

# Adult Day Centers

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## **Description:**

Adult Day Centers provide a variety of services during the day to elderly persons who may be socially isolated, in need of some support or care or may have functional and/or cognitive impairments. Many centers provide special programs for those with Alzheimer's disease and other forms of dementia. Caregivers are provided with needed respite while family members are at the centers. Services provided are designed to keep individuals in the community for as long as possible, in the least restrictive environment, thereby postponing or preventing institutional care.

Services include, but are not limited to, supervision, socialization, health monitoring, medication administration, a noon meal and snacks, recreation, personal care and family support. Additional services may include bathing, therapy, counseling and day outings. Centers either provide or arrange for transportation.

All adult day centers that provide services to participants of programs funded by the Department of Social Services, such as the Connecticut Home Care Program for Elders and community-based services programs for other adults with disabilities must be certified in order to receive reimbursement from the Department. The Connecticut Association of Adult Day Centers through a peer review process certifies the centers. This certification establishes standards for the operation of adult day care centers statewide.

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## **Eligibility Requirements, Service Areas and Program Year:**

### Eligibility Requirements:

- Must be considered socially isolated, functionally and/or cognitively impaired.
- Centers serve older adults and persons with disabilities. Check with individual centers on age requirements.
- To qualify for services funded by the Department of Social Services, individuals must meet the eligibility requirements for the particular program in which they wish to enroll.

### Service Areas:

Statewide

### Program Year:

July 1 – June 30

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## **Contact Information:**

For information on Adult Day Centers in Connecticut call:

Connecticut Association of Adult Day Centers  
1340 Worthington Ridge  
Berlin 06037  
Telephone: 806-828-8653  
Fax: 860-828-8694  
Email: [adc@canpfa.org](mailto:adc@canpfa.org)  
Website [www.canpfa.org](http://www.canpfa.org)

The CANPFA website listed above provides information about adult day centers including the towns each center serves. Access the CANPFA home page and click on Adult Day Centers on the left-hand side of the page; then click on CAADC Membership to obtain this information.

Department of Social Services  
Alternate Care Unit  
25 Sigourney Street  
Hartford, CT 06106  
Telephone: 860-424-5185

Town senior centers ([Appendix D](#)), municipal agents ([Appendix C](#)) and area agencies on aging ([Appendix A](#)) are other sources that may be able to identify centers in their regions.

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### **Related Information:**

N/A