

# State Unit on Aging

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## **Description:**

The Department of Social Services, Aging Services Division is the State Unit on Aging in Connecticut. Every state and U.S. territory has a State Unit on Aging, which is authorized by federal and state laws to serve as the unit of government that focuses on the needs of older adults. State Units on Aging administer, manage, design and advocate for benefits, programs and services that help older adults and their caregivers. These units share a common goal of providing opportunities and supports for elderly individuals to help them live independent, meaningful, productive and dignified lives. The federal Administration on Aging awards Older Americans Act funds to the State Unit on Aging for supportive home and community-based services to assist in this effort. Funding for these programs is allocated to each State Unit based upon the number of state residents who are age 60 or older. Consideration is given to the number of elderly individuals who are members of a minority group, have low incomes, have disabilities and who live in rural areas.

The State Unit on Aging allocates federal and state funds to regional and local agencies, which provide services to older adults in their areas. These funds provide a wide array of services including nutrition, employment, information and assistance, social services, respite and caregiver support, and legal and volunteer services. Connecticut is divided into five planning and service areas so that programs can be tailored to meet the specific needs of older persons residing in those areas. The State Unit on Aging develops a multi-year State Plan on Aging which outlines goals and objectives for meeting the needs of Connecticut's older residents.

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## **Eligibility Requirements, Service Areas and Program Year:**

Eligibility Requirements:

- Varies depending upon the program.

Service Areas:

Statewide

Program Year:

N/A

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## **Contact Information:**

To contact the State Unit on Aging call:

Telephone: 860-424-5274  
Toll Free: 866-218-6631 (in CT only)

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### **Related Information:**

[\*Area Agencies on Aging, refer to page II – 7\*](#)  
[\*Connecticut Commission on Aging, refer to page II – 15\*](#)