

# THE FRAGILE X SOCIETY of CONNECTICUT

Presents a One Day Conference:



## Successful Transitions – Planning for the Education and Employment Years

Featuring Internationally Known Fragile X  
and Autism Spectrum Disorder Experts

**Vicki Sudhalter, Ph.D.**

New York State Institute for Basic  
Research in Developmental Disabilities

**H. Laurie Yankowitz, Ed.D.**

Heartshare Human Services  
of New York

**Jane Thierfeld Brown, Ed.D.**

University of Connecticut,  
School of Law

**Ramzi Nasir, MD, MPH**

Children's Hospital Boston

### Agenda

**7:45 - 8:30:** Registration & Breakfast.

**8:30 - 8:40:** Welcome.

**8:40 - 9:15:** "FX 101; What's Available at  
Children's Hospital Boston" (Dr. R. Nasir).

**9:15 - 10:15:** "Hyperarousal and IEPs in Relation  
to Transitions and Younger Children" (Dr. V.  
Sudhalter).

**10:15 - 10:30:** Break.

**10:30 - 11:15:** "The Teen Years - Beginning the  
Transition Plans" (Dr. L. Yankowitz).

**11:15 - 12:15:** "Hyperarousal in Teens and Adults"  
(Dr. V. Sudhalter).

**12:15 - 1:30:** Lunch & Networking.

**1:30 - 2:30:** "College and Post-secondary  
Programs for Students with Fragile X  
Syndrome" (Dr. J. Brown).

**2:30 - 3:30:** "Accessing Adult Services and  
Employment" (Dr. L. Yankowitz).

**3:30 - 3:45:** Break.

**3:45 - 4:30:** "Questions and Answers: Panel  
Discussion" (Speakers).

**Saturday, November 19, 2011**

**7:45 a.m. – 4:30 p.m.**

**UConn Health Center**

**263 Farmington Avenue  
Farmington, Connecticut 06030**

\$50. Pre-registration required.

**CEU credit is available.** For information,  
Tammy and Andy Selinger at (860) 233-1904  
or e-mail [xfamily@aol.com](mailto:xfamily@aol.com)  
[http://www.fragilex.org/html/ct\\_events.htm](http://www.fragilex.org/html/ct_events.htm)



The National **Fragile X** Foundation  
Support-Awareness-Education-Research-Advocacy



The University of Connecticut  
A.J. Papanikou Center for Excellence  
In Developmental Disabilities  
Education, Research and Service

## Registration

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Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

**Attendee** - please check all that apply

Fragile X Family Member

Physician

Teacher

Therapist

Other

**CEU credit & Attendance Certificate available on request.**

**Payment:** \$50 per attendee

Pay by **Check** or **Credit Card**

Check  (Please make Checks payable to: **NFXF**)

American Exp.  Discover  MasterCard  Visa

Please print clearly:

Name (as on card) \_\_\_\_\_

Card # \_\_\_\_\_

Expiration Date - month/year \_\_\_\_\_

Billing Zip \_\_\_\_\_

**Payment and Registration must be received by  
November 7, 2011.**

Mail to:

Fragile X Society of Connecticut

Tammy and Andy Selinger

20 Mohegan Drive

West Hartford, CT 06117

For additional information call:

Tammy and Andy Selinger (860) 233-1904

Or e-mail [xfamily@aol.com](mailto:xfamily@aol.com)

[[http://www.fragilex.org/html/ct\\_home.htm](http://www.fragilex.org/html/ct_home.htm)]

National Fragile X Foundation  
1615 Bonanza Street  
Suite 202  
Walnut Creek. CA 94596

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Fragile X Experts**

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New York State Institute for Basic Research  
in Developmental Disabilities

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## What will be presented?

- Understand what a Fragile X Clinic can provide for an individual with Fragile X Associated Disorders.
- Upcoming Fragile X (FX) Clinical Trials in Boston.
- Lessons learned: FX clinical experience in pharmacology.
- Transitions through the life span - demonstrating what steps are needed in order to make transitions easier.
- Accommodations for hyperarousal as part of the IEP for any child with Fragile X Syndrome (FXS).
- Triggers of hyperarousal that commonly affect teens and adults. Strategies that teens and adults themselves can adopt to cope with unavoidable hyperarousal.
- How Fragile X Syndrome affects your young adult.
- Transitioning to programs after high school.
- Learn the differences between high school and college and how to prepare for those changes.
- Information about college options for students with FXS, where the programs are located, and what supports are provided.
- The importance of accessing services from the state system while the individual is still in school.
- Documentation of eligibility, other state requirements.
- Eligibility for Medicaid for virtually all state funded services for adults. How those with FXS will be eligible.

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**Linking Individuals  
Nationally in  
Knowledge  
and Support**

## Who should attend?

Families, educators, therapists, and providers who care for children and adults with FXD.

## How much does it cost?

\$50 per person. This includes breakfast, lunch, and a conference binder.

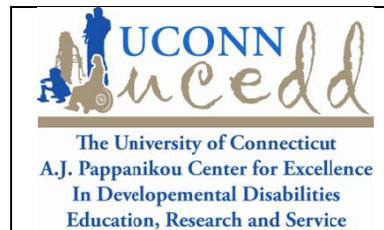
## Does the conference have impact?

"After attending the fall 2010 conference with our 6 ½ year old son's teacher, we adapted our approach to teaching him sight words to give him the foundation to begin reading. With the new strategies in place, our son learned words ahead of his IEP goals. He continues to be visibly proud of himself for being able to recognize his sight words in books." *Scott Locke, father, New York.*

## Directions From I-84

Exit 39, right onto Rt. 4 East. Right at the 3<sup>rd</sup> light into the UConn Health Center. Follow the signs to the hospital, upper campus/main entrance. Free parking is in the visitor lots beyond the guard shack. Enter through the main entrance. Take escalator on left to lower level.

## Conference Gold X Sponsors



## Speakers

**Jane Thierfeld Brown, Ed.D.**, is the Director of Student Services at the University of Connecticut School of Law and is the mother of 3 children, the youngest being a 19 year old son with Fragile X Syndrome. Dr. Brown has worked in Disability Services for over 30 years at several colleges and universities. She is also the director of College Autism Spectrum, providing services for families, colleges and school districts and developed a program for college students on the autism spectrum at the University of

Connecticut. Dr. Brown's book, "Students with Asperger's: A Guide for College Professionals," was published in 2009, the partner book, "The Parent's Guide to College for Students on the Autism Spectrum," will be published in 2011.

**Ramzi Nasir, MD, MPH**, is an Assistant in Medicine at the Developmental Medicine Center of Children's Hospital Boston. He is an instructor in Pediatrics at Harvard Medical School and is Board Certified in Pediatrics and Developmental Medicine. His specialties include behavioral and developmental disorders in genetic diseases, developmental and behavioral pediatrics, and psychopharmacology.

**Vicki Sudhalter, Ph.D.**, has been working in the field of FXS for 25 years striving to gain a better understanding of the characteristics of individuals with FXS, of how students' individualized education plans (IEPs) are developed and implemented, and of how to help parents advocate for their children's needs in school systems. She has done research into the gaze aversion, hyperarousal, and language problems of males with FXS. She was honored with the 2006 Jarrett Cole Clinician Award for service to families with FXS and is a member of the National Fragile X Advisory Committee. Dr. Sudhalter co-founded the Fragile X Clinic at the New York State Institute for Basic Research in Developmental Disabilities in 2000, where she currently is Head of their Clinical Psycholinguistics Laboratory.

**H. Laurie Yankowitz, Ed.D.**, has more than 25 years experience working with families of individuals with developmental disabilities and has expertise in the learning and behavioral profile of FXS. She consults with families, schools, and other organizations to develop curriculum and in-service staff to promote skill development for people with intellectual disabilities that promote self-reliance, a sense of well-being, and a sense of belonging. She collaborates with others on efficient and effective ways to measure effectiveness of skill development programs for individuals and/or groups of people. Dr. Yankowitz is currently the Senior Director of Family Support Services at Heartshare Human Services of New York.

## Fragile X Society of Connecticut

- Special thanks to our medical advisor, **Dr. Mark A. Greenstein**, Professor of Pediatrics, Divisions of Genetics and Child Development, UConn School of Medicine and our Fragile X Clinical & Research Consortium member, **Children's Hospital Boston**.