



LEVEL UP ACTIVITIES

The goal of the series is to assist students in identifying their strengths and learn necessary skills for future employment and/or education!

Assistive Technology

Assistive Technology – Students will have an increased knowledge of AT available to succeed in school, work and the community.

Peer Mentoring

Peer Mentoring – Provides group service to identify students skills, personal strengths, likes and dislikes, social skills and life goals.

Self-Advocacy

Self-Advocacy – Assists students in identifying resources within their family, community and school system to help prepare for employment, education and training.

Workplace Readiness Service

Workplace Readiness Service – Identifies barriers and increases knowledge of appropriate skills to seek, acquire and maintain competitive employment, including the development of social and independent living skills.

Level Up Services are...

- Customized for each student
- Coordinated with existing transition services offered by a school district.

DORS Level Up Vocational Rehabilitation Counselor
Bureau of Rehabilitation Services

Call 1.866.844.1903

Or visit

www.ct.gov/dors



LEVEL UP ACTIVITIES

**Career Building
Blocks & Job
Exploration
Services**

**Informational
Interviews**

**Job Shadow
Experience**

**Counseling for
Postsecondary
Education &
Training**

**Work Based
Learning
Experience**

Career Building Blocks & Job Exploration Services - Explore and understand your interests, skills and work values while learning to use specific career assessment tools to search job opportunities.

Informational Interviews - Meet with professionals working in a career field to learn first-hand what the job/industry entails. Gain contacts and build relationships.

Job Shadowing Experience - Directly observe what happens within a workplace by shadowing a professional within an identified area of interest.

Counseling for Postsecondary Education & Training - Encourage students to embrace lifelong learning. Counsel students to explore college and/or training options after high school.

Work Based Learning Experience - Earn minimum wage through this introduction to work with placement in a short term, typical teen job. Minimal on-site support is provided to assist you with navigating your first paid work experience.