

CT ADRC 2009 Grant Executive Summary

The State Unit on Aging is applying for the 2009 ADRC Grant offered by the Administration on Aging for the purposes of expanding Connecticut's Aging and Disability Resource Centers (ADRCs) into a third region, the North Central region of the state. Grant partners for this proposal include: North Central Area Agency on Aging (AAA), Independence Unlimited (CIL), and Connecticut Community Care Inc. This potential 3-year funding opportunity, depending on continued annual progress, will serve older adults and persons with disabilities in the same manner as the other two ADRCs, known as Community Choices, in the South Central and Western regions of Connecticut. The average grant award is expected to be \$200,000 - \$250,000 per state per year.

One project outcome will be the development of a Statewide ADRC implementation plan and corresponding budget by month 18 of the grant period. A second outcome will be significant efforts at providing streamlined access to all publicly funded long-term services and supports including both home and community based and institutional care also by month 18 of the grant. Finally, this funding opportunity will begin the next evolution of ADRCs by requiring the ADRC to partner with a hospital discharge planning unit, The Hospital for Central Connecticut, to develop and implement a discharge planning care transition model with the goal of reducing unnecessary hospital readmissions especially for Medicare and low-income beneficiaries. If the project is successful and receives continued funding in the third year of the grant period, the other two ADRCs in the South Central and Western regions of the state will attempt to replicate the success of the discharge planning care transition model with a hospital in each respective regions.