The Nurturing Families Network

21 Statewide Locations to Serve You

**BRIDGEPORT**
Child Guidance Center of Greater Bridgeport .... (203) 394-6529
Bridgeport Hospital ........................................ (203) 384-3982

**DANBURY**
Danbury Visiting Nurse Association ............... (203) 792-4120

**GROTON**
Fleet and Family Support Center ..................... (860) 694-2787

**HARTFORD**
Hartford Hospital ............................................. (860) 545-3131
Saint Francis Hospital and Medical Center ........ (860) 714-6968
VNA Health Care ............................................... (860) 493-7359

**LOWER NAUGATUCK VALLEY**
Visiting Nurse Association of South Central Connecticut .... (203) 777-5521

**MANCHESTER**
Manchester Memorial Hospital ....................... (860) 646-1222

**MERIDEN**
Community Health Center of Meriden ............... (203) 237-2229

**MIDDLETOWN**
Middlesex Hospital Family Advocacy Program .... (860) 344-6426

**NEW BRITAIN**
New Britain General Hospital ......................... (860) 224-5900, ext. 6623

**NEW HAVEN**
Yale University/Yale-New Haven Hospital .......... (203) 764-5936

**NEW LONDON**
Lawrence & Memorial Hospital ......................... (860) 442-0711

**NORWALK**
Family & Children's Agency ............................ (203) 855-8765

**NORWICH**
Madonna Place/Families First ......................... (860) 886-6600

**STAMFORD**
Family Centers ............................................... (203) 324-3167

**TORRINGTON/SHARON**
Family Strides ............................................... (860) 482-3236

**WATERBURY**
Saint Mary's Hospital ..................................... (203) 709-7073
StayWell Health Center ................................... (203) 756-8021

**WILLIMANTIC**
Generations Family Health Center ................. (860) 450-7471, ext. 214

The Nurturing Families Network Can Help.

Are you a new parent or expecting a baby soon?
You are not alone.

The Nurturing Families Network (formerly Healthy Families) can help. We assist new parents during pregnancy and after your baby is born. The Nurturing Families Network can help ease your mind and make your first parenting experience a positive one.

- We provide information.
- We answer your parenting questions.
- We have tips on how to care for your baby and yourself.
- We have information on immunization schedules, the HUSKY program and community resources that can help you.

The Nurturing Families Network offers:

- Home visits to help new parents learn how to care for their baby and adjust to the many demands of becoming a parent.
- Parenting groups that bring parents together in a supportive environment to share experiences and work together to be the best parents they can be.
- Nurturing connections that bring new parents together with volunteers and others in the community who can lend assistance.

Learn More

For more specific information on The Nurturing Families Network, call the hospital or agency in your area listed in this brochure, or call the Children’s Trust Fund at (860) 550-6439 or E-mail Ruth Sales at ruth.sales@po.state.ct.us.

Having a baby brings much joy and many challenges.

These are just a few of the many questions you may have as a first-time parent. These questions are natural; most parents ask them.