

# INDEPENDENT TRANSPORTATION NETWORK (ITN)

The ITN began in Portland, Maine and provides rides to seniors and people who are visually impaired to any destination 24 hours a day, 7 days a week.

Connecticut's ITNs are expected to provide rides for seniors and people with vision impairments.

Serving Bloomfield, East Granby, East Windsor, Enfield, Granby, Somers, Suffield, South Windsor, Windsor, and Windsor Locks  
ITN North Central Connecticut  
P.O. Box 448  
9 Main Street, Suite #8  
East Windsor, CT 06008  
(860) 785-7883

Serving Cromwell, Durham, East Haddam, East Hampton, Haddam, Middlefield, Middletown, Portland, Rocky Hill, and Wethersfield  
ITN Central Connecticut  
381 Main Street  
Middletown, CT 06457  
(860) 346-7433

ITN uses both volunteer and paid drivers. Participants open an account with their local ITN, and a small fee is taken out for each ride. Seniors who donate their cars to the program have the car's value credited to their account.

# Public Transportation

The Connecticut Department of Transportation (ConnDOT), Bureau of Public Transportation, oversees and financially supports bus, train, and ridesharing services for the citizens of Connecticut. These services include urban fixed-route bus services, Americans with Disabilities Act (ADA) paratransit services, non-ADA paratransit services (Dial-A-Ride), commuter express bus services, rural transit services, rail-bus Commuter Connection services, and ridesharing services. Information can be found at [www.ct.rides.com](http://www.ct.rides.com).

All state-subsidized buses are accessible to people with disabilities. Elderly riders and people with disabilities are eligible for reduced fares.

# NURIDE THE REWARDING WAY TO GO

NuRide is a very flexible ride network that serves the needs of today's busy working professionals.

- Save money on gas
- Earn rewards from great companies
- Carpool with friends or meet new people
- Free to join and free to use

Visit [nuride.com](http://nuride.com) to see the rides and rewards available in your area.

## ADDITIONAL RESOURCES

Getting on Board Accessible Transportation Guides provide commuters with information on how to get around. The guides include information about bus, train, paratransit, and ridesharing. Additional information can be found at [www.ctrides.com](http://www.ctrides.com).

COMPILED AND DISTRIBUTED BY:



See the ability. See how we can work together.

[www.connect-ability.com](http://www.connect-ability.com)  
(866) 844-1903



# OPTIONS AND RESOURCES IN CONNECTICUT FOR INDIVIDUALS WITH DISABILITIES

# ADA PARATRANSIT

The federal Americans with Disabilities Act (ADA) requires operators of fixed-route bus services to provide paratransit services to individuals who are unable to use the bus because of a qualifying disability. Trips must have an origin and a destination within ¾ of a mile of the fixed bus route. Information is available at [www.ctrides.com](http://www.ctrides.com).



2-1-1 is the statewide information, referral, and crisis intervention service.

## TRAVEL TRAINING

Travel training teaches people with disabilities and seniors how to use the local bus and rail



system. For information, contact The Kennedy Center at (203) 365-8522. The Board of Education and Services for the Blind provides travel training for individuals who are visually impaired. Contact BESB's Orientation and Mobility Specialist at (800) 842-4510.

Enjoy the Ride

# JOB ACCESS AND REVERSE COMMUTE (JARC)

The Department of Social Services (DSS) and ConnDOT work together to improve employment opportunities for low-income individuals and TFA/TANF eligible individuals.

Bus service enhancements are supported across the state of Connecticut. Other services, which vary by region, may include:

- Public transportation services, such as a free monthly bus pass for job search or getting to work for the first month; information/training on how to use bus systems for individuals, case managers, and job developers; child care transportation programs; and
- Car-based solutions ranging from car repair to gas cards and mileage reimbursement.

Regional transportation contacts for these programs are:

- Northwest Regional Workforce Investment Board, Waterbury (203) 574-6971 x1448
- Regional Growth Connection, New Haven (203) 624-1493 x245
- Capitol Region Council of Governments, Hartford (860) 522-2217 x33
- The Workplace, Inc., Bridgeport (203) 610-8544
- Eastern Connecticut Workforce Investment Board, Franklin (860) 859-4100 x22

# RIDESHARING

ConnDOT Commuter Services supports and implements programs that promote carpooling,



vanpooling, mass transit, and other strategies to reduce the number of single occupancy vehicles on the roads. There are Park & Ride lots available to customers for carpooling and vanpooling. More information can be found at [www.ctrides.com](http://www.ctrides.com).

## TAXI VOUCHER PROGRAMS



Two Connecticut municipalities have developed taxi voucher systems, both called Share-the-Fare.

The City of Stamford has created a program in which the passenger pays \$5.00. The rest of the cost is paid by the City. For more information, call (203) 977-4029.

The Town of Greenwich Commission on Aging offers \$10.00 coupon books that may be purchased for \$6.50. For more information, call (860) 622-3992.

## DIAL-A-RIDE

Dial-A-Ride provides town-specific and geographically limited transportation for people 60 years of age or older and people with disabilities who are unable to access public transportation. For a list of Dial-A-Ride providers by town, please call INFOLINE at 211.

# COMMUTER TAX BENEFIT

The Commuter Tax Benefit is Connecticut's response to a federal tax law allowing employees to set aside pre-tax income to pay for transportation costs.

As of January 2009, employees may set aside up to \$120 a month of their salaries before taxes to pay for transit and vanpool fares. Employees may set aside up to \$230 a month to pay for qualified parking expenses. Qualified parking is at or near an employer's worksite, or at a facility from which an employee commutes via transit, vanpool, or carpool.

The Commuter Tax Benefit is only available through an employer-sponsored commute benefit program and is easy to set up. The program requires commuters to authorize a simple payroll adjustment that designates tax-exempt status for the transportation fringe benefit. To enroll, ask your employer's Human Resources department about Connecticut's Commuter Tax Benefit program, or visit [www.commutertaxbenefit.org](http://www.commutertaxbenefit.org).

Currently there are over 100 participating companies in Connecticut.