



## Community of Practice for Supporting Families of Individuals with Intellectual & Developmental Disabilities

### About the Community of Practice

The National Community of Practice for Supporting Families of Individuals with Intellectual and Developmental Disabilities will help five states develop systems of support for families throughout the lifespan of their family member with intellectual and developmental disabilities. The objective of the grant is to develop systems of supports for families throughout the lifespan of their family member.

### Facilitating the Community of Practice

Grant partners include

- National Association of State Directors for Developmental Disability Services (NASDDDS)
- University of Missouri-Kansas City – Institute for Human Development (UMKC-IHD)
- Human Services Research Institute (HSRI)
- National Association of Councils on Developmental Disabilities (NACDD)

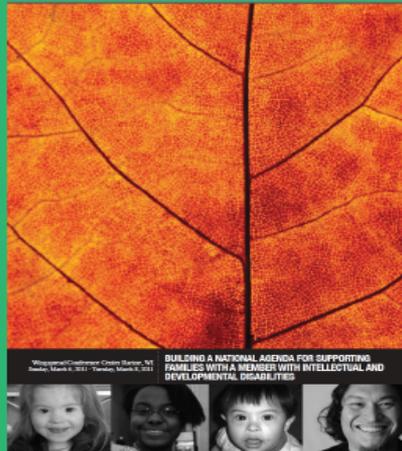
### Goals of the CoP

The goals of the Community of Practice are:

- to create a model framework for supporting families that addresses the needs of families with a family member with I/DD across the lifespan and supports states to develop and sustain exemplary family support practices.
- to develop and facilitate a multi-level Community of Practice designed to build capacity within states and the nation to create policies, practices, and systems to better assist and support families that include a member with I/DD across the lifespan.
- to capture and share lessons learned and products to develop, implement and sustain exemplary practices to support families and systems

### The Goal of Supporting Families

The overall goal of supporting families, with all of their complexity, strengths and unique abilities is so they can best support, nurture, love and facilitate opportunities for the achievement of self-determination, interdependence, productivity, integration, and inclusion in all facets of community life for their family members.



from Building a National Agenda for Supporting Families with Member with I/DD 2011

Goal: To create a model framework for supporting families that addresses the needs of families with a family member with ID/DD across the lifespan.

Wingspread Report

<http://www.ct.gov/dds/cwp/view.asp?a=2042&Q=537862>

GRANT STATES\*

CONNECTICUT

DISTRICT OF COLUMBIA

\*MISSOURI

OKLAHOMA

TENNESSEE

WASHINGTON

Learn about policies and practices for supporting families, find resources connect with the Community of Practice, and share your ideas about supporting families:



Visit our website at [www.supportstofamilies.org](http://www.supportstofamilies.org)



Like us on Facebook at [facebook.com/supportstofamilies](https://facebook.com/supportstofamilies)



Sign up for our mailing list at [www.supportstofamilies.org](http://www.supportstofamilies.org)



Follow us on Twitter at [twitter.com/familieswithidd](https://twitter.com/familieswithidd)

The Community of Practice (CoP) Supporting Families throughout the Lifespan is operated under a five year grant awarded to NASDDDS by the Administration on Intellectual and Developmental Disabilities (AIDD) beginning October 2012.

# CHARTING the life course



## What is Charting the Life Course?



Framework for Supporting Individuals and Families throughout the Life Course

*Charting the Life Course* is a framework that was developed to help individuals with disabilities and families at any age or stage of life think about what they need to know, identify how to find or develop supports, and discover what it takes to live the lives they want to live. Individuals and families can focus on their current situation and stage of life but may also find it helpful to look ahead to start thinking about what they can do or learn now that will help build an inclusive, productive life in the future.

-  Life is a journey - Our lives are not static, they change every day.
-  It's all about vision - Anything is possible, with the right vision.
-  Everything is connected - What you do today affects your life in the future.
-  Our overall compass for people with disabilities and their families is "quality of life."

## Supporting Families Community of Practice



<http://supportstofamilies.org/cop/>

## GOAL

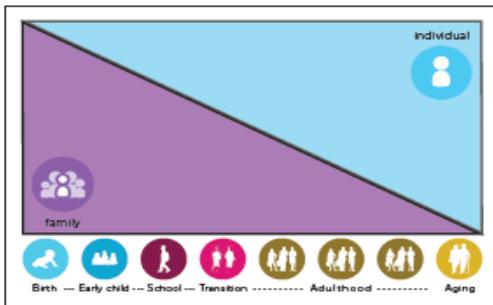


**Individual**  
Will achieve self-determination, interdependence, productivity, integration, and inclusion in all facets of community life



**Families**  
Will be supported in ways that maximize their capacity, strengths, and unique abilities to best nurture, love, and support the individual to achieve their goal

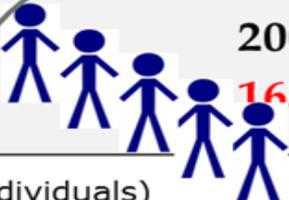
Recognizing that individuals exist within a family system



 Caring About	Affection & Self-Esteem
	Repository of knowledge
	Lifetime commitment
 Caring For	Provider of day-to-day care
	Material/Financial
	Facilitator of inclusion, recreation, spirituality and meaningful activities
	Advocate for support

- 10 Committees
- Family-to-Family Connections
- Employment
- Healthy Living
- Housing/Home Supports
- Information Navigation
- Person-Centered Planning
- Positive Behavior Support
- Respite/Social Opportunities
- Self-Directed/In-Home Supports
- Technology

# Re-evaluating current services – How many could we serve?

Type of Service	Cost per Person	Cost to Serve the Waiting List 122,870	People Served with \$5 M
ICF/MR	\$128,275 CT \$383,316	\$15,761,114,925	 39 CT 13
Non-family HCBS	\$70,133 CT \$140,199	\$8,617,241,710	 71 CT 36
Host Family	\$44,122 CT \$51,687	\$5,421,270,140	 113 CT 97
Own Family	\$25,072 CT \$30,390	\$3,080,596,640	 200 165

Data Source: Lakin, K.C. MSIS and NCI data from 4 states (1,240 Individuals)

NASDDDS

National Association of State Directors of Developmental Disabilities Services

