

Connecticut Caregiver Support Groups

NORTH CENTRAL REGION

Organization	Address/Phone	Contact Person	Support Group Info.
Avon Public Library	281 Country Club Road 2 nd Floor, History Room Avon, CT (860) 677-2155 or (860) 678-7500	Ron Bowen, Janeen Dolan or Jennifer Labrie	Meets on the 4 th Thursday of the month @ 7:00 pm: Alzheimer's Support Group
Arden Court of Avon	100 Fisher Drive Avon, CT (860) 678-7500	Sandi Hart	Meets on the 3 rd Wednesday of the month from 3-4:30 pm. Alzheimer's Support Group
Bloomfield Health Care Center	355 Park Ave. Bloomfield, CT (860) 242-8595	Barbara Jackson	Meets on the 2 nd Friday of the month @ 6:30 pm: Alzheimer's Support Group
Bristol Hospital – Ingraham Adult Day Care	Brewster Road Bristol, CT 06011 (860) 585-3269	Karen Cornell, Facilitator	Meets on the 1 st Monday of the month @ 6:00 pm
Ingraham Manor Adult Day Center	400 North Main St. Bristol, CT (860) 585-3269	Karen Cornell	Meets on the 1 st Monday of the month @ 6:00 pm. Alzheimer's Support Group
East Hartford VNA	111 Founders Plaza Suite 200 East Hartford, CT (860) 528-2273	Marie Roman & Vicky Hewey	Meets on 1 st Wednesday of the month from 7-8:30 pm Alzheimer's Support Group
Riverside Health Care	745 Main Street East Hartford, CT (860) 289-2791 x370	Gina Kastrup	Meets on the 2 nd Tuesday of the month from 10:30-12:00 pm. Alzheimer's Support Group
Enfield Adult Day Care Center	One-A Beech Road Enfield, CT (860) 763-7538	Sue Bernstein, Facilitator	Meets on the 2 nd Wednesday of the month from 9:30-10:30 am Alzheimer's Support Group
Parkway Pavilion	1157 Enfield Street Enfield, CT (860) 745-1641 ext 18	Stacy Thurston	Meets on 4 th Thursday of the month @ 6:30 pm. Alzheimer's Support Group
Enfield Adult Day Center	One-A Beech Road Enfield, CT (860) 763-7538	www.enfield-ct.gov	Meets on the 2 nd Wednesday of the month @ 9:30 am.
Arden Courts – Farmington Human Services	45 South Road Farmington, CT (860) 675-2390	Theresa Nygren & Gail Yaffee, Facilitators	Meets on 2 nd Tuesday of the month @ 6:30 pm
Town of Farmington	One Monteith Drive Farmington, CT (860) 675-2390	www.farmington-ct.org	Meets on the 3 rd Tuesday of the month @ 6:30 pm.
Buckingham Estates Memory Care Community	1824 Manchester Road Glastonbury, CT (860) 647-1695	Kevin Horan	Meets on the 3 rd Thursday of the month from 6-7:00 pm. Alzheimer's Support Group
H. T. Clark House	45 Canione Road Glastonbury, CT (860) 652-7652	Susan Strayer & Carolyn Bountress, Facilitators	Meets on 1 st Tuesday of the month @ 9:00 am
Laurel Gardens	1177 Hebron Avenue Glastonbury, CT (860) 652-3444	Becky Sullivan	Meets on the 1 st Wednesday of The month from 6-7:30 pm. Alzheimer's Support Group
Town of Glastonbury Senior Services	300 Welles Street Riverfront Community Center Glastonbury, CT (860) 652-7652	www.glastonbury-ct.gov/	Meets on the 3 rd Tuesday of the Month @ 10:00 am. Care Recipient must be 60+

Immanuel House	15 Woodland St. Hartford, CT (860) 528-4228 ext 20	Deborah Wyrick, Facilitator	
Institute of Living Geriatric Ambulatory Program	400 Washington Street Hartford, CT (860) 545-7189 or 545-7219	Carol Raza and Alice Reilly	Meets on the 1 st Tuesday Of the month from 5 – 6:30 pm Alzheimer's Support Group
Park Place Health Center	5 Greenwood Street Hartford, CT (860) 871-5454 x13	Howard Dickstein	Meets on the 4 th Thursday of the month from 6-7:30 pm. Alzheimer's Support Group
Rawson Elementary	260 Holcomb Street Hartford, CT (860) 695-4840	Kendra Bland	Meets on the last Friday of the Month @ 10:00 am (from Sept- June). Alzheimer's Support Gr
Russell Mercier Senior Center	14 Stonecroft Drive Hebron, CT (860) 228-1700	Laurie Gronski, Facilitator www.hebronct.com	Meets on 4 th Friday of the month @ 10:00 am.
Alzheimer's Association	279 New Britain Road Suite 5 Kensington, CT (860) 828-2828	www.alz.org/ct	Call for schedule.
Manchester Senior Center	549 East Middle Tpke Manchester, CT (860) 647-3211 or (860) 647-3270	Sue Bernstein, Facilitator seniorcenter.townof manchester.org	Groups day & evening
Crestfield Rehabilitation Center/Fenwood Manor	565 Vernon Street Manchester, CT (860) 643-5151	Karla Vince and Ann Marie Jones	Meets on the 2 nd Thursday of the month @ 2:30 pm Alzheimer's Support Group
Westside Care Center	349 Bidwell Street Manchester, CT (860) 647-9191 x287	Roberta Bell	Meets on the last Thursday of the month from 5-6:00 pm. Alzheimer's Support Group
Andrew House Healthcare	66 Clinic Drive New Britain, CT (860) 225-8608	Kathy Mulrooney	Meets on the 4 th Tuesday of the month @ 3:30 pm Alzheimer's Support Group
Newington Senior and Disabled Center	120 Cedar Street Newington, CT (860) 667-5831	Terri Snyder & Eleanor Eichner, Facilitators	Meets on the 2 nd Tuesday of the month @ 1:30 pm
Newington Healthcare Center	240 Church Street Newington, CT (860) 667-2256	Sarah Merlini	Meets on the 1 st Monday of the month @ 6:30 pm. Alzheimer's Support Group
Plainville Senior Center	200 East Street Plainville, CT (860) 747-5728	Bette Smith plainvilleseniorctr@snet.net	Meets on the 3 rd Thursday of the month from 2– 3:30 pm - Alzheimer's Support Group; & 3 rd Tuesday @ 1:00 pm
Alzheimer's Resource Center of Connecticut	1261 South Main Street Plantsville, CT (860) 628-3056	Jennifer D'Eugenio or Irene Delahunty	Meets on the 4 th Wednesday of the month @ 10:00 am & 5:30 pm. Spousal group meets every Thursday @ 10:00 am. Alzheimer's Support Group
Atria Greenridge Place	One Elizabeth Court Rocky Hill, CT (860) 257-0000 x102	Carol Sheltra	Meets on the 3 rd Thursday of the month from 6-7:00 pm. Alzheimer's Support Group
The Atrium	1160 Elm Street Rocky Hill, CT (860) 563-5588	Donna Fuoco	Meets on the 2 nd Thursday of the month @ 6:30 pm. Alzheimer's Support Group
Cold Springs Commons	60 Cold Springs Road Rocky Hill, CT (860) 257-3820	Jody Moroni	Meets on the 4 th Thursday of the month @ 6:00 pm. Alzheimer's Support Group

Haven Health Center of Rocky Hill	60 West Street Rocky Hill, (860) 529-2521	Judy Telesmanick	Meets on the 3 rd Wednesday of the month from 6-8:00 pm. Alzheimer's Support Group
Farmington Valley VNA	8 Old Mill Lane Simsbury, CT (860) 651-3539	imuir@farmingtonvalleyvna.org	Meets on the 3 rd Thursday of the month @ 4:00 pm at the Simsbury Senior Center
McLean Home	75 Great Pond Road Simsbury, CT 06070 (860) 658-3700	Miriam McWilliams, Facilitator www.mcleancare.org	Meets on the 2 nd Wednesday of the month @ 1:30 pm
McLean Home	75 Great Pond Road Simsbury, CT (860) 658-3913	Diane Thurston	Meets on the last Monday of the month @ 1:30 pm. Alzheimer's Support Group
South Windsor Senior Center	150 Nevers Road South Windsor, CT (860) 648-6361 ext 319	Irene Deneen, Facilitator www.southwindsor.org	Meets on 1 st Wednesday of the month @ 1:00 pm
Summerville at South Windsor	1715 Ellington Road South Windsor, CT (860) 644-4408	Hollis Hartman	Meets on the 2 nd Thursday of the month @ 7:00 pm Alzheimer's Support Group
Village at Buckland Court	432 Buckland Road South Windsor, CT (860) 644-7366		Meets on the 2 nd Wednesday of the month @ 6:30 pm. Alzheimer's Support Group
Mulberry Gardens of Southington	58 Mulberry Street Southington, CT (860) 276-1020	Jennifer Doty or Lori Spencer dotyj@mulberrygardens.org spencerl@mulberrygardens.org	Meets on the 2 nd Tuesday of the month @ 6:30 pm. Free respite Alzheimer's Support Group
Grace United Methodist Church	45 Pleasant Street Southington, CT (860) 302-8272	Amy Borkowski	Meets on the 1 st Monday of the Month from 6:30-8:00 pm. Alzheimer's Support Group
The Orchards at Southington	34 Hobart Street Southington, CT (860) 628-5656		Contact Resident Services
Southington Care Center	45 Meriden Ave. Southington, CT (860) 621-9559	Mary Klingerman, Facilitator	Meets on the 3 rd Monday of the month @ 3:30 pm
Evergreen Health Care	205 Chestnut Hill Road Stafford Springs, CT (860) 684-8711	Jennifer Kulas	Meets on the 3 rd Tuesday of the month @ 5:30 pm Alzheimer's Support Group
VNHS Adult Day Center Woodlake at Tolland	26 Shenipsit Lake Road Tolland, CT (860) 870-7203	Marylou Geraghty	Meets on the 3 rd Wednesday of the month 10 – 11:30 am Alzheimer's Support Group
Farmington Senior Center	321 New Britain Avenue Unionville, CT (860) 675-2390	Gail Yaffee	Meets on the 3 rd Tuesday of the month from 3-4:00 pm. Alzheimer's Support Group
Visiting Nurse and Health Services	8 Keynote Drive Vernon, CT (860) 872-9163 ext 3088	Sally Roseman, Facilitator info@vnpsc.org	Meets every other Friday @ 10:00 am. Call to register.
Hebrew Home and Hospital	1 Abrahms Blvd West Hartford, CT (860) 920-1810	Pam Atwood, Ruthan Wein or Mary Reis patwood@hebrewhealthcare.org	Meets on the 1 st Thursday of the month from 2:30-3:45 pm Alzheimer's Support Group
Hebrew Home and Hospital	1 Abrahms Blvd West Hartford, CT (860) 920-1848	Ruthan Wein or Mary Reis rwein@hebrewhealthcare.org mreis@hebrewhealthcare.org	Meets on the 3 rd Tuesday of the month from 6:30-7:30 pm. Alzheimer's Support Group
Saint Mary Home	2021 Albany Avenue West Hartford, CT (860) 570-8335	www.saintmaryhome.org	Call for schedule. Alzheimer's Support Group
Sunrise Assisted Living	22 Simsbury Road West Hartford, CT (860) 523-9899	Sarah Scandura, Cyndee Goodwin or Barry Marino	Meets on the 1 st Monday of the month @ 5:00 pm

West Hartford Senior Center	50 South Main Street West Hartford, CT (860) 523-3800	Pam Atwood	Meets on the 2 nd Monday of the month from 5:30 – 7:00 pm Alzheimer's Support Group for early onset
Town of West Hartford	50 South Main Street Room 306 West Hartford, CT (860) 561-7561	www.westhartford.org	Meets on the 4 th Thursday of the month @ 3:00 pm at the Elmwood Senior Center.
Golden Care Adult Day Center	370 Silas Dean Highway Wethersfield, CT (860) 529-4551	Su Stanton	Meets on the 3 rd Monday of the month @ 10:30 am Alzheimer's Support Group
Mediplus of Wethersfield	341 Jordan Lane Wethersfield, CT (860) 529-1466	Mary Ann Thompson Joe Botticello	Meets on 1 st & 3 rd Monday of The month @ 6:30 pm Alzheimer's Support Group
Kimberly Hall North	One Emerson Drive North Building Windsor, CT (860) 688-6443	Kate Bartelmo	Meets on 2 nd Thursday of the month from 6-7:00 pm Alzheimer's Support Group
Adult Children Caregiver Support Group – First Church of Windsor	107 Palisado Avenue Windsor, CT (860) 688-4918	Sherri Bernier	Meets on 4 th Thursday of the Month @ 6:30 pm Alzheimer's Support Group
L. P. Wilson Center	599 Matianuck Ave. L.P. Wilson Comm. Ctr Windsor, CT (860) 285-1839	Peg Dagsher www.townofwindsorct.com/socialservices	Meets on the 3 rd Tuesday of the month from 6-7:00 pm

EASTERN REGION

Organization	Address/Phone	Contact Person	Support Group Info.
Harrington Court Healthcare	59 Harrington Court Colchester, CT (860) 447-1416	Karen Gattison	Meets on the 1 st Saturday of the month @ 11:00 am. Alzheimer's Support Group
Liberty Specialty Care Center	36 Broadway Colchester, CT (860) 537-4606	www.applehealthcare.com/lib	Call for schedule. For relatives & friends considering NH placement of loved one.
Pasttimes Adult Day Center	423 Main Street Deep River, CT (860) 526-4342		Meets on the 3 rd Wednesday of the month @ 9:30 am.
Congregational Church Of Eastford	8 Church Road Eastford, CT (860) 928-5028	Bev Lindemann	Meets on the 3 rd Thursday of the month @ 7:30 pm. Alzheimer's Support Group
East Lyme Library	39 Society Road East Lyme, CT (860) 536-5601 x24	Deb Kozisek	Meets on the 2 nd Thursday of the month from 4:30-6:30 pm. Alzheimer's Support Group
Groton Senior Center	102 Newtown Road Groton, CT (860) 887-3561	Marion Donato	Meets @ 6:30 pm. Call for specific dates.
Groton Public Library	52 Newtown Road Groton, CT (860) 536-5601 x24	Deb Kozisek	Meets on the 1 st Tuesday of the month – call for details. Alzheimer's Support Group
Ledyard Senior Center	112 Van Tassel Drive Ledyard, CT (860) 887-3593	Rose Levine or Stacy Chavis	Meets on the 2 nd Saturday of the month @ 12:00 noon. Alzheimer's Support Group
Mansfield Senior Center	303 Maple Road Mansfield, CT (860) 429-0262 x102	Patricia Hope hopep@mansfieldct.org	Meets on the 2 nd Friday of the Month @ 10:00 am. Alzheimer's Support Group

The Day Club	33 Miner Street Middletown, CT (860) 632-1119	Carrie Hopkins or Brenda Lopes dayclub@comcast.net	Meets on the last Monday of the month @ 6:00 pm. Alzheimer's Support Group
Harbor Hill Care Center	111 Church Street Middletown, CT (860) 347-7286	Michele Ambruso-Turf & Deborah Pituzello	Meets every Wednesday @ 2:00 pm. Alzheimer's Support Group
Middlesex Hospital Caregiver Support Group	Conference Room B 28 Crescent Street Middletown, CT (860) 358-6358	Mary-Caryl Goff mary-caryl_goff@midhosp.org	Meets on the 1 st Tuesday of the month @ 12:00 pm
Village at South Farms	645 Saybrook Road Middletown, CT (860) 349-8974	Pat Liliedahl	Meets on the 1 st Tuesday of the month @ 4:30 pm. Alzheimer's Support Group
Water's Edge Center for Health & Rehab	111 Church Street Middletown, CT (860) 347-7286	Kathleen Kaliscak	Meets on the 2 nd Wednesday of the month @ 2:00 pm. Alzheimer's Support Group
Montville Senior Center	12 Maple Avenue Montville, CT (860) 447-1416	Judy Danao	Meets on the 1 st Thursday of the month @ 10:00 am. Alzheimer's Support Group
Chestelm Health & Rehab	534 Town Street Moodus, CT (860) 873-1455	Candice Nero	Meets on the 2 nd Wednesday of the month @ 7:00 pm. Alzheimer's Support Group
Lawrence & Memorial Hospital	Conference Room 3 365 Montauk Avenue New London, CT (860) 442-0711 x2483	Carol Vara Verna Swann	Meets on the 1 st Wednesday of the month @ 4:00 pm
Disabilities Network of Eastern Connecticut	238 West Town Street Norwich, CT (860) 823-1898	dnecc@dnecc.org	Call for schedule and to register
Hospice of Southeastern CT	227 Dunham Street Norwich, CT (860) 848-5699	hospice@hospicesect.org	Meets on the 3 rd Wednesday of the month @ 6:00 pm at the Mystic/Noank Library & 1 st Thursday of month @ 6:00 pm at Hospice S.E. CT
Ross Adult Day Care	165 McKinley Avenue Norwich, CT (860) 889-1252	Amy Merchant & Jane Davis amerchant@ucfs.org	Meets on the 2 nd Wednesday of the month @ 4:00 pm. Alzheimer's Support Group
Estuary Council of Seniors	220 Main Street Old Saybrook, CT (860) 388-4455	Molly DeWeese mdeweese@vna-commh.org	Meets on the 4 th Thursday of the month from 1-2:30 pm. Alzheimer's Support Group
Center for Healthy Aging	15 Marshall Street Putnam, CT (860) 928-7122	Kathy Demers, APRN www.daykimball.org	Meets on the 2 nd Thursday of the month from 1:30-2:30 pm
Day Kimball Hospital – Field Conference Center	320 Pomfret Street Putnam, CT (860) 774-8070	Elaine Turner, RN www.daykimball.org	Meets on the 2 nd Tuesday of the month @ 7:00 pm Alzheimer's Support Group
Hospice Southeastern CT	227 Dunham Street Norwich, CT 06360 (860) 848-5699	Jessica Sellens, MSW	Meets every 3 rd Wednesday Of the month from 6 – 7:30 pm @ Mystic Noank Library
Hospice of Southeastern CT	179 Gallivan Lane Uncasville, CT (860) 848-5699	Rose Levine	Meets on the 2 nd & 4 th Monday of the month @ 10:30 am
Waterford Senior Services	24 Rope Ferry Road Waterford, CT (860) 447-1416	Judy Danao www.waterfordct.org	Meets on the 2 nd Thursday of the month @ 10:00 am. Alzheimer's Support Group
Westerly Adult Day Center (serves Pawcatuck/Stonington and Mystic area)	65 Wells Street Westerly, R.I. (401) 596-1336	Karen Hawthorne	Meets on the 2 nd Tuesday of the month @ 7:00 pm. Alzheimer's Support Group

First Congregational Church	199 Valley Street Willimantic, CT (860) 423-6827	Diane Prue	Meets on the 4 th Tuesday of the month from 7 – 8:00 pm. Alzheimer's Support Group
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WESTERN REGION

Organization	Address/Phone	Contact Person	Support Group Info.
First Congregational Church	21 Main Street South Bethlehem, CT (203) 264-9135	Edie Hardwick	Meets on the 4 th Monday of the month. Alzheimer's Support Group
Geer Adult Day Center	83 South Canaan Road Canaan, CT (860) 824-7067	Marsha Harvey mpetharvey@aol.com	Meets on the 2 nd Wednesday of the month @ 1:00 pm. Alzheimer's Support Group
Elim Park Baptist Home	140 Cook Hill Road Cheshire, CT (203) 272-3547 x138	Susan Laude	Meets on the last Wednesday of the month @ 6:30 pm. Alzheimer's Support Group
Cheshire Senior Center	240 Maple Avenue Cheshire, CT (203) 272-8030	Outreach Social Worker	Call for time and place.
Ann's Place, the Home of I Care Cancer Support Services	39 Old Ridgebury Road Suite 17 Danbury, CT (203) 790-6568	ican@annsplace.org	Meets on the 1 st & 3 rd Wednesday of the month.
Danbury Health Care Center	107 Osborne Street Danbury, CT (203) 792-8102	Evy Brescia grubebrescia@sbcglobal.net	Meets on the 1 st Thursday of the month from 4:30-6:00 pm. Alzheimer's Support Group
Maplewood at Danbury	22 Hospital Avenue Danbury, CT (203) 744-8444	Neena Finch neena@maplewoodatdanbury.com	Meets on the 2 nd & 4 th Tuesday of the month @ 7:00 pm. Alzheimer's Support Group
The Kent Specialty Care Facility	46 Maple Street Kent, CT (860) 927-5368	Anne Runquist runquist@sbcglobal.net	Meets on the 2 nd Thursday of the month - call for time.
Brandywine Assisted Living At Litchfield	19 Constitution Way Litchfield, CT (860) 567-9500	Nancy Aguilar & Carol Lenz	Meets on the 3 rd Monday of the month @ 6:00 pm. Alzheimer's Support Group
Morris Senior Center	109 East Street Morris, CT (860) 567-7437	Nancy Aquilar & Carol Lenz	Meets on the 3 rd Monday of the month @ 3:30-5:00 pm. Alzheimer's Support Group
St. Mary's Wellness Center	600 Rubber Avenue Naugatuck, CT (203) 729-9802	Deborah Hennessy	Meets on the 1 st & 3 rd Saturday of the month from 1-3:00 pm. Alzheimer's Support Group
Candlewood Valley Health & Rehabilitation	30 Park Lane East New Milford, CT (860) 355-0971 or (203) 591-9156	Cindy LaCour & Kathy Mahr	Meets on the 1 st Wednesday of the month @ 12:00 & 6:00 pm Alzheimer's Support Group
New Milford Community Health & Wellness Center	40 Main Street Richmond Citizen Center New Milford, CT (860) 355-6075	Carolyn DeRocco	Meets on the 4 th Wednesday of the month @ 1:00-2:30. Alzheimer's Support Group
Ridgefield Crossings	640 Danbury Road Ridgefield, CT (203) 431-2255 or (203) 431-2255	Terri Ramsey & Megan Carriere tramsey@benchmarkquality.com	Meets on the 1 st Thursday of the month @ 3:30 pm. Alzheimer's Support Group

Sharon Hospital	50 Hospital Hill Road Sharon, CT (860) 364-4403	www.sharonhospital.com	Meets on Wednesdays @ 10:30 am in the Behavioral Health Out-patient Meeting Room
The Federation – Jewish Communities of Western CT	444 Main Street Southbury, CT (203) 267-3177 x105	Debby Horowitz & Edie Hardwick	Meets on the 2 nd Thursday of The month @ 2:00 pm. Alzheimer's Support Group
Kensington Green of Southbury	655 Main Street Southbury, CT (203) 267-7100	Joyce Weber	Meets on the 1 st Monday of the month @ 3:30 pm. Alzheimer's Support Group
Lutheran Home of Southbury	990 Main Street North Southbury, CT (203) 264-9135	Wes Bard & Edie Hardwick	Meets on the 3 rd Monday of the month @ 6:30 pm. Alzheimer's Support Group
Charlotte Hungerford Hospital	540 Litchfield Street Torrington, CT (860) 585-3269	Karen Cornell	Meets on the 3 rd Thursday of the month @ 7:00 pm. Alzheimer's Support Group
Summerville at Litchfield Hills	376 Goshen Road Torrington, CT (860) 489-8022	Susan Patrick Susan.patrick@sslusa.com	Meets on the 3 rd Tuesday or Thursday of the month @ 6:00 pm. Alzheimer's Support Group
Abbott Terrace Adult Day Center	44 Abbott Terrace Waterbury, CT (203)755-4870	Laura Fasanelli	Meets on the 2 nd Tuesday of the month @ 3:00-4:00 pm. Alzheimer's Support Group
Enterprise Apartments	13 Cherry Avenue Waterbury, CT (203) 755-2416 or (203) 575-9799 x214	Joyce Evan & Lesley West	Meets on the 4 th Thursday of the month @ 2:00-4:00 pm. Alzheimer's Support Group
Harold Leever Regional Cancer Center	1075 Chase Parkway Waterbury, CT (203) 575-5511		Cancer Support Groups – Call for time and place.
Marathon Health Center	177 Whitewood Road Waterbury, CT (203) 757-9491	Zakiyyah Lateef	Meets on the 2 nd Tuesday of the month @ 2:00-3:00 pm. Alzheimer's Support Group
Village at East Farms	180 Scott Road Waterbury, CT (203) 756-2969	Sara D'Uva	Meets on the 1 st Wednesday @ 6:00 pm. & the 2 nd Tuesday of the month @ 2:00 pm. Alzheimer's Support Group
Wolcott View Manor	50 Beach Road Wolcott, CT (203) 879-8066 x241	Caroline Martin	Meets on the last Monday of the month from 6-7:00 pm. Alzheimer's Support Group

SOUTH WESTERN REGION

Organization	Address/Phone	Contact Person	Support Group Info.
Jewish Family Service	2370 Park Avenue Bridgeport, CT (203) 366-5438	info@jfsct.org	Call for schedule. Russian, Yiddish & Hebrew spoken.
Center For Hope	590 Post Road Darien, CT (203) 655-4693	www.centerforhope.org	Call for schedule. For caregivers whose spouse or parent has debilitating or chronic illness.
Grasmere Eldercare Center	240 Colony Road Fairfield, CT (203) 259-6699	Courtney Luttrell & Eileen Walsh www.fairfieldct.org	Meets on the last Friday of the month @ 1:00-2:00 pm. Alzheimer's Support Group
Jewish Home for the Elderly-Adult Day Suite	175 Jefferson Street Fairfield, CT (203) 365-6469	Donna Lange dLange@jhe.org	Meets on the 1 st Thursday of the month @ 4:00 pm. Alzheimer's Support Group
Family Centers Friendly Connections Program	20 Bridge Street Greenwich, CT (203) 661-8841	www.familycenters.org	Telephone support group for caregivers of older adults with disabilities.

The Greens at Greenwich	1155 King Street Greenwich, CT (203) 531-5500	Sherry Dey & Pat Cantrell	Meets on the 2 nd Wednesday of the month @ 5:30-6:30 pm. Alzheimer's Support Group
Greenwich Adult Day Center	70 Parsonage Road Greenwich, CT (203) 622-0079	Jane Kramer	Meets every Tuesday @ 11:00- 12:30 pm. Early stage couples. Alzheimer's Support Group
Greenwich Adult Day Center	70 Parsonage Road Greenwich, CT (203) 622-0079	Jane Kramer & Peg Drenckhahn pegd@gadc.org	Meets every other Thursday @ 10:30 am.
Greenwich Hospital Center for Healthy Aging	Watson Pavilion 3 rd floor 5 Perryridge Road Greenwich, CT (203) 863-4375	Roni Lang Ronil@grrenhosp.org	Meets on Thursday afternoons. Call for pre-screening.
Greenwich Hospital – Bendheim Cancer Center	77 Lafayette Place Greenwich, CT (203) 863-3700	www.greenhosp.org	Meets on the 1 st Monday of the month @ 6:30 pm.
Jewish Family Services of Greenwich	One Holly Hill Lane Greenwich, CT (203) 622-1881	mail@jfsgreenwich.org	Hebrew, Russian & Yiddish spoken.
Monroe Senior Center	235 Cutlers Farm Road Monroe, CT (203) 454-3771	Barbara Yeager	Meets on the 1 st Wednesday of the month @ 2:15 pm. Alzheimer's Support Group
Waveny Care Center	3 Farm Road New Canaan, CT (203) 594-5200	Ilene Sumberg & Sarah Ruggiero isumberg@waveny.org	Meets on the 2 nd & 4 th Tuesday of the month @ 1:45-2:45 pm. Alzheimer's Support Group
Cancercare	120 East Avenue Norwalk, CT (800) 813-4673	info@cancercare.org	Online & telephone support groups.
Norwalk Senior Center	11 Allen Road Norwalk, CT (203) 853-7234	Jean Northup	Meets on the 1 st Monday of the month @ 11:00 am. Alzheimer's Support Group
Elderhouse	7 Lewis Street Norwalk, CT (203) 847-1998	Sally Harding	Meets on the 1 st Monday of the month @ 12:00-1:00 pm. Alzheimer's Support Group
First Congregational Church of Norwalk on the Green	Park & Lewis Street Norwalk, CT (203) 847-9539	Doris McKee Dmckl1@juno.com	Meets every Tuesday of the month @ 11:00-12:00 pm. Alzheimer's Support Group
Mid-Fairfield Hospice	761 Main Avenue Norwalk, CT (800) 898-4663	info@visitingnurse.net	Call for schedule and to register
Jewish Community Center	1035 Newfield Avenue Stamford, CT (203) 487-0983	Amy Hollander ahollander@stamfordjcc.org	Meets on the 4 th Tuesday of the month @ 6:00-7:00 pm. Alzheimer's Support Group
Jewish Family Service of Stamford	733 Summer Street Stamford, CT (203) 921-4161	mgreenberg@ctjfs.org	Call for schedule and to register
Lord Chamberlain	7003 Main Street Stratford, CT (203) 375-5894	Barbara Jarmon	Meets on the 1 st Monday of the month @ 5:00 pm. Alzheimer's Support Group
Stratford Senior Services – Baldwin Center	1000 West Broad Street Stratford, CT (203) 385-4055 or (203) 385-4050	Beth Paris EParis@stratford.com	Meets on the 3 rd Tuesday of the month @ 3:00-4:30 pm. Alzheimer's Support Group
Sunset Shores Adult Day Center	720 Barnum Ave. Cutoff Stratford, CT (203) 380-1228	Sue Secondi & Carol Crimi Ssecondi@cteldercare.com	Meets on the 2 nd Wednesday of the month @ 4:00 pm. Alzheimer's Support Group

Middlebrook Farms	2750 Reservoir Avenue Trumbull, CT (203) 268-2400 or (203) 452-5198	Carol Pines, Robin Gajek or Jennifer Gillis	Meets on the 4 th Wednesday of the month @ 1:30-3:00 pm. Alzheimer's Support Group
Trumbull Senior Center	23 Priscilla Place Trumbull, CT (203) 452-5134	Gail Ondy	Meets on the 2 nd Wednesday of the month @ 1:30 pm. Alzheimer's Support Group
Jewish Family Service of Stamford	431 Post Road East, Ste 11 Westport, CT (203) 454-4992	www.ctjfs.org	Call for schedule and to register

SOUTH CENTRAL REGION

Organization	Address/Phone	Contact Person	Support Group Info.
The Hearth at Gardenside	173 Alps Road Branford, CT (203) 483-7260	Linda Abbagnaro	Meets on the 4 th Monday of the month @ 6:00 pm. Alzheimer's Support Group
Orchard House	421 Shore Drive Branford, CT (203) 481-7110	eastregional@sbcglobal.net	Meets twice/mo @ 10:30 am. Call for schedule.
The Village at Mariner's Point	111 South Shore Drive East Haven, CT (203) 467-0067	Brenda Lopes	Meets on the 1 st Monday of The month @ 3:00 pm. Alzheimer's Support Group
Arden Courts of Hamden	153 Leeder Hill Drive Hamden, CT (203) 228-1919	Pat Kenny	Meets on the 3 rd Wednesday of the month @ 6:00-7:00 pm - Alzheimer's Support Group. 3 rd Tuesday @ 5:30-6:30 pm for Early Onset C.G. Group.
Atria Larson Place	1450 Whitney Avenue Hamden, CT (203) 248-8880 x607	Lidia Ayala	Meets on the 1 st Monday of the month @ 5:30-7:00 pm. Alzheimer's Support Group
Harborside Health Care – Arden House	850 Mix Avenue Hamden, CT (203) 285-1060	Suzanne Tyghtek or Tiffany Burnham	Meets on the 2 nd Tuesday of the month @ 5:00-6:00 pm. Alzheimer's Support Group
Maple Woods at Hamden	35 Hamden Hill Drive Hamden, CT (860) 828-2828 x27	Maria Tomasetti	Meets on the 3 rd Wednesday of the month @ 9:30-11:30 am Couples Support Group
Strong House ADC	546 Durham Road Madison, CT (203) 245-0524	Diane Fisher	Meets on the last Monday of the month @ 1:30 pm. Alzheimer's Support Group
Village at Kensington Place	511 Kensington Avenue Meriden, CT (203) 235-0181	Ron Bowen & Sharon Albone	Meets on the 3 rd Tuesday of the month @ 7:00 pm. Alzheimer's Support Group
Milford Hospital	2047 Bridgeport Avenue Milford, CT (203) 396-1086	Erena Fitzgerald	Meets on the 1 st Monday of the month @ 6:30 pm. Alzheimer's Support Group
Mary Wade Home	118 Clinton Avenue New Haven, CT (203) 562-7222 x132	Tracy Gilbert tgilbert@marywade.org	Meets on the 1 st Wednesday of the month @ 6:00 pm w/dinner Alzheimer's Support Group
Yale University – Yale Alzheimer's Disease Research Unit	1 Church Street Suite 600 New Haven, CT (203) 764-8100	Theresa Hofmeister	Meets on the 1 st Tuesday of the month @ 1:15 pm. Alzheimer's Support Group
American Parkinson Disease Association	27 Allendale Drive North Haven, CT (203) 288-0546	www.ctapda.com	For caregivers and care recipients with Parkinson's Disease.

Lower Naugatuck Valley Well Spouse Support Group	Confidential Address Seymour, CT (203) 888-3541	picardow@yahoo.com	Meets on the 4 th Wednesday of the month @ 6:30 pm – for spouses & partners of chronically ill & disabled.
Gardner Heights	172 Rocky Rest Road Shelton, CT (203) 924-6251	Mike Hetsko Mh@hetsko.com	Meets on the 2 nd Wednesday of the month @ 7:00 pm. Alzheimer's Support Group
Masonic Healthcare Center	22 Masonic Avenue Wallingford, CT (203) 679-6581 or (203) 679-6369	Beverly Bryda & Gail Kallinich	Meets on the 1 st Monday of the month @ 1:15 pm. Alzheimer's Support Group
Regency House	181 E. Main Street Wallingford, CT (203) 265-1661	Theresa Mowry	Meets on the 1 st Wednesday of the month @ 4:30-5:30 pm. Alzheimer's Support Group
Visiting Nurse Association	135 North Plains Industrial Road Wallingford, CT (203) 269-1475	correspondence@vna.wallingford.org	Call for schedule and to register French, Polish & Spanish spoken
Brighton Gardens	330 Amity Road Woodbridge, CT (203) 389-2911 x224	Laura Hendricks	Meets on the 3 rd Monday of the month @ 4:00-5:00 p. Alzheimer's Support Group