

Children's Behavioral Health Advisory Committee (CBHAC)

Thirty one appointed members
(Fifty-one percent to be parents)
Thirty appointments filled, currently two vacancy
Statewide Advisory Council appointments currently one vacancies
Legislative appointments one vacancy

Appointments. By State Advisory Council:

Co-Chair: Dave Tompkins (01/06/06-01/06/09), **Lolli Ross** (02/04/05-02/04/09),
Grace Nelson (10/07/05-10/07/09), **Sincilina Beckett, Patricia Gaylord, Darcy Lowell, Norma Irving, Neil Quatrano,**
Tabor Napiello and Debbie McCusker (09/06/07 – 09/06/09) **Karen Smith, Co-Chair: Doriana M. Vicedomini,** (02/28/2008
- 02/28/2010) **Mary Martinez, George McDonald** (10/08/2008 - 10/08/2010) **Mary Held** (03/31/2009 - 03/31/2011)

Governor's Appointments:

Parent-**Cathy Adamczyk** (01/23/06-06/30/10), Provider-**Cara Westcott** (08/11/05-11/03/10)

Legislative Appointments:

Pres. Pro Tempore Appt. Donald Williams - **Margaret (Peggy) Ayer** (08/15/05-08/15/09), Speaker of the House Appt. Christopher
Donovan-**John McGann** (12/14/05-06/30/10), Maj. Leader of the Senate Appt. Martin Looney-**Chet Brodnicki** (08/09/05 –
08/09/09), Min. Leader of the Senate Appt. Louis Deluca-**Marcy Kane** (04/07/05-06/30/10), Min. Leader of the House Robert
Ward-**Vacant** (06/07/06-Term does not expire) Maj. Leader of the House Appt. Denise Merrill - **Robert Franks** (02/20/09 -
06/30/2010)

State Department Commissioner Designees:

Department of Children and Families - **Tim Marshall**, Department of Social Services - **Tim Bowles**,
Department of Education - **Scott Newgass**, Department of Mental Health and Addiction Services - **Nikki Richer**,
Department of Developmental Services-**Tammy Garris**

Court Support Services, Chief Court Administrator Designee - **Cathy Foley Geib**

Office of Protection and Advocacy, Executive Director Designee - **Rachel Sherman**

Meeting Minutes from May 01, 2009

Appointed Members in Attendance:

Sincilina, Beckett, Tim Bowles, Tammy Garris, Tim Marshall, John McGann, Tabor Napiello, Nikki Richer, Rachel Sherman, Karen Smith, Dave Tompkins, Doriana M. Vicedomini, Cara Westcott

Excused Appointed Members:

Margaret (Peggy) Ayer, Chet Brodnicki, Robert Franks, Marcy Kane, George McDonald, Cathy Foley Geib, Neil Quatrano

Unexcused Appointed Members:

Lolli Ross, Patricia Gaylord, Grace Nelson, Norma Irving, Darcy Lowell, Mary Martinez

Members of the Public in Attendance:

Susan Williamson, Amy O'Connor, Frank Gregory, Marilyn Cloud, Lesbia Martinez, Wanda Roberson, Margaret Roberson, Neva Caldwell, Lorna Grivois, Kathleen S. Carrier, Sally Gaston, W. Anderson, Etta Hemingway, Nancy Dumont

Mission: The mission of CBHAC is to promote and enhance the provision of behavioral health services for all children in the State of Connecticut.

**Children's Behavioral Health Advisory Committee
(CBHAC)**

The Meeting was called to order by Co-chair, Dave Tompkins – 10:12 am

Co-chairs report:

Dave Tompkins/ Doriana Vicedomini

- **Legislative Update - Amy O'Conner, Dave Tompkins**

Dave Tompkins:

- **HOUSEKEEPING –**
 - BHP has requested that to use this conference room that we must use this room and not wander around the floor – if you need to use a restroom please use the one out in the hallway
 - Structure update: sub-committees will be reporting twice a year with a formal report.

Months to Make Recommendations	Sub-Committee	Months to meet at Noon after CBHAC
January July	MHBG	December & June
February	Practice Standards	January
March September	Local Systems of Care	February & July
April October	Behavioral Health	March & September
May November	Multiculturalism	April & October
June December	Transitioning Youth	May & November

- Minutes are posted on the DCF website:
<http://www.ct.gov/dcf/cwp/view.asp?a=2558&q=314346>
 - We would also like to post our recommendations on the DCF web page
 - SAC webpage and minutes are also posted on the DCF website

Legislative Update – Amy O'Conner

- NAMI - CT Legislative Update: The appropriations Committee came out with their budget last week. We strongly support the Legislature's effort to restore funding for several vital programs and policies that the Governor wants to cut in Medicaid, juvenile justice, and other critical health care services. However, we remain concerned about some dangerous cuts to medication and treatment access for our most low-income residents. Please see below for a summary list of the budget as it compares to the Governor's. I tried to keep it brief and focused on the areas with the most impact on mental health.

For Example:

Department of Social Services Budget: The Appropriations Committee budget rejects many of the

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(CBHAC)**

cuts to Medicaid services proposed by the Governor, including but not limited to:

- Restoring adult dental coverage
- Restoring medical interpreters
- Restoring coverage for over the counter drugs, ect...

However, the Appropriations Committee decided to maintain and/or add cuts and access barriers that could negatively impact low - income people with serious mental illnesses as follows: This is just one of the examples.

- Removes the Medicare Part D Wrap Around protection that covers co-pays for people who are dually eligible for Medicare and Medicaid and subjects them to co-pays up to \$15 per month (the Governor proposed \$20 per month).

Department of Mental Health and Addiction Services: (some examples)

- Does not close Cedarcrest Hospital
- Rejects the Governor's proposal to fund additional slots in the state's new Mental Illness Waiver to divert/discharge people with serous mental illnesses in nursing homes.

Department of Children and Families: (some examples)

- Restores partial funding to implement the Raise the Age legislation specifically for 16-year olds. It is not clear when and if implementation is planned for 17 year-olds.
- Maintains the Governor removal of 60 diversionary beds from the Court Support Services Division that would have served as alternatives to incarcerations

OLR Bill Analysis

SBH 5416: An act concerning the transition of care and treatment of children and youth from the department of children and families to the Department of mental health and addiction services.

Summary:

Beginning July 1, 2010, this bill requires The Department of Children and Families (DCF) and Mental Health and Addiction Services (DHMAS) commissioners, within available resources, to issue joint annual reports on transition activities for children under DCF care who are likely to need mental health or substance abuse services from DHMAS when they age out of DCF care. In most cases, this occurs when they reach 18.

SBH 877: Proposes to Eliminate CBHAC

Currently it is in the Senate floor and it states that this bill "eliminates SAC's Children Advisor Committee."

Fiscal Note \$25,000: Establishing a Pilot Program

DCF and Juvenile Court to establish a Pilot Program to integrate treatment. It is plans for abuse and neglected children in DCFs care and a courts order.

Link to summary of the SBH 877: <http://www.cga.ct.gov/2009/BA/2009SB-00877-R000290-BA.htm>

Announcement:

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(CBHAC)**

Representative Toni Walker invites you to join her for:
Mental Health Awareness day at the Capitol
May 05, 2009
10:00AM - 2:00PM
Legislative Office Building (room 1E) in Hartford

Please join Representative Walker, Fellowship Place and the Keep the Promise Coalition (KDP) at an advocacy event to support access to housing, treatment and medication options, and true community integration for people living with mental illnesses.

Cara Westcott: Question about the DCF flex funding cuts?

Tim Marshall: The flex funding is not referencing the community based flex funding. The Wraparound service refers to the WR class, the money that was set aside for that small class of kids that have wraparound dollars available.

Nikki Richer:

We accept young adult services referral's only come directly from DCF and they have to be active cases. The rest of the referrals can to the Local Mental Health Authority that have young adult programs that will be assessed and provide services.

Committee Reports:

Nominations Committee

Marcy Kane

- Yesterday, I mailed off letters to the Governor's office as well as to the Minority Leader of the House, Larry Cafero, requesting them to appointment someone to CBHAC. I sent Hal's application with the Governor's letter and nicely asked her to appoint him. Member list copies are available for your review.
- I have gotten some calls regarding applications for membership to CBHAC - none has applied at this time
- I left a phone message with Grace Nelson and Lolli Ross asking them about their continued interest in serving as CBHAC members.
- Sent a reappointment letter for Dave Tompkins to SAC. I will bring copies of that letter for Dave, Doriana and Lorena as well with me to the June meeting

Mental Health Block Grant

Marilyn Cloud:

Status Report: Mental Health Block Grant Federal Fiscal Year 2009

- Joint State Mental Health Planning Council May 13th from 2:00pm - 4:00.

State of Connecticut - Final Award \$4,323,899

The final award represents a 1.4% state reduction from the initial federal notification, which was the basis for budget development and the State Allocation Plan, due and submitted in August 2008.

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This decrease was due to a federal formula reduction that impacted all states. The total reduction for DCF is \$18,425 which is 30% of the reduction for Connecticut. Therefore, the total FFY09 award for DCF is now \$1,297,170.

It will be necessary to account for the decrease from categories with unspent and unencumbered funds.

1. System of Care Workforce Development & Training
2. Respite Services for Families
3. Family Advocacy Services - FAVOR, Inc.
4. Multiculturalism Initiatives
5. Youth Suicide Prevention & Mental Health Promotion
6. Extended Day Treatment (EDT): Model Development and training
7. Dialectical Behavior Therapy Training Initiative
8. Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Learning Collaborative

Local System of Care

Tabor Napiello/ Hal Gibber

- 25 collaboratives are invited and are aloud to bring 5 extra people with them
- Cara Westcott will give an overview of the collaboratives
- Wraparound Initiative overview from CHDI: Center from Effective Practice - Jennifer Schroeder
- On the agenda Tammy Garris from the Department of Developmental Services (DDS) will be speaking on the following:
 - Overview about DDS
 - How to become a vendor
 - Voluntary services
 - What our agency does
 - Autism Program

Multiculturalism

Mary Martinez / Mary Held

- No report

Behavioral Health Services – BHP Interface

1. I left a message with Scott Newgrass to get an understanding from him what his committee has turned up with in terms of Practice Standards. Our group was interested in this. I haven't heard back yet.
2. Hal, I need to call you as we need to figure out a regular meeting time for our group.

**Transformation Grant update: Frank Gregory
Youth initiative:**

Children's Behavioral Health Advisory Committee
(CBHAC)

- Under the rubric of workforce development - has conceptualized the workforce not only traditional providers, but also consumers, youth and parents, ect.
- Networks and connections developing youth leadership
- Phase II - putting together a summit for the purpose establishing state action for youth leadership
- Moving through process to product - Action plan
- Establishing of some coordinating identity
- An existing organization that is involved in youth leadership or advocacy within the context of the behavioral health system.
- You can contact Families United or Frank Gregory from DCF for more information

The meeting was adjourned at 11:57AM

Meeting notes respectfully submitted by Lorena Emanuel