

## **FIRE SAFETY**

### Instructional Objectives

Listed in this Annex are suggested instructional objectives to assist providers to develop comprehensive training to support the DMR Fire Safety and Emergency Guidelines.

#### A. Emergency Response

1. Individual Needs - should be covered under "Site-Specific Information"
2. Occupant Movement Techniques
  - a. For Non-Ambulatory Persons - Participants shall be able to physically demonstrate the proper technique for using a blanket drag, including the following:
    - i. Transfer from bed to floor, or wheelchair to floor, in a safe manner
    - ii. Proper "wrapping" of the blanket and pull technique
    - iii. How to traverse stairs while using a blanket drag
  - b. For Persons with Limited Mobility
    - i. Participants should identify the ordinary day-to-day techniques used to assist people with limited mobility at their worksites
    - ii. Participants shall be able to physically demonstrate the proper techniques to escort people needing assistance during an emergency
  - c. For Ambulatory Persons - Participants shall be able to demonstrate the proper verbal and gestural techniques used to assist ambulatory people at their worksites during an emergency
  - d. For Non-Compliant Persons
    - i. Participants shall be able to demonstrate the proper verbal, gestural and physical techniques to evacuate potentially non-compliant people at their worksites
    - ii. Participants shall be able to describe and discuss what they should do if unable to evacuate a person when their safety may be in jeopardy
3. Fire Extinguishers
  - a. Participants shall demonstrate knowledge of the types of fire and fire extinguishers and their appropriate uses
  - b. Participants shall physically demonstrate the proper use of a fire extinguishers using the "PASS" steps: 1) Pull Pin, 2) Aim at the base of the fire, 3) Squeeze the handle and 4) Sweep the nozzle. (note: under ideal circumstances, this would be done actually using fire extinguishers to extinguish a controlled demonstration fire)
  - c. Participants shall identify the location(s) of the fire extinguisher(s) at their worksites, the maintenance routine and how to do a monthly inspection
4. Evacuation Routes
  - a. Exterior Points Of Safety - Participants shall demonstrate knowledge of the locations of all means of egress to exterior points of safety, including doors and windows, as well as the exterior meeting place at their worksites
  - b. Interior Points Of Safety - Participants shall demonstrate knowledge of any approved interior points of safety at their worksites, as well as any special instructions or limitations that apply

5. People on Fire
  - a. Participants shall be able to demonstrate what to do if they themselves are on fire (“Stop, Drop and Roll”)
  - b. Participants shall be able to demonstrate what to do if another person is on fire (e.g., using a blanket for someone in a wheelchair, on a couch or in a bed)
  
6. Response to Fire Emergencies:
  - a. Participants shall demonstrate knowledge of the steps to follow in response to fire emergencies, as outlined in the DMR Fire Safety and Evacuation Plan
  - b. Participants shall demonstrate knowledge of the steps to follow in response to fire emergencies, as outlined in the site-specific Fire Safety and Evacuation Plan
  
7. Response to Other Emergencies:
  - a. Participants shall demonstrate knowledge of the steps to respond to various other emergencies that are outlined in the DMR Fire Safety and Evacuation Plan
  - b. Participants shall demonstrate knowledge the steps to respond to various other emergencies that are outlined in the site-specific Fire Safety and Evacuation Plan
  
8. Other things to consider (if applicable)
  - a. Procedures and information regarding disconnecting feeding tubes and oxygen
  - b. Information for staff on how to respond to fire alarms and fires in settings other than their worksites (i.e.: high-rises, areas of refuge, etc.)

**B. Fire Prevention**

1. Participants shall be able to identify the four leading causes of fire
  
2. Participants shall be able to explain agency fire safety policies and procedures including (but not limited to):
  - a. Smoking
  - b. Fire watches
  - c. Fire drills
  - d. Holiday decorations
  - e. Interior finishes
  
3. Participants shall be able to describe and explain good safety practices including (but not limited to):
  - a. Kitchen safety
  - b. Electrical safety
  - c. Maintaining unobstructed exits

**C. Fire Protection Features in a Building**

1. Participants shall be able to demonstrate working knowledge and understanding of :
  - a. The functioning of automatic sprinkler systems
  - b. How to prevent impediments to the proper functioning of sprinkler systems:
    - i. Proper storage (i.e., the “18 inch rule”)
    - ii. Obstructions to fire department connections and shut-offs
  - c. Maintenance and inspection schedules

2. Participants shall be able to demonstrate working knowledge and understanding of :
  - a. The functioning of fire alarm systems
  - b. The location and proper operation of fire alarm pull stations at their worksites
  - c. The importance of not obstructing or covering pull stations and horn/strobe alarms
  - d. Maintenance and inspection schedules
3. Participants shall be able to demonstrate working knowledge and understanding (if applicable) of :
  - a. The functioning of stove hood systems
  - b. The proper operation of stove hood systems at their worksites
  - c. Maintenance and inspection schedules
4. Participants shall be able to demonstrate working knowledge and understanding of :
  - a. The functioning of building smoke and fire barriers (e.g., fire doors)
  - b. How to avoid impediments to the proper functioning of building smoke and fire barriers