

Elderly Nutrition Program

Description:

The Elderly Nutrition Program serves nutritionally balanced meals and provides nutrition education to individuals age 60 and older and their spouses. Nourishing meals are served once a day for five or more days per week at approximately 200 senior community cafés statewide. These cafés are located in senior centers, elderly housing communities, schools, churches and other community settings, where elderly persons gather to participate in activities and learn about other programs and services.

Meals are also delivered to homebound or otherwise isolated older persons. Evening and weekend meals may be available. Nutrition education is provided in groups at senior community cafés and through newsletters and visits to homebound older persons. Congregate and home delivered meals are available for a suggested donation, although, no one unable to make a donation is denied a meal. The Elderly Nutrition Program is supported by federal, state, and local funds as well as client contributions.

Eligibility Requirements, Service Areas and Program Year:

Eligibility Requirements:

Congregate Meals:

- Must be age 60 or older or the accompanying spouse of an eligible participant, regardless of age.
- Younger persons with disabilities who live in senior housing communities where congregate meals are served are eligible.
- Persons providing volunteer services during meal hours are eligible.

Home-Delivered Meals:

- Must be age 60 or older and homebound or the spouse of an eligible participant.
- A non-elderly person with a disability who is a member of a household in which a Title III elderly home delivered meals recipient resides is eligible.
- Other assessment criteria may apply.

Service Areas:

Statewide

Program Year:

October 1 – September 30

Contact Information:

The following elderly nutrition projects should be contacted for information regarding meal programs and the locations of senior community cafes.

Eastern Connecticut:

TVCCA, Inc.
81 Stockhouse Road
Bozrah, CT 06334
Telephone: 860-886-1720
Fax: 860-892-2295

Community Renewal Team
44 Hamlin Street
Middletown, CT 06457
Telephone: 860-347-4465
Fax: 860-346-6813

Estuary Council of Seniors, Inc.
220 Main Street
Old Saybrook, CT 06475
Telephone: 860-388-1611
Toll-Free: 800-560-5015
Fax: 860-388-6770

North Central Connecticut:

Community Renewal Team of
Greater Hartford
555 Windsor Street
Hartford, CT 06120
Telephone: 860-560-5828
Fax: 860-527-5829
Website: www.crtct.org

Town of Enfield (weekends only)
820 Enfield Street
Enfield, CT 06082
Telephone: 860-253-6394
Fax: 860-253-6399

Manna Senior Community Café
(weekends only)
Center City Churches
60 Gold Street
Hartford, CT 06103
Telephone: 860-247-4080

CW Resources, Inc.
200 Mrytle Street
New Britain, CT 06053
Telephone: 860-229-7700 Ext. 228
Fax: 860-229-6847

South Central Connecticut:

FSW, Inc. CT
233 Blatchley Avenue
New Haven, CT 06513
Telephone: 203-752-9919
Fax: 203-752-9691

TEAM Inc.
Project Manna
30 Elizabeth Street
Derby, CT 06418
Telephone: 203-736-5420
Fax: 203-736-5425

Southwestern Connecticut:

CW Resources, Inc.
(congregate meals only)
215 Warren Street
Bridgeport, CT 06604
Telephone: 203-332-3264

FSW, Inc. CT
(home delivered meals only)
475 Clinton Avenue
Bridgeport, CT 06605
Telephone: 203-368-5582
Fax: 203-332-7631

Catholic Charities of Fairfield County
30 Myano Lane, Suite 10
Stamford, CT 06902
Telephone: 203-324-6175
Fax: 203-323-1108

Western Connecticut:

New Opportunities, Inc.
232 North Elm Street
Waterbury, CT 06702
Telephone: 203-757-7738
Fax: 203-575-4277
Danbury Telephone: 203-743-5418
Danbury Fax: 203-743-5425

Litchfield Hills/Northwest ENP
88 East Albert Street
Torrington, CT 06790
Telephone: 860-482-4151
Fax: 860-489-2529

Related Information

[Supplemental Nutrition Assistance Program \(SNAP\), refer to page VII – 6](#)