

Children's Behavioral Health Advisory Committee (CBHAC)

Thirty one appointed members
(Fifty-one percent to be parents)
Thirty appointments filled, currently two vacancy
Statewide Advisory Council appointments currently one vacancies
Legislative appointments one vacancy

Appointments. By State Advisory Council:

Co-Chair: Dave Tompkins (01/06/06-01/06/09), **Lolli Ross** (02/04/05-02/04/09),
Grace Nelson (10/07/05-10/07/09), **Sincilina Beckett, Patricia Gaylord, Darcy Lowell, Norma Irving, Neil Quatrano, Tabor Napiello and Debbie McCusker** (09/06/07 – 09/06/09) **Karen Smith, Co-Chair: Doriana M. Vicedomini**, (02/28/2008 - 02/28/2010) **Mary Martinez, George McDonald** (10/08/2008 - 10/08/2010) **Mary Held** (03/31/2009 - 03/31/2011)

Governor's Appointments:

Parent-**Cathy Adamczyk** (01/23/06-06/30/10), Provider-**Cara Westcott** (08/11/05-11/03/10)

Legislative Appointments:

Pres. Pro Tempore Appt. Donald Williams - **Margaret (Peggy) Ayer** (08/15/05-08/15/09), Speaker of the House Appt. Christopher Donovan-**John McGann** (12/14/05-06/30/10), Maj. Leader of the Senate Appt. Martin Looney-**Chet Brodnicki** (08/09/05 – 08/09/09), Min. Leader of the Senate Appt. Louis Deluca-**Marcy Kane** (04/07/05-06/30/10), Min. Leader of the House Robert Ward-**Vacant** (06/07/06-Term does not expire) Maj. Leader of the House Appt. Denise Merrill - **Robert Franks** (02/20/09 - 06/30/2010)

State Department Commissioner Designees:

Department of Children and Families - **Tim Marshall**, Department of Social Services - **Tim Bowles**,
Department of Education - **Scott Newgass**, Department of Mental Health and Addiction Services - **Nikki Richer**,
Department of Developmental Services-**Tammy Garris**

Court Support Services, Chief Court Administrator Designee - **Cathy Foley Geib**

Office of Protection and Advocacy, Executive Director Designee - **Rachel Sherman**

Meeting Minutes from April 03, 2009

Appointed Members in Attendance:

Margaret (Peggy) Ayer, Sincilina Beckett, Tammy Garris, Franks, Robert, Norma Irving, Marcy Kane, Lowell, Darcy, Tim Marshall, Mary Martinez, George McDonald, Tabor Napiello, Neil Quatrano, Rachel Sherman, Karen Smith, Dave Tompkins, Doriana M. Vicedomini, Rachel Sherman, Cara Westcott

Excused Appointed Members:

Marie Capiris, Nikki Richer, Cathy Adamczyk, Tim Bowles, Chet Brodnicki, Scott Newgass, Cathy Foley Geib

Unexcused Appointed Members:

Lolli Ross, Patricia Gaylord, Grace Nelson, Debbie McCusker, John McGann,

Members of the Public in Attendance:

Troy Williams, Michelle Tournas, Susan Williamson, Neva Caldwell, Wanda Roberson, Cindy L. Thomas, Velveta Scott, Christy Jones

Mission: The mission of CBHAC is to promote and enhance the provision of behavioral health services for all children in the State of Connecticut.

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The Meeting was called to order by Co-chair, Dave Tompkins – 10:12 am

Approval of Minutes:

Co-chairs report:

Dave Tompkins/ Doriana Vicedomini

Dave Tompkins:

- HOUSEKEEPING –
 - BHP has requested that to use this conference room that we must use this room and not wander around the floor – if you need to use a restroom please use the one out in the hallway
 - A new Sign In sheet to improve accuracy was uses starting today
- Co-Chair report –
 - HB Bill 6236 - To eliminate committees and reports for DCF, the CBHAC elimination was removed from the bill after public hearings.
- Recommendations from prior meetings still holds – Keep current behavioral health system in tact during these times of economic crisis

Karen Smith - SB 1142 – Education Committee – concerning relief of state mandates on education system and ending of services at age 21 – important to read for members and guests

- New Structure of committees – The committees will formally present their recommendations at CBHAC meetings twice per year, or as needed. This schedule goes into place next month with the Multiculturalism Committee reporting and making recommendations.
- After committee reports and recommendations, we will break into our committees for the balance of the meeting to work on committee structure.
- Our role is to make recommendations to the State Advisory Council. We also have a responsibility to the Joint Planning Committee regarding the mental Health Block Grant. A summary of our recommendations will be included in the grant application.
- INSERT THE TABLE OF MEETINGS OF CO-CHAIRS

Committee Reports:

Nominations Committee

Marcy Kane

- Didn't sent out a current membership list because there has been some term expirations and a couple of resignations
- We have put forward all of the applications that we have received and need more applicants to fill our current vacancies. Application forms are available through Marcy Kane.
- Cathy Adamczyk – her appointment has expired and she stepped down since she is not able to attend since she began working full time – Hal Gibbers' application will be sent to the Governor's office as a suggested replacement for Cathy since the CBHAC has already approved him for membership.
- Rep. Ward – Kimble Greene has resigned – Marcy is contacting them to get another appointment

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- will send any applications we have to him for review and selection
- State Advisory Council– Marie Capiris has resigned. We will process applications and bring any recommendations to the next meeting.
- State Advisory Council – 3 individuals need to be reappointed – Lolli Ross, Grace Nelson and Dave Tompkins. Marcy will contact Lolli and Grace to see if they are interested in serving their next term. Dave expressed interest in fulfilling his last term.
- Mary Held was approved by the SAC effective March 31st. Congratulations Mary.
- Community Members, if you've been to a few CBHAC meetings you are considered more qualified and will be more likely to be approved by CBHAC
- Prior applications – some withdrawn, some folks just stopped coming – we have no applications pending. Anyone who believes they have submitted an application and have not heard from the Nominations Committee should contact Marcy immediately.
- OPEN CBHAC POSITIONS:
 - 1 SAC
 - Minority Leader Appointment
 - Governors Appointment
- Nominations Committee – needs a parent co-chair for this group to replace Marie Capiris.

Standards for State Funded Behavioral Health Programs

- Focus groups were held to discuss the planned DCF Practice model. CBHAC attended a focus group, as did other stakeholders. We recommended focus groups be held that include family members and family advocates. The primary recommendation that came out of our focus group was to have the identified competencies required for DCF Workers matched to the curriculum of the DCF Training Academy to see if the proper training is occurring.
- They had not spoken to parents yet – we gave them Hal's contact information to obtain parents
- Great platform for providers to voice their opinions, we appreciated the opportunity.

Mental Health Block Grant

- Meeting was held last month – focus was on Transitioning youth. The CBHAC Ad Hoc Committee and the Adult Planning Council will present specific recommendations at the next Joint Planning Committee meeting in May. A suggestion was made to invite SAC members to the Block Grant meetings as there is an interest on that committee on the Block Grant. All input is included in the submission to Feds.
- Recommendation is to get the children and adult programs together to work on transitioning
- RFP released - SAMSHA – grants up to \$400,000 for transitioning youth
- Critical time for this committee since we have to have a report to Feds in August

Local System of Care

Tabor Napiello/ Hal Gibber

- Educational meeting on Local Systems of Care was very successful.
- Thursday May 7th will be next statewide collaborative meeting. Discussions have focused on how we can work through CBHAC to affect and improve local SOC collaboratives and SOC services
- Will send out Save the Date today
- The Quarterly meeting is not an open forum; Collaborative representatives from the 25 Collaboratives are being invited. The agenda will include the integration of DDS services with the Collaboratives, a best practice presentation on the Warp Models in place as demonstration grants and an update on the Blueprint.
- Presentation on Voluntary Services

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- Would like to get Darcy to do a presentation on what her collaborative is doing – next meeting not this May

Multiculturalism

Mary Martinez / Mary Held

- No report

Behavioral Health Services – BHP Interface

- Theme of Family Involvement of development, oversight and recommendations
- Integrate Behavioral Systems was discussed.
- Take Advantage of Tammy's involvement in this committee and work in this area
- Building a behavioral health system that is more successful – what do we have and how do we improve it – on accountability and efficiency –
- Dr. Franks volunteered to participate in this committee
- All services need practice standards which include family involvement.
- Cara Westcott commented - Do we have any feedback from SAC that they are going to accept this type of recommendation –can't we build into practice standards the quality controls and data collection we need?
- Do we need providers to do more reporting and take responsibility
- Plan on brining a lot of the recommendations from CBHAC Behavioral Health Sub-Committee, to the Behavioral Health Oversight Committee
- More significant family involvement – well received in this oversight committee
- Karen Smith - Access some of the information from the Consumer data collected about experiences with services – direct input from families

General comments regarding CBHAC and SAC:

- SAC/CBHAC
 - Karen Smith – can we get SAC minutes and review at CBHAC so that we can get some direction. Dave pointed out that the minutes for both committees are posted on the DCF web-site.
 - Lorena Emanuel will be asked to download those to make copies for the CBHAC meetings and send out to the CBHAC minutes
 - Our/CBHAC's recommendations are imbedded in our minutes – they will be pulled out in a bulleted format at the beginning of the minutes so the SCA can easily identify them for discussion at their meetings.
 - Leadership was asked to find out if SAC reads our minutes and discusses these recommendations as they do not show up in their minutes. Dave and Doriana will contact the SAC leadership to see how we can improve this system.
 - Why isn't someone from CBHAC on the SAC? This is not part of the formal structure. The Co-Chairs will make every attempt to attend the SAC meetings going forward.
 - Someone from CBHAC should attend – maybe one from each subcommittee
 - SAC meetings are on the 1st Monday of every month in Rocky Hill at CAFAP on the Silas Deane Highway
- George McDonald/Neil Quatrano - Subcommittee on Transitioning Youth Initiative
 - developing a recommendation
 - also developing an implementation plan
 - Hal Gibber - Recently an email from Tim Bowles and Cheryl Breetz – regarding youth participation and transitioning youth – there have been about ½ dozen meeting with youth – very few standing adolescent support groups – what we can do here at CBHAC – the young adults who have been meeting are brining their recommendations –

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- something will come out of those meetings – youth involvement remains limited
- Sincilina Beckett – not everyone understands what “Transitioning Youth” means – needs to be put into “real world” language – Transitioning from services to services
- Youth in general? Youth of a specific age? Shouldn't we start as early as 4 years old!
- Tim Marshall - CBHAC – joint effort between the adult and child support services and within the transformation activities – 2 projects – trying to get more youth involvement across all and outreach to organize and coordinate them together – sub-committee needs to be clear what their role is through the CBHAC subcommittee –
- George McDonald – looks like there are 2 initiatives focusing on different parts of the same goal
- CBHAC GOAL = Responsible for transitioning from child to adult services – 18 year olds
- Parents see Transitioning as all transitions, all ages for children – CBHAC needs to focus on child to adult services as the primary focus
- Transition in reality is “birth to 3”, Elementary to Middle, Middle to High School, etc.
- If focus is too broad, it may not get done – narrow enough to get the recommendation completed in detail

MISCELLANEOUS:

George McDonald – participated in a Legislative Committee – Hartford/West Hartford collaboratives – talked to legislators regarding Transitioning Youth – dialog with local legislators/officials – talked about Raise the Age, Mental Health, Behavioral Health, Transitioning – we have support from the Rep they talked to – reviewed the budget impact on these issues – The other SOC Collaboratives should meet with their local reps and work your way up to state and federal reps in our government.

Karen Smith – Everyone is saying everything is important – CBHAC's recommendations were that if there are going to cuts, have everyone cut a little instead of eliminating a specific group or service – everyone given this statement at the February meeting
Dave Tompkins – CBHAC Statement done and forwarded – educational session was designed around that

Announcements:

Doriana Vicedomini – April 8th Autism Awareness Day – get people to come!
Karen Smith collecting artwork from kids with Autism for April 8th – get artwork to her

The meeting was adjourned at 11:30 AM – Committees will convene now

Meeting notes respectfully submitted by Cristy Jones