

Women's Veterans Wellness Fair 2010



Hosted by:

There & Back Again
MA Department of Veterans Services
& CT Department of Veteran Affairs

Wellness- State Of Being Healthy In Body & Mind

Please Be Our Guest on

Saturday, March 27th
10-3pm

International Resort, Bolton, MA

Learn the benefits of a variety of holistic practices
&
Promote a healthier lifestyle

We are offering ongoing classes in yoga(for all levels), mixed martial-arts, educational workshops & hands on holistic treatments:

✦ Massage Therapy ✦ Aroma Therapy ✦ Acupuncture
✦ Nutrition ✦ Chiropractic ✦ Reiki
& Much more!

*The International Resort is offering a special rate of \$80 per night. Share a room for only \$40!!!
Reserve your room by calling (978)779-6911*

RSVP by March 20th at Panayiota.Bertzikis@state.ma.us
For more information go to www.thereandback-again.org

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