

## TROUT & SALMON

### BROWN TROUT



### RAINBOW TROUT



### BROOK TROUT



- ◆ No minimum size \*
- ◆ Daily Limit: 5 trout per person \*
- ◆ Season: Second Saturday of April until Last Day of February \*
- ◆ Taste: Excellent. Stocked trout are safe to eat.

## Regulations

Below are some types of fishing regulations that are used to improve fishing for everyone. Regulations vary by the type of fish and/or the waterbody. Please check the most current [Angler's Guide](#) for details.

Regulation	Why is it needed?
Minimum Size	To allow the fish to grow and reproduce at least once before harvest.
Daily Limit	To make sure many people have an opportunity to catch this type of fish.
Season	To protect fish when they are vulnerable (breeding, migrating, etc.)
Equipment	To reduce injury to a fish so it can be released un-harmed and caught again .

\*\*In general, yes. The Connecticut Department of Public Health ([www.ct.gov/DPH](http://www.ct.gov/DPH)) publishes a [fish consumption advisory](#) each year. This brochure provides information on the amount of each type of fish that can be eaten safely (by risk group and waterbody). For more information including the fish consumption fact sheet, special fact sheet for pregnant women, non-English summaries, and updates visit the DPH web site at [www.ct.gov/DPH/Fish](http://www.ct.gov/DPH/Fish) or call 860-509-7740.

## BASS

### LARGEMOUTH BASS



### SMALLMOUTH BASS



- ◆ Minimum Size: 12 inches\*.
- ◆ Daily Limit: 6 Bass per person \*
- ◆ Season: Open all year \*
- ◆ Taste: Very good, ([consumption advisory](#)\*\*)

## WALLEYE



- ◆ Minimum Size: 18 inches
- ◆ Daily limit: 2 per person
- ◆ Season: Open all year \*
- ◆ Taste: Very good, ([consumption advisory](#)\*\*)

## COMMON CARP



- ◆ No minimum size, no daily limit
- ◆ Season: Open all year\*
- ◆ Taste: Fair, ([consumption advisory](#)\*\*)

## PANFISH

### YELLOW PERCH



### PUMPKINSEED



### BLUEGILL



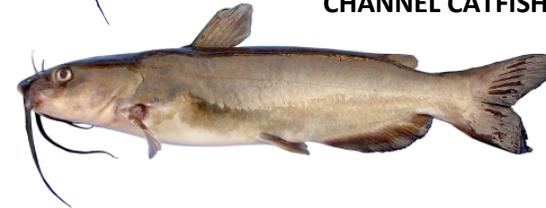
### WHITE PERCH\*



### BULLHEAD



### CHANNEL CATFISH



- ◆ No minimum size, no daily limit
- ◆ Season: Open all year\*
- ◆ Taste: Excellent, ([consumption advisory](#)\*\*)

## PIKE, PICKEREL

### NORTHERN PIKE



- ◆ Minimum size: 26 inches
- ◆ Daily limit: 2 per person
- ◆ Season: Open all year\*
- ◆ Taste— good but very bony, ([consumption advisory](#) \*\*)

### CHAIN PICKEREL



- ◆ Minimum size: 15 inches
- ◆ Daily limit: 6 per person
- ◆ Season: Open all year\*
- ◆ Taste— good but very bony, ([consumption advisory](#) \*\*)

## Fishing is a Simple, Easy, and Fun Family Activity

- ◆ Download ([free learn to fish workbook](#) and [video](#))
- ◆ Use a basic push-button rod and reel with a bobber and worm
- ◆ Go for panfish, they are very abundant and willing to bite
- ◆ Fish at a [community fishing water](#), [trout park](#), or city park
- ◆ Take a DEEP sponsored [FREE fishing class](#)



Tips and Places for successful fishing—watch our [video](#) and download our [workbook](#)

Type of fish	Technique	Bait and Lures	Places to go
	<ul style="list-style-type: none"> <li>• Cast and Retrieve</li> <li>• Still Fishing— Bobber</li> <li>• Bottom Fishing</li> <li>• Trolling</li> <li>• Fly fishing</li> <li>• <a href="#">Ice Fishing</a></li> </ul>	<ul style="list-style-type: none"> <li>• Worms</li> <li>• Live Minnows</li> <li>• Small lures</li> <li>• Power bait</li> <li>• Artificial flies</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Trout Parks</a></li> <li>• Trout Management Areas</li> <li>• <a href="#">Community Fishing Waters</a></li> <li>• Stocked Lakes, Ponds, <a href="#">Rivers and Streams</a></li> </ul>
	<ul style="list-style-type: none"> <li>• Cast and Retrieve</li> <li>• Still Fishing— Bobber</li> <li>• <a href="#">Ice Fishing</a></li> </ul>	<ul style="list-style-type: none"> <li>• Live Minnows</li> <li>• Lures</li> <li>• Spinner baits</li> <li>• Crank baits</li> <li>• Soft plastic lures</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Bass Management Lakes</a></li> <li>• Many Lakes, Ponds</li> <li>• Connecticut River</li> <li>• Quinebaug River</li> <li>• Housatonic River</li> </ul>
	<ul style="list-style-type: none"> <li>• Cast and Retrieve</li> <li>• Still Fishing— Bobber</li> <li>• Bottom fishing</li> <li>• Fly fishing</li> <li>• <a href="#">Ice Fishing</a></li> </ul>	<ul style="list-style-type: none"> <li>• Worms</li> <li>• Live Minnows</li> <li>• Small lures</li> <li>• Power bait</li> <li>• Small jigs</li> </ul>	<ul style="list-style-type: none"> <li>• Many Lakes and Ponds</li> <li>• <a href="#">Community Fishing Waters</a></li> </ul>



## Family Friendly Fishing Locations

[Community Fishing Waters](#) are located within municipal parks within our major communities. DEEP stocks catchable sized trout in the spring, channel catfish in early summer, or both. These locations are great places to pack a picnic and spend a day outdoors with family and friends.

[Trout Parks](#) are stocked frequently in the spring with catchable sized trout. Most are located within a State Park and have good access, restrooms, picnic tables, and hiking.

## Fishing Licenses (available [online](#))

**100% of the fees from fishing licenses go to support fish, wildlife, and forest programs at the DEEP.**

Anyone who is between the ages of 16 and 64 years old is required to have a fishing license (fees below). Licenses for CT residents age 16 or 17 are 50% off of the regular price. Kids under 16 do not need a license, however, DEEP offers the **FREE youth fishing passport** to help motivate the younger anglers. Those who are age 65 or older are required to obtain a **FREE** fishing license annually.

[www.ct.gov/deep/sportsmenlicensing](http://www.ct.gov/deep/sportsmenlicensing)

License	CT Resident and (CT 16/17 year old) Fee	Non CT Resident Fee
Inland waters	\$28 (\$14)	\$55
Marine waters	\$10 (\$5)	\$15
All waters	\$32 (\$16)	\$ 63

## Are fish safe to eat?

As part of a health diet, fish from Connecticut’s waters are a low-cost source of protein, low in fat and cholesterol, and are a good source of heart-healthy Omega-3 fatty acids.

Unfortunately, mercury and polychlorinated biphenyls (PCBs) are two substances that accumulate in fish and can be transferred to humans by eating the fish. Exposure to both substances have been associated with health issues like slow brain development, birth defects, and cancer.

To help keep everyone safe, the Department of Public Health provides [advice and recommendation](#) on how to enjoy eating fish you catch while also minimizing risk to people. For detailed information visit the DPH [web page](#) or call 1-877-458-3474.

# Let's Go Fishing!

## Freshwater



Connecticut Department of Energy and Environmental Protection  
Inland Fisheries Division  
860-424-3474



The Connecticut Department of Energy and Environmental Protection is an Affirmative Action and Equal Opportunity Employer that is committed to complying with the Americans with Disabilities Act. Any person who may need a communication aid or service should contact us at (860) 418-5910 or at [deep.accommodations@ct.gov](mailto:deep.accommodations@ct.gov)