

# Connecticut

## Department of Environmental Protection

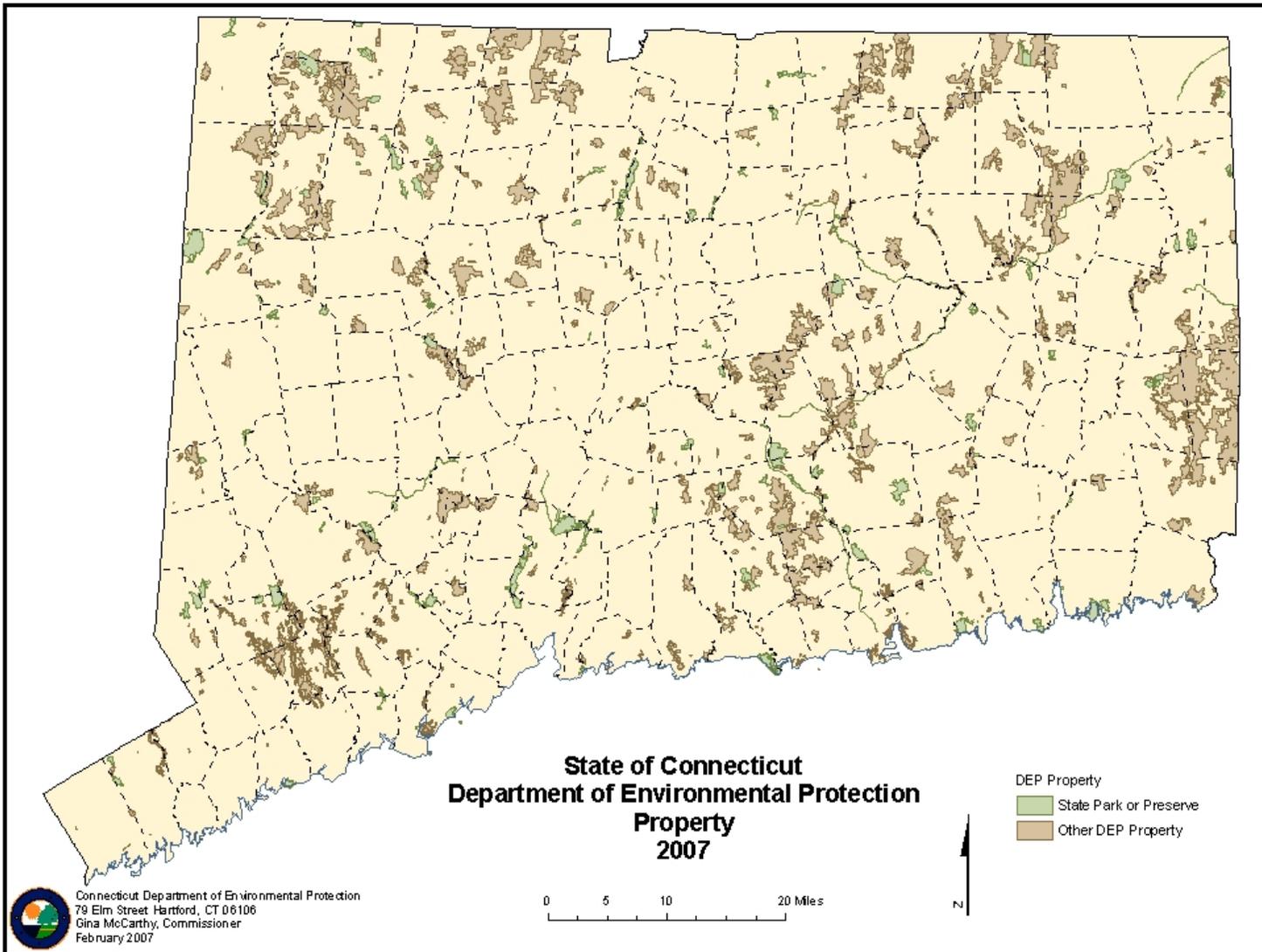


Gina McCarthy  
Commissioner





# State Parks and Other DEP Property



# CONNECTICUT STATE PARK STATISTICS

## 2007

- 103 State Parks**
- 40 State Forests**
- 143 Individual Management Parcels**

### Included in above:

- 19 Swimming Areas and Beaches (4 Saltwater, 1 Swimming Pool)**
- 14 Campgrounds**
- 2 Horse Camps**
- 18 Youth Group Camping Areas**
- 3 River Camping Areas**
- 9 Historic Sites**
- 800 Miles of Hiking Trails**
- 230 Lakes and Ponds**
- 2000 Miles of Rivers and Streams**
- 1300 Campsites (actual number = 1289)**
- 121 Public Boat Launch Areas (includes trailer and car-top launches)**

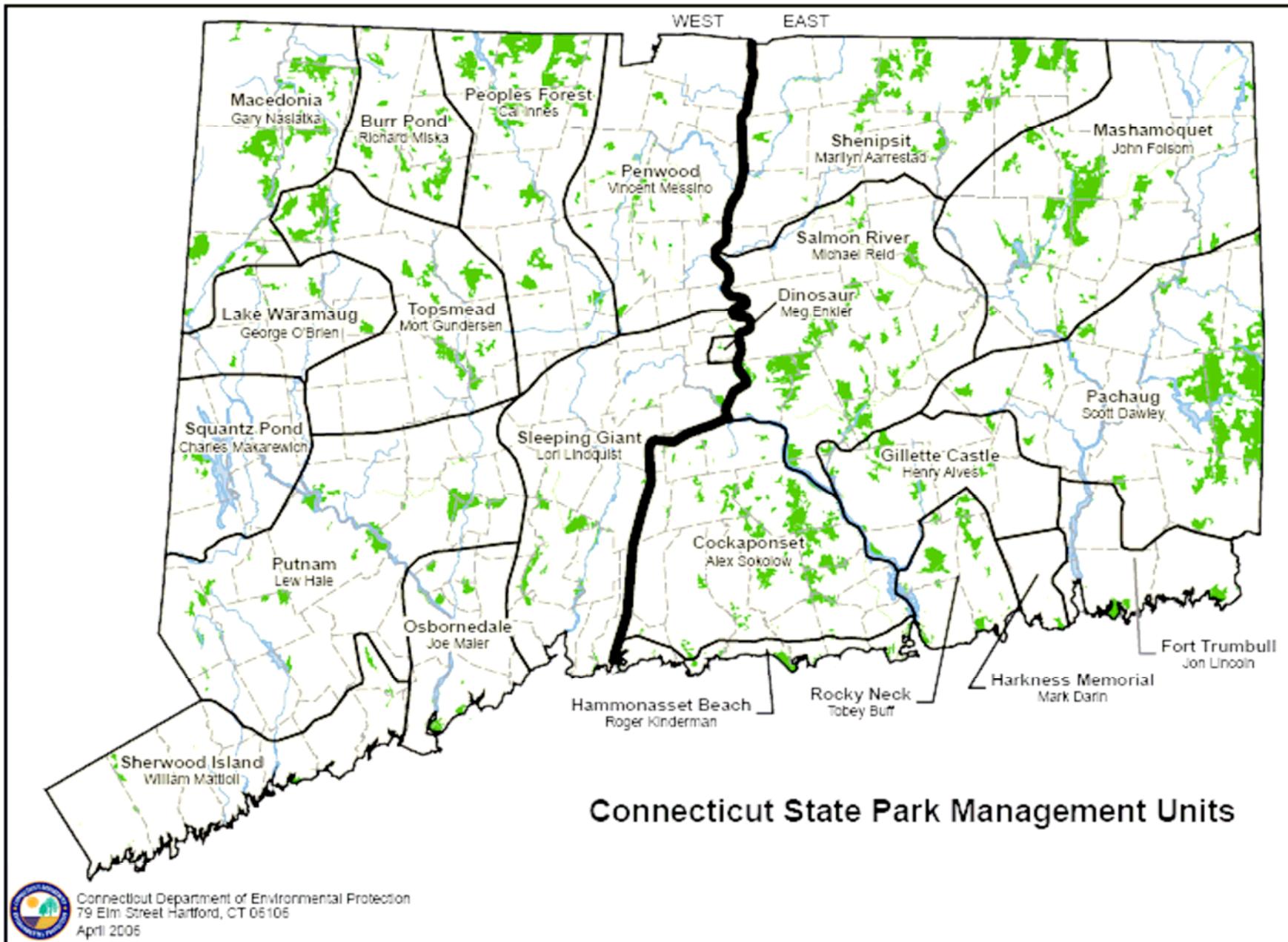
# CT State Parks and Forests

## Acreage:

|                        |                |
|------------------------|----------------|
| State Parks:           | 36,000         |
| Forests & Other Areas: | <u>214,000</u> |
| Total                  |                |
| 236,000                |                |

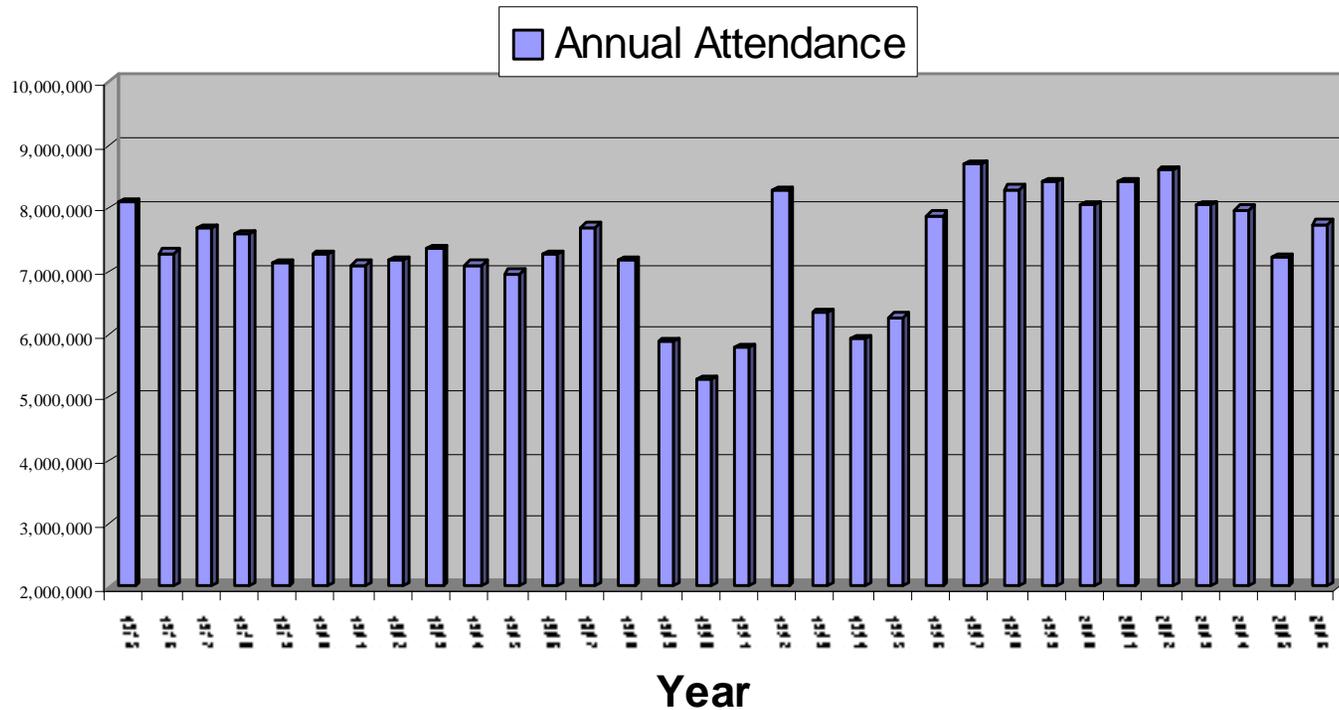
Acreage Acquired Since FY87

53,000



# State Parks and Forest Attendance

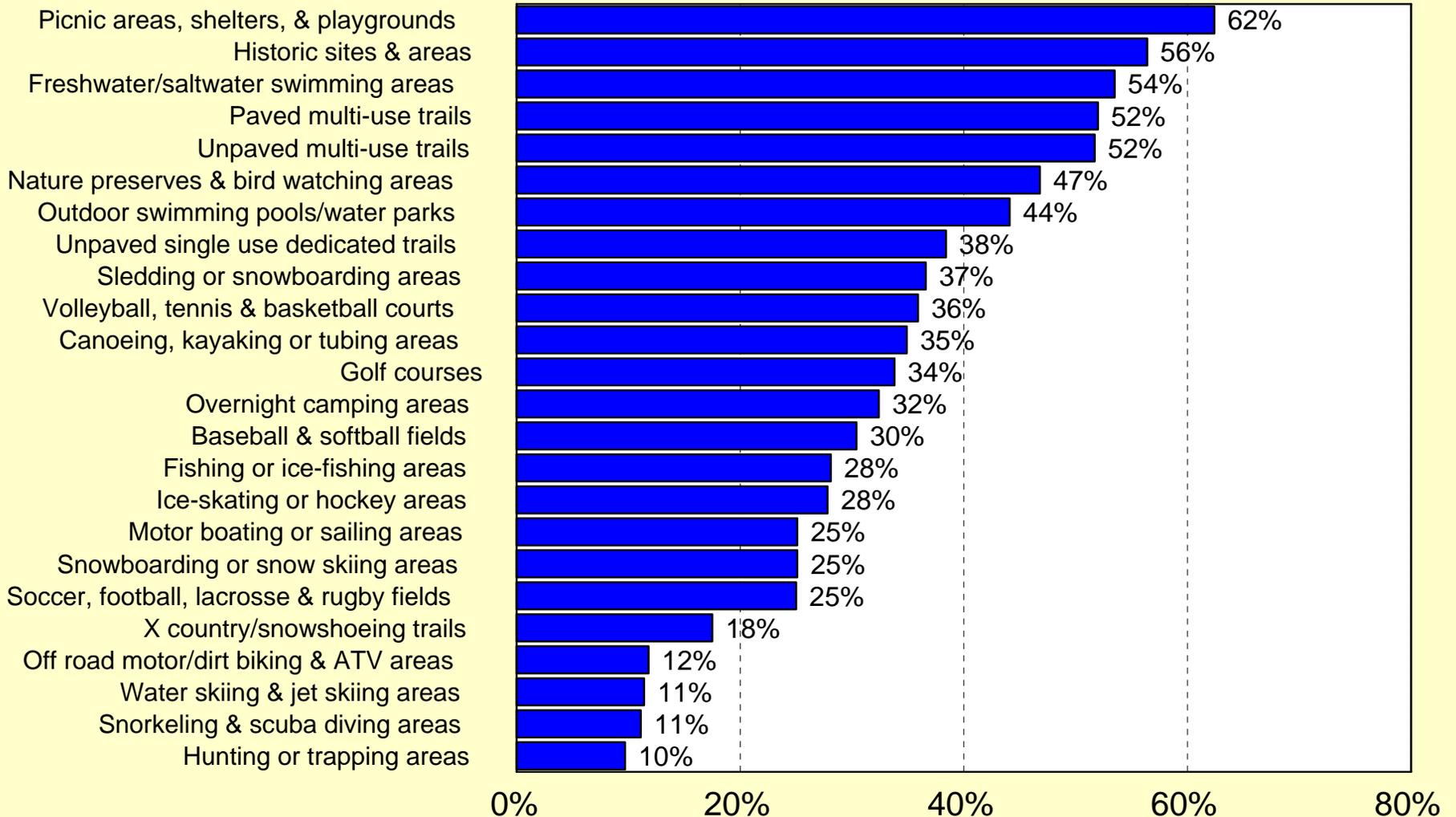
## 31 Years of Parks and Forest Attendance 1975-2006



\*figures based on a calculation of the number of cars entering the park multiplied by four (4) occupants per vehicle

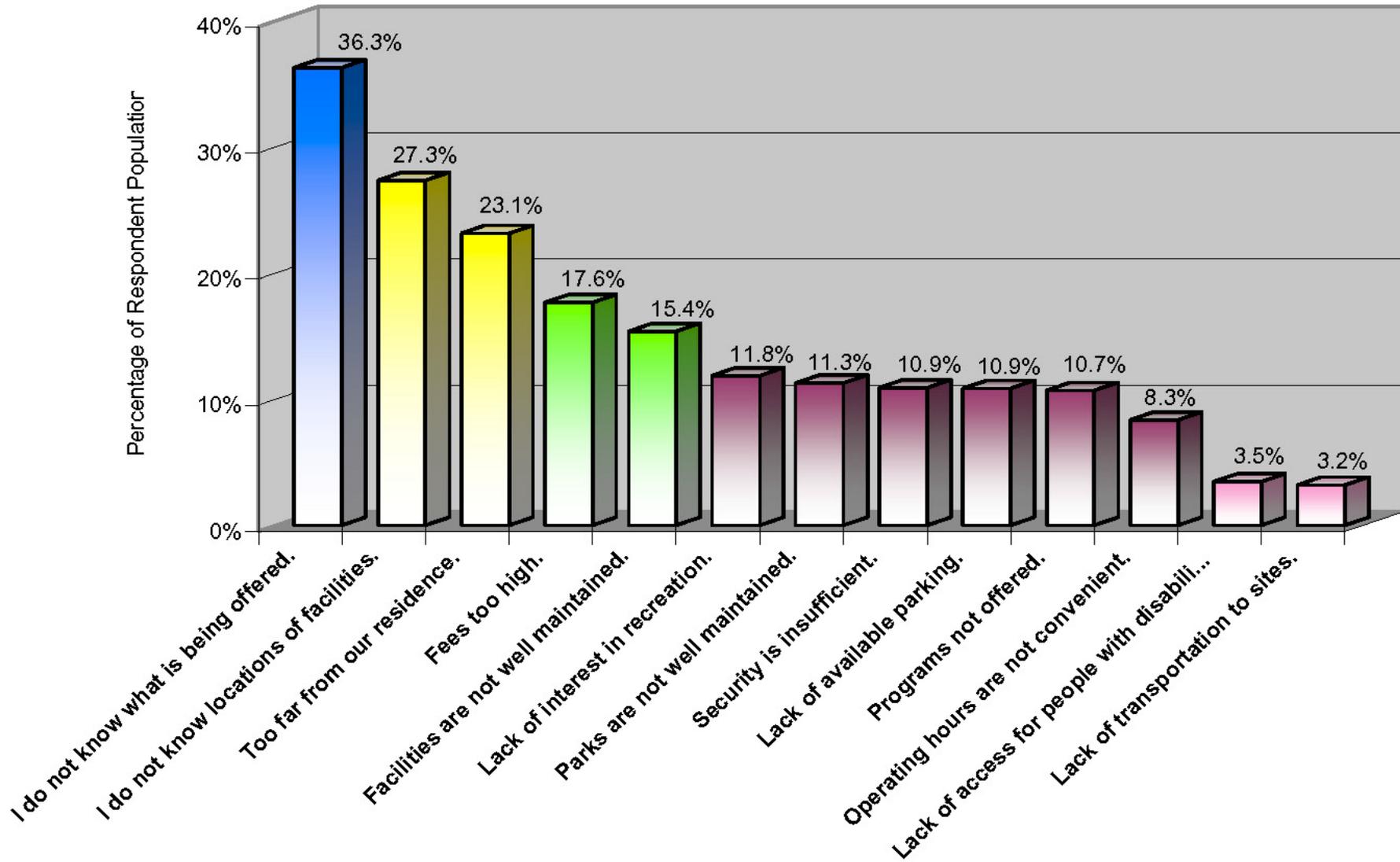
# Percentage of Respondent Households that Have a Need for Various Parks and Recreational Facilities

by percentage of respondents (multiple choices could be made)



# Reasons Preventing Use of Outdoor Recreation Facilities

Reasons that Prevent the Respondent Household *Population* from Using Outdoor Recreational Facilities and Activities More Often



Reasons for Not Using Facilities and Activities

# America's Pastimes: Play Less, Watch More



## Americans Badly Out Of Shape, Study Finds

Sedentary Pursuits  
Affect Teenagers, Too

By BOB WHITT  
WASHINGTON POST

WASHINGTON — A large proportion of Americans are out of shape, including teenagers, according to the first annual test of physical fitness nationwide.

Treadmill tests on a representative sample of more than 5,000 Americans ages 12 to 49 found about one out of every five had poor cardiovascular fitness, including about one-third of teenagers and 14 percent of young adults. Based on the findings, an estimated 1.2 million adolescents and at least 8.5 million adults are out of condition, the study found.

The findings confirm for the first time what public health authorities had been fearing: The increasing tendency to be sedentary may be taking a toll on American fitness, putting them at risk for a host of health problems.

Although many previous studies have found that Americans have been getting less and less exercise in recent years and are becoming increasingly overweight, the study marks the first time researchers have directly measured fitness nationwide.

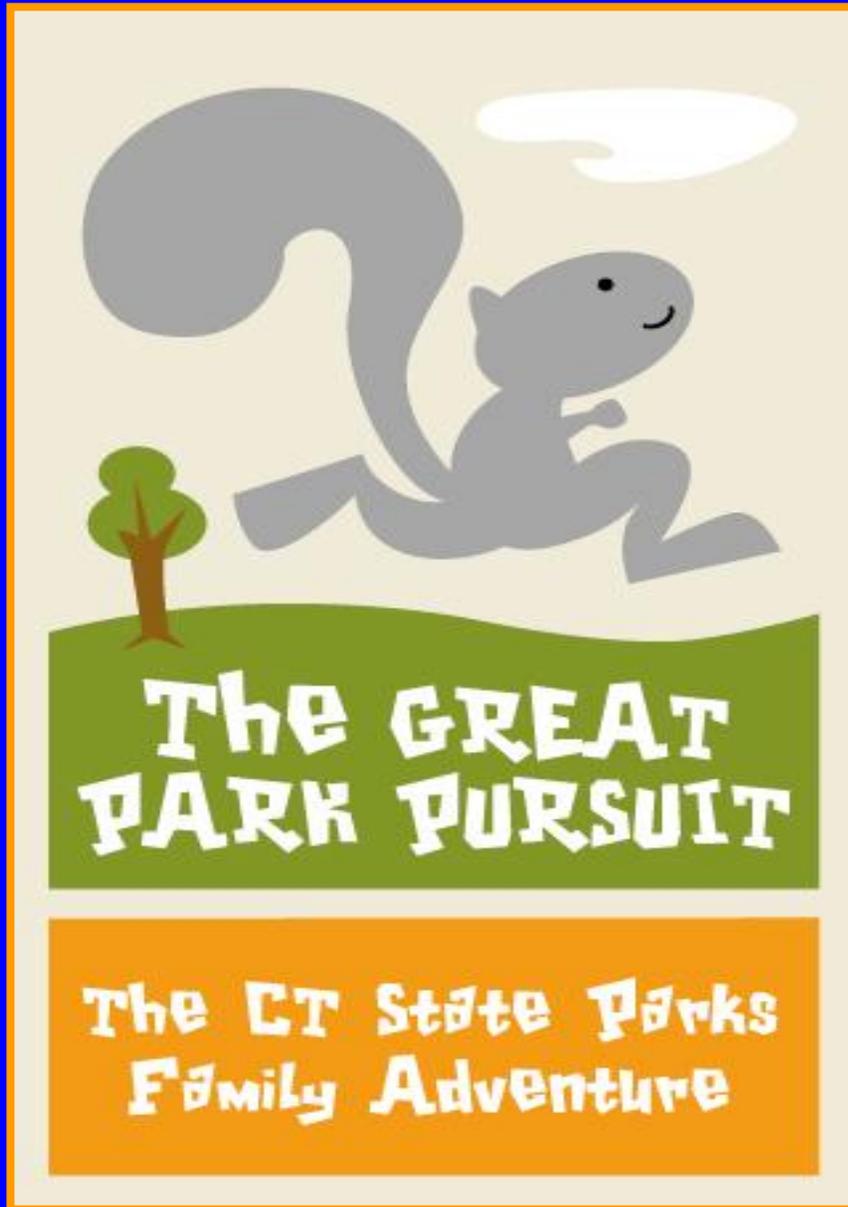
"This is something that we thought was happening, and that we have been concerned about. But no one had ever documented before how poor fitness actually is across the population in the United States," said Mercedes Carnethon of Northwestern University, who led the study. The study was published in the *Journal of*



# The Next Generation of Environmental Stewards



# And its Sponsors...







CT DEPARTMENT OF ENVIRONMENTAL PROTECTION

Search

OUR STATE PARKS  GREAT ACTIVITIES  LEARN MORE 



*Welcome to the online home of "No Child Left Inside," a special initiative designed to encourage Connecticut families and visitors alike to enjoy all the recreational resources and outdoor activities that Connecticut's state parks and forests have to offer! From the Campbell Falls State Park in Norfolk, to Talcott Mountain in Bloomfield, to Squantz Pond in New Fairfield, it's time to discover the fresh air and fun of the great outdoors!*

REGISTER  PLAY THE GAME  FOLLOW THE FAMILIES  GET THE LATEST CLUE 



**INTRODUCING THE GREAT PARK PURSUIT**

Does your family have what it takes to play The Pursuit? The Great Park Pursuit, that is, the Connecticut State Parks Family Adventure! You'll compete against other families statewide as you hunt for clues in some of Connecticut's most beautiful state parks and forests. Collect all the clues and you could win great prizes like mountain bikes, camping equipment and more!

[LEARN MORE HERE.](#)



**COME PLAY IN THE PARK!**

Register now for the Great Park Pursuit!





**GREAT PARKS QUIZ**

Think you know it all? Take our Great Parks Quiz and find out.



**WHAT'S GOING ON?**

What's going on in the great outdoors in our Calendar of Events here.



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# Eight State Parks and Forests in Eight Weeks

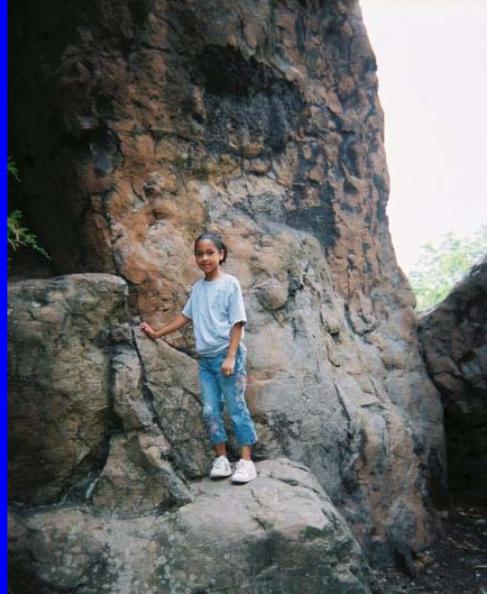


- **More than 200 families participated**
  - **Dino Rangers, Hots Four the Outdoors, Nutmeg Nuts, Paradise from the Backyard Lights, The Franklin Turtles**

# The Kickoff – Dinosaur State Park



# Weeks 2-7



**Week 2**  
**West Rock Ridge State Park**  
**Self-Guided Hike**



**Week 3**  
**Stratton Brook State Park**  
**Fishing**



**Weeks 4 & 6**  
**Peoples State Forest and**  
**Mashamoquet Brook**  
**State Park**  
**Letterboxing**



**Week 5**  
**Putnam Memorial State Park**  
**Celebrating History**



**Week 7**  
**Silver Sands State Park**  
**Sand Sculpture Contest**

# The Finale – Fort Trumbull State Park





**SPORTS**  
**10 innings yield win for Red Sox**  
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# THE SUNDAY HERALD PRESS

**INSIDE**  
**\$317.30**  
in coupon  
savings

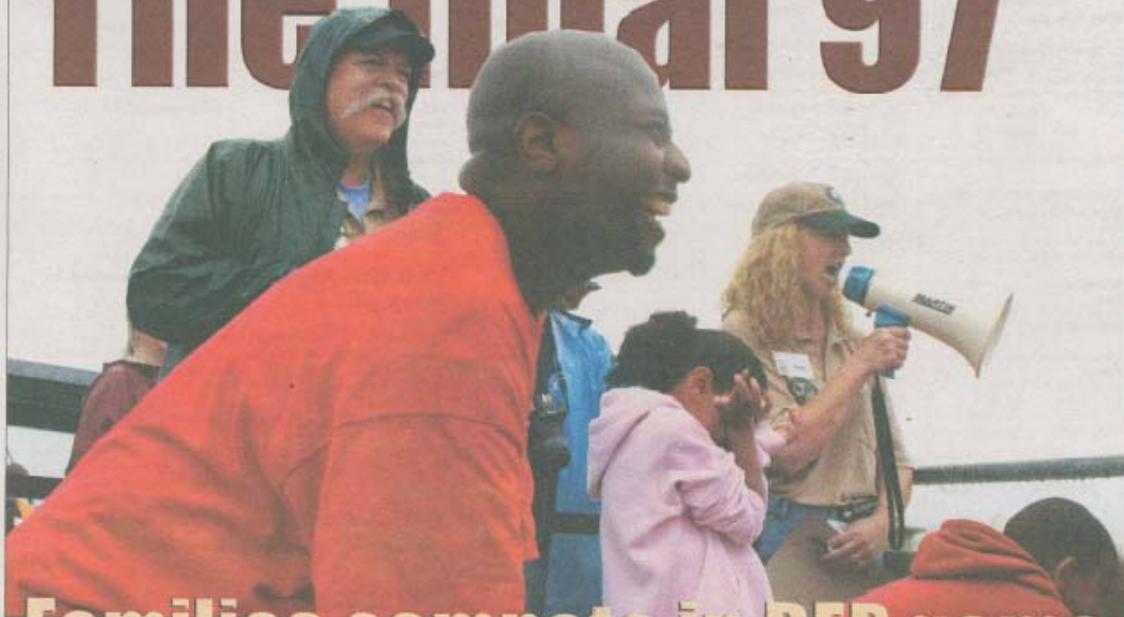
\$1.25

SUNDAY, JUNE 25, 2006

NEW BRITAIN EDITION

WWW.NEWBRITAINHERALD.COM

# The final 97



## Families compete in DEP game

*Ninth Annual*  
**READERS'**  
**Choice**  
*Awards*

### TODAY'S FORECAST



Weather  
Rain and  
thunder  
High 72  
Low 66



### TRAVEL

**Beaches and  
sunsets make a  
classic Cape Cod**

Pages 18-19



### HEALTH

**Cheap vs. pricey  
sunglasses: Which  
will protect eyes  
from UV rays?**

Page 50

# THE WINNERS

## Team Bernard

“When we first started this adventure, the kids weren’t used to these environments and they were a bit nervous hiking through the forests and embracing nature. But you could see their confidence build as the game progressed, and they were soon climbing around, falling down, getting dirty, examining insects and having a great time!”

### Camping Package



- The North Face Trail Head Tent
- Kelty Voyager Sleeping Bag (2)
- Sierra Design Wild Bill Sleeping Bag
- Sierra Design Rose Sleeping Bag
- Primus Techno Trail Camp Stove
- Cascade Designs Gourmet Cook Set
- GSI Set of Four Dish Set

- Adventure Medical Weekender First Aid Kit
- Victorinox Climber Knife
- Coast Cutlery V12 Torch with Rod
- Princeton Tec Light
- Maglite Light
- Nalgene 32 oz. Water Bottles (4)
- Princeton Tec Aurora Headlamp Water Bottle

**Total Retail Value: \$1,106**



## 2<sup>nd</sup> Place



**Pratt Farm**

## Kayak Package



- Old Town Twin Otter Recreation Kayaks (2)
- Sealude Aquabound Paddles (4)
- APF Personal Floatation Device Life Jackets (4)
- Yakima Rook Rack Package (1)

**Total Retail Value: \$2,566**

## 3<sup>rd</sup> Place



**Maroon Dog Farm**



## Hiking Package



- Kelty Voyager Sleeping Bag (2)
- Sierra Design Wild Bill Sleeping Bag (1)
- Sierra Design Rosa Sleeping Bag (1)
- Mountain Smith Youth Pursuit Pack (2)
- Nalgene 22 oz. Bike Water Bottles (4)
- Gregory Forrester Pack (2)
- Suunto Challenger Compress
- Adventure Medical Outdoors First Aid Kit
- Thule Escape II Roof Box
- Garmont Men's Flash XCR Hiking Boots
- Superfeet Men's Active Footbed
- Thorio Men's Light Hiker Sock
- AMK Moleskin Plus (2)
- Vasque Women's Hiking Boots
- Superfeet Women's Active Footbed
- Darn Tough 1/4-Length Women's Hiking Sock
- Merrell Chameleon II Boy's Hiking Boots
- Thorlo Boy's Crew Socks
- Merrell Chameleon II Girl's Hiking Boots
- Smartwool Girl's Hiking Socks
- Marmot Men's Precip Rain Jacket
- Marmot Women's Precip Rain Jacket
- Marmot Youth Precip Rain Jacket (2)

**Total Retail Value: \$2,041**

# Other Campaign Highlights



A \$10,000 grant from Bank of America provided for 1,300 CT State Park & Forest Passes to CT Foster Families



Increased Number of Park and Forest Interpreters



Library Display



CONNECTICUT  
Department of  
Environmental  
Protection

State Parks  
& Forests  
DAY PASS  
2006



Ansonia  
Public Library

# 002

State Parks & Forests  
Passes at Public Libraries

**“Over the past eight weeks, my girls and I have walked with the dinosaurs; participated in a three-legged race; climbed over, into and on rocks (and some mud, too); fished for the first time together; met a box turtle, a horseshoe crab, a red-winged blackbird and a cool-looking salamander; got lost (more than once); took in some incredible views of Connecticut, pink lady slippers and mountain laurels; learned a little history and geology; camped in our new camper for the first time; met some terrific people; laughed a lot; played a lot; pushed our own boundaries and exceeded all expectations. I couldn’t be more proud of my girls. We really did win, in every aspect.”**

**- The Lovely Ladies**



**“We have had a fantastic time and truly appreciate your efforts. Thank you to ALL who have given us this opportunity to explore and learn about CT especially our heroes and the history. We have learned to read a map, follow a trail, use binoculars & a compass and are hooked on letterboxing. We purchased our park pass and have started a list of parks that need to be visited or revisited. We will see you in the parks.”**

**- Adventurers**



