

Section VIII

# Health

# Alzheimer's Association

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## Description:

The Alzheimer's Association is a national agency dedicated to conducting research for the prevention, cure and treatment of Alzheimer's disease and related disorders and to providing education, information and referral, support and assistance to individuals with Alzheimer's and their families.

There is a Connecticut chapter of the Association that trains and develops many local support groups to help the families of those with Alzheimer's disease and related disorders. Educational programs for families and professionals are conducted regularly.

The Chapter also participates in a program called Safe Return, in which participants receive 1-800 number I.D. bracelets that are used to return wanderers to their caregivers. The Association also provides education and outreach for the Statewide Respite Care Program.

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## Eligibility Requirements, Service Areas and Program Year:

Eligibility Requirements:

- Persons interested in Alzheimer's disease and related services.

Service Areas:

Statewide

Program Year:

N/A

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## Contact Information:

Alzheimer's Association  
Connecticut Chapter  
279 New Britain Road, Suite 5  
Kensington, CT 06037  
Telephone: 860-828-2828  
Fax: 860-828-2417  
24 Hour Helpline: 800-356-5502  
Website: [www.alz.org/ct](http://www.alz.org/ct)

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**Related Information:**

[Statewide Respite Care Program, refer to page III – 20.](#)

# American Parkinson Disease Association

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## **Description:**

The Connecticut Chapter of the American Parkinson Disease Association (APDA) is an organization that provides grass roots support to Parkinson patients, their families and the general community. The chapter is affiliated with the APDA Information and Referral Center, which is staffed by a registered nurse and located at the Hospital of Saint Raphael in New Haven. The Chapter and Center work collaboratively to offer a wide variety of statewide programs and services, which include outreach, awareness and educational programs, coordination of volunteers within the Parkinson community, a telephone helpline for information and assistance, referral services to community resources, counseling, advocacy, community awareness programs, fitness programs and subsidies for Lifeline and respite care. Support groups and specialty groups, which are organized for specific populations affected by Parkinson's disease, are also available in several locations statewide. Specialty groups include the Young Onset Group for persons under the age of 60 with Parkinson's Disease and the Connecticut Parkinson's Working Group which meets monthly to share ideas, concerns and experiences to establish and work on common goals best undertaken by those living with Parkinson's Disease. The APDA coordinates fund-raisers to help support these services as well as national research efforts.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Persons with Parkinson Disease or persons affected by Parkinson Disease as well as the general community.

### Service Areas:

Statewide

### Program Year:

NA

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## **Contact Information:**

For medical information and support services:

APDA Parkinson Information and Referral Center  
Hospital of Saint Raphael  
1450 Chapel Street  
New Haven, CT 06511  
Donna Diaz, RN, MS, Center Coordinator

APDA Parkinson Information and Referral Center continued  
Telephone: 203-789-3939  
Toll-free: 877-252-7328  
Email: [ddiaz@srhs.org](mailto:ddiaz@srhs.org)

For volunteer, awareness and/or fund raising information:

APDA Connecticut Chapter  
Gladys Tiedemann, President  
27 Allendale Drive  
North Haven, CT 06473  
Telephone: 203-288-0546  
Email: [gladkt@hotmail.com](mailto:gladkt@hotmail.com)  
Website: [www.ctapda.org](http://www.ctapda.org)

Support Groups:

Cheshire/Waterbury Area:  
Norma Papandrea  
1801 Cheshire Street  
Cheshire, CT 06410  
Telephone: 203-272-5815  
Email: [papsmen@aol.com](mailto:papsmen@aol.com)

East Hartford Area:  
Marcie Dwyer  
99 Burnbrook Road  
East Hartford, CT 06118  
Telephone: 860-568-6820  
Email: [marciedwyer@sbcglobal.net](mailto:marciedwyer@sbcglobal.net)

Fairfield/Bridgeport/Stratford Area:  
Ann Marie Fekete  
The Watermark  
3030 Park Avenue  
Bridgeport, CT 06604  
Telephone: 203-374-5611  
Email:  
[afekete@watermarkcommunities.com](mailto:afekete@watermarkcommunities.com)

Greater New Haven – Caregivers:  
Gladys Tiedemann  
27 Allendale Drive  
North Haven, CT 06473  
Telephone: 203-288-0546  
Email: [gladkt@hotmail.com](mailto:gladkt@hotmail.com)

Greenwich Area:  
Pat O’Sullivan RN, APRN  
Greenwich Health at Greenwich  
Hospital  
2015 West Main Street  
Stamford, CT 06902  
Telephone: 203-863-3792  
Email: [pao222@nyu.edu](mailto:pao222@nyu.edu)

Milford:  
Dolores McGuiness  
38 Sawmill Road  
Milford, CT 06460  
Telephone: 203-878-4108  
Email: [casadeifiori@sbcglobal.net](mailto:casadeifiori@sbcglobal.net)

OR

Terry Swan, RN  
55 Underhill Road  
Milford, CT 06460  
Telephone: 203-874-5070  
Email: [reswan@snet.net](mailto:reswan@snet.net)

New Britain Area:  
Sheila Therriault & Diana Lee  
Hospital for Special Care  
2150 Corbin Avenue  
New Britain, CT 06053  
Telephone: 860-827-1958 Ext. 4772 or  
860-827-4772  
Email: [Stherriault@hfsc.org](mailto:Stherriault@hfsc.org)

New Canaan Area:  
Sally Driscoll  
23 Hoyt Street  
New Canaan, CT 06840  
Telephone: 203-966-7125

New Haven Area:  
Donna Diaz, RN, MS  
APDA Parkinson Center  
Hospital of Saint Raphael  
1450 Chapel Street  
New Haven, CT 06511  
Telephone: 203-789-3936  
Email: [ddiaz@srhs.org](mailto:ddiaz@srhs.org)

Putnam Area:  
Judith Hansen  
Wellness Program  
Day Kimball Hospital  
320 Pomfret Street  
Putnam, CT 06260  
Telephone: 860-928-6541 Ext. 2015  
Email: [jhansen@daykimball.org](mailto:jhansen@daykimball.org)

Ridgefield Area:  
Carmelita Gregory  
Ridgefield Crossings  
640 Danbury Road  
Ridgefield, CT 06877  
Telephone: 203-438-2355  
Email: [Carm815@comcast.net](mailto:Carm815@comcast.net)

Southbury Area:  
Margaret Clark  
92 Walnut Tree Hill Road  
Sandy Hook, CT 06482  
Telephone: 203-426-5534  
Email: [MagdaCl@sbcglobal.net](mailto:MagdaCl@sbcglobal.net)

Waterford/Southeast CT Area:  
Joyce Beaudoin  
999 Pequot Avenue  
New London, CT 06320  
Telephone: 860-437-8649  
Email: [joytel@aol.com](mailto:joytel@aol.com)

OR

David Singer  
87 Grassy Hill Raod  
Old Lyme, CT 06371  
Telephone: 860-434-5932  
Email: [davsin@comcast.net](mailto:davsin@comcast.net)

West Hartford Area:  
Gail Slay  
Arden Courts  
100 Fisher Drive  
Avon, CT 06001  
Telephone: 860-678-7500 Ext. 210  
Email: [redbird5560@sbcglobal.net](mailto:redbird5560@sbcglobal.net)

Westport Area:  
Sue Pfister  
Westport Center for Senior Activities  
21 Imperial Avenue  
Westport, CT 06880  
Telephone: 203-341-5098

OR

Paul Green  
15 Old Mill Road  
Westport, CT 06880  
Telephone: 203-227-6500  
Email: [greenloble@aol.com](mailto:greenloble@aol.com)

Willimantic Area:  
Rose Fowler  
McSweeney Senior Center  
47 Crescent Street  
Telephone: 860-423-4524  
Email: [McSweeney@snet.net](mailto:McSweeney@snet.net)  
Website: [www.mcsweeneyseniorcenter.org](http://www.mcsweeneyseniorcenter.org)

Specialty Groups:

New/Young Onset Group  
Steven DeWitte  
134 Kinney Hill Road  
Washington, CT 06794  
Telephone: 860-868-7938  
Email: [sdewitte@earthlink.net](mailto:sdewitte@earthlink.net)

CT Parkinson's Working Group:

Jackie Dorwin, Co-facilitator  
132 Highwood Drive  
Guilford, CT 06437  
Telephone: 203-453-2655  
Email: [jdorwin@aol.com](mailto:jdorwin@aol.com)

OR

Stan Wertheimer, Co-facilitator  
193 Oceanview Avenue  
Mystic, CT 06355  
Telephone: 860-572-9965  
Email: [stan.wertheimer@gmail.com](mailto:stan.wertheimer@gmail.com)

OR

Tom Sullivan, Co-facilitator  
94 East Ridge Road  
Middletown, CT 06457  
Telephone: 860-343-8278  
Email: [tsps628@sbcglobal.net](mailto:tsps628@sbcglobal.net)

Yale Professors

Arlen Szczarba  
307 Audobon Street  
New haven, CT 06510  
Telephone: 203-787-9913  
Email: [aszczarba@prudential.com](mailto:aszczarba@prudential.com)

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**Related Information:**

*N/A*

# Connecticut Medicare Assignment Program (ConnMAP)

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## **Description:**

The Connecticut Medicare Assignment Program (ConnMAP) assures that participants are charged no more than the reasonable and necessary rates approved by Medicare for Medicare-covered services.

Eligible Medicare beneficiaries receive ConnMAP cards as program participants. These cards are presented to health care providers who agree to treat ConnMAP participants. Cards should be presented to physicians prior to treatment. If Medicare covers the service received, the provider may not charge more than the rate the Health Care Financing Administration has determined to be reasonable and necessary for that service.

Some services furnished by health care providers who are not physicians, such as podiatrists, chiropractors, dentists and optometrists are not covered by Medicare. Individuals should ask these providers before they receive a service whether Medicare covers it.

ConnMAP cardholders pay the annual Medicare deductible and the required co-payments for services rendered. Co-payments are usually 20 percent.

A ConnPACE card is a legal substitute for a ConnMAP card. ConnPACE cardholders who are enrolled in Medicare Parts A and B do not need to obtain a ConnMAP card to receive benefits. These persons may show their ConnPACE cards to receive ConnMAP benefits.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Must be a Connecticut resident for 183 consecutive days immediately prior to the date of application.
- Must be enrolled in Medicare Part B.
- Annual income cannot exceed \$41,415, if single and \$55,770, if couple. Income includes Social Security, minus the Medicare Premium, and other taxable and non-taxable income.

### Service Areas:

Statewide

### Program Year:

January 1 – December 31

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**Contact Information:**

ConnMAP  
Department of Social Services  
25 Sigourney Street  
Hartford, CT 06106  
Telephone: 860-424-4925 or 800-443-9946 in CT only

Information about ConnMap may also be obtained from:

Area Agencies on Aging, see [Appendix A](#).

Municipal Agents, see [Appendix C](#).

Senior Centers, see [Appendix D](#).

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**Related Information:**

[Medicare, refer to page IX – 9.](#)

# Connecticut Pharmaceutical Assistance Contract to the Elderly and the Disabled Program (ConnPACE)

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## **Description:**

ConnPACE is a state-funded program that helps eligible elderly individuals, age 65 or older, and persons over the age of 18 with disabilities, who are NOT eligible for Medicare, pay for certain prescription drugs, insulin, and insulin syringes. The program allows for a 30-day supply or 120 units (tablets or capsules), whichever is greater, for each prescription. Participants pay an annual enrollment fee of \$45 and a maximum co-payment of \$16.25 for each prescription when their ConnPACE cards are shown at the local pharmacy. Participants must re-enroll every year; renewal forms are automatically mailed to participants 75 days before their benefits expire. Forms should be completed at least 45 days before the card's expiration date to prevent a lapse in coverage.

The ConnPACE open enrollment period is from November 15 to December 31 of each year. This period is the only time during which new applicants can be considered for the program. The only exception to the open enrollment period is for individuals who are within 31 days of their 65<sup>th</sup> birthday or becoming eligible for Social Security Disability or Supplemental Security Income.

ConnPACE is not available to those with other insurance that covers any portion of the cost for prescription medications, those who have deductible insurance plans that include prescription drug coverage, or those who receive Medicare or Medicaid. Benefits may be received while individuals meet their Medicaid spend-down requirement. Persons may also be enrolled in Blue Cross 65 High/Low Option Plan and receive ConnPACE benefits before hospitalization and after Blue Cross benefits have been exhausted.

Individuals with private insurance plans with maximum benefits can receive ConnPACE benefits when they exhaust the maximum benefit amount specified in their plans. Applications can be submitted to ConnPACE before the maximum benefit is met. To receive benefits, ConnPACE must receive a letter from the insurance company stating the date on which the maximum benefit was met.

ConnPACE does not cover drugs made by a pharmaceutical company that does not participate in ConnPACE's Drug Rebate Program. The Department of Social Services may, however, make exceptions based upon the medical needs of the ConnPACE participant. Per Connecticut General Statutes, Sections 17b-490 to 17b-498, the following drugs are not covered: antihistamines, contraceptives, cough preparations, diet pills, experimental drugs, less than effective drugs as designated by the Federal Drug Administration (FDA), multivitamin, drugs prescribed for cosmetic purposes,

smoking cessation gum , most over-the-counter drugs, and drugs that are dispensed by pharmacies other than a ConnPACE designated pharmacy

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## **Eligibility Requirements, Service Areas, and Program Year:**

### Eligibility Requirements:

- Must be a Connecticut resident for at least six months prior to filing an application.
- Must be age 65 or older or at least age 18 with a disability and receiving disability benefits under the Social Security Disability Program or the Supplemental Security Income Program.
- Annual adjusted gross income for an individual cannot exceed \$25,100; married couple cannot exceed \$33,800. ConnPACE typically considers income from the previous year and discounts Medicare Part B premiums when determining eligibility; however, it will consider the current year's income if the previous year's income exceeds the requirements.
- Must pay \$45 annual application fee.
- Must not be eligible for Medicare.

### Service Areas:

Statewide

### Program Year:

Rolling enrollment based upon an individual's initial application.

Income requirements may change January 1<sup>st</sup> of each year based on the Social Security Administration's Cost of Living Adjustment (COLA).

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## **Contact Information:**

ConnPACE

Department of Social Services

25 Sigourney Street

Hartford, CT 06106

Telephone: 860-269-2029 (Hartford/Farmington area and out of state)

Toll Free: 800-423-5026 (in state only)

Website: [www.connpace.com](http://www.connpace.com) or [www.ctdssmap.com](http://www.ctdssmap.com)

ConnPACE applications may also be obtained from:

Participating Pharmacies.

Area Agencies on Aging, refer to [Appendix A](#).

Senior Centers, refer to [Appendix D](#).

Municipal Agents, refer to [Appendix C](#).

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**Related Information:**

[\*Benefits CheckUp \(for reference to Benefits CheckUpRx\), refer to page XIII – 3.\*](#)  
[\*CHOICES, refer to page XIII – 5.\*](#)  
[\*Medicare, refer to page IX – 9.\*](#)

# Elderly Health Screening

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## Description:

Elderly Health Screening programs funded through the Aging Services Division of the Department of Social Services to provide multiphase health programs to persons age 60 and older statewide. The primary objective of these programs is the early detection of disease through health screening services, follow-up care and programs related to health promotion and wellness. Health screening tests can include the following services: blood analysis, mental health counseling, blood pressure testing, geriatric assessments and pap, breast and colorectal screenings. Other services offered include stress management, nutrition counseling, vision, podiatry, oral health and physical activity programs. Most services are provided at no cost.

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## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

- Must be age 60 or older.

### Service Areas:

Barkhamsted	Ledyard	Roxbury
Beacon Falls	Lisbon	Salisbury
Bethel	Litchfield	Salem
Bethlehem	Lyme	Sharon
Bloomfield	Montville	Sherman
Bridgeport	New London	Southbury
Bridgewater	New Haven	Sprague
Brookfield	Middlebury	Stonington
Bozrah	Morris	Thomaston
Canaan	Naugatuck	Torrington
Cheshire	New Fairfield	Voluntown
Colchester	New Hartford	Warren
Colebrook	New Milford	Washington
Cornwall	Newtown	Waterbury
Danbury	Norfolk	Waterford
East Lyme	North Canaan	Watertown
Franklin	North Stonington	West Hartford
Goshen	Norwich	Windham
Griswold	Old Lyme	Winchester
Groton	Preston	Wolcott
Harwinton	Prospect	Woodbury
Kent	Redding	
Lebanon	Ridgefield	

Program Year:  
July 1 – June 30

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**Contact Information:**

Jannette Haughton  
Department of Social Services  
Aging Services Division  
25 Sigourney Street  
Hartford, CT 06106  
Telephone: 860-424-5299  
Email: [Jannett.haughton@ct.gov](mailto:Jannett.haughton@ct.gov)

City of Bridgeport, Department of Health  
Elderly Health Screening Program  
752 East Main Street  
Bridgeport, CT 06608  
Telephone: 203-576-7690

Town Served:  
Bridgeport

Fair Haven Community  
Health Center  
Bella Vista Satellite Clinic  
Elderly Health Services  
221 Eastern Street  
New Haven, CT 06513  
Telephone: 203-469-5331

Town Served:  
New Haven

United Community & Family Services, Inc.  
Geriatric Assessment program  
34 East Town Street  
Norwich, CT 06360  
Telephone: 860-892-7042

Towns Served:

Bozrah  
Colchester

East Lyme  
Franklin

Griswold  
Groton

Lebanon  
Ledyard  
Lisbon  
Lyme  
Montville  
New London

North Stonington  
Norwich  
Old Lyme  
Preston  
Salem

Sprague  
Stonington  
Voluntown  
Waterford  
Windham

West Hartford/Bloomfield Health District  
Senior Screening Project  
80 South Main Street  
West Hartford, CT 06107  
Telephone: 860-523-3285

Towns Served:  
Bloomfield

West Hartford

Western Connecticut Area  
Agency on Aging  
Senior Health Testing  
84 Progress Lane  
2<sup>nd</sup> Floor  
Waterbury, CT 06705  
Telephone: 203-757-5449

Towns Served:  
Barkhamsted  
Beacon Falls  
Bethel  
Bethlehem  
Brookfield  
Bridgewater  
Canaan  
Cheshire  
Colebrook  
Cornwall  
Danbury  
Goshen  
Harwinton  
Kent

Litchfield  
Middlebury  
Morris  
Naugatuck  
New Fairfield  
New Hartford  
New Milford  
Newtown  
Norfolk  
North Canaan  
Prospect  
Redding  
Ridgefield  
Roxbury

Salisbury  
Sharon  
Sherman  
Southbury  
Thomaston  
Torrington  
Warren  
Washington  
Waterbury  
Watertown  
Winchester  
Wolcott  
Woodbury

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**Related Information:**

N/A

# EyeCare America

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## Description:

EyeCare America is a nationwide outreach program designed to provide medical eye care to elderly persons. Through a toll-free help line, the program provides eligible elders referrals to qualified ophthalmologists who provide eye care. Ophthalmologists check for cataracts, glaucoma and other eye diseases and treat any condition or disease diagnosed.

Volunteer ophthalmologists provide eye examinations to US citizens or legal residents who are age 65 and older and who do not have access to an ophthalmologist they have seen in the past. Medicare and private insurance is billed, with co-payments waived.

Individuals enrolled in the prepaid health care plans (HMOs) or who receive care through the armed forces or VA hospitals are not eligible. Ineligible persons are provided with information on how to contact a local ophthalmologist.

The following services are not covered:

- eyeglasses, contact lenses, prescription drugs
- hospital services (charged by the hospital)
- associated services of other medical professionals, such as an anesthesiologist

Callers who only want information are sent an easy-to-read brochure that discusses common eye diseases of aging, such as cataract, glaucoma, diabetic retinopathy and macular degeneration. The program also has access to over 75 eye-care related brochures. *Resources for Individuals with Visual Impairment*, a publication of the American Academy of Ophthalmology, is also available.

EyeCare America is co-sponsored by The Foundation of the American Academy of Ophthalmology and the Knights Templar Eye Foundation, Inc.

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## Eligibility Requirements, Service Areas and Program Year:

Eligibility Requirements:

- Must be age 65 or older.
- Must be a US citizen or legal resident.
- Must not be enrolled in a HMO or receive care from the armed forces or veterans administration hospital.

Service Areas:

Statewide

Program Year:  
N/A

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**Contact Information:**

EyeCare America  
P.O. Box 429098  
San Francisco, CA 94142-9098  
Telephone: 800-222-EYES  
Website: [www.eyecareamerica.org](http://www.eyecareamerica.org)

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**Related Information:**

[Connecticut Board of Education and Services for the Blind \(BESB\), refer to page XV – 12.](#)

# Qualidigm

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## **Description:**

Qualidigm is a private, non-profit physician member quality improvement organization, which has a contract with the federal government to review the use and quality of services provided to Connecticut's Medicare consumers. The organization's physicians, along with nurses and medical records professionals, review the care provided by hospitals, skilled-nursing facilities, home-health agencies and Medicare Advantage Plans. Their objective is to assure that Medicare consumers receive the care that they need, when they need it and in the appropriate setting.

Qualidigm offers toll-free telephone assistance to Medicare beneficiaries or their representatives who have questions about its program as well as concerns about the quality of the care they receive. In addition, Qualidigm hears appeals from hospitalized individuals who receive notices from the hospital that they were denied Medicare benefits.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Individuals must be a Medicare beneficiary or a representative of a Medicare beneficiary.

### Service Areas:

Statewide

### Program Year:

N/A

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## **Contact Information:**

Michele Albert, Health Educator  
Qualidigm  
100 Roscommon Drive  
Middletown, CT 06457  
Telephone: 860-632-6320  
Fax: 860-632-5865  
Website: [www.qualidigm.org](http://www.qualidigm.org)

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**Related Information:**

[Medicare, refer to page IX – 9.](#)