

## ***Children's Behavioral Health Advisory Committee (CBHAC)***

Thirty one appointed members  
(Fifty-one percent to be parents)  
28 appointments filled, currently three vacancies  
Statewide Advisory Council appointments currently one vacancies  
Legislative appointments one vacancy  
Governor's appointment one vacancy

### ***Appointments. By State Advisory Council:***

**Co-Chair: Dave Tompkins** (01/06/06-02/04/11), **Lolli Ross** (02/04/05-02/04/09),  
**Grace Nelson** (10/07/05-10/07/09), **Sincilina Beckett, Patricia Gaylord, Darcy Lowell, Norma Irving, Neil Quatrano,**  
**Tabor Napiello and Debbie McCusker** (09/06/07 – 09/06/09) **Karen Smith, Co-Chair: Doriana M. Vicedomini,** (02/28/2008  
- 02/28/2010) **Mary Martinez, George McDonald** (10/08/2008 - 10/08/2010) **Mary Held** (03/31/2009 - 03/31/2011)

### ***Governor's Appointments:***

Parent-**Vacant**, Provider-**Cara Westcott** (08/11/05-11/03/10)

### ***Legislative Appointments:***

Pres. Pro Tempore Appt. Donald Williams - **Margaret (Peggy) Ayer** (08/15/05-08/15/09), Speaker of the House Appt. Christopher  
Donovan-**John McGann** (12/14/05-06/30/10), Maj. Leader of the Senate Appt. Martin Looney-**Chet Brodnicki** (08/09/05 –  
08/09/09), Min. Leader of the Senate Appt. John McKinney-**Marcy Kane** (04/07/05-06/30/10), Min. Leader of the House Larry  
Cafero-**Vacant** (06/07/06-Term does not expire) Maj. Leader of the House Appt. Denise Merrill - **Robert Franks** (02/20/09 -  
06/30/2010)

### ***State Department Commissioner Designees:***

Department of Children and Families - **Tim Marshall**, Department of Social Services - **Vacant**,  
Department of Education - **Scott Newgass**, Department of Mental Health and Addiction Services - **Nikki Richer**,  
Department of Developmental Services-**Vacant**

Court Support Services, Chief Court Administrator Designee - **Cathy Foley Geib**

Office of Protection and Advocacy, Executive Director Designee - **Rachel Sherman**

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## **Meeting Minutes from July 10, 2009**

### **Appointed Members in Attendance:**

Margaret (Peggy) Ayer, Sincilina Beckett, Robert Franks, Cathy Foley Geib, Tim Marshall, Mary Martinez,  
Debbie McCusker, Tabor Napiello, Rachel Sherman, Karen Smith, Dave Tompkins, Doriana Vicedomini,  
Scott Newgass

### **Excused Appointed Members:**

Chet Brodnicki, Mary Held, Marcy Kane, Darcy Lowell, John McGann, Nikki Richer, Cara Westcott

### **Unexcused Appointed Members:**

Lolli Ross, Patricia Gaylord, Grace Nelson, George McDonald, Norma Irving, Neil Quatrano

### **Members of the Public in Attendance:**

Susan Williamson, Laura Hadder, Hal Gibber, Marilyn Cloud, Yolanda Davis, Michelle Chase, B. Wilson,  
Troy Williams, Neva Caldwell, Cindy L. Tomas, Wanda Roberson, Miyah Moye, Lynn Roberson, Margaret  
Roberson, Giana Livingston, Amir Moy, T. Jones, Doretha Payon, Sally Gaston, W Anderson, Nancy  
Dumont, Marshall Dumont, Velveta Scott

**Children's Behavioral Health Advisory Committee  
(CBHAC)**

**Mission:** The mission of CBHAC is to promote and enhance the provision of behavioral health services for all children in the State of Connecticut.

**The Meeting was called to order by Co-chair, Dave Tompkins – 10:11 am**

**Approval of Minutes:**

June minutes were voted on and approved

**Co-chairs report:**

**Dave Tompkins/ Doriana Vicedomini**

**Doriana Vicedomini:**

- Suggestion for CBHAC members to rotate to attend the State Advisory Committee meetings - we will be sending out an e-mail for volunteers
- Member Debbie McCusker has volunteered to attend next State Advisory Committee meeting
- Next State Advisory Committee Meeting will be on Monday, July 13<sup>th</sup> at Connecticut Association of Foster Parents (CAFAP) from 10:00 to 12:00.
- Monthly notice about who will be presenting each month
- Please make sure you distribute recommendations from CBHAC

**Marilyn Cloud:**

- Brief summary of the expanded authority of SAC on the Block Grant report on page 9
  - Expands the authority and oversight of the State Advisory Council on Children and Families (SAC) with respect to DCF programs and services (SAC will now assist in the development and review of the strategic plan, receive quarterly reports from the Commissioner concerning DCF's progress and independently monitor the progress, and offer assistance to DCF)

**Committee Reports:**

**Nominations Committee**

Marcy Kane

- Have new SAC appointments to fill
- No applications are pending
- If anyone is interested please send application to Marcy Kane
- Tim Bowles had retired - Department of Social Services
- Tammy Garris has been reassigned - Department of Developmental Services

**Standards for State Funded Behavioral Health Programs**

Scott Newgass/ Debbi McCusker

Minor change to *Practice Standards for Extended Day Treatment*

- The portion of page 15 of the *Practice Standards for Extended Day Treatment* reflecting a minor change in language addressing the timeframe for periodic reviews of individual treatment plans. The highlighted language changes the time for periodic review from 30 days to 60 days. This timeframe is consistent with licensing requirements and does not preclude any changes that may be necessary to address specific behavioral or physical health needs.

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The (initial) treatment plan must still be developed within thirty calendar days of admission.

I ask that CBHAC forward to the State Advisory Council this change, along with its recommendation for approval.

- Two Practice Standards remaining to be updated

**Mental Health Block Grant**

Peggy Ayer/ Karen Smith

**Doriana Vicedomini:** Mental Health Block Grant Conference

**Speaker - Dr. Patricia Deegan from Massachusetts**

- Trainings focused on recovery and empowerment
  - Five things we should be supporting
  - Consumer rating
  - Planning of more self directive care
  - Educating people on medications
  - Federally funded systems of care
1. at the top of the list was peer support
    - building relationships in hospital settings
    - peer respite
    - peers in the emergency room using them as life coaches
    - helping individuals to get clean
    - psychiatric medication choice
    - Homelessness and supportive living
  2. Supporting employment
    - Supporting education and housing
  3. Programs that support self directive recovery
    - Funding car repairs
    - Funding dental procedures
  4. Health care reform
    - Integrating physical and behavioral health medicine together
  5. Computer assisted decision or support for prescription
    - Common Grounds - Computer program

**Marilyn Cloud:**

***"Draft" Mental Health Block Grant State Plan for Federal Fiscal Year 2010***

This is a lengthy document. However, there are some important sections that may be helpful to review prior to the meeting.

**Children's Behavioral Health Advisory Committee  
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These include the following:

- Part C Section II A Strengths and Weaknesses of the Service System Pages 14 - 20
- Part C Section II B Unmet Service Needs And Critical Gaps Within The Current System Pages 21 - 25
- Part C Section II C Priorities And Plans To Address Unmet Needs and Critical Gaps Pages 26 - 28
- Part C Section III Criterion 5C Mental Health Block Grant Fund Expenditures Pages 85 - 86

Part C Section III C describes the federal National Outcome Measures that each state is required to address.

***\*Feedback from CHBAC needs to be submitted to Marilyn Cloud by the first week of August or you can go online and post your recommendations***

**Dave Tompkins:**

- Please read the pages that talk about unmet needs and we should get back to Marilyn and make sure that all of our unmet needs are identified and should be included to the report.
- Our role is to make recommendations and our recommendations will be added to the report
- Please e-mail feedback to me, Dave Tompkins or Doriana Vicedomini and we will consolidate feedback before sending to Marilyn Cloud.

**Sincilina Beckett:** is concerned about the continuum of care

**Bearford Wilson:** employ parents for their services

**Hal Gibber:** Transformation grant funded three projects:

1. Workforce development
2. QUIC
3. Wraparound

**Karen Smith:** put forth a criteria for involvement and participation of families at the collaborative meetings

**Robert Franks:** our center is involved in two activities:

1. Wraparound demonstration
2. Statewide training of Trauma focus CBT providers - Presentation at CHBAC meeting

**Local System of Care**

*Tabor Napiello/ Hal Gibber*

No recommendations

**Multiculturalism**

*Mary Martinez / Mary Held*

No Recommendations - Would like to step down from co-chairing on the Multiculturalism committee but

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would like to serve on it and be able to help out.

**Behavioral Health Services – BHP Interface**

*Hal Gibber/ Marcy Kane*

**Hal Gibber:**

- figure out to participate in training with families members that attend CBHAC meeting
- familiarize families with CHBAC and its mission
- respond to questions and concerns from families

**Ad Hoc Committee Reports**

**Transitioning Youth Initiatives**

No Recommendations

**Dave Tompkins**

- Next meeting Trauma focus CBT and Extended Day Treatment

**Announcement:**

- Orientation is available every month at 9:30am before the CBHAC meeting at the cafeteria

*The meeting was adjourned at 12:08PM*

Meeting notes respectfully submitted by Lorena Emanuel