



Veteran Programs

Of the approximately 300,000 veterans of the Iraq and Afghanistan wars treated at VA hospitals, 68,000 have been diagnosed with PTSD. Sadly, this number will only grow as time goes on.

Retreat for the Soul

Relax in an informal setting with others from the military as we treat you to some comforting Integrative Medicine techniques, introduce you to the healing arts, and allow you the space to share experiences with like-minded souls.

(FREE and light supper provided.)

July 26 & 27, 6-9 p.m.

On-Going Programs & Services

(Offered at a 25% discount to military personnel)

Acupuncture* Energy therapy Hypnosis
Expressive Arts Guided Imagery Massage Therapy
Holistic Nutrition

* Uses a sliding scale fee instead of discount.

Reconnecting After Tours of Duty

How do you reintegrate into civilian life after you have honorably served our country? Whether you served last month or 40 years ago, the physical, emotional, and spiritual changes that occur with servicemen and women can affect every aspect of life. Join us to learn techniques which can help. Open to veterans and those who care about them.

Dates: 2nd Tuesday of each month

Time: 6:30 to 8 p.m.

Location: Center for Integrative Medicine at Saint Francis
114 Woodland Street, Hartford, CT 06105

Cost: Free to veterans (\$5 donation for others)

To register for programs or for more information, please call 860.714.4450.