

Section XV

# **Services for Persons with Disabilities**

# Acquired Brain Injury (ABI) Waiver

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## Description:

The Social Work Services Division of the Department of Social Services implements the Acquired Brain Injury (ABI) Waiver to address the needs of persons with an ABI and who currently receive, or would otherwise require services in an institutional setting. Department of Social Services' social workers assess individuals' needs. A person-centered team is assembled to develop a Service Plan that is adequate, appropriate and cost-effective for program participants. Service Plans are composed of home and community-based services that provide participants with a continuing source of support, which helps to enable them to remain in the community. Person-centered teams consist of the program participant, his or her conservator, a neuropsychologist and other clinical staff, as well as any other person the participant wishes to include. Service providers are paid at rates established by the Department of Social Services for the following services, which are available under the ABI Waiver program:

- Personal care assistance
- Environmental accessibility adaptations
- Homemaker services
- Transportation
- Chore services
- Specialized medical equipment and supplies
- Case-management
- Personal emergency response systems
- Companion services
- Respite care
- Transitional living services
- Vehicle modification services
- Cognitive/behavioral programs
- Pre-vocational services
- Home delivered meals
- Supported employment
- Community living support systems
- Independent living skill training

A limited number of individuals can be served under the ABI Waiver. Persons who apply for the Waiver after the Department's participant quota has been met are assessed; and if determined eligible, they are placed on a wait list. Each person on the wait list is reviewed before a new applicant is added to the program. If the Service Plan exceeds available program funds, the Department works with the person-centered team to reduce the costs of the Service Plan. If this cannot be accomplished, participants are placed on the Department's waiting list. Persons with plans that are too costly retain their ranking on the wait list.

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## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

- Must be between the ages of 18 and 64.
- Must have an acquired brain injury.

- Monthly gross income cannot exceed \$2,022 (three times the Supplemental Security Income amount).
- Assets cannot exceed \$1,600. For married couples, a certain amount of assets over the \$1,600 limit may be protected for the spouse who lives in the community. Countable assets include bank accounts, some life insurance policies, savings bonds and stocks. Countable assets do not include an owner-occupied home or a vehicle that is needed for employment or medical transportation, or to transport the individual with a disability. There are higher income/asset standards for a person who qualifies for the Medicaid for the Employed Disabled Program. For this program persons must have no more than \$6,250 in monthly income and no more than 10,000 in assets.
- Must meet Department of Social Services' requirements for "Level of Care" which means that without the waiver, program participants would require residency in a nursing facility, chronic disease hospital or a long-term intermediate care facility and have to be assisted with at least two Activities of Daily Living (ADL's) which are bathing, dressing, bowel/bladder care, transferring and feeding.
- Must be able to participate in the development of a Service Plan that offers a community alternative to institutional living.

Service Areas:

Statewide

Program Year:

January 1 – December 31

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### **Contact Information:**

For more information and to obtain an Acquired Brain Injury Waiver Request Form contact the appropriate local DSS Regional Office in [Appendix H](#) of this manual.

To submit a complete waiver request form or to inquire about a submitted form:

Department of Social Services  
Attn: Social Work Services  
25 Sigourney Street  
Hartford, CT 06106  
Telephone: 860-424-5241  
Fax: 860-424-5091

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### **Related Information:**

N/A

# Commission on the Deaf and Hearing Impaired (CDHI)

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## **Description:**

The Commission on the Deaf and Hearing Impaired provides counseling, interpreting and support services to all Connecticut residents who are deaf and hard of hearing. Support services include information and referral, advocacy and cultural diversity training.

Counseling services are available at no charge to the consumer and include personal, family and employment counseling.

Interpreting services are available for a fee. Routine requests for interpreting services must be made at least 10 business days in advance. Emergency, police and hospital interpreting is available 24 hours a day.

The Commission maintains a statewide registration for all sign language interpreters working in the State of Connecticut.

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## **Eligibility Requirements, Service Areas and Program Years:**

### Eligibility Requirements:

- Consumers must be current Connecticut residents and be deaf or hard of hearing or be a family member of such a consumer.

### Service Areas:

Interpreting services are available statewide.

Counseling services are provided in the Hartford office; services are also available throughout the state for individuals who are not able to access the Hartford office.

### Program Year:

N/A

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## **Contact Information:**

Commission on the Deaf and Hearing Impaired  
67 Prospect Avenue, 3<sup>rd</sup> Floor  
Hartford, CT 06107  
Telephone: 860-231-8756 or 800-708-6796  
Monday-Friday 8:30 a.m.-5:00 p.m.

Emergency Telephone: 860-231-7623  
weekends and after 4:30 p.m. on weekdays  
Fax: 860-231-8746  
Email: [cdhi@po.state.ct.us](mailto:cdhi@po.state.ct.us)  
Website: [www.cdhi.ct.gov](http://www.cdhi.ct.gov)

CDHI's 3<sup>rd</sup> floor offices and conference room are accessible by elevator. Staff members are fluent in sign language.

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## **Related Information:**

*[Connecticut Tech Act Project, refer to page XV – 16.](#)*

*[Independent Living Program, refer to page XV – 47.](#)*

*[New England Assistive Technology \(NEAT\) Center, refer to page XV – 51.](#)*

*[Office of Protection and Advocacy for Persons with Disabilities, refer to page XV – 54.](#)*

*[Vocational Rehabilitation Program, refer to page XV – 61.](#)*

# Connecticut AIDS Drug Assistance Program (CADAP)

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## Description:

The Connecticut AIDS Drug Assistance Program (CADAP) is a pharmaceutical assistance program administered by the Department of Social Services for persons with AIDS/HIV. CADAP pays for federally approved HIV antiretroviral drugs and drugs that prevent opportunistic infections associated with AIDS/HIV. This program only pays for drugs covered under its formulary, which is subject to change as new drugs are approved.

Persons who have a medical insurance plan regardless of whether it has a prescription benefit may be eligible for CADAP. Those who have medical coverage through the following sources are not eligible for CADAP: Medicaid (Title XIX), State Administered General Assistance (SAGA), Connecticut Pharmaceutical Assistance Contract to the Elderly and the Disabled (ConnPACE), the Department of Veteran's Affairs (VA) or Town Administered General Assistance Program (GA). Individuals who apply for CADAP must also apply for Medicaid (Title XIX). Applying for CADAP automatically begins the Medicaid application process unless persons already have an application in progress.

Persons who are approved for the program receive a program eligibility card, which must be shown to the pharmacist to receive covered drugs. The pharmacist bills the State directly for these drugs minus any other insurance coverage the person may have. Individuals must reapply annually to continue receiving drug assistance.

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## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

- Must be a Connecticut resident
- Must be diagnosed by a licensed physician as having AIDS, HIV positive symptomatic or HIV infection.
- Net monthly income must be at or below \$3,612 for an individual and \$4,860 for a couple. Net monthly income is the gross earned income received in a calendar month minus any required deductions, including tax and health insurance premiums, and any unearned income received from any benefits, including Social Security Income (SSI) and Social Security Disability Insurance (SSDI).
- There are no asset requirements.

### Service Areas:

Statewide

Program Year:

Rolling enrollment based upon an individual's initial application. Income requirements change April 1<sup>st</sup> of each year.

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### **Contact Information:**

For further information regarding the program, an application or to submit an application:

Department of Social Services  
Medical Operations Unit #4  
25 Sigourney Street  
Hartford, CT 06106  
Telephone: 800-233-2503  
TDD/TYY: 800-842-4524  
Website: [www.ct.gov/dss](http://www.ct.gov/dss)

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### **Related Information:**

[Connecticut AIDS Resource Coalition, refer to page XV – 7.](#)

[Connecticut Insurance Assistance Program for AIDS Patients, refer to page XV – 14.](#)

# Connecticut AIDS Resource Coalition

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## **Description:**

The Connecticut AIDS Resource Coalition (CARC) is a statewide AIDS coalition that provides those living with HIV/AIDS and those affected by HIV/AIDS with supportive housing and services through three different Ryan White funds; namely, the Housing Assistance Fund, the Client Assistance Fund and the Emergency Housing Fund. Ryan White funds are funds of last resort. To apply for these funds, persons must show documentation that they have sought assistance from other sources and been denied. Funds must be applied for through a case manager or social worker. Case managers link people who have AIDS or who are HIV positive to entitlement and benefits programs, housing, treatment and health and support services. Testing sites generally refer persons to possible sources where they may receive case management services at no cost. Different documentation may be required from applicants depending upon the fund for which they apply.

## **The Housing Assistance Fund:**

The Housing Assistance Fund is a rental assistance program for residents of Hartford, Tolland and Middlesex counties that need help obtaining and maintaining housing. The fund can help eligible persons by providing ongoing rental assistance, payment of back rent and a one-time emergency housing payment. The fund pays for up to \$150 of ongoing rental assistance for six months. This short-term rental assistance is limited; applications are reviewed on a first come, first served basis, and a wait list may be established for assistance. The fund pays up to \$800 to help persons with their first months rent or with back rent, but no more than two month's of back rent is paid. Up to \$600 can be given for a one-time emergency housing payment.

## **The Client Assistance Fund:**

The Client Assistance Fund serves residents of Hartford, Tolland and Middlesex counties. It is comprised of six financial assistance services. These funds can be used to help clients maintain their quality of life and to meet emergency needs. Funds have an established annual cap per person. These funds are paid one-time per year to help meet needs that are emergency in nature or when only one expenditure within a year made. Emergency needs include utility shut-offs, foods not attainable through a food bank and other emergency situations. Funding caps vary depending upon availability.

### *Medical fee-for-service:*

Medical fee-for-service funds provide payment for ambulatory outpatient medical bills not covered by other programs. This includes co-payments and deductibles for medical appointments, optometry and ophthalmic services, purchase of corrective prescription eye wear that is needed because of HIV infection, and water filtration/purification devices that are prescribed by a medical doctor. Funds pay for one prescription per year when a prescription has changed and is deemed necessary because of HIV infection. Payments cover up to \$150 for single lenses and \$250 for bi-focal or tri-focal lenses.

Sunglasses and contacts are not included. Outstanding balances, costs incurred prior to the contract period and accounts in collection are considered on a case-by-case basis.

*Medication reimbursement:*

Medication reimbursement funds help individuals pay for prescriptions that are not covered by insurance or other programs. This includes co-pays, new prescriptions, refills of medications, vitamins, supplements and over-the-counter medications prescribed by a physician.

*Insurance continuation:*

Insurance continuation funds provide payments for insurance coverage to consumers who have an existing health insurance plan. This includes health insurance payments for individuals who are not eligible for the Connecticut Insurance Assistance Program for AIDS Patients or who have reached the end of their COBRA.

*Emergency utilities assistance:*

Emergency utilities assistance funds provide emergency assistance to pay for electricity, electric heat, heating oil and gas payments and basic telephone service. This fund is only for emergencies and is not available to pay ongoing utility bills. Consumers must apply for other available utility assistance programs. For electric heat and heating oil assistance consumers may be referred to the local Community Action Agency Energy Assistance Program. Consumers may also be referred to the utility companies' forgiveness program. Cellular telephones are reviewed on a case-by-case basis with a cap of \$40 towards current basic service for persons who do not have a landline telephone service.

*Babysitting reimbursement:*

Babysitting reimbursement funds are provided to eligible individuals to assist them in accessing therapeutic HIV-related services. Services are available for affected and infected children age 13 and younger. In some circumstances, such as a disability or level of functioning, older children may qualify. The fund pays day care facilities and private babysitters; it does not pay family members as babysitting providers.

*Food vouchers:*

Food vouchers are available to purchase food items that are considered as an emergency source or to supplement other sources of food such as entitlement programs, food pantries and wages. These items are not meant to be a person's sole source of nutrition. Vouchers can only be used in designated food stores.

**The Emergency Housing Fund:**

The Emergency Housing Fund is a rental assistance program for people living with HIV/AIDS in New London, Fairfield, New Haven, Windham and Litchfield counties. These funds are provided to prevent homelessness and assist with maintaining housing for persons living with HIV/AIDS. The Emergency Housing Fund pays for an individual's first month's rent for a new apartment, a one-time rent payment or arrearage/back rent.

Each county that offers assistance through the Emergency Housing Fund provides different maximum amounts toward housing services. These amounts are:

- Fairfield - \$2,000
- New Haven - \$2,000
- Litchfield - \$800
- New London - \$800
- Windham - \$800

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## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

- Must have a HIV or AIDS diagnosis and show proof by documentation.
- Must have incomes at or below 300 percent of the Federal Poverty Guidelines (refer to [Appendix F](#)). Incomes from all household members are counted toward eligibility as well as income from entitlement programs such as State Administered General Assistance (SAGA), Supplemental Security Income (SSI) and Temporary Assistance to Needy Families (TANF). A household can include family members, a spouse, partner or non-family members that reside together.
- Applicants must apply through a case manager.
- Persons receiving assistance from the Emergency Housing Fund must pay more than 40 percent but less than 80 percent of their income toward rent.

### Service Areas:

For the Housing Assistance Fund and the Client Assistance Fund:

#### Hartford County:

Avon	Farmington	Rocky Hill
Berlin	Glastonbury	Simsbury
Bloomfield	Granby	South Windsor
Bristol	Hartford	Southington
Burlington	Hartland	Suffield
Canton	Manchester	West Hartford
East Granby	Marlborough	Wethersfield
East Hartford	New Britain	Windsor
East Windsor	Newington	Windsor Locks
Enfield	Plainville	

#### Middlesex County:

Chester	East Haddam	Middlefield
Clinton	East Hampton	Middletown
Cromwell	Essex	Old Saybrook
Deep River	Haddam	Portland
Durham	Killingworth	Westbrook

Tolland County:

Andover	Hebron	Union
Bolton	Mansfield	Vernon
Columbia	Somers	Willington
Coventry	Stafford	
Ellington	Tolland	

For the Emergency Housing Fund:

Fairfield County:

Bethel	Monroe	Sherman
Bridgeport	New Canaan	Stamford
Brookfield	New Fairfield	Stratford
Danbury	Newtown	Trumbull
Darien	Norwalk	Weston
Easton	Redding	Westport
Fairfield	Ridgefield	Wilton
Greenwich	Shelton	

Litchfield County:

Barkhamsted	Litchfield	Sharon
Bethlehem	Morris	Thomaston
Bridgewater	New Hartford	Torrington
Canaan	New Milford	Warren
Colebrook	Norfolk	Washington
Cornwall	North Canaan	Watertown
Goshen	Plymouth	Winchester
Harwinton	Roxbury	Woodbury
Kent	Salisbury	

New Haven County:

Ansonia	Meriden	Seymour
Beacon Falls	Middlebury	Southbury
Bethany	Milford	Wallingford
Branford	Naugatuck	Waterbury
Cheshire	New Haven	West Haven
Derby	North Branford	Wolcott
East Haven	North Haven	Woodbridge
Guilford	Orange	
Hamden	Oxford	
Madison	Prospect	

New London County:

Bozrah	East Lyme	Griswold
Colchester	Franklin	Groton

Lebanon  
Ledyard  
Lisbon  
Lyme  
Montville

New London  
North Stonington  
Norwich  
Old Lyme  
Preston

Salem  
Sprague  
Stonington  
Voluntown  
Waterford

Windham County:

Ashford  
Brooklyn  
Canterbury  
Chaplin  
Eastford

Hampton  
Killingly  
Plainfield  
Pomfret  
Putnam

Scotland  
Sterling  
Thompson  
Windham  
Woodstock

Program Year:

March 1 – February 28 and July 1 – June 30 depending upon the service.

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### Contact Information:

For more information, assistance with case management services or to apply:

Connecticut AIDS Resource Coalition (CARC)

20-28 Sargeant Street

Hartford, CT 06105

Telephone: 860-761-6699

Fax: 860-761-6711

Email: [info@ctaidcoalition.org](mailto:info@ctaidcoalition.org)

Website: [www.ctaidcoalition.org](http://www.ctaidcoalition.org)

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### Related Information:

[Connecticut AIDS Drug Assistance Program, refer to page XV – 5.](#)

[Connecticut Insurance Assistance Program for AIDS Patients, refer to page XV – 14.](#)

# Connecticut Board of Education and Services for the Blind (BESB)

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## Description:

The State of Connecticut, Board of Education and Services for the Blind (BESB) provides statewide home-based and community-based services through a continuum of individualized rehabilitation, education and social service programs. These programs are offered to adults who are legally blind and to children and adolescents who are legally blind or visually impaired. The agency works with individuals and families to assist consumers in acquiring the life skills and support services necessary to function independently in their homes and communities, with special attention to their educational and vocational environments. Supports include:

- Blindness adjustment counseling and referral,
- Broad educational services for children and adolescents,
- Rehabilitation teaching,
- Orientation and mobility instruction,
- Vocational rehabilitation,
- Volunteer services,
- Legal benefits conferred through certificates of legal blindness, including property tax exemptions, handicapped parking certificates and free fishing licenses,
- Assistance in establishing support groups,
- Referral to the Connecticut Radio Information Service (CRIS Radio),
- Access to the Library for the Blind and Physically Handicapped (known as the Talking Book Program), and
- Entrepreneurial opportunities through the Business Enterprise Program (BEP).

BESB provides referrals to other programs and services based upon individual need. Most BESB materials are available in large print, in Braille or by tape recording.

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## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

- Adults must be legally blind as determined and reported to BESB by a physician or optometrist.
- Children or adolescents who are blind or visually impaired may receive services if they have an Individual Family Service Plan (IFSP), Individualized Education Plan (IEP) or 504 Accommodation Plan from birth until their graduation from high school (or until they no longer are enrolled in secondary education or reach the age of 22). Individual Family Service Plans detail the services that are considered necessary to facilitate a child's development and how a family can participate to enhance such development. Individualized Education Plans are

developed through a multi-disciplinary assessment, detail specific special education and related services. 504 Accommodation Plans detail all reasonable accommodations that are necessary for a child with disabilities who do not qualify for special education, to participate in school and activities.

Service Areas:

Statewide

Program Year:

N/A

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### **Contact Information:**

Board of Education and Services for the Blind

184 Windsor Avenue

Windsor, CT 06095

Telephone: 860-602-4000 or 800-842-4510

TDD: 860-602-4002

Fax: 860-602-4020

Email: [besb@ct.gov](mailto:besb@ct.gov)

Website: [www.ct.gov/besb](http://www.ct.gov/besb)

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### **Related Information:**

[Connecticut Tech Act Project, refer to page XV – 16.](#)

[New England Assistive Technology \(NEAT\) Center, refer to page XV – 51.](#)

[Vocational Rehabilitation Program, refer to page XV - 61](#)

# Connecticut Insurance Assistance Program for AIDS Patients (CIAPAP)

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## **Description:**

The Connecticut Department of Social Services (DSS) administers the Connecticut Insurance Assistance Program for AIDS Patients (CIAPAP). Persons who become unemployed may receive an extension of health insurance coverage through the Consolidated Omnibus Budget Reconciliation Act (COBRA). COBRA provides certain former employees, retirees, spouses, former spouses and dependent children the right to temporary continuation of health coverage at group rates under certain specific events. CIAPAP may help pay for COBRA extended insurance premiums if persons meet certain financial, medical and other criteria. For qualified individuals, health insurance premiums can be paid for up to 18 months. If persons have applied for Social Security disability benefits and are found eligible within the first 60 days after continuation coverage begins, they can receive another 11 months of coverage under COBRA, for a total of 29 months. When an 11-month COBRA extension is granted, CIAPAP pays the premiums for the additional 11 months. Qualified individuals, who worked for an employer with less than 20 employees, can have their health insurance premiums paid for up to 36 months. CIAPAP only pays insurance premiums for the person who is eligible for the program; it does not pay the premiums for the participant's spouse or dependents.

Interested persons have 60 days from the date their insurance coverage ends or the date their employer tells them about the COBRA extended coverage, whichever is later, to apply. For persons with employers who have less than 20 employees, an application must be submitted within 30 days. After persons choose the extended coverage, a premium payment must be made within 45 days. Individuals are advised to apply as early as possible.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Individuals must have no more than \$1,806 in monthly income; a family of two must have no more than \$2,430 in monthly income. Income includes unemployment compensation, Social Security disability, retirement benefits, wages, tips and other compensation.
- Must meet asset requirements. Individuals and their families must have no more than \$10,000 in countable assets. Assets include cash on hand, bank accounts, stocks, bonds and severance pay; assets do not include a person's home.
- Must be diagnosed by a physician as being found positive for the Human Immunodeficiency Virus (HIV) and exhibiting clinical symptomatology or illness associated with HIV infection.

- Must be eligible for an extension of employer-provided health insurance benefits that are offered when the insured person becomes unemployed.

Service Areas:

Statewide

Program Year:

April 1 – March 31

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### **Contact Information:**

To receive information regarding the program, an application and necessary supporting documentation, or to submit an application:

Department of Social Services

Adult Support

25 Sigourney Street

Hartford, CT 06106

Telephone: 800-842-1508 or 860-424-5250

TDD/TTY: 800-842-4524

Website: [www.ct.gov/dss](http://www.ct.gov/dss)

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### **Related Information:**

[Connecticut AIDS Drug Assistance Program \(CADAP\), refer to page XV – 5.](#)

[Connecticut AIDS Resource Coalition, refer to page XV – 7.](#)

# Connecticut Tech Act Project

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## Description:

The Connecticut Tech Act Project is funded by the Rehabilitation Service Administration (RSA) and is administered through the Bureau of Rehabilitation Services of the Department of Social Services. The Connecticut Tech Act Project is a statewide program that assists individuals with disabilities and elderly persons in accessing Assistive Technology. Assistive Technology is any item or piece of equipment that is used to increase, maintain or improve the functional capabilities of individuals with disabilities in all aspects of life, including at school, at work, at home and in the community.

The Connecticut Tech Act Project operates several programs including the AT Loan Program and the AT Exchange. The AT Loan Program provides low-interest financial loans for individuals with disabilities who would like to purchase Assistive Technology devices and services. The AT Exchange is web based classifieds where individuals can sell, donate or find new and used Assistive Technology devices. Go to [www.getATstuff.com](http://www.getATstuff.com). Other services such as recycling of AT devices, AT device loans and AT demonstrations are provided through partner agencies, which include the New England Assistive Technology (NEAT) Center, the Disability Resource Center of Fairfield County, Southern Connecticut State University's Center for Adaptive Technology and Vision Dynamics.

The Connecticut Tech Act Project can help individuals obtain information on who makes Assistive Technology, where to find assistive technology, costs and potential grants as well as other resources statewide.

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## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

- Any persons with disabilities, elderly individuals, family members, educators, employers, professionals or persons seeking to assistive technology.

### Service Areas:

Statewide

### Program Year:

October 1 – September 30

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## Contact Information:

Connecticut Tech Act Project  
Department of Social Services  
Bureau of Rehabilitation Services  
25 Sigourney Street, 11th floor  
Hartford, CT 06106  
Telephone: 860-424-4881  
Website: [www.CTtechact.com](http://www.CTtechact.com)

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**Related Information:**

[New England Assistive Technology \(NEAT\) Center, refer to page XV – 51.](#)

# Department of Developmental Services

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## **Description:**

The Department of Developmental Services (DDS) can assist persons with intellectual disabilities and their families with services and supports, which may include: case management services, information and referral, respite, family support, employment and day services, in-home and residential support, advocacy, self-advocacy, and special adaptations. Persons must meet eligibility criteria to be consumers of DDS supports and services. When persons are determined eligible, they are assigned to one of the three DDS regions. Within available resources, a case manager will be assigned to help them to gain access to services and supports in their community. Being eligible for supports and services does not guarantee that requests for services can be met immediately. Services are provided on a priority basis and within available appropriations.

### *Information and Referral:*

DDS case managers can help persons with intellectual disabilities and their families find services and supports within their communities. Consumers may receive assistance in clarifying their unique needs and identifying their options to meet these needs.

### *Respite:*

DDS may provide respite services in its respite centers or can help individuals and families locate respite providers in their area. DDS may also provide small grants to those families who may not be able to afford respite services or who require the frequent use of such services. Respite center services may be billed on a sliding-scale fee, which is based upon the family's or individual's financial situation.

### *Employment and Day Services:*

DDS case managers help adults with intellectual disabilities to determine which day programs or employment options are best for them. Employment and day service options may include competitive employment, sheltered employment and day support options.

### *In-Home and Residential Supports:*

Many individuals served by DDS live at home with their families. DDS offers the option of in-home supports to assist families to care for their family members at home. Individuals who do not live with family members may reside in DDS supported residential options including support to assist an individual to live in his or her own home, community living arrangements, community training homes and campus settings.

### *Advocacy and Support Groups:*

DDS case managers may help consumers locate advocacy and support groups within their communities. From these groups, persons with intellectual disabilities and members of their family may find information, education, advocacy, discussion groups, parent and sibling support and an opportunity to network with other persons and

families who share similar experiences. Some groups provide advocacy and/or support for persons with specific disabilities such as, Autism, Downs Syndrome or Prader-Willi Syndrome. DDS case managers also may provide information on how to become involved in self-advocacy efforts.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Must file an application to receive DDS services and supports.
- Must be a Connecticut resident or a legal representative of a Connecticut resident.
- Must provide proof of having mental retardation as defined by statute including copies of all intelligence tests with a score of 69 IQ points or lower or must have a medical diagnosis of Prader-Willi Syndrome.
- Adaptive testing is also required, which measures a person's need for special assistance with activities of daily living.
- Mental retardation must have occurred before the applicant was 18 years old.

### Service Areas:

Statewide

### Program Year:

July – June

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## **Contact Information:**

To apply for DDS services:

Department of Developmental Services  
Eligibility Unit  
Toll-Free In-State: 866-433-8192  
Toll Free Out-of-State: 860-418-6117

For questions and information regarding services and supports for a specific community contact the local DDS office:

Central Office  
460 Capitol Avenue  
Hartford, CT 06106  
Telephone: 860-418-6000  
TD: 860-418-6079  
Email: [ddsct.co@ct.gov](mailto:ddsct.co@ct.gov)  
Website: [www.ct.gov/dds](http://www.ct.gov/dds)

West Region:

250 Freight Street  
Waterbury, CT 06702  
Telephone: 203-805-7400  
Toll Free: 866-274-3888  
Fax: 203-805-7410  
Email: [ddsct.west@ct.gov](mailto:ddsct.west@ct.gov)  
Website: [www.ct.gov/dds](http://www.ct.gov/dds)

Towns Served:

Barkhamsted	Litchfield	Sherman
Beacon Falls	Middlebury	Southbury
Bethel	Monroe	Stamford
Bethlehem	Morris	Stratford
Bridgewater	Naugatuck	Thomaston
Bridgeport	New Canaan	Torrington
Brookfield	New Fairfield	Trumbull
Canaan	New Hartford	Warren
Cheshire	New Milford	Washington
Colebrook	Newtown	Waterbury
Cornwall	Norfolk	Watertown
Danbury	North Canaan	Weston
Darien	Norwalk	Westport
Easton	Oxford	Wilton
Fairfield	Prospect	Winchester
Goshen	Redding	Wolcott
Greenwich	Ridgefield	Wolcott
Hartland	Roxbury	Woodbury
Harwinton	Salisbury	
Kent	Sharon	

North Region:

Department of Developmental Services  
155 Founders Plaza  
255 Pitkin Street  
East Hartford, CT 06108  
Telephone: 860-263-2500  
Toll Free: 800-558-9527  
TD: 860-263-2510  
Fax: 860-263-2525  
Email: [ddsct.north@ct.gov](mailto:ddsct.north@ct.gov)  
Website: [www.ct.gov/dds](http://www.ct.gov/dds)

Towns Served:

Andover  
Ashford  
Avon  
Berlin  
Bloomfield  
Bolton  
Bristol  
Brooklyn  
Burlington  
Canterbury  
Canton  
Chaplin  
Columbia  
Coventry  
East Granby  
East Hartford  
East Windsor  
Eastford  
Ellington  
Enfield

Farmington  
Glastonbury  
Granby  
Hampton  
Hartford  
Hebron  
Killingly  
Manchester  
Mansfield  
Marlborough  
New Britain  
Newington  
Plainfield  
Plainville  
Plymouth  
Pomfret  
Putnam  
Rocky Hill  
Scotland  
Simsbury

Somers  
South Windsor  
Southington  
Stafford  
Sterling  
Suffield  
Thompson  
Tolland  
Union  
Vernon  
West Hartford  
Wethersfield  
Willington  
Windham  
Windsor  
Windsor Locks  
Woodstock

South Region:

104 South Turnpike Road  
Wallingford, CT 06492  
Telephone: 203-294-5049  
Toll Free: 888-263-4445  
TD: 203-294-4475  
Fax: 203-294-0220  
Email: [ddsct.south@po.state.ct.us](mailto:ddsct.south@po.state.ct.us)  
Website: [www.ct.gov/dds](http://www.ct.gov/dds)

Towns Served:

Ansonia  
Bethany  
Bozrah  
Branford  
Chester  
Clinton  
Colchester  
Cromwell  
Deep River  
Derby  
Durham

East Haddam  
East Hampton  
East Haven  
East Lyme  
Essex  
Franklin  
Griswold  
Groton  
Guilford  
Haddam  
Hamden

Killingworth  
Lebanon  
Ledyard  
Lisbon  
Lyme  
Madison  
Meriden  
Middlefield  
Middletown  
Milford  
Montville

New Haven  
New London  
North Branford  
North Haven  
North Stonington  
Norwich  
Old Lyme  
Old Saybrook

Orange  
Portland  
Preston  
Salem  
Seymour  
Shelton  
Sprague  
Stonington

Voluntown  
Wallingford  
Waterford  
West Haven  
Westbrook  
Woodbridge

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**Related Information:**

[Office of Protection and Advocacy for Persons with Disabilities, refer to page XV – 54.](#)

# Department of Mental Health and Addiction Services

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## **Description:**

The Department of Mental Health and Addiction Services (DMHAS) is the state healthcare service agency responsible for health promotion and the prevention and treatment of mental illness and substance abuse in Connecticut. The single overarching goal of DMHAS is promoting and achieving a quality-focused, culturally responsive and recovery-oriented system of care. DMHAS has focused its efforts on greater involvement of persons in recovery in planning and developing services, expanding system capacity through better care management of persons in treatment, promoting age, gender, sexual orientation and culturally responsive services and strengthening supportive community-based services.

### *Mental Health Services:*

Mental health treatment services include inpatient hospitalization, outpatient clinical services, 24-hour emergency care, day treatment, psychosocial and vocational rehabilitation, restoration to competency and forensic services, outreach services for homeless persons with serious mental illness and comprehensive, community-based mental health treatment and support.

### *Substance Abuse Services:*

Substance abuse treatment services may include ambulatory care, residential detoxification, long-term care, intensive and intermediate residential services, methadone or chemical maintenance outpatient services, partial hospitalization recovery support services and aftercare/continuing care.

### *Prevention Services:*

Prevention services may include disseminating information, providing education, offering alternative activities, strengthening communities, promoting positive values, identifying problems and making referral for services.

DMHAS provides collaborative programs for individuals with special needs, such as persons living with HIV/AIDS, persons in the criminal justice system or persons with traumatic brain injury. Emphasis is placed on providing residential, supportive, rehabilitative and crisis intervention services in local community settings; inpatient treatment is provided only when absolutely necessary. DMHAS operates and/or funds Local Mental Health Authorities (LMHA) that provide treatment and support at the community level statewide and four inpatient treatment facilities that provide inpatient psychiatric hospital care.

***Health Care Systems Unit:***

The Department of Mental Health and Addiction Services (DMHAS), Health Care Systems Unit within the Office of the Commissioner offers community programs to persons with mental health, substance use or co-occurring mental health and substance use disorders, including older adults, which include the following programs:

***General Assistance Behavioral Health Program***

The State-Administered General Assistance Behavioral Health Program works to increase self-sufficiency of individuals seeking General Assistance by coordinating behavioral health services with vocational services and entitlement assistance.

***Basic Needs Program***

The Recovery Supports Program provides assistance with basic necessities for eligible State Administered General Assistance (SAGA) and General Assistance (GA) participants who do not currently receive cash benefits and who are actively involved in behavioral health treatment. The Recovery Supports Program is a temporary support for individuals with mental illness and/or substance use disorders who are unable to secure basic living needs when there are no other resources available. Recovery Supports are available under several categories such as housing assistance, security deposit assistance, utilities, transportation, clothing, food, personal care items and other needed supports. The Recovery Supports Program needs that are covered by the program include personal care items or services, utilities, clothing, transportation and other needed supports. The Basic Needs Program is not a cash benefit; participants are allotted vouchers that are redeemable only at participating vendors

***Statewide Services:***

Statewide Services is a division of the Office of Community Services and Hospitals and provides very specific programs and services designed to meet the diverse and unique needs of current and potential consumers. The Division responds to issues related to aging, housing and homelessness, special education, nursing home placement, HIV/AIDS, traumatic brain injury, visual/hearing impairment, compulsive gambling, trauma survival and women who are pregnant or parents.

***Senior Outreach and Senior Services***

Senior Outreach and Senior Services programs locate older persons with substance abuse problems either by direct contact or through the mediation and/or referral of other agencies that serve older adults. These programs offer individuals and agencies training, referral, consultation and treatment services either in programs held at Local Mental Health Authorities and DMHAS funded agencies or in the community, in which professionals are available to visit consumer's homes.

***Nursing Home Program***

The Nursing Home Program assures that persons with mental illnesses receive services in the most appropriate setting. It screens, evaluates and monitors persons with serious mental illness who either apply to or reside in Connecticut's nursing homes. Follow-up and consultative services are offered to assist in developing individualized care plans that meet participants' mental health needs.

#### *Homeless Services*

DMHAS provides services to persons who are homeless and suffer from a serious mental illness or who are dually-diagnosed with a serious mental illness and a substance abuse disorder. Through the Project for Assistance with Transitioning from Homelessness (PATH) program, which is nationwide and federally-funded, DMHAS provides assertive outreach to persons who are homeless. PATH Outreach Workers build a trusting relationship with such individuals and provide case management services. The Shelter Plus Care program is also offered by DMHAS as a service to persons who are homeless. Please refer to Housing Services – Department of Mental Health and Addiction Services on page \_\_\_ for additional information.

#### *HIV/AIDS Services*

HIV services are offered in the context of substance abuse treatment to clients who are already admitted to a DMHAS program. HIV counseling and testing are offered as well as prevention and case management services and education. HIV positive clients develop a treatment plan to determine their HIV needs and priorities. Services are also offered to family members and significant others. AIDS residences are available to persons who are HIV positive, homeless or in danger of becoming homeless and have a substance abuse problem. Shelter, support, training, case management and individualized programs are provided in both the residence and in the community.

#### *Programs for the Visual/Hearing Impaired*

Consumers of DMHAS operated/funded mental health or substance use services who have a visual and/or hearing impairment receive the same services that other consumers receive, but in a way that is sensitive to their impairment. Persons who are visually or hearing impaired may be provided interpreters that help persons use existing services. DMHAS-operated mental health and substance use facilities within each service region also have specific programs for DMHAS consumers who have visual or hearing impairments.

#### *Traumatic Brain Injury Unit*

Acquired Brain Injury (ABI) Community Services provides comprehensive clinical consultations, access to community resources, advocacy services, liaison nursing, housing coordination and educational resources to DMHAS consumers with an eligible Acquired Brain Injury. The Traumatic Brain Injury Unit provides inpatient services for DMHAS consumers with Traumatic Brain Injury/Acquired Brain Injury.

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## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

To qualify for DMHAS services, a person must:

- Have a severe and persistent mental illness.
- Be at risk for hospitalization.
- Have no medical insurance benefits.
- Be 18 years of age or older.

### Service Areas:

Statewide

### Program Year:

July 1 – June 30

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## Contact Information:

Department of Mental Health and Addiction Services

410 Capitol Avenue

P.O. Box 341431

Hartford, CT 06134

Telephone: 860-418-7000 or 800-446-7348

TDD: 860-418-6707 or 888-621-3551

Health Care Systems Unit

Lauren Siembab, Director

Telephone: 860-418-6897

Senior Outreach/Senior Services

Jim Donagher

Telephone: 860-418-6830

HIV/AIDS

Jim Donagher

Telephone: 860-418-6830

Statewide Services

Barbara Geller

Telephone: 860-418-6813

Homeless Services

Steve Dilella

Telephone: 860-418-6910

Traumatic Brain Injury Unit

M. Billye Simmers

Telephone: 860-262-5579

OBRA Unit (Nursing Homes)

Jennifer Glick

Telephone: 860-262-5818

Visual/Hearing Impaired

Jim Donagher

Telephone: 860-418-6830

Older Adult Services

Laurel Reagan

Telephone: 860-418-8729

State-Operated Inpatient Treatment Facilities:

Cedarcrest Hospital  
525 Russell Road  
Newington, CT 06111  
Telephone: 860-666-4613  
Fax: 860-666-7642  
Admissions: 860-666-7635

Connecticut Valley Hospital  
Silver Street  
P.O. Box 351  
Middletown, CT 06457  
Telephone: 860-262-5000  
Fax: 860-262-5989

Connecticut Mental Health Center  
34 Park Street  
New Haven, CT 06790  
Telephone: 203-974-7300  
24-Hour Crisis Service: 203-974-7735 or  
203-974-7713 (9:00 a.m.-10:00 p.m.)  
203-974-7300 (10:00 p.m.-8:00 a.m.)

Greater Bridgeport Community  
Mental Health Center  
1635 Central Avenue  
Bridgeport, CT 06610  
Telephone: 203-551-7400  
Fax: 203-551-7446

Local Mental Health Authorities:

Region 1:

Greater Bridgeport Community  
Mental Health Center  
1635 Central Avenue  
Bridgeport, CT 06610  
Telephone: 203-551-7400  
Fax: 203-551-7446  
Admissions:  
Mental Health: 203-551-7507  
Substance Abuse: 203-551-7428  
Crisis Service: (8:00 a.m. – 8:00 pm)  
203-551-7507

Community Services and  
Administrative Services  
97 Middle Street  
Bridgeport, CT 06604  
Telephone: 203-579-7300  
Fax: 203-579-6305

F.S. DuBois Center  
780 Summer Street  
Stamford, CT 06901  
Telephone: 203-388-1600  
Fax: 203-388-1681

Homeless Outreach Team  
753 Fairfield Avenue  
Bridgeport, CT 06604  
Telephone: 203-455-2160

Towns Served:

Bridgeport  
Darien  
Easton  
Fairfield  
Greenwich

Monroe  
New Canaan  
Norwalk  
Stamford  
Stratford

Trumbull  
Weston  
Westport  
Wilton

Region 2:

Birmingham Group Health Services  
Valley Mental Health Center  
435 East Main Street  
Ansonia, CT 06401  
Telephone: 203-736-2601  
Fax: 203-736-2641

Bridges...A Community  
Support System, Inc.  
949 Bridgeport Avenue  
Milford, CT 06460  
Telephone: 203-878-6365  
Fax: 203-877-3088

Connecticut Mental Health Center  
34 Park Street  
New Haven, CT 06790  
Telephone: 203-974-7300  
24-Hour Crisis Service: 203-974-7735 or  
203-974-7713 (9:00 a.m.-10:00 p.m.)  
203-974-7300 (10:00 p.m.-8:00 a.m.)

Harbor Health Services  
14 Sycamore Way  
Branford, CT 06405  
Telephone: 203-483-2630  
Fax: 203-483-2659

River Valley Services  
Leak Hall  
P.O. Box 351  
Middletown, CT 06457  
Telephone: 860-262-5200  
Fax: 860-262-5203  
24-Hour Crisis Service: 860-344-2100

Rushford Center  
384 Pratt Street  
Meriden, CT 06450  
Telephone: 203-235-1792  
Fax: 203-634-2799  
24-Hour Crisis Service: 800-567-0902

Towns Served:

Ansonia	Essex	North Haven
Bethany	Guilford	Old Lyme
Branford	Haddam	Old Saybrook
Chester	Hamden	Orange
Clinton	Killingworth	Oxford
Cromwell	Madison	Portland
Deep River	Meriden	Seymour
Derby	Middlefield	Shelton
Durham	Middletown	Wallingford
East Haddam	Milford	Westbrook
East Hampton	New Haven	West Haven
East Haven	North Branford	Woodbridge

Region 3:

Southeastern Mental Health Authority  
401 West Thames Street, Building 301  
Norwich, CT 06360  
Telephone: 860-859-4500; 24-Hour Crisis Service 860-886-9302  
Fax: 860-859-4797

United Services  
1007 North Main Street  
P.O. Box 839  
Dayville, CT 06241  
Telephone: 860-774-2020  
Fax: 860-774-0826

Towns Served:

Ashford	Killingly	Salem
Bozrah	Lebanon	Scotland
Brooklyn	Ledyard	Sprague
Canterbury	Lisbon	Sterling
Chaplin	Lyme	Stonington
Colchester	Mansfield	Thompson
Columbia	Montville	Uncasville
Coventry	New London	Union
Eastford	North Stonington	Voluntown
East Lyme	Norwich	Waterford
Franklin	Plainfield	Willington
Griswold	Pomfret	Windham
Groton	Preston	Woodstock
Hampton	Putnam	

Region 4:

Capitol Region Mental Health Center  
500 Vine Street  
Hartford, CT 06112  
Telephone: 860-297-0800  
Fax: 860-297-0914  
24-Hour Crisis Service: 860-297-0999

Inter-Community Mental Health Group  
281 Main Street  
East Hartford, CT 06118  
Telephone: 860-569-5900  
Fax: 860-731-5536

Community Mental Health Affiliates, Inc.  
29 Russell Street  
New Britain, CT 06052  
Telephone: 860-826-1268  
Fax: 860-229-6575

Community Health Resources  
995 Day Hill Road  
Windsor, CT 06095  
Telephone: 860-731-5522  
Fax: 860-731-5536

Towns Served:

Andover	Burlington	Enfield
Avon	Canton	Farmington
Berlin	East Granby	Glastonbury
Bloomfield	East Hartford	Granby
Bolton	East Windsor	Hartford
Bristol	Ellington	Hebron

Manchester  
Marlborough  
New Britain  
Newington  
Plainville  
Plymouth  
Rocky Hill

Simsbury  
Somers  
South Windsor  
Southington  
Stafford  
Suffield

Tolland  
Vernon  
West Hartford  
Wethersfield  
Windsor  
Windsor Locks

Region 5:

Western Connecticut Mental  
Health Network  
55 West Main Street, Suite 410  
Waterbury, CT 06702  
Telephone: 203-805-6400  
Fax: 203-805-6432

Western Connecticut Mental Health  
Network – Danbury Area  
78 Triangle Street, Bldg. I-4  
Danbury, CT 06810  
Telephone: 203-448-3200  
Fax: 203-448-3199

Western Connecticut Mental  
Health Network – Waterbury Area  
95 Thomaston Avenue  
Waterbury, CT 06706  
Telephone: 203-805-5300  
Fax: 203-805-5310

Western Connecticut Mental Health  
Northwest Mental Health Authority  
249 Winsted Road  
Torrington, CT 06790  
Telephone: 860-496-3700  
Fax: 860-496-3800

Towns Served:

Barkhamsted  
Beacon Falls  
Bethel  
Bethlehem  
Bridgewater  
Brookfield  
Canaan  
Cheshire  
Colebrook  
Cornwall  
Danbury  
Goshen  
Hartland  
Harwinton

Kent  
Litchfield  
Middlebury  
Morris  
Naugatuck  
New Fairfield  
New Hartford  
New Milford  
Newtown  
Norfolk  
North Canaan  
Prospect  
Redding  
Ridgefield

Roxbury  
Salisbury  
Sharon  
Sherman  
Southbury  
Thomaston  
Torrington  
Warren  
Washington  
Waterbury  
Watertown  
Winchester  
Wolcott  
Woodbury

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**Related Information:**

[DMHAS - Employment Services, refer to page XV – 32.](#)

*DMHAS - Housing Services, refer to page XV – 40.*

*Office of Protection and Advocacy for Persons with Disabilities, refer to page XV – 54.*

# Department of Mental Health and Addiction Services – Employment Services

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## **Description:**

The Department of Mental Health and Addiction Services (DMHAS) offers employment and educational services to its consumers who are in recovery with a serious and persistent mental illness or chronic addiction. Services may include: career planning, job search assistance, job placement, on-and off-the-job coaching, career advancement services and supported education. These services ensure that individuals have the necessary opportunities and supports to become involved in meaningful activities of their choice and contribute to the broader community. DMHAS funds 35 agencies across Connecticut that provide broad employment and educational services. DMHAS refers participants to these agencies and typically services are offered in conjunction with the individual's treatment.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Must be a DMHAS consumer.
- Must be in the process of recovery from a behavioral health or mental health condition.

### Service Areas:

Statewide

### Program Year:

July 1 – June 30

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## **Contact Information:**

For additional information regarding these services:

Department of Mental Health and Addiction Services – Employment Services  
Ruth Howell  
Telephone: 860-418-6821

Contact Local Mental Health Authorities to obtain names of agencies that provide employment services. These agencies and the towns they serve are listed below:

Region One:

Southwest Ct Mental Health System  
97 Middle Street  
Bridgeport, CT 06604  
Telephone: 203-579-7300  
Fax: 203-579-6305

F.S DuBois Center  
780 Summer Street  
Stamford, CT 06905  
Telephone: 203-388-1600  
Fax: 203-358-8500

Towns Served:

Byram  
Cos Cob  
Darien  
East Norwalk  
East Portchester  
Georgetown  
Glenbrook  
Glenville

Green Farms  
Greenwich  
New Canaan  
Noroton  
Noroton Heights  
Norwalk  
Old Greenwich  
Riverside

Rowayton  
Saugatuck  
South Norwalk  
Springdale  
Stamford  
Weston  
Westport  
Wilton

Greater Bridgeport Community Mental Health Center  
1635 Central Avenue  
Bridgeport, CT 06610  
Telephone: 203-551-7400  
Fax: 203-551-74446

Towns Served:

Bridgeport  
Easton  
Fairfield  
Monroe

Nichols  
Southport  
Stepney  
Stevenson

Stratford  
Trumbull

Region Two:

Birmingham Group Health Services  
435 East Main Street  
Ansonia, CT 06401  
Telephone: 203-736-2601  
Fax: 203-736-2641

Towns Served:

Ansonia  
Derby

Oxford  
Seymour

Shelton



River Valley Services  
Leak Hall  
P.O. Box 351  
Middletown, CT 06457  
Telephone 860-262-5200  
Fax: 860-262-5203

River Valley Services – Old Saybrook  
Office  
2 Center Road West  
Old Saybrook, CT 06457  
Telephone: 860-395-5040

Towns Served:

Chester  
Clinton  
Cromwell  
Deep River  
Durham  
East Haddam

East Hampton  
Essex  
Haddam  
Killingworth  
Lyme  
Middlefield

Middletown  
Old Lyme  
Old Saybrook  
Portland  
Westbrook

Region Three:

Southeastern Mental Health Authority  
401 Thames Street, Building 301  
Norwich, CT 06360  
Telephone: 860-859-4500  
Fax: 860-859-4797

Towns Served:

Bozrah  
Colchester  
East Lyme  
Franklin  
Griswold  
Groton

Ledyard  
Lisbon  
Montville  
New London  
North Stonington  
Norwich

Preston  
Salem  
Sprague  
Stonington  
Voluntown  
Waterford

United Services  
1007 North Main Street  
P.O. Box 839  
Dayville, CT 06241  
Telephone: 860-774-2020  
Fax: 860-774-0826

Towns Served:

Ashford  
Brooklyn  
Canterbury  
Chaplin  
Columbia

Coventry  
Eastford  
Hampton  
Killingly  
Lebanon

Mansfield  
Plainfield  
Pomfret  
Putnam  
Scotland

Sterling  
Thompson

Union  
Willington

Windham  
Woodstock

Region Four:

Community Health Resources  
995 Day Hill Road  
Windsor, CT 06095  
Telephone: 860-731-5522  
Fax: 860-731-5536

Programs under Community Health Resources:

*Genesis Center, Inc.*  
587 East Middle Turnpike  
Manchester, CT 06040  
Telephone: 860-646-3888  
Fax: 860-645-4132

Towns Served:

Amston  
Andover  
Bolton  
Buckland  
Ellington

Hebron  
Manchester  
Rockville  
South Windsor  
Talcottville

Tolland  
Vernon  
Wapping

*North Central Counseling Services*

47 Palomba Drive  
Enfield, CT 06082  
Telephone: 860-253-5020  
Fax: 860-253-5030

Towns Served:

Bloomfield  
Broad Brook  
East Granby  
East Hartland  
East Windsor  
Enfield  
Granby  
Hazardville  
Melrose

North Granby  
Poquonock  
Scitico  
Somers  
Somersville  
Stafford  
Stafford Springs  
Staffordville  
Suffield

Thompsonville  
Warehouse Point  
West Granby  
West Suffield  
Wilson  
Windsor  
Windsor Locks  
Windsorville

InterCommunity Mental health Group  
281 Main Street  
East Hartford, CT 06118  
Telephone: 860-569-5900  
Fax: 860-569-5614

Towns Served:

East Glastonbury  
East Hartford  
Glastonbury

Maple Hill  
Marlborough  
Newington

Rocky Hill  
South Glastonbury  
Wethersfield

Capitol Region Mental Health Center  
500 Vine Street  
Hartford, CT 06112  
Telephone: 860-297-0800  
Fax: 860-297-0914

Towns Served:

Avon  
Canton  
Canton Center  
Collinsville  
Elmwood

Farmington  
Hartford  
Simsbury  
Tariffville  
Unionville

Weatogue  
West Hartford  
West Simsbury

Community Mental Health Affiliates, Inc.  
29 Russell Street  
New Britain, CT 06052  
Telephone: 860-826-1358  
Fax: 860-229-6575

Towns Served:

Berlin  
Bristol  
Burlington  
East Berlin  
Kensington

Marion  
Milldale  
New Britain  
Pequabuck  
Plainville

Plantsville  
Plymouth  
Southington  
Terryville

Region Five

Western CT Mental Health Network  
Rowland State Government Center  
55 West Main Street, Suite 410  
Waterbury, CT 06702-2004

Western CT Mental Health Network continued

Telephone: 203-805-6400

Fax: 203-8056432

This is an administrative office that oversees the LMHAs in region five.

Western CT Mental Health Network - Waterbury

95 Thomaston Avenue

Waterbury, CT 06702

Telephone: 203-805-5300

Fax: 203-805-5310

Towns Served:

Beacon Falls

Bethlehem

Cheshire

Lakeside

Middlebury

Naugatuck

Oakville

Oxford

Prospect

South Britain

Southbury

Thomaston

Union City

Waterbury

Watertown

Waterville

Wolcott

Woodbury

Western CT Mental Health Network – Danbury

78 Triangle Street, Bldg. I-4

Danbury, CT 06810

Telephone: 203-448-3200

Fax: 203-448-3199

Towns Served:

Bethel

Botsford

Bridgewater

Brookfield

Brookfield Center

Danbury

Gaylordsville

Hawleyville

New Fairfield

New Milford

Newtown

Redding

Redding Center

Redding Ridge

Ridgefield

Roxbury

Sandy Hook

Sherman

West Redding

Western CT Mental Health Network – Torrington

240 Winsted Road, Third Floor

Torrington, CT 06790

Telephone: 860-496-3700

Fax: 860-496-3800

Towns Served:

Bantam

Barkhamsted

Canaan

Colebrook

Cornwall

Cornwall Bridge

Falls Village  
Goshen  
Hartland  
Harwinton  
Kent  
Lakeville  
Limerock  
Litchfield  
Marble Dale  
Morris  
New Hartford

New Preston  
Norfolk  
North Canaan  
North Kent  
Northfield  
Pine Meadow  
Pleasant Valley  
Riverton  
Salisbury  
Sharon  
South Kent

Taconic  
Torrington  
Warren  
Washington  
Washington Depot  
West Cornwall  
West Goshen  
Winchester  
Winchester Center  
Winsted

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**Related Information:**

[Department of Mental Health and Addiction Services, refer to page XV – 23.](#)

# Department of Mental Health and Addiction Services – Housing Services

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## **Description:**

### *Supportive Housing Program*

The Supportive Housing Program is a HUD-funded program, which provides for transitional housing, employment and vocational rehabilitation and clinical services to persons who are homeless and have a psychiatric disability in the New Haven area.

### *Housing Assistance Fund/Security Deposit Program.*

The Department of Mental Health and Addiction Services (DMHAS) administers the Housing Assistance Fund which provides a temporary monthly housing subsidy payment to persons with a psychiatric disorder. These individuals must be at risk of being hospitalized in a DMHAS hospital or being discharged from a DMHAS hospital while they or their families are on a waiting list for a permanent state or federal housing subsidy. The Security Deposit Program provides security deposit funds to individuals with a psychiatric disorder who are in search of permanent housing.

### *Shelter Plus Care*

The Department of Housing and Urban Development funds the Shelter Plus Care program, which provides rental assistance and supportive services to persons who are homeless and have disabilities. The Department of Mental Health and Addiction Services' (DMHAS) Homeless Outreach Teams help eligible persons apply for the program. Eligible persons must be homeless, as defined by HUD, and have one or more of the following disabilities: a serious mental illness, a chronic substance abuse problem or AIDS or a related disease, which substantially impedes individuals' abilities to live independently. There are different types of rental assistance under this program. They are: Tenant-Based Rental Assistance where participants can choose their own housing and retain the rental assistance if they move; Sponsor-Based Rental Assistance, where participants live in housing owned or leased by a sponsor, such as a private, non-profit organization or a community mental health agency; and, Project – Based Rental Assistance, where participants rent subsidized units from owners who agree to rent under the program.

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## **Eligibility Requirements, Service Areas and Program Year:**

Eligibility Requirements:

For the Supportive Housing Program:

- Must be homeless and have a psychiatric disorder.

For the Housing Assistance Fund/Security Deposit Program:

- Must have a psychiatric disorder and be in search of permanent housing.
- Must be referred to the program by a mental health clinician.

For the Shelter Plus Care Program:

- Must be homeless, as defined by HUD, and have one or a combination of qualifying disabilities.

Service Areas:

Region 1:

Bridgeport  
Darien  
Greenwich  
Monroe  
Norwalk

New Canaan  
Stamford  
Stratford  
Trumbull  
Weston

Westport  
Wilton

Region 2:

Ansonia  
Bethany  
Branford  
Chester  
Clinton  
Cromwell  
Deep River  
Derby  
Durham  
East Haddam  
East Hampton  
East Haven  
Essex

Guilford  
Haddam  
Hamden  
Killingworth  
Lyme  
Madison  
Meriden  
Middlefield  
Middletown  
Milford  
New Haven  
North Branford  
North Haven

Old Lyme  
Old Saybrook  
Orange  
Oxford  
Portland  
Seymour  
Shelton  
Wallingford  
Westbrook  
West Haven  
Woodbridge

Region 3:

Ashford  
Bozrah  
Brooklyn  
Canterbury  
Chaplin  
Colchester  
Columbia  
Coventry  
Eastford

East Lyme  
Groton  
Hampton  
Killingly  
Lebanon  
Ledyard  
Lisbon  
Mansfield  
Montville

New London  
North Stonington  
Norwich  
Plainfield  
Pomfret  
Preston  
Putnam  
Salem  
Scotland

Sprague  
Stonington  
Union

Voluntown  
Waterford  
Willimantic

Windham  
Woodstock

Region 4:

Andover  
Avon  
Berlin  
Bloomfield  
Bolton  
Bristol  
Burlington  
Canton  
East Granby  
East Hartford  
East Windsor  
Ellington  
Enfield

Farmington  
Glastonbury  
Granby  
Hartford  
Hebron  
Manchester  
Marlborough  
New Britain  
Newington  
Plainville  
Rockville  
Rocky Hill  
Simsbury

Somers  
South Windsor  
Southington  
Stafford  
Suffield  
Tolland  
Vernon  
West Hartford  
Wethersfield  
Windsor  
Windsor Locks

Region 5:

Barkhamsted  
Beacon Falls  
Bethel  
Bethlehem  
Bridgewater  
Brookfield  
Canaan  
Cheshire  
Colebrook  
Cornwall  
Danbury  
Goshen  
Hartland  
Harwinton  
Kent

Litchfield  
Middlebury  
Morris  
Naugatuck  
New Fairfield  
New Hartford  
New Milford  
Newtown  
Norfolk  
North Canaan  
Prospect  
Redding  
Ridgefield  
Roxbury  
Salisbury

Sharon  
Sherman  
Southbury  
Thomaston  
Torrington  
Warren  
Washington  
Waterbury  
Watertown  
Winchester  
Winsted  
Wolcott  
Woodbury

Program Year:  
July 1 – June 30

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**Contact Information:**

For additional information on the Supportive Housing Program, Housing Assistance/Security Deposit Program:  
Department of Mental Health and Addiction Services  
Housing Services  
Elliot Stone  
Telephone: 860-418-6932

For additional information regarding the Shelter Plus Care program:

Department of Mental Health and Addiction Services  
Homeless Services  
Shelter Plus Care  
Madeline Napolitano, Homeless Service Coordinator  
Telephone: 860-418-6910

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**Related Information:**

[\*Department of Mental Health and Addiction Services \(DMHAS\), refer to page XV – 23.\*](#)

# Disability Parking Permit

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## Description:

The Connecticut Department of Motor Vehicles (DMV) issues individuals with disabilities permanent or temporary parking permits. Persons applying for the disability parking permit must provide proof of a disability from a licensed physician, physician's assistant – certified (PAC) or an advanced practice registered nurse (APRN) in cases of legal blindness, proof from a licensed optometrist must be provided.

Individuals whose ability to walk is seriously but temporarily impaired and whose hospital discharge plan includes the use of devices to aid in walking such as crutches or wheelchairs may receive a temporary parking permit. Temporary parking permits are valid for six months and a \$5 fee is charged for each permit that is issued. Persons can reapply for another temporary permit, with a new medical certification, when the old permit expires.

Persons with a permanent disability can obtain permanent disability parking permits at no charge. A qualifying disability is one or more of the following impairments:

- Use of portable oxygen.
- Legal blindness.
- Limited use, or no use, of one or both legs.
- Inability to walk 200 feet without stopping.
- A neuro-muscular dysfunction that severely limits mobility.
- A class III or IV cardiac condition (American Heart Association standards)
- Severe limitation in the ability to walk due to an arthritic, neurological, or orthopedic condition.
- Restriction because of lung disease to such an extent that forced (respiratory) expiratory volume for one second, when measured by spirometry, is less than one liter, or the arterial oxygen tension is less than sixty mm/hg of room air at rest.

Both permanent and temporary permits can be used in any vehicle in which the person with the disability is riding. Facilities or agencies can apply for permits for vehicles in which they transport persons with qualifying disabilities, provided the vehicle is used for such transportation at least 50 percent of the time.

Persons and agencies applying for a Disability Parking Permit must complete a Special Parking Permit Application Form (Form B-225), which is available at all DMV offices as well as from the DMV website.

---

## Eligibility Requirements, Service Areas and Program Year:

Eligibility Requirements:

- Must be a person with a qualifying disability.
- Must complete and submit a Special Parking Permit Application Form (Form B-225).

Service Areas:

Statewide

Program Year:

N/A

### Contact Information:

For information and submission of the Special Parking Permit Application Form (Form B-225):

Connecticut Department of Motor Vehicles

60 State Street

Wethersfield, CT 06161

Connecticut DMV Telephone Centers:

860-263-5700 within the Hartford area or outside of CT

860-842-8222 elsewhere in CT

Website: [www.ct.gov/dmv](http://www.ct.gov/dmv)

For information and to obtain a Special Parking Application Form (Form B-225):

(All completed forms must be forwarded to the Wethersfield Office)

Bridgeport Office

95 Sylvan Avenue

Bridgeport, CT 06608

New Britain Office

85 North Mountain Rd

New Britain, CT 06053

Waterbury Office

2210

Thomaston

Avenue

Waterbury, CT 06704

Danbury Office

2 Lee Mac Avenue

Danbury, CT 06810

Norwalk Office

540 Main Street

Norwalk, CT 06851

Wethersfield Office

60 State Street

Wethersfield, CT 06109

Enfield Office

4 Pearson Way

Enfield, CT 06082

Norwich Office

173 Salem Turnpike

Norwich, CT 06360

Hamden Office

1985 State Street

Hamden, CT 06517

Old Saybrook Office

7 Custom Drive

Old Saybrook, CT  
06475

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**Related Information:**

*N/A*

# Independent Living Program

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## **Description:**

The Bureau of Rehabilitation Services (BRS), a division of the Department of Social Services contracts with five community-based independent living centers statewide to facilitate the Independent Living program (IL). The goal of the program is to integrate persons with disabilities into their communities of choice to the fullest degree possible and to help empower them to maintain an independent life. The independent living centers offer four core independent living services; namely: peer support, information and referral, individual and systems advocacy and independent living skills training. In addition, independent living centers work with the Bureau of Rehabilitative Services' vocational counselors to help persons with disabilities who are seeking employment.

### *Peer Support:*

Peer counselors are available to provide support to participants by utilizing their own experience living with disabilities and negotiating the system.

### *Information and Referral:*

Program participants are assisted in identifying and accessing services, supports, benefits, assistive technology, housing, personal assistance services and other resources that enhance independent living.

### *Individual and Systems Advocacy:*

Centers help participants secure the support and services needed to maximize their independence. They also advocate on a systems level to reduce barriers that can stigmatize and exclude persons with disabilities from full community participation.

### *Independent Skills Training:*

Independent Living Centers provide training in activities of daily living and the necessary skills to live as independently in the community as possible. Types of training include: management and recruitment of personal attendants, financial management, how to utilize community resources, how to locate housing and consumer rights and responsibilities.

---

## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Must have a disability to apply for services.

### Service Areas:

Statewide

Program Year:  
October 1 – September 30

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### Contact Information:

Connecticut Department of Social Services  
Bureau of Rehabilitation Services  
25 Sigourney Street  
Hartford, CT 06106  
Telephone: 860-424-4878  
Toll Free: 800-537-2549  
Fax: 860-424-4850

### Connecticut Independent Living Centers:

Disability Resource Center of  
Fairfield County  
80 Ferry Boulevard  
Stratford, CT 06615  
Telephone: 203-378-6977  
Email: [info@drcfc.org](mailto:info@drcfc.org)  
Website: [www.drcfc.org](http://www.drcfc.org)

#### Towns Served:

Bethel	Monroe	Sherman
Bridgeport	New Canaan	Stamford
Brookfield	New Fairfield	Stratford
Danbury	Newtown	Trumbull
Darien	Norwalk	Weston
Easton	Redding	Westport
Fairfield	Ridgefield	Wilton
Greenwich	Shelton	

Center for Disability Rights  
764 Campbell Avenue  
West Haven, CT 06516  
Telephone: 203-9347077  
Email: [cdr7077@aol.com](mailto:cdr7077@aol.com)

#### Towns Served:

Ansonia	Cromwell	East Hampton
Bethany	Deep River	East Haven
Branford	Derby	Essex
Chester	Durham	Guilford
Clinton	East Haddam	Haddam

Hamden  
Killingworth  
Lyme  
Madison  
Meriden  
Middlefield  
Middletown  
Milford  
New Haven

North Branford  
North Haven  
Old Lyme  
Old Saybrook  
Orange  
Portland

Seymour  
Shelton  
Wallingford  
West Haven  
Westbrook  
Woodbridge

Independence Unlimited:  
151 New Park Avenue, Suite D  
Hartford, CT 06106  
Telephone: 860-523-5021  
Email: [indunl@aol.com](mailto:indunl@aol.com)

Towns Served:

Andover  
Avon  
Berlin  
Bloomfield  
Bolton  
Bristol  
Burlington  
Canton  
East Granby  
East Hartford  
East Windsor  
Ellington  
Enfield

Farmington  
Glastonbury  
Granby  
Hartford  
Hebron  
Manchester  
Marlborough  
New Britain  
Newington  
Plainville  
Plymouth  
Rocky Hill  
Simsbury

Somers  
South Windsor  
Southington  
Stafford  
Suffield  
Tolland  
Vernon  
West Hartford  
Wethersfield  
Windsor  
Windsor Locks

Disabilities Network of Eastern Connecticut  
238 West Town Road  
Norwich, CT 06360  
Telephone: 860-823-1898  
Email: [dnec@snet.net](mailto:dnec@snet.net)  
Website: [www.dnec.org](http://www.dnec.org)

Towns Served:

Ashford  
Bozrah  
Brooklyn  
Canterbury  
Coventry  
Chaplin  
Columbia

Colchester  
East Lyme  
Eastford  
Franklin  
Griswold  
Groton  
Hampton

Killingly  
Lebanon  
Ledyard  
Lisbon  
Mansfield  
Montville  
New London

North Stonington  
Norwich  
Plainfield  
Pomfret  
Preston  
Putnam

Salem  
Scotland  
Sprague  
Sterling  
Stonington  
Thompson

Union  
Voluntown  
Waterford  
Willington  
Windham  
Woodstock

Independence Northwest  
1183 New Haven Road, Suite 200  
Naugatuck, CT 06770  
Telephone: 203-729-3299  
Email: [indnw@aol.com](mailto:indnw@aol.com)

Towns Served:

Barkhamsted  
Beacon Falls  
Bethel  
Bethlehem  
Bridgewater  
Brookfield  
Canaan  
Cheshire  
Colebrook  
Cornwall  
Danbury  
Goshen  
Hartland  
Harwinton  
Kent

Litchfield  
Middlebury  
Morris  
Naugatuck  
New Fairfield  
New Hartford  
New Milford  
Newtown  
Norfolk  
North Canaan  
Oxford  
Prospect  
Redding  
Ridgefield  
Roxbury

Salisbury  
Sharon  
Sherman  
Southbury  
Thomaston  
Torrington  
Washington  
Waterbury  
Watertown  
Warren  
Winchester  
Wolcott  
Woodbury

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**Related Information:**

[\*New England Assistive Technology \(NEAT\) Center, refer to page XV - 51\*](#)

[\*Connecticut Tech Act Project, refer to page XV – 16.\*](#)

[\*Vocational Rehabilitation Program, refer to page XV - 61\*](#)

# New England Assistive Technology (NEAT) Center

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## **Description:**

The New England Assistive Technology (NEAT) Center at Oak Hill operates under the Connecticut Institute for the Blind/Oak Hill to provide persons of all ages, as well as schools, human service agencies, businesses and health care professionals with access to information, training, products, equipment and to the manufacturers and vendors of assistive technology equipment. NEAT offers space for product demonstrations, expos, classes, computer use, research and equipment restoration. Assistive technology demonstrations are available by appointment at the NEAT Center. A fee is charged after the first 15 minutes. Demonstrations show how assistive technology can impact the lives of persons with disabilities. Demonstrations might include computers with adaptive software, video magnification systems and various pieces of equipment that are designed to increase a person's independence and productivity. Services offered by NEAT are available in English and Spanish.

### *Assistive Technology Consultations and Evaluations:*

NEAT offers assistive technology evaluations in which persons are evaluated for suitable equipment such as electronic magnifiers, scanning and reading machines, portable note takers, bar code readers and computers with special needs adaptive software. The NEAT Center offers evaluation and consultation services for aging in place, computer access and power mobility. It may also include the assessment of alternative access communication devices. Follow-up services are available for assistive technology training. A fee is charged for this service.

### *Computer Lab:*

NEAT features a computer lab with 21 personal computers that has specialized hardware and software, which provides persons with disabilities with alternative means of accessing the computer. The computer lab gives people an opportunity to test alternatives to determine what works best for them. It also helps people to compare products offered by different vendors and to make educated decisions when purchasing products. NEAT's assistive technology specialists are available to help individuals test equipment. NEAT's staff use team approaches to perform personal evaluations to determine the product suitability for consumers. Professionals can lease the computer lab to perform individual assistive technology evaluations to determine the specific equipment, modifications and instructional formats that best meet an individual's needs.

### *Vocational Center for People who are Blind or Visually Impaired:*

NEAT, a program of Oak Hill, has developed relationships with area businesses and is experienced in providing supports for persons with disabilities who work in the community. Qualified staff can help such individuals by identifying their strengths,

providing computer training, enhancing their interview skills, helping to find employment opportunities and identifying transportation options.

*Equipment Restoration Center:*

The Equipment Restoration Center at NEAT sells gently used and reconditioned durable medical equipment at low prices. It also offers short-term equipment rentals and affordable payment plans if necessary. Donated equipment is inspected by qualified technicians, cleaned and sanitized. NEAT works with suppliers of durable medical equipment to ensure that equipment meets high quality standards. NEAT's assistive technology suppliers, practitioners and specialists are available to help consumers test equipment before making decisions on purchases. The purchase of used medical equipment is currently eligible for reimbursement through Medicaid and Medicare. Persons who wish to donate slightly used equipment can arrange to have the equipment picked up by NEAT staff or can drop off equipment at a convenient location. Neat also operates a satellite site in Stratford, CT Oak Hill is a non-profit organization and donations may qualify for a tax deduction.

*NEAT is a Microsoft Accessibility Resource Center:*

NEAT staff can show individuals what is possible with accessible technology solutions that are available on today's computers. These accessibility options and assistive technology products can add to persons' computer skills and proficiency whether they have reduced eyesight, wrist or arm discomfort or hearing loss. NEAT offers free monthly workshops and an overview CD at no charge.

*Lending Library:*

The NEAT Center Lending Library is a service that loans assistive technology devices to paid professional members. Membership is free for individuals who have disabilities and for their family members. Persons who are older than age 65 and who have limitations that result from aging are also eligible for membership. Free membership entitles eligible persons to use the Information and Resource Library and Computer Lab by appointment at no charge. If staff assistance is required a fee is charged. Persons interested in becoming members must complete and submit a membership application form.

The NEAT Center's space is available for meetings, training sessions, seminars, focus groups, beta testing and conferences. Contact NEAT for hourly and daily rental fees.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Must be a person with a disability or have an interest in assistive technology.

### Service Areas:

Statewide

Program Year:  
July 1 – June 30

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### **Contact Information:**

The New England Assistive Technology (NEAT) Center at Oak Hill  
120 Holcomb Street  
Hartford, CT 06112  
Telephone: 860-243-2869  
Toll Free: 866-526-4492  
Email: [info@neatmarketplace.org](mailto:info@neatmarketplace.org)  
Website: [www.neatmarketplace.org](http://www.neatmarketplace.org) and [www.ciboakhill.org](http://www.ciboakhill.org)

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### **Related Information:**

[Connecticut Board of Education and Services for the Blind \(BESB\), refer to page XV – 12.](#)  
[Connecticut Tech Act Project, refer to page XV – 16.](#)

# Office of Protection and Advocacy for Persons with Disabilities

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## **Description:**

The Office of Protection and Advocacy for Persons with Disabilities (P&A) is an independent state agency that provides information, referrals, advocacy assistance and limited legal services to people with disabilities in the state of Connecticut whose civil rights have been violated or who experience difficulty securing relevant support services. P&A supports the development of community advocacy groups by providing training and technical assistance. It is responsible for investigating abuse and neglect of individuals with mental retardation between the ages of 18 to 59 and deaths of all individuals with mental retardation over age where abuse and/or neglect may have been the cause.

### *Information and Referral Unit:*

The Information and Referral Unit provides the public with information, technical assistance, short-term advocacy assistance, and when appropriate, referrals to other divisions of the agency or to outside organizations.

### *Client Assistance Program:*

The Client Assistance Program (CAP) is an independent advocacy program that helps individuals who have concerns about the services they receive from the Bureau of Rehabilitation Services (BRS), the Board of Education and Services for the Blind (BESB), independent living centers and/or other community rehabilitation programs. CAP provides consultation, advocacy, assistance and, if necessary, legal representation..

### *Protection and Advocacy for Individuals with Mental Illness:*

Protection and Advocacy for Individuals with Mental Illness (PAIMI) advocates for persons with mental illness who reside in supervised facilities and investigates allegations of abuse and neglect as well as other complaints that are raised by these individuals. PAIMI also advocates for appropriate discharge plans, consumer choice and respectful, relevant supports.

### *Protection and Advocacy for Assistive Technology:*

Protection and Advocacy for Assistive Technology (PAAT) is administered by the Case Services Division; it provides consumer education and representation in an effort to expand the availability of assistive technology devices and services for persons with disabilities.

### *Protection and Advocacy for Persons with Traumatic Brain Injury:*

Protection and Advocacy for Persons with Traumatic Brain Injury (PATBI) program provides individualized, person-centered advocacy to individuals with a traumatic brain injury.

### *Abuse Investigation Division*

Abuse Investigation staff operate under state law to receive and assess reports of abuse and neglect of adults with mental retardation and monitor the quality and results of internal abuse and neglect investigations conducted by the mental retardation service system. AID directly investigates allegations of abuse and neglect that involve death, or caretakers who are not employed by service providing agencies. When warranted, AID also investigates allegations arising from within the service system. AID staff makes recommendations for protective services, refer cases of substantiated abuse to State's Attorneys, and take immediate steps to ensure that urgent situations receive an adequate response.

### *Fatality Review Board for Persons with Disabilities (FRB):*

The Fatality Review Board is charged with reviewing all deaths of people with mental retardation in Connecticut who are DDS clients and conducting investigations into the circumstances surrounding those deaths, which in the opinion of the Executive Director, warrant a full, independent investigation.

### *Protection and Advocacy for Beneficiaries of Social Security:*

Protection and Advocacy for Beneficiaries of Social Security (PABSS) assists beneficiaries of Social Security Disability Insurance and Supplemental Security Income who need information, advice, advocacy and /or legal services in order to secure, maintain or regain employment.

---

## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Information and referral services are provided to any caller.
- Advocacy representation is provided to persons with disabilities who meet agency priorities and mandates.

### Service Areas:

Statewide

### Program Year:

N/A

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## **Contact Information:**

Office of Protection and Advocacy for Persons with Disabilities  
60 B Weston Street  
Hartford, CT 06120  
Telephone: 860-297-4300  
Toll Free: 800-842-7303 (CT only)

TTY: 860-297-4380  
Fax: 860-566-8714  
Email: [OPA-Information@po.state.ct.us](mailto:OPA-Information@po.state.ct.us)  
Website: [www.ct.gov/opapd](http://www.ct.gov/opapd)

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**Related Information:**

[Commission on Human Rights and Opportunities \(CHRO\), refer to page XIV – 1.](#)

# Personal Care Assistance Medicaid Waiver Program

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## **Description:**

The Personal Care Assistance Medicaid Waiver Program allows eligible persons to receive assistance under Medicaid to pay for a Personal Care Assistant. Individuals with a physical disability that require hands-on help with at least two of the following activities of daily living may be eligible: bathing, dressing, eating, transferring or toileting. Participation in the waiver is limited and applicants may be placed on a waiting list.

Personal Care Assistants are employees of individuals participating in the program. Program participants negotiate with personal care assistants to determine the wages that are paid. Wages may be set up to a maximum rate, which is generally less than what is charged by an agency, thus allowing participants more hours of care for equal or less money. Participants document and submit time sheets to a fiscal agency, which forwards paychecks to the Personal Care Assistant. Program participants are responsible for hiring, training, supervising and terminating Personal Care Assistants. Persons who are unable to supervise a Personal Care Assistant can have a conservator do so. Conservators may not be related to participants nor can they be their Personal Care Assistants.

Applicants must complete and file a Personal Care Assistance Waiver Request form and apply for Medicaid. Persons who are eligible for the Personal Care Assistance Waiver are eligible for all Medicaid covered services. Program participants must also meet income and asset guidelines. Depending upon their income, some participants may be required to contribute to the cost of the Personal Care Assistance services. Spousal income is not counted when determining eligibility; however, a spouse may be billed for some of the costs of the Personal Care Assistant. Any married couple with assets greater than \$1,600 is subject to a Department of Social Services' assessment of the applicant and his or her spouse's total assets.

---

## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Must be between the ages of 18 and 65.
- Monthly income cannot exceed \$2,022. Income includes wages, pensions, Social Security benefits, veteran's benefits and alimony.
- Must have no more than \$1,600 in total assets. Assets include bank accounts, some life insurance policies, savings bonds and stocks. Assets do not include a participant's house, a motor vehicle that is used for transportation to employment or on-going medical treatment or vehicles modified for operation by or transportation of a person with disabilities.

- Must file a Personal Care Assistance Waiver Request form.
- Persons who qualify for Medicaid through the Medicaid for Employed Disabled coverage group may also meet the financial eligibility criteria for the waiver.

Service Areas:

Statewide

Program Year:

January 1 – December 31

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### **Contact Information:**

For a Personal Care Assistance Waiver Request Form contact the Department of Social Services Regional Offices in [Appendix H](#) of this manual.

For submission of the completed Personal Care Assistance Waiver Form:

Attn: Social Work Services Division  
CT Department of Social Services  
25 Sigourney Street  
Hartford, CT 06106

For more information:

Department of Social Services  
Social Work Services Division  
25 Sigourney Street  
Hartford, CT 06106  
Telephone: 860-424-5241

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### **Related Information:**

N/A

# Problem Gambling Services

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## Description:

*Department of Mental Health and Addiction Services Better Choice Programs:* Better Choice Programs are gambling-specific treatment programs offered through community agencies and funded through the Department of Mental Health and Addiction Services. Programs offer a variety of outpatient services, which may include individual therapy, group therapy, marital and family therapy, financial recovery counseling, peer counseling, psychiatric consultation and treatment. A brief-stay, residential treatment program is offered at the McDonough House in Danbury for gamblers who are unable to reduce gambling between outpatient visits due to overwhelming stress, inadequate support systems or a lack of coping skills. Parents, siblings, spouses, significant others and problem gamblers are eligible for services. Services are provided at little or no cost; treatment is never refused for financial reasons. Medical insurance may cover all or part of the program's expense.

*Gamblers Anonymous and Gam-Anon:*

The Gamblers Anonymous program is a 12-step recovery program for persons with compulsive gambling illness. Persons with a desire to stop gambling can join the Gamblers Anonymous program. There are no dues or fees associated with membership. Participants share their experiences, strengths and hopes with other fellow members and work with each other to help recover from compulsive gambling. Gam-Anon provides a network of support for friends and family members of compulsive gamblers. Persons who wish to join do not have to wait for their loved one(s) to seek treatment for their compulsive gambling problem before coming to Gam-Anon. Participants learn effective ways to cope with the gambling problem.

---

## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

#### For Better Choice Programs

- Must have a gambling problem and wish to seek help, or
- Must be the parent, sibling, spouse or significant other of someone with a gambling problem to seek services.

#### For Gamblers Anonymous and Gam-Anon:

- Must have a desire to stop gambling, or
- Must be the friend or family member affected by someone with a gambling problem who wishes to seek support services.

Service Areas:

Statewide

Program Year:

July 1 – June 30

---

### **Contact Information:**

For additional information on the Better Choice Program, to speak with a gambling counselor or to find the nearest Better Choice Program:

Statewide Problem Gambling Treatment Services  
Connecticut Valley Hospital  
Vance Drive, Russell Hall, 1st Floor  
Middletown, CT 06457  
Telephone: 860-344-2244

For additional information regarding the Gamblers Anonymous and Gam-Anon programs and locations and times of meetings:

Gamblers Anonymous and Gam-Anon  
Connecticut Hot Line: 800-266-1908  
Email Gamblers Anonymous: [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)  
Email Gam-Anon: [info3@gam-anon.org](mailto:info3@gam-anon.org)  
Websites: [www.gamblersanonymous.org](http://www.gamblersanonymous.org) and [www.gam-anon.org](http://www.gam-anon.org)

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### **Related Information:**

[Department of Mental Health and Addiction Services \(DMHAS\), refer to page XV – 23.](#)

# Vocational Rehabilitation Program

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## Description:

The Vocational Rehabilitation (VR) Program is administered by the Bureau of Rehabilitation Services (BRS) within the Department of Social Services. The goal of the program is to assist individuals with significant physical and mental disabilities to prepare for, obtain and maintain employment. Persons who are legally blind are served by the Board of Education and Services for the Blind. Persons who apply for VR services must provide information to verify how their disability affects their capacity to obtain and/or keep employment. A vocational rehabilitation counselor reviews each applicant's physical and/or mental abilities that pose barriers to employment and determines eligibility for services.

An Employment Plan is developed for eligible consumers that establishes employment goals and determines the services needed to achieve them. Such services may include: vocational counseling, benefits counseling, job search assistance, skill training, career education in vocational schools and other schools, school-to-work transition, on-the-job training in business and industry, assistive technology services, vehicle and home modifications, nursing home transition services and transportation assistance. BRS may pay all or part of the cost for these services. BRS may continue to provide follow-up services for at least 90 days after consumers are placed in a job to help them maintain employment.

Resources may be limited and the Bureau of Rehabilitation Services follows an Order of Selection process to serve consumers with the most significant disabilities first.

---

## Eligibility Requirements, Service Areas and Program Year:

### Eligibility Requirements:

- Must have a physical or mental condition that poses a substantial barrier to employment.
- Must require vocational rehabilitation services to prepare for, find and succeed in competitive employment opportunities.

### Service Areas:

Statewide

### Program Year:

N/A

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## Contact Information:

For additional information:

State of Connecticut Department of Social Services  
Bureau of Rehabilitation Services  
Vocational Rehabilitation Program  
25 Sigourney Street  
Hartford, CT 06106  
Telephone: 800-537-2549 or 860-424-4844  
TDD/TYY: 860-424-4839  
Website: [www.brs.state.ct.us](http://www.brs.state.ct.us)

To determine eligibility for services contact the local Bureau of Rehabilitation Services Office. Refer to the Department of Social Services Offices in [Appendix H](#) for the towns served in each regional office.

Northern Region:

Hartford Office  
Administrative Office  
3580 Main Street  
Hartford, CT 06120  
Telephone: 860-723-1400  
TTY: 860-723-1430

East Hartford Office  
1137 Main Street  
East Hartford, CT 06108  
Telephone: 860-289-2904

Enfield Office  
Smyth's Corner  
77 Hazard Avenue  
Enfield, CT 06082  
Telephone: 860-741-2852

Manchester Office  
699 East Middle Turnpike  
Manchester, CT 06040  
Telephone: 860-647-5960

New Britain Office  
30 Christian Lane  
New Britain, CT 06051  
Telephone: 860-612-3569

Dayville –Danielson Office  
CT Works Center  
95 Westcott Road  
Danielson, CT 06239  
Telephone: 860-779-2204

Southern Region:

Ansonia Office  
435 East Main Street,  
Ansonia, CT 06401  
Telephone and TTY: 203-735-9444

Middletown Office  
117 Main Street Extension  
Middletown, CT 06457  
Telephone: 860-704-3100

Southern Region continued  
New Haven Office  
Administrative Office  
414 Chapel Street, Suite 301  
New Haven, CT 06511  
Telephone: 203-974-3000  
TTY: 203-974-3009

Norwich Office  
113 Salem Turnpike, North Building  
Suite 200  
Norwich, CT 06360  
Telephone: 860-859-5720

New London Office  
Shaw's Cove Six  
New London, CT 06320  
Telephone: 860-439-7686

Western Region:

Bridgeport Office  
Administrative Office  
1057 Broad Street  
Bridgeport, CT 06604  
Telephone and TTY: 203-551-5500

Waterbury Office  
249 Thomaston Avenue  
Waterbury, CT 06702  
Telephone: 203-578-4550

Danbury Office  
342 Main Street  
Danbury, CT 06810  
Telephone: 203-207-8990

Torrington Office  
62 Commercial Boulevard, Suite 1  
Torrington, CT 06790  
Telephone: 860-496-6990

Stamford Office  
1642 Bedford Street  
Stamford, CT 06894  
Telephone: 203-251-9430

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**Related Information:**

[Connecticut Board of Education and Services for the Blind, refer to page XV – 12.](#)