforms to shelters, relief agencies
- ✓ Donate re-servable food to hunger relief agencies. Give pig farmers food that agencies won't take.
- ✓ Furniture
 - Refinish it: www.therefinishingtouch.com/ or www.remanufacturinganddesigngroup.com/
 - Donate it to relief agencies



Reuse, 2

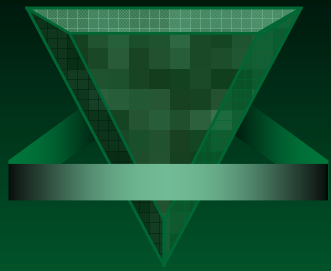
✓ Construction & Demolition Materials

- There are markets for ~20 commodities; >80% reuse/recycling rate possible; plan carefully and specify reuse / recycling in contract
- Before project begins: furniture, casework, carpeting, ceiling tiles, lighting (bulbs, ballasts, fixtures), wiring and cable, HVAC equipment, bathroom fixtures
- Before demolition: wood, windows, doors, porcelain fixtures, partitions
- After demolition: asphalt, brick, concrete, wood, metals, glass, roofing, mixed debris



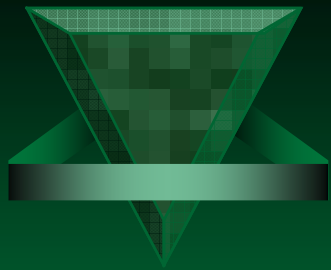
Reuse, 3

- ✓ Toner cartridges: ship to re-manufacturers. Close loop by buying remanufactured toner cartridges--at a fraction of original price.
- ✓ Reuse garbage can liners that are still clean.
- ✓ Torn towels use as cleaning rags.



Recycle, 1

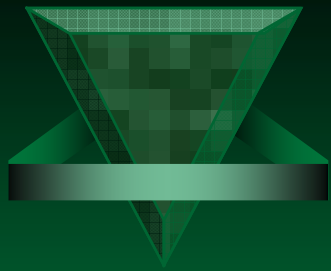
- ✓ Keys to a great recycling program:
 - Have a champion
 - Frequent audits
 - Monthly statistics
 - Hold staff accountable
 - Coordinate with hauler



Recycle, 2

✓ Working with haulers:

- Find a hauler for any commodity: www.earth911.com/
- Haulers can identify best equipment, staff education materials, collection schedules and whether compactors make sense
- Single stream is easier, saves space, less training. Consider segregating easily separable materials like cardboard, if you get a better price for it.

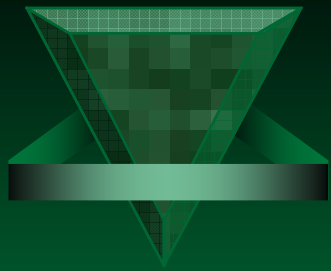


Recycle, 3

✓ Hauling Contracts

- review them to maximize savings
- to cut bill, you might have to reduce size of trash containers or frequency of collection
- eliminate volume requirements that discourage recycling
- consider bidding trash and recycling separately
- More advice:

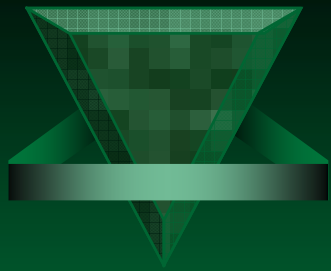
www.p2pays.org/ref/03/02098.pdf



Recycle, 4

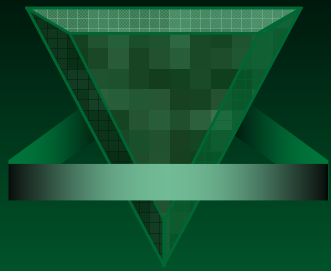
✓ Periodic Audits

- Check departmental wastebaskets, recycling bins, dumpsters at end of each shift. Are daily items being recycled: cardboard, paper, plastic containers, metal, glass?
- Clear plastic trash bags make audits easier to do.
- Recycling bins should be located next to every trash container, look different than the trash containers and be clearly marked.



Recycle, 5

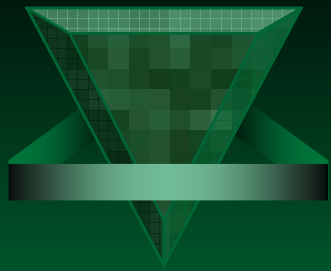
- ✓ Recycling bins
 - Attractive bins available from T2 Site Amenities, JRS Amenities, etc.



Recycle, 6

✓ Food waste

- find haulers that take food waste, yard waste, waxed cardboard to composting facilities
- Consider decomposition machines
- Used fryer oil can be recycled, made into bio-diesel or burned to make electricity

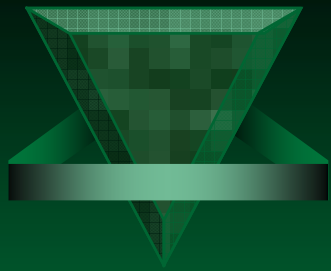


Recycle, 7

▼ Electronics

- Electronics recyclers take computers, televisions, cell phones, pagers, copiers, printers, faxes, stereos, etc.
- See www.mass.gov/dep/recycle/reduce/electron.htm,
www.earth911.com/ and
www.epa.gov/osw/conserva/materials/ecycling/faq.htm

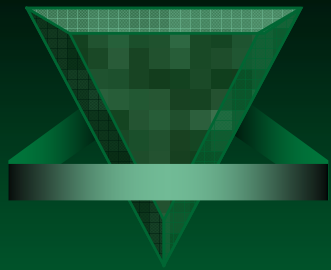
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Recycle, 8

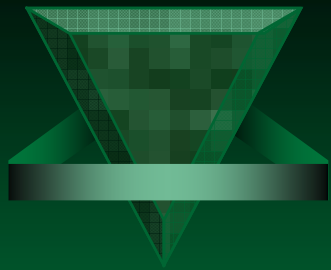
✓ Other recyclable items:

- Mattresses: www.greenlodgingnews.com/biggest-barrier-mattress-recycling--not-knowing-it
- Fluorescent bulbs: www.epa.gov/epawaste/hazard/wastetypes/universal/lamps/faqs.htm
- Batteries: <http://earth911.com/recycling/hazardous/single-use-batteries/>
- Pallets: give back to vendors or recycle them
- Soap and shampoo: shelters, www.cleantheworld.org/, www.globalsoap.org/



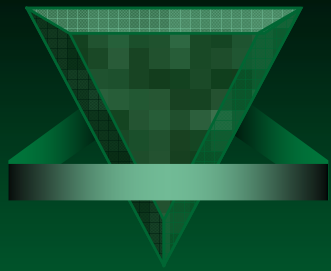
Purchase Recycled-Content Products

- ✓ Paper: office paper (30% recycled paper performs as well as virgin), toilet and facial tissue, napkins, menu paper, cardboard.
- ✓ Toner cartridges
- ✓ Glass: bottles, jars, floor tiles
- ✓ Carpet
- ✓ Trash can liners
- ✓ Trash cans
- ✓ Plastic lumber
- ✓ Computers with recycled material and other green attributes: www.epeat.net/



Resources

- ✓ **Recycling Guidebook for the Hospitality and Restaurant Industry**, Metropolitan Washington Council of Governments, Department of Environmental Programs, www.p2pays.org/ref/05/04032.pdf
- ✓ EPA WasteWise Program: www.epa.gov/osw/partnerships/wastewise/about.htm



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