

Governor M. Jodi Rell's Connecticut Day of Caring & Compassion November 7, 2009



Governor M. Jodi Rell invites the residents of Connecticut to participate in *A Day of Caring & Compassion* Saturday, November 7 10 a.m. to 2 p.m.

On November 7, there will be a one-day push to fully stock the shelves of local food pantries, Foodshare and Connecticut Food Bank to assist families in need.

It is important to remember our neighbors as hard times persist due to the prolonged recession. This Connecticut Day of Caring & Compassion is just one way we can help.

*Join With The Governor and Firefighters
from across Connecticut to Help
Fill the Shelves of Local Pantries, Foodshare, and
Connecticut Food Bank with Non-Perishable Food*

**DROP OFF YOUR DONATED FOODS
ON NOVEMBER 7 FROM 10 A.M. TO 2 P.M.
AT THESE PARTICIPATING FIRE STATIONS**

BERLIN Kensington Fire House 880 Farmington Avenue	TORRINGTON 111 Water Street
DANBURY 19 New Street	VERNON 720 Hartford Turnpike
ENFIELD 200 Phoenix Avenue	WATERBURY 740 Highland Avenue
FAIRFIELD 140 Reef Road	WEST HARTFORD 20 Brace Road
MIDDLETOWN 169 Cross Street	WEST HAVEN West Shore Fire District Headquarters 860 Ocean Avenue
NORTH WINDHAM 603 Boston Post Road	WESTPORT 515 Post Road East
NORWICH East Great Plain Volunteer Station 488 New London Turnpike	WILLIMANTIC 13 Bank Street
OLD SAYBROOK 310 Main Street	

The number of people seeking help at local food pantries has increased by 30% over last year. Many families who were food bank donors in the past, now find themselves asking for help instead of being able to give it.

“Please keep in mind that this is a collection of non-perishable food – things like pasta, tuna, peanut butter, canned goods and more,” the Governor said. “We will **not be collecting cash or non-food items**. Our hope is that the generous people of Connecticut will – once again – open their hearts to help feed people in need this fall and winter. The world-wide economic slump continues to take a toll on Connecticut, and the effects are deeper than we have seen in years. So I am making a special request for help, because if you are in a position to give, your help is needed more than ever.”

The Connecticut Day of Caring & Compassion is just one of several efforts under way to help provide assistance to families in need. The statewide effort on November 7 is an opportunity for everyone in the state to make a difference. It is really a chance for the generous people of our state to shine by rising to the occasion.

Please help spread the word, organize participation in your community and give generously.

*Thank you for
your generosity in
helping those in need.*

