

### **CONNECTIONS Project Partner Directory of Services**

The Aging Services Division of the Connecticut Department of Social Services was awarded a two-year grant from the Federal Administration on Aging to administer the **CONNECTIONS** project. This project was designed to empower families living with a diagnosis of Alzheimer's disease or a related dementia in the North Central region of Connecticut by offering streamlined access to available services, as well as the provision of Cognitive Training as an innovative respite option. The **CONNECTIONS** Project ran from 9/1/2010-09/01/12 and Cognitive Training was offered at three sites: The Retreat in Hartford, The Alzheimer's Resource Center in Plantsville, CT, and Seabury, in Bloomfield, CT. The project partners were the Alzheimer's Association, Connecticut Chapter, New England Cognitive Center, Connecticut Community Care, Inc, the North Central Connecticut Aging and Disability Resource Center, the Department of Veteran's Affairs, Seabury, The Retreat, and the Alzheimer's Resource Center.

This directory lists services provided by the Project's partners to families living with Alzheimer's disease living in the North Central region of Connecticut. For more information on Cognitive Training, call (860) 437-9995. To determine if programs are currently being run at any of the sites listed, please call them directly.

**Organization Name**

*VACT Home Based Primary Care*

**Description:**

Home Based Primary Care is a program designed by the Department of Veteran Affairs (VA) to care for frail, medically complex, elderly Veteran patients in their home setting. Unique to the VA, the program has similarities and differences in relation to typical Medicare/Medicaid home health care and hospice programs. The VA has demonstrated success in maintaining the patients' independence and quality of life as well as exceptional management of chronic disease and prevention.

<http://www.connecticut.va.gov/>

**Types of Services Provided:**

- Medical
- Registered Nurses
- Advanced Practice Nurses

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- Social Workers
- Registered Dietician
- Physical Therapy
- Pharmacy
- Health Psychology
- Mental Health Clinicians

**Specific Programs**

*Caregiver Support Program and Comprehensive Assistance for Family Caregivers*

The purpose of the Caregivers and /Veterans Omnibus Health Care Act of 2010 is to provide a program of comprehensive assistance and general support for Family Caregivers of post 911 seriously injured Veterans.

***For more information, contact:***

Aileen O'Connell, Program Director  
VACT  
Home Based Primary Care  
950 Saw Mill Road  
West Haven, CT. 06516  
Phone: 203-932-5711 x4359  
E-mail: [aileen.oconnell@va.gov](mailto:aileen.oconnell@va.gov)  
Website: <http://www.connecticut.va.gov/>

**Organization Name:**

*Alzheimer's Resource Center*

**Description:**

The Alzheimer's Resource Center is a specialized source of research, information and health care that is changing the culture of caring for people with Alzheimer's disease and other related dementias. The mission of the Resource Center is to improve the lives of all people impacted by Alzheimer's disease and other related dementias. We provide resources that enable families to remain at home, as well as adult day services, assisted living services, skilled nursing care and end of life care.

[www.alzheimersresourcecenter.org](http://www.alzheimersresourcecenter.org)

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**Types of Services Provided:**

The Alzheimer's Resource Center offers an array of services for individuals and family members impacted by Alzheimer's disease and other related dementias. In addition to residential care, services are provided in home and community settings. Education and consulting services are provided locally and nationally.

**Specific Programs:**

- Dementia Care Coaching™ - Consultation services provided to help families care for their loved ones at home
- Assisted Living Services
- Skilled Nursing Services – Four skilled nursing communities for individuals with varying levels of dementia
- Adult Day Program
- Professional Education for healthcare providers
- Caregiver Education
- Workshops to raise awareness of Alzheimer's disease at various venues in the community

- MindFULL Café – Early Memory Loss program facilitated at the New Britain YMCA once per week
- Mind Over Matter – Memory care services provided to members of Hartford area senior centers through a grant awarded from the North Central Area Agency on Aging
- Support Groups – Daughters' Support Group, Spouses' Support Group, Family and Friends Support Group

***For more information, contact:***

Name: Erica DeFrancesco, MS, OTR/L, Director of Community Services

Address: 1261 South Main Street, Plantsville, CT 06479

Phone: (860) 628-3020

E-mail: [edefrancesco@arc-ct.org](mailto:edefrancesco@arc-ct.org)

Website: [www.alzheimersresourcecenter.org](http://www.alzheimersresourcecenter.org)

***Upcoming Events:***

Ongoing Support Groups

- Daughter's Support Group
- Spouses' Support Group
- Family and Friends' Support Group

A Variety of Community Programs – Art exhibits at local venues, workshops at churches and businesses, family education programs at the center and in the greater Hartford community, memory screening, Early Memory Programs

**Organization Name:**

*Connecticut Community Care, Inc.*

**Description:**

CCCI identifies choices and provides services to help people of all ages, abilities and incomes to live at home. The non-profit organization is an access agency to the CT Home Care Programs (CHCP) and Money Follows the Person (MFP) in 124 towns in North Central, Northwest and Eastern CT. CCCI assists more than 13,000 consumers and their families each year through regional offices located in Wethersfield, Watertown and Franklin. The Corporate Office is located in Bristol.

[www.ctcommunitycare.org](http://www.ctcommunitycare.org)

**Types of Services Provided:**

- Care management
  - Care Management Associates – fee-for-service care management
  - Assistance with Entitlements
  - Caregiver Stress Relief
  - Care Plan Development
  - Client/Family Advocacy
  - Comprehensive In-Home Assessment
  - Identification of Cost-Effective Home Care Services
  - Long Distance Caregiving
  - MFP 24/7 Emergency Triage Service
  - Money Management
  - Professional Objectivity
  - Self-Directed Supports
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- Service Arrangements
  - Service Monitoring
  - Training, Consultation and Education

**Specific Programs:**

- Connecticut Home Care Programs
- Money Follows the Person
- CCCI Speakers Bureau
- North Central Community Choices (NC Aging and Disability Resource Center)
- [http://www.ctcommunitycare.org/Content/The Connecticut Home Care Program for Elders CHCPE .asp](http://www.ctcommunitycare.org/Content/The_Connecticut_Home_Care_Program_for_Elders_CHCPE_.asp)

- [http://www.ctcommunitycare.org/Content/Money\\_Follows\\_the\\_Person\\_MFP\\_1.asp](http://www.ctcommunitycare.org/Content/Money_Follows_the_Person_MFP_1.asp)
- [http://www.ctcommunitycare.org/Content/Additional\\_Services.asp](http://www.ctcommunitycare.org/Content/Additional_Services.asp)
- <http://www.ct.gov/agingservices/cwp/view.asp?a=2510&q=385896>

***For more information, contact:***

Ursula Daiber, PR & Communications Mgr.  
 43 Enterprise Drive, Bristol, CT 06010  
 Phone: 860-314-2279  
 E-mail: [ursulad@ctcommunitycare.org](mailto:ursulad@ctcommunitycare.org)  
 Website: [www.ctcommunitycare.org](http://www.ctcommunitycare.org)

**Organization Name:**

*Community Renewal Team (CRT)*

**Description:**

Community Renewal Team is Connecticut's largest human services agency serving thousands across communities and generations. Of the 60 or so programs offered, the Senior Services division stands out as an award-winning linchpin within the entire agency. With eight senior-related programs ranging from nutrition services to the building of elder communities, CRT's Senior Services continually evolves and innovates according to the needs of participants matched with cutting-edge programs.

[www.crtct.org](http://www.crtct.org)

[www.retreatassistedliving.org](http://www.retreatassistedliving.org)

**Types of Services Provided:**

- Nutrition (Meals on Wheels and Congregate Cafes)
- Independent Senior Housing (Coventry Place and St. Michael's Place)
- Grocery Delivery to seniors
- Subsidized Assisted Living for Seniors (The Retreat)
- Retired Senior Volunteer Program (RSVP)
- CATCH Healthy Habits (Nutrition Education and Exercise for Youth and Seniors)
- AmeriCorp VISTA (Veteran Resource Guide and Materials)

- Assisted Living for Veterans (Veterans Landing coming in 2016)

***For more information, contact:*** Gustave Keach-Longo, Ex. Director  
90 Retreat Avenue, Hartford, CT  
Phone: 860-560-5632  
E-mail: [Keachg@crtct.org](mailto:Keachg@crtct.org)  
Website: [www.crtct.org](http://www.crtct.org)

**Organization Name:**

*North Central Area Agency on Aging (NCAAA)*

**Description:**

The North Central Area Agency on Aging is a non-profit organization whose mission is to enhance the quality of life for older adults, individuals with disabilities, and their caregivers by ensuring access to quality, cost effective services.

NCAAA serves the thirty-eight town Greater Hartford region as both a funding agency (awarding Older Americans Act funds to community-based programs) and also as a provider of direct services such as information, referral, assistance, and respite care services.

<http://www.ncaaact.org>

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**Types of Services Provided:**

- Advocacy
- Funding
- Needs Assessment
- Planning
- Health Insurance Counseling
- Benefits Counseling
- Information, Referral, and Assistance
- Respite Care
- Gap-filling services
- Resource Services
  
- CHOICES/Senior Medicare Patrol (SMP)  
<http://www.ncaaact.org/index.php/programs/choices/>
- Community Choices/North Central Aging and Disability Resource Center  
<http://www.ncaaact.org/index.php/programs/community-choices/>

- Statewide Respite Program <http://www.ncaaact.org/index.php/programs/alzheimers-respite/>
- National Family Caregiver Support Program  
<http://www.ncaaact.org/index.php/programs/ct-family-caregiver-program/>
- Money Follows the Person <http://www.ncaaact.org/index.php/programs/money-follows-the-person/>

*For more information, contact:* Maureen C. McIntyre  
151 New Park Avenue, Box 75, Hartford, CT 06106  
Phone: (860) 724-6443 x 283  
E-mail: [maureen.mcintyre@ncaaact.org](mailto:maureen.mcintyre@ncaaact.org)  
Website: <http://www.ncaaact.org>

### **Organization:**

#### *New England Cognitive Center (NECC)*

NECC is a not-for-profit organization with a long history of developing and delivering innovative programs that enhance cognition. NECC is dedicated to helping older adults enhance brain health and quality of life through original, research-based cognitive fitness programs. NECC programs help seniors maintain independence by using proven educational methods to combat cognitive decline commonly associated with the aging process.

[www.cognitivecenter.org](http://www.cognitivecenter.org)

### **Types of Services Provided:**

- Develop and administer cognitive training programs based on a social model for individuals with Alzheimer's disease and dementia
- Educate multiple constituencies on issues related to cognitive health
- Research efficacy of cognitive training

*For more information, contact:* Patti Said, Executive Director  
424 Ocean Avenue  
New London, CT 06320  
Phone: 980-437-9995  
E-mail: [necc@cognitivecenter.org](mailto:necc@cognitivecenter.org)  
Website: [www.cognitivecenter.org](http://www.cognitivecenter.org)



## THE MIND AEROBICS™ SUITE OF PROGRAMS

### Mind Sharpener™ Program



Normal to Forgetful Level – 16 and 24 Session Programs

*Mind Sharpener™* targets individuals who have no impairment or very mild cognitive decline. Although they may have subjective complaints of memory deficit or occasional difficulty with word-finding, there are no objective deficits. These participants live independently and are often served at senior centers, recreation centers, and other community locations.

### Mind Works™ Program – NEW EDITION AVAILABLE SUMMER 2011



Mild to Moderate Cognitive Decline – 24 Session Program

*Mind Works™* targets individuals who may have been diagnosed with mild cognitive impairment or early stage dementia. Problems in memory (especially for recent events), concentration, word-finding, planning, handling finances, and performing complex tasks may have been noted. Others in their environment have noticed changes. These participants generally live at home or in assisted living.

### Lively Mind™ Program



Moderate Cognitive Decline – 24 Session Program

*Lively Mind™* targets individuals who may have been diagnosed with mild or early-stage dementia. Decreased memory of recent events, problems in performing sequential tasks and difficulties with mental arithmetic may be noted. They generally require some assistance with independent living.

### Active Mind™ Program



Moderately Severe Cognitive Decline – 24 Session Program

*Active Mind™* targets individuals who may have been diagnosed with moderate or mid-stage dementia. Frequently, major gaps in memory and other cognitive functions are evident. These participants require some assistance with activities of daily living and may experience confusion about time and place. They generally live at assisted living, skilled nursing facilities or at home with 24-hour supervision.

### Ready Mind™ Program



Severe Cognitive Decline – 24 Session Program

*Ready Mind™* targets individuals who may have been diagnosed with moderately severe dementia. Memory for recent experiences is often very limited, and recollection of personal history has declined. These participants require substantial help with activities of daily living and sometimes undergo marked personality changes. They generally live on secure units at assisted living or skilled nursing facilities or at home with 24-hour supervision.

### Mind Rhythms™ Program - COMING IN FALL 2012

Very Severe Cognitive Decline

*Mind Rhythms™* targets individuals with severe Alzheimer's disease and dementia. Speech, ambulation and environmental awareness are often very limited. The program is very flexible and uses a variety of familiar hands-on materials to stimulate the cognitive domains in a pleasant and comfortable manner.

#### Organization:

Seabury

**Description:**

Seabury is an active life community committed to meeting the physical, spiritual, and emotional needs of the people served by providing services, accommodations, and resources that assure the highest quality of life.

[www.seaburyretirement.com](http://www.seaburyretirement.com)

**Types of Services Provided:**

- Independent Living
- Assisted Living
- Memory Support Assisted Living
- Skilled Nursing
- Visiting Nurses/Home Care Agency
- Seabury Care Now Private Duty Aide Agency
- Seabury at Home Program, Life Care at Home
- In House and Out Patient Rehabilitation Services
- Fitness and Wellness Programs
- Balance Assessments and Assistive Technologies for Fall Risk
- Personal Training
- Nutritional Counseling
- Caregiver Support Groups
- Specially designed academies for fitness and mind vitality

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Fitness and Wellness Programs [www.seaburyretirement.com/Fitness-Wellness12-14-11](http://www.seaburyretirement.com/Fitness-Wellness12-14-11)

Seabury's Center for Successful Aging [www.seaburyretirement.com/center-for-aging](http://www.seaburyretirement.com/center-for-aging)

Connections Project [www.seaburyretirement.com/Meadows](http://www.seaburyretirement.com/Meadows)

**For more information, contact:**

Beth Lomasky  
200 Seabury Drive  
Bloomfield, CT  
Phone: 860-243-6024  
E-mail: [bethlomasky@seaburyretirement.com](mailto:bethlomasky@seaburyretirement.com)  
Website: [www.seaburyretirement.com](http://www.seaburyretirement.com)