



PARENTS WITH A VOICE

“Parents with a Voice” is a way to give parents with ID/DD a voice on issues important to them, a means to learn about specific topics related to parenting and to support one another through discussion, friendship and community activities. Each region currently has at least one support group that is open to interested parents. As a group, the parents decide together what is most important to them and how the group will meet their needs. Some groups have speakers on specific topics of interest; while others meet for community outings with their families. Childcare and a light dinner is provided; transportation is available to some of the groups with prior notice.

Parents with a Voice - Norwich

Date: 2nd Wednesday of every month

Time: 5:00 pm-7:00 pm

Place: Campbell Building, 401 West Thames Street, Norwich, CT

We have a potluck dinner. Speakers/themes are planned in advance. Children of all ages are welcome. Transportation for DDS individuals may be available in the Norwich area with advanced notice.

To **RSVP** or for additional information please contact **Amy Adams at 860-859-5474** or **Rhonda Welch at 860-859-5578**

Parents with a Voice - Hartford

Date: March 17th (Tuesday) and April 14th (Tuesday)

Time: 4:30 pm - 6:30 pm

Place: Christ Tabernacle Ministry Training Center
3480 Main Street, Hartford, CT

Participants bring a dish to share for dinner. Childcare is provided

May 3rd - (Sunday)-Picnic in the Park (location yet to be determined)

To **RSVP** or for additional information contact **Laura Bloch at 860-263-2630**



Moms & Dads Support Group - New Haven

Date: 3rd Wednesday of the month

Time: 4:00 pm - 6:00 pm

Place: Hamden Respite House, 1 Wintergreen Avenue, Hamden, CT

We serve a light dinner and have a speaker each month. Family Support Workers provide transportation to DDS parents if needed with prior notice. Childcare provided.

To **RSVP** or for additional information please contact **Mary Hildenbrandt** at **203-974-4262**

New Haven's "Moms & Dads Support" group
and
Bridgeport's "Parents with a Voice" group are getting together....

Wednesday, April 15th, 2015

Time: 4:00 pm - 6:00 pm

Place: Bodie's Place -a boundless playground. Great opportunity to meet each other and for our children to have a new community experience.

Location: 725 North Street, Milford

Parents with a Voice - Bridgeport

Date: 4th Tuesday of the month

Time: 5:00 pm - 7:00 pm

Place: Kennedy Center Senior Options Program, 30 Linderman Drive, Trumbull, Ct

We have various speakers and activities planned. We have light refreshments. Parents may bring a dish to share. Transportation is available for DDS individuals with advanced notice. Childcare is provided.

To **RSVP** or for additional information please contact **Jossie Torres** at **203-805-7431** or **Kelly Kendall** at **203-455-3140** or **Alaina Brown** **203-332-4535**
ABrown@kennedyctr.org

"Parents with a Voice"

Annual Statewide Picnic
Saturday, May 30th, 2015
Harkness Memorial State Park
Waterford, CT