

## ***Children's Behavioral Health Advisory Committee (CBHAC)***

Thirty one appointed members  
(Fifty-one percent to be parents)  
Twenty-nine appointments filled, currently two vacancies  
Statewide Advisory Council appointments currently one vacancies  
Legislative appointments currently one vacancy  
(Maj. Leader of the House Appt. Christopher Donovan)

### ***Appointments. By State Advisory Council:***

**Co-Chair: Dave Tompkins** (01/06/06-01/06/09), **Lolli Ross and Marie Capiris** (02/04/05-02/04/09),  
**Grace Nelson** (10/07/05-10/07/09), **Sincilina Beckett, Patricia Gaylord, Darcy Lowell, Norma Irving, Neil Quatrano,**  
**Tabor Napiello and Debbie McCusker** (09/06/07 – 09/06/09) **Karen Smith, Dorian M. Vicedomini, Lilia Figueroa, Evelyn**  
**Mendez** (02/28/2008 - 02/28/2010)

### ***Governor's Appointments:***

Parent-**Cathy Adamczyk** (01/23/06-06/30/10), Provider-**Cara Westcott** (08/11/05-11/03/06)

### ***Legislative Appointments:***

Pres. Pro Tempore Appt. Donald Williams - **Margaret (Peggy) Ayer** (08/15/05-08/15/09), Speaker of the House Appt. James  
Amann-**John McGann** (12/14/05-06/30/08), Maj. Leader of the Senate Appt. Martin Looney-**Chet Brodnicki** (08/09/05 –  
08/09/09), Min. Leader of the Senate Appt. Louis Deluca-**Marcy Kane** (04/07/05-06/30/08), Min. Leader of the House Robert  
Ward-**Kimble Greene** (06/07/06-Term does not expire)

### ***State Department Commissioner Designees:***

Department of Children and Families - **Tim Marshall**, Department of Social Services - **Tim Bowles**,  
Department of Education - **Scott Newgass**, Department of Mental Health and Addiction Services - **Nikki Richer**,  
Department of Developmental Services-**Tammy Garris**

Court Support Services, Chief Court Administrator Designee - **Cathy Foley Geib**

Office of Protection and Advocacy, Executive Director Designee - **Rachel Sherman**

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## **Meeting Minutes from June 06, 2008**

### **Appointed Members in Attendance:**

Cathy Adamczyk, Margaret (Peggy) Ayer, Sincilina Beckett, Marie Capiris, Patricia Gaylord, Cathy Foley Geib, Marcy Kane, Tim Marshall, Debbie McCusker, John McGann, Tabor Napiello, Grace Nelson, Scott Newgass, Rachel Sherman, Karen Smith, Dave Tompkins, Dorian Vicedomini, and Cara Westcott,

### **Excused Appointed Members:**

Neil Quatrano, Chet Brodnicki, Darcy Lowell, Kimble Greene, Tammy Garris, Nikki Richer

### **Unexcused Appointed Members:**

Norma Irving, Lolli Ross, Lila Figueroa, Evelyn Mendez, Tim Bowles

### **Members of the Public in Attendance:**

Lesbia Martinez, Doreen Marshall, Laura Hadder, Marilyn Cloud, Jennifer Wolke, Mary Held, George McDonald, Amy O'connor, Paloma Dee, Lorna Grivois, Sarah Becker, Virginia Gerena, Hal Gibber, Virginia Gerena, Therese Maron

**Children's Behavioral Health Advisory Committee  
(CBHAC)**

**Mission:**

The mission of CBHAC is to promote and enhance the provision of behavioral health services for all children in the State of Connecticut.

***The Meeting was called to order by Co-chair, Dave Tompkins***

**Co-chairs report:**

***Dave Tompkins:***

- For the first half of our meeting we will divide into our committees, utilizing both the normal meeting room and the cafeteria. Upon return at 11:00A.M., each committee will report on their discussion and provide meeting times and dates for any CBHAC members or guests that want to attend as community members.
- Second part of the meeting we have an update on the National Conference
- Update on the Systems of Care quarterly collaborate meeting that will be held next Friday.

***Changes to the sub-committees are as follows:***

- One vacant spot for Behavioral Health Services
- Debbie McKusker will be co - chairing along with Scott Newgass - ***Standards for State Funded Behavioral Health Programs***
- Lorna Grivois will be added to the Community Members list under - ***Local Systems of Care***

**Committee Reports:**

**Behavioral Health Services – BHP Interface**

*Debbie McKusker/ Sarah Becker*

***Debbie Mckusker:***

***Next meeting:***

Friday, June 13<sup>th</sup> at 1:30 here at the Partnership

**Goals and Objectives:**

- Concerns about not having enough resources on the committee to get some of these objectives or goals accomplished.
- There is a standing invitation for anyone that would like to help out with this committee
- We do need another CBHAC member as co-chair

**Standards for State Funded Behavioral Health Programs**

*Scott Newgass/ Vacant*

***Scott Newgass:***

We briefly reviewed the feedback on the DBT standards and talked about the fact that this is a group that essentially functions per request and as requests come forward for review for some specific standards, we will be available for that. Otherwise members are available to participate in any other group.

***Dave Tompkins:***

One thing the committee might consider putting together is work with to find the list of all the services out there. Find out if the practice standards are updated or not.

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**Lorna Grivois:**

At the SAC meeting there was some discussion concerning about things put out without the advisory groups being notified. Maybe making the department more aware or having the department speak to the advisory groups a little bit more about what their plans are in looking at practice standards coming down the pipe appose to seeing it after the fact. Allowing the advisory bodies to be actually a part of the development in the practice appose to advising after.

**Mental Health Block Grant**

*Kimble Greene/ Cathy Adamczyk*

**Cathy Adamczyk:**

We are looking for feedback from everyone on the Mental Health Block Grant, Federal Fiscal Year 2009 State Plan which includes the weaknesses of the systems, the unmet needs and service gaps, and recommendations on how to spend the money. What we would like to do is ask FAVOR to get out a letter to all 25 collaboratives, and ask CBHAC members and guests for feedback and recommendations and hopefully we would like this letter to be widely distributed across the state.

**Marilyn Cloud:**

DMHAS, as the principle recipient of the grant must submit the State Plan no later than September 1<sup>st</sup>. DCF must submit its plan to DMHAS in advance of this federal deadline in order to allow them time to consolidate and prepare the final document. I will send a draft document next week to all CBHAC members and guests. Please provide written feedback no later than July 15<sup>th</sup>. On August 12<sup>th</sup> the Joint Council meets and that is when we will present the combined adult and child services plan.

**Cara Westcott:**

Can we consider in terms of infrastructure and money for the collaboratives from the Federal Block Grant. It always seems to me and that is my perception like that we continue to fund the same things. It appears that we go through this process, and I know over the years we have been more involved. Maybe we don't have a choice.

**Tim Marshall:**

There a couple of issues. I think you are correct in the sense that the Block Grant basically does only fund a couple of things (mostly family advocacy and respite) and those dollars have not been annualized into the DCF state budget, therefore the Block Grant continues to fund those.

In order to fund something else, those two programs would need to be cut. I would suggest you make recommendation on what you would cut in order to fund something different.

Additionally, the percentage of dollars that can be spent on non-direct services are limited. Funding Community Collaborative infrastructure is all non-direct service. So that may be problematic.

It is important to recognize your (CBHAC's) power and influence, goes well beyond the \$1.3 million dollars of the Block Grant and that CBHAC should be commenting on the whole system.

**Cathy Adamczyk:**

Next on the agenda I will update on the National Grantee Conference on the Mental Health Block Grant Conference.

Kathryn Power was one of the presenters who stressed in her presentation that in order to create

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systems change, we cannot accept the status quo. We must consider nontraditional ideas, and break down silos. We need to form a powerful coalition, create a vision, communicate that vision with others, and empower others to act on that vision.

The other new exciting development is the creation of WebGAS where you can access your state's Mental Health Block Grant Application and make recommendations and comments. The website is: <https://bgas.samhsa.gov>. To access the site, you will need to contact Diann Fahey at 716-824-6320 for a password.

Overall the conference was good. The only criticism I had about the conference was the lack of youth attending the conference. There weren't any youth presenters, and I only saw one youth in attendance.

I would like to add how wonderful I thought the CT presenters did (Nikki Richer (DHMAS), Sara Lourie (DCF) and Al Bidorini (DHMAS) was the facilitator) which addressed our youth in Connecticut. Granted, it was youth transitioning to adulthood, but at least they talked about youth. I also would like to mention that they will be doing the presentation for the Joint meeting with the children and adult side so everyone could have the opportunity to see the presentation.

**Local System of Care**

*Tabor Napiello/ Hal Gibber*

***Tabor Napiello:***

Next Friday the 13<sup>th</sup> at Merritt Hall - CVH from 9-12, will be the next State Wide Systems of Care Quarterly meeting. Then next meeting for Local System of Care will be Friday August 1<sup>st</sup> here at the Partnerships cafeteria.

**Nominating Committee:**

*Marcy Kane/ Marie Capiris*

***Marcy Kane:***

As of last month we were full on membership slots. One of our new appointments has missed three meeting in a row and not excused absences. Under our by-laws, if there are more than three unexcused meetings, the member can be removed from the council. We have a number of pending SAC appointed applications and we would like to put forth one of our number one attendance rating applications forward which is George McDonald's application.

***Motion to put George's application and start 30 days of feedback - Motioned approved at 11:58AM***

Nominating will be meeting a half hour after the CBHAC meeting as needed.

**Multiculturalism**

*Sincilina Beckett/ Mary Held*

***Sincilina Beckett:***

We would like to operate a little bit through e-mails and would like feedback from everyone (new ideas and new structure). If members are willing to meet after a CBHAC meeting will be workable.

**Ad Hoc Committees:**

*Children's Behavioral Health Advisory Committee  
(CBHAC)*

**Mentoring & Respite**

*VACANT/ Neil Quatrano*

No recommendations at this time

**Transitioning Youth Initiative**

Tim Bowles/ Lolli Ross

No recommendations at this time

***NOTE: Due to the Holiday, there will be no July CBHAC meeting.***

*The meeting was adjourned at 12:10PM*

Meeting notes respectfully submitted by Lorena Emanuel