

DCF Psychotropic Medication Advisory Committee

MINUTES

March 7, 2014 1:00 PM

Albert J. Solnit Children's Center, Middletown, CT.

Present: Jacqueline Harris, M.D., Chair; David Aresco, RPh; Chris Malinowski, APRN; Amy Veivia, Pharm. D.; Allen Alton, M.D.; Debra Brown, M.D.; Maureen Evelyn, Parent Advocate; Pieter Joost Van Wattum, M.D.; Ken Riverson, Pharm.D. Candidate: Jason Gott RPh; Irvin Jennings, M.D.; Aurele Kamm, APRN; Beth Muller, APRN; Margaret Rudin, PD APRN.

1. Dr. Harris called the meeting to order at 1:07pm.
2. The next meeting is scheduled for April 4, 2014 from 1pm – 2:30pm; Solnit Center AB conference room.
3. The minutes of the February 2014 meeting were reviewed and approved without change.
4. Announcements: Dr. Jennings is on the Legislative Mental Health Task Force for Children. PMAC members are encouraged to contact Dr. Jennings to provide input/feedback.
5. Old Business:
 - Antidepressant Data collection tool draft: The tool was distributed, reviewed and discussed. Key points of the discussion included:
 - The purpose of data collection is to determine if there may be over utilization of this class of medication. When used is the dose correct, was there an indication for the medication, etc.
 - Discussed if the data collection should be prospective/concurrent, retrospective, or both. The pros and cons of each was discussed. PMAC recommends collecting data on all continuations and new starts as well as a limited number of retrospective cases.
 - Discussed if a data collection threshold should be set. This could be a set amount of time for data collection or a set # of cases. This will be determined by Dr. Harris in consultation with Dr. Veivia and announced to committee members in the near future.
 - A time line was discussed. Recommend collecting data through the end of April, perform data analysis in May and report results at the June PMAC meeting.
 - As part of the data collection it will be noted in the comments section if genetic testing was noted on the request form.
 - Proposed max dose guidelines for long acting injectable antipsychotics: Document distributed, reviewed and discussed. The discussion points included:
 - The status of these formulations on the approved drug list.
 - Non-formulary approval process.
 - Use of these formulations for non-compliant patients.
 - Additional monitoring is often required.

□ Lack of data noted and additional research needed.
The Committee voted to recommend these formulations remain on the approved drug list.

Plan

Place on agenda for the next meeting.

- i. Determine what Solnit Center dosing guidelines are if any.
- ii. Review CMCU data on prior approvals if cases can be identified.
- iii. Check other practice sites if possible for dosing parameters.

6. New Business

- Appendix II medication class review: Antipsychotics – Document distributed, reviewed and discussed.
 - Several changes were approved.
 - An indicator will be added denoting those items that are required vs recommended.
- Genomic testing: discussion of current status: Document distributed and reviewed. Noted that DCF currently requires approval from MRB for testing as there is an issue with blood storage. This may change in the near future.

7. Other as time allows.

- Guidelines revision will be on the next agenda. Current date of the guidelines is 2010.
- ADR's: next month a review of the current reporting process will be an agenda item. A recent ADR case was described and discussed.
- CMCU Web Site: is being revamped to make it easier to use. Let CMCU know of any suggestions that may improve the site. Noted: Form 465 is now an editable word document vs a PDF on the website.
- MEMBERSHIP
 - i. A recommendation was made to send minutes etc. to a larger pool of people to foster attendance and recruitment of new members. This could include inpatient psychiatric unit leaders, MD's, APRN's and RRG nurses within DCF. Members are encouraged to forward minutes to their staff and colleagues.
 - ii. The PMAC membership list should be brought up to date.
 - iii. In lieu of minutes it may be better to send the information organized as a short newsletter. Mr. Aresco will prepare a draft for the next meeting.

8. Adjournment: Dr. Harris adjourned the meeting at 2:32 PM.

Respectfully submitted:
David S. Aresco, RPh FASCP