

Managing Escalating Behavior: *A course for parents*

NEW!

PMT Associates in association with the DDS West Region is offering a course for parents called ***Managing Escalating Behavior***. This course has been developed through years of experience and with input from parents, professionals, psychologists and other behavior specialists.

Course Topics (see attached description for details):

1. Prevention Strategies
2. De-escalation Techniques
3. Verbal Diffusion
4. Personal Safety
5. Escorts & Physical Assists

While the topic is a serious one, the course will be a lot of fun. Everyone is sure to leave the course with new insights about themselves and how to handle those truly difficult, sometimes embarrassing, behavioral situations.



Location: Naugatuck Valley Community College
750 Chase Parkway, Waterbury, CT
Room L-501

Date: February 28, 2009

Times: 9:00am – 2:30 pm
(sign-in begins at 8:30; lunch is on your own)

Fee: There is no fee for this training

Special Notice:

- Pre-registration is required. Seating is limited to the first 25 people who pre-register. (registration form attached)
- Classes will start and end on time. Latecomers may not be allowed to enter classes once in session.

Important Inclement Weather Information

In the event of inclement weather, please call (860) 418-6152 after 6:30 a.m. on the day of the scheduled session for a recorded message.

This course is for adults only. Children will not be allowed to attend.

Program Outline

Managing Escalating Behavior: *A course for parents*

Part 1

Prevention Strategies: This module will concentrate on pro-active strategies parents can take to manage problematic behaviors before they have a chance to escalate.

Part 2

De-escalation Techniques: De-escalation concepts will be taught from the ideal of what can we, the parent, do differently to de-escalate ourselves and thus, help our children to deescalate themselves.

Part 3

Verbal Diffusion: Topics discussed during this module will enable parents to be more aware of how their choice of language can either escalate or de-escalate a difficult/challenging situation.

Part 4

Personal Safety: Participants will learn basic personal safety strategies to help increase parent self-confidence when confronted with the physically aggressive child or adult.

Part 5

Escorts and Physical assists: This segment will build on the previous four Modules and will attempt to answer the “What if” questions many parents have about hands-on interventions. That is, “What if my child is so physically aggressive that I need to protect them from harming themselves or others?”
Note: ***The course will not teach physical floor controls, restraints or takedown techniques.***

Pre-registration Form

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February 28, 2009
Naugatuck Valley Community College
750 Chase Parkway
Waterbury CT

ROOM L-501

Pre-registration is required and is limited to the first 30 participants. You will receive a written confirmation.

Please complete this form and mail or fax it by February 20 to:

Robin Wood
DDS Central Office
460 Capitol Ave
Hartford CT 06106
Tel: 203-806-8770
Fax: 860.418.6003
email: john.tierney@ct.gov

Please print clearly:

Name (1st person) _____

Name (2nd person) _____
(optional)

Address _____

City _____ State _____ Zip _____

Telephone _____

email _____

age of your child or family member who has challenging behaviors _____