

Emergency Preparedness BSA: Emergency Preparedness Kit



What you have on hand when a disaster happens could make a big difference. Plan to store enough supplies for everyone in your household for at least three days.

- **Water.** Have at least one gallon per person per day.
- **Food.** Pack non-perishable, high-protein items, including energy bars, ready-to-eat soup, peanut butter, etc. Select foods that require no refrigeration, preparation or cooking, and little or no water.
- **Flashlight.** Include extra batteries.
- **First aid kit.** Include a reference guide.
- **Medications.** Don't forget both prescription and non-prescription items.
- **Battery-operated Weather radio.** Include extra batteries.
- **Tools.** Gather a wrench to turn off gas if necessary, a manual can opener, screwdriver, hammer, pliers, knife, duct tape, plastic sheeting, and garbage bags and ties.
- **Clothing.** Provide a change of clothes for everyone, including sturdy shoes and gloves.
- **Personal Items.** Remember eyeglasses or contact lenses and solution; copies of important papers, including identification cards, insurance policies, birth certificates, passports, etc.; and comfort items such as toys and books.
- **Sanitary supplies.** You'll want toilet paper, towelettes, feminine supplies, personal hygiene items, bleach, etc.
- **Money. Have cash.** (ATMs and credit cards won't work if the power is out.)
- **Contact information.** Include a current list of family phone numbers and e-mail addresses, including someone out of the area who may be easier to reach by e-mail if local phone lines are overloaded.
- **Pet supplies.** Include food, water, leash, litter box or plastic bags, tags, medications, and vaccination information.
- **Map.** Consider marking an evacuation route on it from your local area.