

ASSESSING THE QUALITY OF YOUR FAMILY SUPPORT



QUALITY FAMILY SUPPORT SHOULD:

- Help you raise your children and strengthen your family and community
- Be tailored to your family's specific needs
- Be easy to access
- Respond to your personal and cultural preferences
- Be rooted in your community
- Be fair and accountable to you
- Be flexible and receptive to your changing needs
- Treat you and your child with respect
- Value your opinions
- Provide competent, well-trained service providers

OUR MISSION

The Connecticut Family Support Network (CTFSN) exists to assist families raising children with disabilities and special healthcare needs.

GOALS

1. Provide family support, in the way of direct 1:1 advocacy and support, support groups, email distribution lists, educational training and workshops across Connecticut to families in the communities where they live.
2. Collaborate with state agencies and advocacy organizations to ensure families have access to and use of programs and services in Connecticut that help families raising children with disabilities and special health care needs.
3. Participate in systems change, ensuring that state policy is designed in a way that meets the needs of these children and their families.

SIGN UP FOR OUR STATEWIDE EMAIL DISTRIBUTION LISTS

THEY OFFER A GREAT OPPORTUNITY TO
SHARE & ACCESS INFORMATION & RESOURCES
FOR FAMILIES, ADVOCATES & PROVIDERS

To sign up contact Jennifer Carroll
at 1-877-FSN-2DAY or via email
at jtcarroll@cox.net



CONNECTICUT FAMILY SUPPORT NETWORK

Tel: 1-877-FSN-2DAY

www.ctfsn.org



CONNECTICUT
FAMILY SUPPORT
NETWORK

Help for families raising
children with disabilities and
special healthcare needs.

- Information
- Resources
- Support
- Advocacy



BECOME YOUR CHILD'S
BEST ADVOCATE!

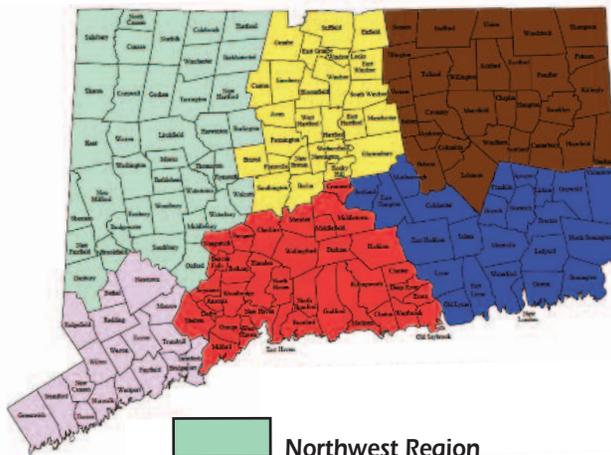
www.ctfsn.org

THE CONNECTICUT FAMILY SUPPORT NETWORK

GET INVOLVED

The CT Family Support Network is a statewide network of families who have children with disabilities and special healthcare needs. We are parents interested in helping other parents to find the supports they need to become their child's best advocate. The Network partners with the Connecticut Family Support Council, a legislatively established partnership of parents, advocates and state leaders working to improve supports and maximize programs and services for the families we serve.

MAP OF FSN REGIONS



- Northwest Region
- North Central Region
- Northeast Region
- Southwest Region
- South Central Region
- Southeast Region



HOW WE CAN HELP

WHAT SUPPORTS CAN I FIND THROUGH MY LOCAL FAMILY SUPPORT NETWORK?

The CT Family Support Network helps families to obtain supports and resources specific to their individual and family needs. We have been successful in offering the following:

- **Direct Support Via Telephone and Email**
- **Support Groups**
- **Email Distribution Lists**
- **Referrals to Needed Programs and Services**
- **Links to Community and Recreational Resources**
- **IFSP and IEP Guidance**
- **Workshops and Training on Relevant Issues**

YOUR VOICE MATTERS!

GET INVOLVED

The CT Family Support Network encourages participation and facilitates family involvement in conversations involving the design and development of programs and services impacting their children and families.

Local Level: join a community group, support group, school-based parent group or faith-based organization.

State Level: become an active participant and become appointed to a state agency council, advisory board or advocacy group.

Legislative Level: learn how to communicate effectively with legislators in your home town and at the Capitol, provide testimony and participate at a public hearing.

CARING & SHARING

CT FAMILY SUPPORT CONTACT INFORMATION

CALL US TO FIND OUT HOW TO MAKE YOUR FAMILY SUPPORTS WORK FOR YOU

| | | | |
|------------------------------|--------------------------------------|----------------|-----------------------------|
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| Patti Silva | Deaf/HH Resource Coordinator | (860) 529-7766 | cakes01@cox.net |
| Maggy Morales | Bi-Lingual Family Support | (860) 679-1527 | mamorales@uchc.edu |