

**Statewide ADRC Steering Committee Meeting
Notes from 3/14/08 Meeting**

1. Defining Long Term Care Options Counseling

- Jennifer presented a PowerPoint on how other ADRCs have defined LTCOC around the country and the considerations for defining it here in CT.
- Jennifer proposed the following definition of LTCOC to the group:
“A process of providing consumers (individuals, family members, and/or significant others) with all current available information and options in the support of understanding their preferences, values, strengths and individual situations for the purpose of making informed decisions on the quest for appropriate long-term care and future planning needs.”
- The Committee changed the definition, or charge, to be: “An interactive process to empower consumers (individuals, family members, caregivers, and/or significant others) in making informed decisions on long term support & future planning needs. Options Counselors provide consumers with all current available information and options in support of consumer preferences, values, strengths and individual situations.”

2. Funding the ADRC

- A discussion took place about current proposed program budget cuts and new legislation both of which could impact the development of an ADRC in CT.

3. What Should Our ADRC Model Look Like?

- In preparation for next month’s meeting, we began a review of Centralized and Decentralized ADRC Models currently in existence around the country.